

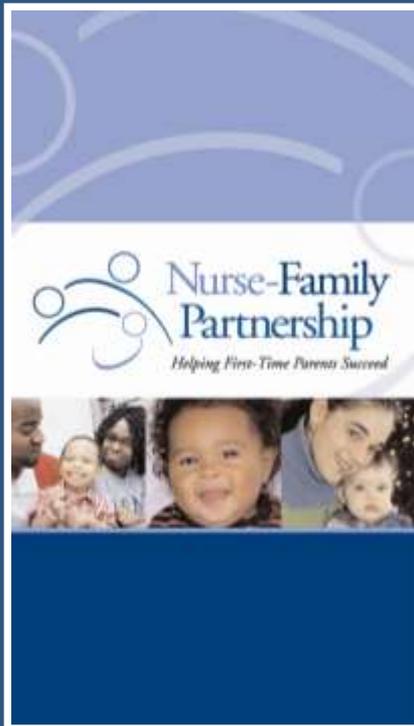


Nurse-Family
Partnership[™]

Helping First-Time Parents Succeed

Idaho Presentation

August 31. 2011



Nurse-Family Partnership (NFP)

- Replication of Nurse Home Visitation Model founded by Dr. David Olds
- National, evidence-based, best practices, intensive, prevention program
- Improves the health and well-being of low income, first-time mothers and their infants



NFP Program Goals

- Improve pregnancy outcomes
- Promote child health and development
- Promote maternal life and course development



Key Program Components:

- Serves low-income, first-time parents and their children
- Nurse Home Visitors are specially trained registered nurses
- Visits begin early in pregnancy (before 28 weeks gestation) and continue through the first two years of the child's life
- Nurses follow developmentally appropriate guidelines and visit frequently
- ETO data system provides ongoing performance data

Consistent Outcomes Across Multiple Trials:

- Improved prenatal health
- Fewer childhood injuries
- Fewer subsequent pregnancies
- Increased intervals between births
- Increased maternal employment
- Improved school readiness



NFP – Spokane County Experience

- 431 families served
- 258 infants served
- 174 families currently enrolled
- 8 NFP nurses, 1 supervisor
- Looking forward to Idaho collaboration



NFP – Spokane County Experience

- **79% Not Hispanic or Latino**
- **10% are Native American**
- **19 is the average age of mothers (range is 15-37)**
- **19 weeks average weeks pregnant at program entry**
- **Very low income – less than \$9000 annually**



NFP – Spokane County Experience

- High rates of maternal smoking
- High rates of relationship violence
- 96% of mothers initiate breast feeding
- 87% of children fully immunized at 24 months



NFP – Spokane County Experience

- Consistently high rates of client satisfaction
- 72 graduates so far
- Laura's story
- Kari's story



Implementation Strategies

- Outreach and establishment of referral sources
- Development of Advisory Council
- Recruitment of two PHN's
- Idaho licensure for Supervisor
- NFP Training – Denver
- NFP orientation and visitation with Spokane NFP staff
- Ongoing education and supervision
- Development of protocols to manage referrals, admissions, documentation, data submission

For More Information

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