

Idaho Medicaid

Coverage for Diabetics

Matt Wimmer

Bureau Chief, Medical Care

Department of Health and Welfare, Division of Medicaid

Diabetics with Medicaid

- In state fiscal year 2012 (7/11 – 6/12), Medicaid covered an average of 228,897 participants per month (Facts Figures and Trends, 2012-2013).
- Of those, approximately 9,800 or 4% have diabetes (based on diagnosis information on claims submitted to Medicaid)
- Lower than statewide rate of about 8% reported because most Medicaid participants are children
- While they are only 4% of the population, diabetics account for roughly 11% of costs reimbursed by Medicaid

Coverage for Diabetes

Durable Medical Equipment and Supplies:

- Test strips, lancets, meters
- Needles (standard or pen)
- Insulin pumps
- Continuous glucose monitors – with prior authorization
- Other supplies – alcohol wipes, ketone test strips, etc.
- Quantity limits do apply for some supplies but higher numbers may be authorized

Coverage for Diabetes

Pharmacy:

- Insulin – all varieties
- Metformin, sulfonylureas, and other FDA approved drugs for treatment of diabetes are
- Most do not require prior authorization, although a few of the less common drugs do

Coverage for Diabetes

Diabetes Education:

- Available for those with a recent diagnosis or uncontrolled diabetes
- 12 hours individual counseling per 5 years
- 24 hours of group counseling per 5 years
- Must meet ADA standards and be conducted by a certified diabetes educator

Coverage for Diabetes

Primary Care Medical Home

- Idaho Medicaid's Health Home program reimburses providers for actively managing patients with chronic disease
- Providers develop a care plan for diabetic patients and proactively manage their care using a patient registry
- Connection with community resources and other services to help diabetics manage their disease is an integral part of the program

Medicaid Developments

Managed Care Projects –

Managed care for dually eligible (Medicare + Medicaid) participants

- Under development, expected to implement in 2014
- Will include a primary care medical home model designed to help diabetics and others with chronic disease to better engage in their healthcare and manage their disease

Medicaid Developments

Managed Care Projects –

Behavioral Health Managed Care

- Contract includes administration of outpatient community-based mental health services, substance use disorder services and case management
- Awarded to Optum Health
- Currently working with contractor to develop a timeline for implementation

Medicaid Developments

Managed Care Projects –

State Healthcare Innovation Plan (SHIP)

- In March the Centers for Medicare and Medicaid Services (CMS) awarded Idaho a three million dollar grant to develop a State Healthcare Innovation Plan (SHIP)
- Sponsored by Governor Otter and administered by IDHW, but involving public and private payers
- Focus on integrating patient centered medical homes with the larger healthcare system to improve health system performance

Medicaid Developments

Managed Care Projects –

State Healthcare Innovation Plan (SHIP)

- 6 months of planning – April to September
- Statewide assessment of our current healthcare delivery and payment system
- Designing a new healthcare model that builds upon existing systems, initiatives and programs
- Idaho will be eligible to apply to CMS for a Model Testing Grant which would invest significant funding in implementation of the plan

Medicaid Developments

Medicaid Expansion?

- Governor's workgroup unanimously recommended for an expansion that includes elements of personal responsibility and transforming the healthcare system
- Bill introduced at the end of last session to expand Medicaid
- Did not reach a vote and no expansion is approved at this time
- May be taken up by the legislature in next year's session

Medicaid Developments

Medicaid Expansion?

- Expansion would cover adults under 138% of federal poverty level
- Based on Idaho Behavioral Risk Factor Surveillance System data from 2010, adding this group would nearly double the number of diabetics with Medicaid coverage
- Coverage would likely be done through a managed care model with an emphasis on primary care medical homes and chronic disease management