

PEMS Activity List

HE/RR level interventions choose from all activities

Health Communications/Public Information (HC/PI) choose from activities with asterisk *

3.0	HIV testing – A diagnostic, laboratory procedure to assess for the presence of HIV antibodies.
4.0*	Referral – a process by which immediate client needs for prevention, care, and supportive services are assessed and prioritized and clients are provided with information and assistance in identifying and accessing specific services (setting up appointment, providing transportation) Note: The provision of a referral also includes a plan for tracking whether or not the client accessed the referral.
5.0	Personalized risk assessment – the process by which an individual client, a provider, or both working together identify, acknowledge, and understand the details and context of the client’s HIV risk. The assessment should explore previous risk reduction efforts and identify successes and challenges of those efforts.
6.0	Elicit partners – The process by which the provider assists the index client in identifying partners and other sexual and drug-injecting networks at high risk for transmission of HIV who might benefit from testing and/or medical examination. (These networks do not include sex partners of the HIV-infected individual but are made up of individuals who share social relationships involving sex or drug use.)
7.0	Notification of exposure – The process of informing a HIV – positive client’s sex and/or needle sharing partners of their exposure to HIV. This activity is only applicable if the intervention type is Partner Services (PS).
Information	
8.01*	Information-HIV/AIDS transmission -Any general information, written or verbal, given to an individual or a group on HIV/AIDS and how it is transmitted.
8.02*	Information-Abstinence/postpone sexual activity -Any information, written or verbal, given to an individual or a group on abstaining from sexual activity or postponing sexual activity.
8.03*	Information-Other sexually transmitted diseases -Any information, written or verbal, given to an individual or a group on STDs (other than HIV or viral hepatitis), how it is transmitted, how to reduce risk for transmission or infection, or treatment options.
8.04*	Information-Viral hepatitis -Any information on viral hepatitis, how it is transmitted, and/or how to reduce risk for transmission or infection, or treatment options.
8.05*	Information-Availability of HIV/STD counseling and testing -Any information, written or verbal, given to an individual or a group about where and how to access HIV-related CTR or STD counseling and testing. This includes referral lists that only list CTR and/or STD counseling and testing sites.
8.06*	Information-Availability of partner notification and referral services -Any information, written or verbal, given to an individual or a group about where and how to access partner notification services. The availability information provided is exclusive to Partner Services. This includes referral lists that only list PS sites.
8.07*	Information-Living with HIV/AIDS -Any information, written or verbal, given to an individual or a group living with HIV/AIDS specific to living with the disease.
8.08*	Information-Availability of social services -Any information, written or verbal, given to an individual or a group about how and where to access social services. This could include a referral list that only includes social service agencies or providers.
8.09*	Information-Availability of medical services -Any information, written or verbal, given to an individual or a group about how and where to access HIV medical services. This could include a referral list that only includes HIV medical care providers.
8.10*	Information-Sexual risk reduction -Any information, written or verbal, given to an individual or a group on how to reduce sexual risk for HIV transmission or infection.
8.11*	Information-IDU risk reduction -Any information, written or verbal, given to an individual or a group on how to reduce injection drug use risk for HIV transmission or infection.
8.12*	Information-IDU risk free behavior -Any information, written or verbal given to an individual or a group on abstaining from injection drug use or only using new needles and disposing of them appropriately.
8.13*	Information-Condom/barrier use -Any information, written or verbal, given to an individual or a group regarding appropriate use and disposal of condoms or other barrier methods.
8.14*	Information-Negotiation/Communication -Any information, written or verbal, given to an individual or a group regarding communication of desire for safer practices and negotiating safer practices with partners (sexual and needle sharing).
8.15*	Information-Decision making -Any information, written or verbal, given to an individual or a group regarding the steps and techniques needed for reassessing, planning and using judgment to avoid situations that may expose them to HIV infection or transmission risk and/or decision to engage in a risk behavior.

8.16*	Information-Disclosure of status -Any information, written or verbal, given to an individual or a group regarding disclosure of their HIV status, applicable laws, accompanying ramifications, and options regarding non-disclosure.
8.17*	Information-Providing prevention services -Any information, written or verbal, given to an individual or a group on how to communicate prevention messages and/or demonstrate risk reduction skills with others.
8.18*	Information-HIV testing -Any information, written or verbal, given to an individual, couple, or group regarding HIV testing including explanation of the testing process and meaning of results, behavioral risks for infection, and importance of knowing their status.
8.19*	Information-Partner notification -Any information, written or verbal, given to an individual or a group regarding the notification of possible exposure to HIV and accompanying ramifications, behaviors associated with possible exposure, and consideration of alternatives or information on how to notify partners regarding possible exposure.
8.20*	Information-HIV medication therapy adherence -Any information, written or verbal, given to an individual or a group regarding HIV medication therapy, benefits and risk, medical therapy alternatives, and importance of adhering to medication therapy for HIV.
8.21*	Information-Alcohol and drug use prevention -Any information, written or verbal, given to an individual or a group on the negative effects and consequences of alcohol and drug use and its relationship to HIV transmission or infection risk behavior including strategies to avoid or abstain from use.
8.22*	Information-Sexual health -Any information, written or verbal, given to an individual or a group on reproductive health, sexuality, sexual development and similar topics.
8.23*	Information-TB Testing -Any information, written or verbal, given to an individual, couple, or group on TB, how it is transmitted, and/or how to reduce risk for transmission or infection, or treatment options.
8.66*	Information-Other -Any information, written or verbal, given to an individual or group that cannot be captured in any of the other information codes.
Demonstration	
9.01*	Demonstration-Condom/barrier use -Provider or participant demonstration (using a teaching tool) of appropriate use and disposal of condoms or other barrier methods.
9.02*	Demonstration-IDU risk reduction -Provider or participant demonstration of how to safely dispose of syringes or how to use bleach kits to clean works.
9.03*	Demonstration-Negotiation/Communication -Provider or participant demonstration of how to communicate desire for safer practices and how to negotiate safer practices with partners (sexual and needle sharing).
9.04*	Demonstration-Decision making -Provider or participant demonstration of steps, and techniques needed for reassessing, planning and using judgment to avoid situations that may expose them to HIV infection or transmission risk and/or decision to engage in a risk behavior.
9.05*	Demonstration-Disclosure of HIV status -Provider or participant demonstration of techniques to disclose seropositive status or discuss issues relevant to disclosure.
9.06*	Demonstration-Providing prevention services -Provider or participant demonstration of how to communicate prevention messages or demonstrate risk reduction skills with others.
9.07*	Demonstration-Partner notification -Provider or participant demonstration of how to notify partners regarding possible exposure to HIV or how to discuss issues relevant to partner notification.
9.66*	Demonstration-Other -Any provider or participant demonstration of a skills or technique that is not decision making, IDU risk reduction, condom/barrier use, negotiation and communication, disclosure, or providing prevention services.
Practice	
10.01	Practice-Condom/barrier use -Participant practice (using a teaching tool) of appropriate condom and/or barrier use and disposal during the intervention session.
10.02	Practice-IDU risk reduction -Participant practice of safe needle use and disposal including the use of bleach kits to clean works during the intervention session(s).
10.03	Practice-Negotiation and communication -Participant practice communication of desire for safer practices and negotiation of safer practices with partners (sexual and needle sharing during the intervention session(s)).
10.04	Practice-Decision making -Participant practice using steps and techniques needed for reassessing, planning and using judgment to avoid situations that may expose them to HIV infection or transmission risk and/or decision to engage in a risk behavior.
10.05	Practice-Disclosure of HIV status -Participant practice of techniques to disclose seropositive status or discuss issues relevant to disclosure.
10.06	Practice-Providing prevention services -Participant practice communication of prevention messages and/or demonstration of risk reduction skills with others during intervention session(s).
10.07	Practice-Partner notification -Participant practice of how to notify partners regarding possible exposure to HIV or how to discuss issues relevant to partner notification.

10.66	Practice-Other- Participant practice of a skill or technique that is not decision making, IDU risk reduction, condom/barrier use, negotiation and communication, disclosure, or providing prevention services.
Discussion	
11.01*	Discussion-Sexual risk reduction- Facilitation of discussion with individuals or groups involving examination of sexual risk behaviors (self or others)and accompanying ramifications, examination of attitudes and feelings about their risks, consideration of alternatives, and decision making to reduce sexual risk.
11.02*	Discussion-IDU risk reduction- Facilitation of discussion with individuals or groups involving examination of IDU risk and accompanying ramifications, examination of attitudes and feelings about their risks, consideration of alternatives, and decision-making to reduce IDU risk.
11.03*	Discussion-HIV testing- Facilitation of discussion with individuals, couples, or groups regarding HIV testing including explanation of the testing process and meaning of results, discussion of behavioral risks for infection, examination of attitudes and feelings about their risks, consideration of alternatives, and decision making to know their status and reduce HIV transmission risk.
11.04*	Discussion-Other sexually transmitted diseases- Facilitation of discussion with individuals or groups regarding sexually transmitted diseases (other than HIV), involving an examination of behavioral risks and accompanying ramifications, examination of attitudes and feelings about their risks, consideration of alternatives, treatment alternatives, and decision making to reduce behavioral risk for other sexually transmitted diseases and/or seek treatment.
11.05*	Discussion-Disclosure of HIV status- Facilitation of discussion with individuals or groups regarding techniques to disclose seropositive status or discuss issues relevant to disclosure.
11.06*	Discussion-Partner notification- Facilitation of discussion with individuals or groups regarding how to notify partners regarding possible exposure to HIV or how to discuss issues relevant to partner notification.
11.07*	Discussion-HIV Medication therapy adherence- Facilitation of discussion with individuals or groups regarding HIV medication therapy and accompanying ramifications, examination of attitudes and feelings about HIV medication therapy, discussion of medical therapy alternatives, and decision making to begin and adhere to medication therapy for HIV.
11.08*	Discussion-Abstinence/postpone sexual activity- Facilitation of discussion with individuals or groups on abstaining from sexual activity or postponing the initiation of sexual activity and accompanying ramifications including an examination of risks associated with sexual activities, discussion of alternatives, and decision making to abstain or postpone sexual activity.
11.09*	Discussion-IDU risk free behavior- Facilitation of discussion with individuals or groups on abstaining from injection drug use or only using new needles and disposing appropriately.
11.10*	Discussion-HIV/AIDS transmission- Facilitation of discussion with individuals or groups on HIV/AIDS and how HIV is transmitted.
11.11*	Discussion-Viral hepatitis- Facilitation of discussion with individuals or groups on viral hepatitis, how it is transmitted, and/or how to reduce risk for transmission or infection, or treatment options.
11.12*	Discussion-Living with HIV/AIDS- Facilitation of discussion with individuals or groups on living with HIV/AIDS and ramifications of living with HIV/AIDS, examination of attitudes and feelings about living with the disease.
11.13*	Discussion-Availability of HIV/STD counseling and testing- Facilitation of discussion with individuals or groups on where and how to access HIV-related CTR or STD counseling and testing and may include the importance of knowing your status. This includes referral lists that only list CTR and/or STD counseling and testing sites.
11.14*	Discussion-Availability of partner notification and referral services- Facilitation of discussion with individuals or groups on where and how to access partner notification services.
11.15*	Discussion-Availability of social services- Facilitation of discussion with individuals or groups on how and where to access social services.
11.16*	Discussion-Availability of medical services- Facilitation of discussion with individuals or groups on how and where to access HIV medical care. Discussion may include options regarding available services.
11.17*	Discussion-Condom/barrier use- Facilitation of discussion with individuals or groups on the appropriate use and disposal of condoms or other barrier methods and accompanying ramifications, examination of attitudes and feelings about condom use, and decision making regarding use of condoms/barriers.
11.18*	Discussion-Negotiation/Communication- Facilitation of discussion with individuals or groups on communication of desire for safer practices and negotiating safer practices with partners (sexual and needle sharing), including discussion of accompanying ramifications, examination of attitudes and feelings, and decision making regarding communicating and negotiating safer practices.
11.19*	Discussion-Decision making- Facilitation of discussion with individuals or groups on steps and techniques needed for reassessing, planning and using judgment to avoid situations that may expose them to HIV infection or transmission risk and/or decision to engage in a risk behavior.
11.20*	Discussion-Providing prevention services- Facilitation of discussion with individuals or groups on communicating prevention message and/or demonstrating risk reduction skills with others.

11.21*	Discussion-Alcohol and drug use prevention -Facilitation of discussion with individuals or groups on the negative effects and consequences of alcohol and drug use and its relationship to HIV transmission or infection risk including strategies to avoid or abstain from use.
11.22*	Discussion-Sexual health -Facilitation of discussion with individuals or groups on reproductive health, sexuality, sexual development, and similar topics.
11.23*	Discussion-TB Testing -Facilitation of discussion with individuals or groups about TB, how it is transmitted, and/or how to reduce risk for transmission or infection, or treatment options.
11.66*	Discussion-Other -Discussion with individuals or groups regarding HIV infection, transmission, or risk reduction issues and accompanying ramifications, examination of attitudes and feelings about these issues, consideration of alternatives, and decision making to reduce HIV infection, transmission, or risk reduction. Issues do not fit any of the above categories.
Other Testing	
12.01	Other Testing-Pregnancy -Provision of testing to determine pregnancy
12.02	Other Testing-STD -Provision of testing to determine infection with a sexually transmitted disease other than HIV or Viral Hepatitis
12.03	Other Testing-Viral Hepatitis -Provision of testing to determine infection with Viral Hepatitis.
12.04	Other Testing-TB -Provision of testing to determine infection with tuberculosis.
Distribution	
13.01*	Distribution-Male condoms -Provision of male condoms by handing them out or placing them in a location to be accessed by consumers at no cost to the consumer.
13.02*	Distribution-Female condoms -Provision of female condoms by handing them out or placing them in a location to be accessed by consumers at no cost to the consumer.
13.03*	Distribution-Safe sex kits -Provision of packages that minimally contain a condom (male or female), lubricant, and instruction for proper use. May include other materials at no cost to the consumer.
13.04*	Distribution-Safer injection/bleach kits -Provision of packages that minimally contain a small bottle of bleach and needle cleaning instructions. Packages may include bottle caps for cookers, cotton, alcohol wipes, and bottles of water for rinsing needles. Materials are provided at no cost to the consumer.
13.05*	Distribution-Lubricants -Provision of water based lubricants at no cost to the consumer as part of HIV prevention activities.
13.06*	Distribution-Education materials -Provision of printed materials designed to be learning or teaching aids by handing them out, placing in a location to be accessed by consumers, or electronic dissemination at no cost to the consumer.
13.07*	Distribution-Referral lists -Provision of specific organizations that provide a specific set of HIV prevention, care, or support services with contact information. The agencies listed are known by the provider to be reliable sources for those services based on provider knowledge and experience. Lists may be disseminated by handing them out, placing them in a location to be accessed by the consumer, or emailed to consumers.
13.08*	Distribution-Role Model Stories -Provision of stories of individuals who have changed their behaviors or plan to change their behaviors to reduce their risk for HIV transmission or infection. Stories may be disseminated by handing them out, placing them in a location to be accessed by the consumer, or emailed to consumers.
13.66*	Distribution-Other -Provision of materials or supplies to consumers with the intent to decrease their risk for HIV transmission or infection and/or to improve health outcomes. Distribution may include dissemination in person, by placing materials in locations to be accessed by consumers, sent to consumers electronically or land mail. Does not include condoms, safer sex kits, bleach kits, lubricants, education materials, referral lists, or role model stories.
Post-Intervention Activities	
14.01	Post-intervention follow up -Individual or group meeting or contact with participant(s) of an intervention after the last session of the intervention to assess or discuss changes targeted by the intervention and/or revisions to risk reduction goals and/or strategies.
14.02	Post-intervention booster session -An intervention session conducted with participant(s) of an intervention after the last session to review and reinforce risk reduction skills and information addressed by the intervention.
89	Other (specify) -Any HIV prevention activity not captured in other value choices.