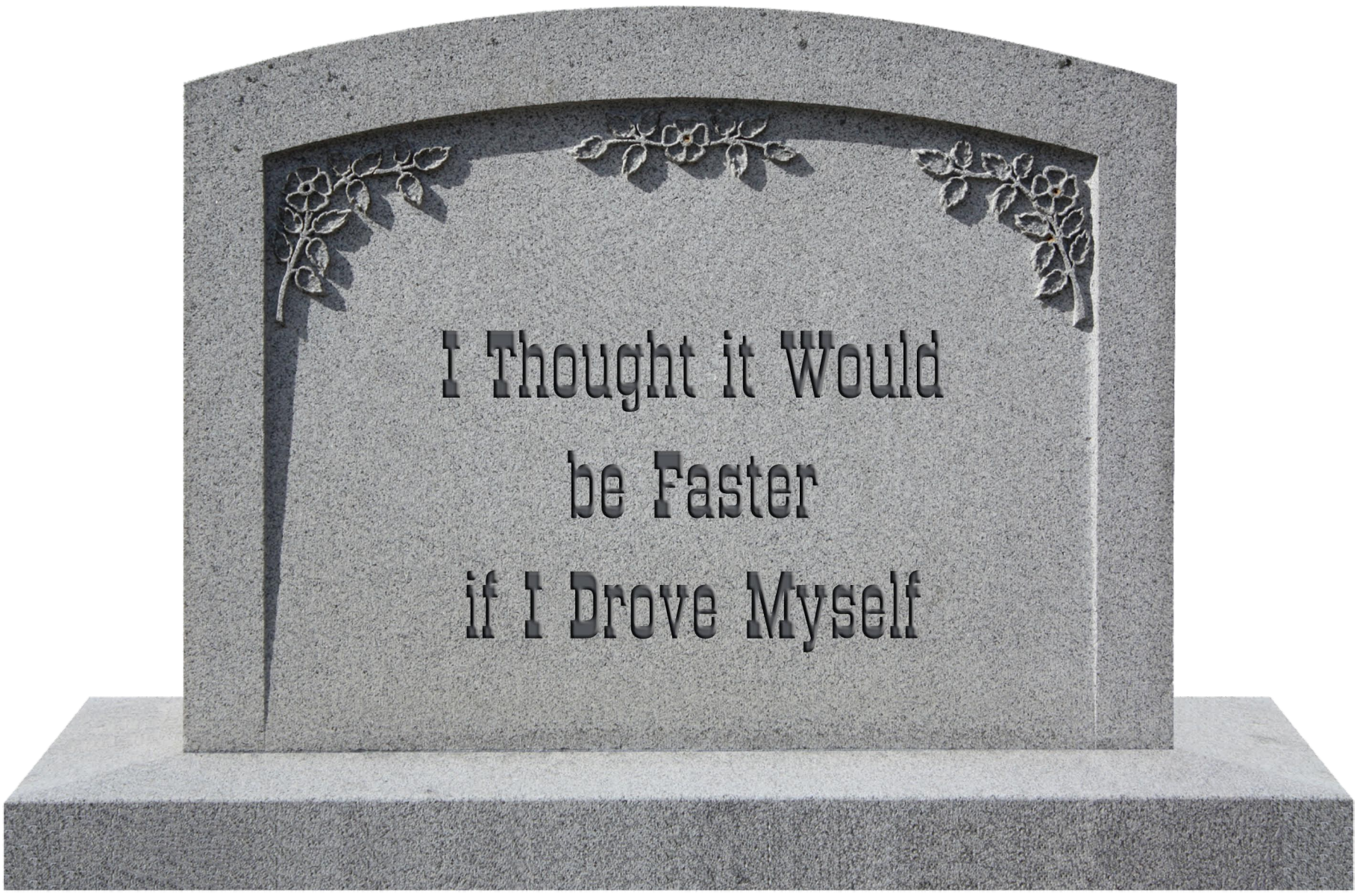

Heart Attacks Are Deadly Serious.

Reasons to call 9-1-1 right away:

Taking an ambulance to the hospital increases your chances of thriving — not just surviving.

Time is Muscle!
The sooner a person gets help, the less damage to the heart muscle.

Emergency Medical Services (EMS) can treat you on the spot and radio ahead to the emergency room.

Heart Attack Symptoms

- Uncomfortable pressure, fullness, squeezing, or pain in the center of the chest that is recurring
- Pain that spreads to the shoulders, neck or arms
- Shortness of breath, lightheadedness, fainting, sweating, or nausea, with or without chest discomfort

IDAHO HEART DISEASE & STROKE PREVENTION
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