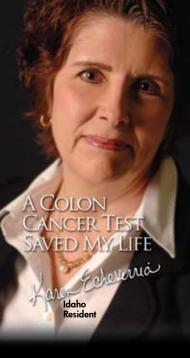


Colon cancer is the second leading cause of cancer deaths for both men and women.
Found early, there is a 95% survival rate.

If you're aged 50 or over, see your doctor or health care professional.

For information visit www.idcancerinfo.org

Take the test.
Save your life.



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Preventable, Treatable, Beatable.

Preventable

- Reduce your risk
- Get more exerciseDrink less alcohol
- Fat less animal fat
- Eat more fruit, vegetables and whole grains
- Manage your weightQuit tobacco
- Take the test*

Treatable

Know what to look for

- Blood in your stool
- Bleeding from your rectum
- Changes in bowel movements
- Diarrhea, constipation or bothLack of energy
- Unexpected weight loss

Beatable

- The odds are in your favor

 The second leading cause
- of cancer deaths
- 95% survival rate if found early

*Colon cancer screening tests include: Fecal Occult Blood Test; Flexible

Sigmoidoscopy; Colonoscopy; and Double Contrast Barium Enema. Consult with your doctor about choosing the test that's right for you. Tests are

www.idcancerinfo.org

covered by some insurance plans.

