

# WEAR or BEWARE

1 in 4 Idaho teens has a Sexually Transmitted Disease. And the symptoms can vary, from stress and embarrassment to painful sores and more. If you have sex, the best way to protect yourself is to use a condom.

Protect yourself. Get the naked truth about STDs at [www.nakedtruth.idaho.gov](http://www.nakedtruth.idaho.gov), or dial the Idaho Careline at 211.

