

FREE “HEART SMART” SEMINAR

Answers
are just a
HEARTBEAT AWAY

Dates of EIRMC Seminars 2009

Thursday, Jan. 08th
Thursday, Feb. 12th
Thursday, March 12th
Thursday, April 09th
Thursday, May 14th
Thursday, June 04th

Thursday, July 09th
Thursday, Aug. 13th
Thursday, Sept. 10th
Thursday, Oct. 08th
Thursday, Nov. 12th
Thursday, Dec. 10th

Classes Each Date At 10:00am or 6:00pm

EIRMC Heart Center Classroom

Please Pre-register at

529-7879 Or 1-(866)-221-4320

ASK OUR HEART EXPERTS ABOUT:

- *What a heart attack is
- *The latest diagnostic methods
- *Treatment options, (both surgical and non-surgical)
- *Your risk for heart disease
- *The most common signs and symptoms
- *How you can protect yourself
- *The difference between symptoms for men and women



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