

DOMAIN 3: SOCIAL AND EMOTIONAL DEVELOPMENT**SUB-DOMAIN: EMOTIONAL DEVELOPMENT****SELF EFFICACY****GOAL 37: CHILDREN DEMONSTRATE BELIEF IN THEIR ABILITIES.**

Age Range	Developmental Growth	Child Indicators	Caregiver Strategies
6 to 18 Months	Views self as capable of influencing the near environment.	<ul style="list-style-type: none"> ▪ Smiles when succeeding in a task/activity. ▪ Monitors caregiver's emotional expressions in situations of uncertainty. ▪ Uses multiple strategies in different situations to calm self (e.g. cooing, rocking rhythmically, crying, finding comfortable sleeping positions, gazing to gain attention, or snuggling or resisting snuggling). ▪ Offers objects or toys to others, and may take back the object in the same exchange. ▪ Expresses desire to try things on their own. ▪ Says "no" and indicates "no" with body language, cries, and words. ▪ Resists help from caregivers in everyday activities such as dressing, or feeding, displaying verbal and physical resistance in an attempt to try things on their own. ▪ Shows concern for another's distress. ▪ Responds to caregiver admonitions about danger. ▪ Shows concerns about broken toys or damaged goods that do not conform to an expected standard. ▪ Repeats activities and actions to see what happens. 	<ul style="list-style-type: none"> ▪ Describe and acknowledge child's actions and accomplishments (e.g. "Look at you. You are sitting up all by yourself." "You took off your socks." or "You have your pants ready to pull up. That's the first time you did that."). ▪ Provide time, materials, and support so child can experience success. Taking cues from the child, offer help when the child shows readiness for help. Be patient, wait for child to be a bit frustrated with their attempts before offering assistance. ▪ Include children in everyday chores that they can help with (e.g. carry towels to the hamper, put paper towels in the trash can, carry a toy to another child, get shoes from cubby when it is time to go outside).