

DOMAIN 1: APPROACHES TO LEARNING AND COGNITIVE DEVELOPMENT**SUB-DOMAIN: LEARNING APPROACHES****CONFIDENCE AND INITIATIVE****GOAL 3: CHILDREN ARE CONFIDENT TO INITIATE AND COMPLETE ACTIVITIES USING A VARIETY OF APPROACHES.**

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
<p>16 to 38 Months</p>	<p>Uses a variety of strategies to initiate activities and seek out new experiences with familiar people, objects, and settings.</p>	<ul style="list-style-type: none"> ▪ Initiates play with others. ▪ Responds with “no!” or “mine!” when someone takes a toy. ▪ Chooses one activity over another and pursues it for a brief period of time. ▪ Proposes an idea for how to spend time. ▪ Shows interest in wanting to take care of themselves (dressing). ▪ Initiates activities at caregivers’ or other child’s suggestions. ▪ Seeks and takes pleasure in both new and familiar skills and experiences. ▪ Shows willingness to try less familiar environments and situations; depending on temperament. ▪ Plays beside others, using similar materials, though not necessarily sharing the same toy. 	<ul style="list-style-type: none"> ▪ Provide time for child to engage in sustained activities; to be on “toddler time.” ▪ Respond to child’s requests for assistance. ▪ Limit environmental distractions to help child sustain attention to activities (turn television off while child plays in room). ▪ As a play time proceeds and the setting becomes littered with toys, blocks, and books, tidy up making a safe and inviting area for children to initiate play. ▪ Talk with children about their activities using open-ended questions (e.g. “How did you do that?” “Tell me more.”). ▪ Try new tasks with child and describe them. ▪ Provide and support child’s choices during daily activities (e.g. choosing a book, hat, cup, toy). ▪ Help child feel safe and capable of trying something new or taking reasonable risks in a variety of settings. ▪ Direct concerns about child’s behavior or development to a medical or developmental expert (in partnership with the family). ▪ Offer suggestions about how the child can play beside other children, as the child is learning to initiate such play.