

Save the Date*
May 4, 2012
7:30 am - 1:30 pm
Oxford Suites Hotel, Boise, ID

The DAI Meeting is open to all health professionals with an interest in diabetes and motivational interviewing. Please forward invitation to appropriate staff. Registration will be limited to the first 80 participants!

Diabetes Alliance of Idaho (DAI)

Agenda

- 7:30 am - 8:00 am: Registration
- 8:00 am - 8:15 am: Welcome & Introductions
- 8:15 am - 10:15 am: Motivational Interviewing Workshop
- 10:15 am - 10:45 am: Networking Break
- 10:45 am - 11:45 am: DAI Advisory Working Meeting (open to all)
- 11:45 am - 12:30 pm: Networking Lunch (lunch provided with RSVP)
- 12:30 pm - 1:30 pm: DAI Advisory Working Meeting (open to all)
- 1:30: Adjourn



Idaho Diabetes Prevention & Control Program

Mimi Hartman-Cunningham, MA, RD, CDE
Program Manager
Email: HartmanM@dhw.idaho.gov
Phone: 208.334.4928

Nicole Runner, CHES
Sr. Health Education Specialist
Email: RunnerN@dhw.idaho.gov
Phone: 208.334.0648



Motivational Interviewing Fundamentals in Practice

GOAL: To help healthcare providers learn how to use motivational interviewing (MI) to guide patient decision-making toward positive health behavior change.

The objective of the workshop is to provide information to support the following activities:

- Explaining the benefits of using MI
- Discussing the evidence of MI
- Describing the fundamental spirit of MI
- Incorporating MI into agenda setting

Content areas include:

- MI Effectiveness in Practice
- Spirit and Style of MI
- Communication Skills and MI

Presented by: Lilly Health Education Professionals

***NOTE:** Registration link for the meeting will be sent in a separate email from I23Signup.com.