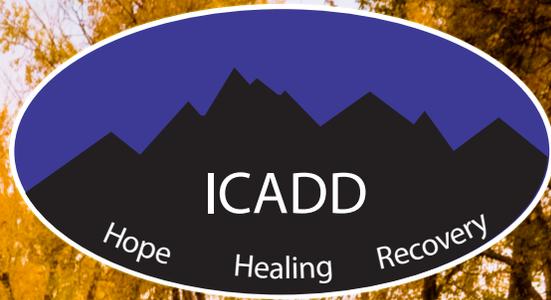


Treatment - Prevention - Community Coalition



Buoyancy in Times of Change

Pre-Conference Workshops May 13, 2013

General Conference May 14-16, 2013

Boise State University

29 Years of ICADD

Register online! www.attendicadd.com

2013 ICADD CONFERENCE DETAILS

MISSION STATEMENT

To provide education and training for substance abuse and dependence professionals and educators in behavioral health care, criminal justice and recovery support.

CONTACT ICADD

PO Box 1311
Meridian, ID 83680
Ph: 208.466.2519 Fax: 208.466.7693
Email: info@attenticadd.com

REGISTER ONLINE AND RECEIVE A DISCOUNT

A discount (for General Conference ONLY) of \$10 will be given when you register online and pay with a credit card at:

www.attenticadd.com

REGISTRATION DETAILS

Once you register for ICADD, you will receive a confirmation letter with detailed information regarding parking and conference directions.

All speaker provided notes will be distributed on the following website: **www.attenticadd.com**

An onsite job board will be provided to for agencies wishing to post job opportunities. A quiet/mdedication room will be provided for attendees.

CONFERENCE LOCATION

Student Union Building
Boise State University
1910 University Drive
Boise, ID 83725-1335

INFORMATION ABOUT BOISE

Boise is a blend of traditional and non-traditional attractions. The City of Trees boasts museums and urban parks, a river flowing through the heart of the city and a 25-mile river front greenbelt. Among the many sites to visit are the Basque Museum and Cultural Center, Morrison-Knudsen Nature Center, Idaho Anne Frank Human Rights Memorial, Idaho Black History Museum and the World Center for Birds of Prey. Southwest Idaho's accessible outdoors beckons the Boise visitor to enjoy mountains, desert sand dunes, canyons and white water rafting rivers.

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2013 ICADD PRE-CONFERENCE SCHEDULE

Monday, May 13

7:30am - 2:00pm	Registration
8:45am - 10:15am	Workshop 1 & 2 Part A
10:15am - 10:30am	Break
10:30am - 12:00pm	Workshop 1 & 2 Part B
12:00pm - 1:30pm	Lunch (on your own)
1:30pm - 3:00pm	Workshop 1, Part C
	Workshop 2, Part A
	Break
3:00pm - 3:15pm	Workshop 1, Part D
3:15pm - 4:45pm	Workshop 2, Part B

2013 ICADD CONFERENCE SCHEDULE

Tuesday, May 14

7:30am - 8:30am	NA Meeting
7:30am - 2:00pm	Registration
8:00am - 3:30pm	Exhibits Open
8:30am - 9:00am	Welcome and Introductions
	Special Guest: Vin Crosby
9:00am - 10:15am	Keynote: Robert Hull, MPH
10:15am - 10:30am	Break with Exhibitors
10:30am - 12:00pm	Breakout Session 1
12:00pm - 1:30pm	Lunch (on your own)
12:00pm - 1:30pm	AACT Meeting (see page 2)
1:30pm - 3:00pm	Breakout Session 2
3:00pm - 3:15pm	Break with Exhibitors
3:15pm - 4:45pm	Breakout Session 3

Wednesday, May 15

7:30am - 8:30am	AA Meeting
8:00am - 3:30pm	Exhibits Open
8:30am - 9:00am	Welcome, Introductions, Life Time
	Achievemnt Award & Special
	Guest: Sarah Gillman
9:00am - 10:15am	Keynote: Barbara McCrady, Ph.D.
10:15am - 10:30am	Break with Exhibitors
10:30am - 12:00pm	Breakout Session 4
12:00pm - 1:30pm	ICADD Luncheon
1:30pm - 3:00pm	Breakout Session 5
3:00pm - 3:15pm	Break with Exhibitors
3:15pm - 4:45pm	Breakout Session 6

Thursday, May 16

8:30am - 9:00am	Welcome and Introductions
	Special Guest: Kenneth Widick
9:00am - 10:15am	Keynote: Jamie Brower, Psy.D., ABPP
10:15am - 10:30am	Break
10:30am - 12:00pm	Breakout Session 7
12:00pm - 1:30pm	Lunch (on your own)
1:30pm - 3:00pm	Breakout Session 8
3:00pm - 3:15pm	Break
3:15pm - 4:45pm	Breakout Session 9

AA AND NA MEETING INFORMATION

The conference is featuring two open 12-step meetings on Tuesday & Wednesday mornings to emphasize the importance of this widely available recovery support and to provide opportunities for any conference attendee to experience this powerful fellowship.

2013 ICADD GENERAL INFORMATION

FROM THE 2013 CONFERENCE PLANNING COMMITTEE:

Welcome everyone to the **2013 Idaho Conference on Alcohol and Drug Dependency**. On behalf of the Foundation Board Members and the Planning Committee Members, we would like to thank those of you in attendance as we continue to celebrate individuals in recovery.

This year has been full of challenges and changes. Service delivery has shifted with new resources, referral sources and pathways. As we have worked to bring the best speakers here to Idaho, we are sensitive to the amount of collaboration and patience that was needed to accomplish our goals.

We are confident that you will enjoy the presentations this year and hope they help in strengthening your practice, program and/or organization. Please enjoy yourself and thank you again for your dedication and hard work you provide to individuals and families impacted by addiction.

Personal Stories of Recovery

Vin Crosby
Chief Meteorologist
KBOI Channel 2
Tuesday, May 14, 2013
8:45am - 9:00am



Vin Crosby is the Chief Meteorologist at KBOI TV 2 News. He has a Bachelors of Science degree in Meteorology from Plymouth State University in Plymouth, New Hampshire graduating in 1991. His career in forecasting started in 1991 in Atlanta, Georgia where he worked for a telecommunication company, E.T.C and for The Weather Channel. In 1995 he worked in television in Raleigh, N.C. before coming to the Treasure Valley to work for a local television station in 1998. Vin has won Best Weather caster in Idaho numerous times since then.

Through much of his life, Vin struggled with alcohol and drugs before taking his last drink in 2000. Vin will celebrate 13 years of sobriety in April.

Sarah Gillman
Wednesday, May 15, 2013
8:45am - 9:00am

My name is Sarah, and I'm an alcoholic. My journey into recovery started at age 24. The pain of wanting to stop drinking and change my life was present in my everyday but there was no help. BPA had no funding for me because I didn't use needles or have children, and was not homeless or incarcerated- yet. Facing a felony, I sought counseling. When my addiction counselor informed me that if I did not seek treatment not only was I on a short road to death, but that she would no longer see me. I was terrified for my life. I was diagnosed with late stage alcoholism and had been drinking daily for seven years. Three years later, at 27 years old, I've been homeless, imprisoned and gone to the bowels of hell with alcohol. Within this process I found honesty, and solid recovery in Alcoholics Anonymous, and on October 17th, 2011, I celebrated one year of sobriety.

Kenneth Widick, LMSW
Supportive Housing and
Innovative Partnerships
Thursday, May 16, 2013
8:45am - 9:00am

Employed with Supportive Housing and Innovative Partnerships for two and a half years in Recovery Support Services. His 26 years in active Substance Use Disorder and a convicted felon, to a successful recovery program of 15 years and a pardon from the state, allows him to be an example of change and hope. Thank You for this opportunity to share my story!

ICADD 2013 BOARD MEMBERS

Cheryl Johnson, Chair	Elisha Figueroa
Teri Carrigan, Chair Elect/ Secretary	Janet Guerin
Denni Hardziej, CFO	Tom Hogan
Deborah Day	Norma Jaeger
	Ryan Porter

ICADD 2013 COMMITTEE MEMBERS

Joe Blume	Cheryl Johnson
Sharon Burke	Sandy Jones
Teri Carrigan	Liz Lovel
Chris Daniel	Claryce Manweiler
Karen DesAulniers	Matt McCarter
Suzette Driscoll	Jeff Morrell
Susan Esp	Terry Pappin
Elisha Figueroa	Wendy Perez
Janet Guerin	Ryan Porter
Dennis Hardziej	Tara Richardson
Tom Hogan	Kathy Skippen
Nancy Irvin	Delanie
Norma Jaeger	Valentine
Amy Jeppesen	

AACT Meeting: Tuesday, May 14, 2013 12:00-1:30

AACT Idaho, the provider association invites you to attend a brown bag luncheon. We have invited representatives from IDHW, IDOC, DJC, BPA and the Supreme Court. AACT Idaho is hosting this forum to help you stay up to date with all the changes in the system. Each State Agency will provide an update on current events as well as changes coming in the future. The forum will also allow for a question and answer period. Come meet with and talk to the Agency representatives, if you are a State Provider you won't want to miss this.
(This is a bring your own food event)

2013 ICADD KEYNOTE SPEAKERS

Tuesday, May 14, 2013
9:00am-10:15am



Robert Hull, MPH
Executive Director
Faculty University of Missouri
Business

Breaking the Cycle of Trauma and Addictions, Facilitating Post Traumatic Growth

This session will review recent changes in the conceptualization of the impact of trauma on functioning in all areas of life. Research will be presented concerning the impact of various evidence based interventions on mitigating the impact of trauma on addictive and risky behaviors. This research will be tied to various growth promotion concepts including Post Traumatic Growth and the Johns Hopkins Model of Human Resistance, Resiliency and Recovery.

With over 30 years of experience Mr. Hull has been nationally recognized for his work with traumatized individuals. He is a graduate of Johns Hopkins School of Public Health where he focused on addressing mental health and addictions treatment with a public health perspective. He has received several awards from the Maryland State Department of Education where he served as the school psychology facilitator. He also received recognition from the Maryland legislative body for his work.

He recently completed editing the book *Supporting and Educating Traumatized Students*.

Wednesday, May 15, 2013
9:00am-10:15am



Barbara McCrady, Ph.D.
Distinguished Professor of
Psychology and Director, Center on
Alcoholism, Substance Abuse and
Addictions

Evidence-Based Treatments for Women with Alcohol and Drug Dependence

Dr. McCrady will address the unique issues faced by women with alcohol and other drug dependence. She will describe patterns of alcohol and drug problems in women, differences in the etiology and course of these problems, the types of co-occurring disorders they experience, and the other kinds of complicating life circumstances that women face. She will then discuss research findings on treatment, the unique barriers to treatment that women face, and ways that treatment programs can decrease these barriers to make services more accessible.

Barbara S. McCrady, Ph.D. is a Distinguished Professor of Psychology and Director of the Center on Alcoholism, Substance Abuse, and Addictions (CASAA), at the University of New Mexico (Albuquerque, New Mexico, USA), where she has been on faculty since 2007. Previously, she was the Chair of the Department of Psychology and Clinical Director of the Center of Alcohol Studies at Rutgers University.

Thursday, May 16, 2013
9:00am-10:15am



Jamie Brower, Psy.D., ABPP
Clinical Director & Training
Coordinator
Nicoletti-Flater Associates
Specialists in Police and Public Safety
Psychology, Crisis Intervention, Trauma
Recovery, and Violence Prevention

Work and Life Balance

How to survive and flourish as a professional in a trauma affected system. The impact that vicarious trauma at work has on you, your families, and your work place. Addressing the mental and physical challenges of maintaining work/life balance.

Dr. Jaime Brower received her Doctorate in Clinical Psychology, with an emphasis in Behavioral Forensics and Psychological Testing, from the University of Denver. She has been a staff member of Nicoletti-Flater Associates since June, 2002. Dr. Brower has previously worked in mental health facilities, schools, corrections, and hospitals. She is an experienced provider of therapeutic services to children, adolescents, couples, families, and individual adults. Dr. Brower specializes in working with emergency personnel and violence. She conducts numerous school and workplace violence assessments, covering the areas of physical violence, sexual harassment, and hostile work environments. In addition to providing general counseling services, in both inpatient, outpatient settings, and remote locations, such as Antarctica, Dr. Brower is also providing training and therapeutic services in the areas of crisis and trauma intervention and debriefing, psychological assessment, anger management, stress management, high-risk relationships, conflict resolution, peak performance, verbal communication, managing special populations, parenting and step-parenting, divorce, suicide/suicide-by-cop, as well as workplace and school violence.

Workshop 1

Motivational Interviewing & Clinical Supervision of Motivational Interviewing

Amy Jeppsen, LCSW
Liz Lovell, CADC, CCS

Part A 8:45am-10:15am
Part B 10:30am-12:00pm
Part C 1:30pm-3:00pm
Part D 3:15pm-4:45pm

Motivational Interviewing Part A and B will focus on the concepts and techniques when applying Motivational Interviewing in substance abuse treatment. MI is a way of being with people. It is person-centered yet directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. Motivational Interviewing Part C and D will focus on techniques when clinically supervising Substance Abuse Counselors applying Motivation Interviewing in the treatment setting.

Workshop 2

The ASAM Process with Adolescents: A Research Review

Ken Coll, Ph.D.

Part A 8:45am-10:15am
Part B 10:30am-12:00pm

This presentation will discuss research to-date, and particularly the results of a recent study that was undertaken to investigate the use of the ASAM assessment process as an effective treatment planning and outcome evaluation with adolescents in two matched treatment centers. The presentation will include review of the ASAM process, its applicability to adolescents, and best practices in application.

Workshop 3

Ethical Decision Making and Wellness: A Balancing Act

Susan Esp, Ph.D., LCPC

Part A 1:30pm-3:00pm
Part B 3:15pm-4:45pm

In Part A this workshop will cover a short review of the ethics of addiction counseling and the ethical decision making process. The physical and emotional effects of ethical decision making on counselors will also be addressed, as well as personality characteristics and situations that contribute to poor ethical decision making. Part B of this workshop will cover counselor vitality and developing personal wellness plans, with an emphasis on counselor wellness's effect on ethical decision making.

SCHEDULE of BREAKOUT SESSIONS - Tuesday

Tuesday Breakout Sessions

Breakout Session 1
10:30am-12:00pm

Class 1: Recent Changes in Conceptualizing Mental Illness from a Trauma Perspective

Robert Hull, MPH

The first breakout session will be clinician focused. During this session, recent changes in the forthcoming Diagnostic and Statistical Manual (Fifth Edition) will be discussed and what they suggest in the realm of trauma related disorders. Discussions will center around ways to move the clinical focus of therapy away from what is wrong with clients to focusing on what happened to them. Implications for improving motivation and engagement with interventions will be provided.

Class 2: Gangs and Drugs: What you need to know

Brian Holland, Det.

This training will explore gangs and gang members that are specific to the Treasure Valley and how they promote and expand based on narcotics trafficking. This training will also cover topics pertaining to the use of narcotics and alcohol for initiating gang members. How gangs perpetuate the drug and alcohol culture already plaguing member's lives.

Class 3: Strategic Prevention Framework - Core Essentials Training (Part A)

Sharon O'Hara

- I. Introductions and Overview
 - a. Objectives for the training
 - b. Participant expectations
 - c. Overview of Strategic Prevention Framework (SPF)
 - d. Core competencies
 - e. Cultural competency and the SPF
- II. Community Assessment
 - a. Community description
 - b. Needs assessment
 - c. Resource assessment
 - d. Community history
 - e. Problem statement(s)

Class 4: Implementing Mental Health Recovery Model and Peer Support

Susie Klepacki, LCSW

Mental Health Recovery is an ongoing, dynamic process occurring between a person's strengths, vulnerabilities, resources, and environment. It is a journey of self-managing a psychiatric disorder while reclaiming, gaining, and maintaining a positive sense of self, meaningful roles, and life beyond the mental health system. Peer Support is giving and receiving help based on respect, shared responsibility, and mutual agreement of what is helpful; it is dedicated to promoting empowerment

and self-determination in the service of recovery.

Class 5: Round Table of innovative treatment and recovery support services

Amy Jeppesen, LCSW, ACADC

Melanie Curtis, LMSW

This session will provide an open forum with a group of community providers. The focus will be on helping generate ideas around gender specific care, utilizing case management to enhance treatment and revolutionary housing and transition ideas. The round-table will be a short presentation from the community agencies on what has been working for them and creating an open discussion sharing ideas that can enhance the systems you are already using for better outcomes.

Breakout Session 2
1:30pm-3:00pm

Class 1: Differentiating Treatment Based on Cognitive and Emotional Capacities of the Clients.

Robert Hull, MPH

The second breakout session will apply the concepts of differentiated instruction to treatment. Many clients have limited language, executive function, attention span, emotional and cognitive capacities. This session will apply special education concepts to develop improved treatment outcomes for clients who have learning and emotional problems. Specific attention will be made towards adapting and modifying treatment efforts to account for cognitive and emotional deficits.

Class 2: The Latest "Buzz" on RX Abuse

Ryan "Buzz" Buzzini, Cpl

Presentation will include signs and symptoms of being under the influence of particular drug categories, pharmaceutical diversion methods, and tricks of the fraudulently obtained drugs. All these tips will leave the audience with the ability to detect people under the influence both in the workplace and at home.

Class 3: Strategic Prevention Framework - Core Essentials Training (Part B)

Sharon O'Hara

- III. Problem Analysis
 - a. "But Why Here" technique
 - b. Practical application
- IV. Logic Model
 - a. Creating a logic models
 - b. Practical application
 - c. Critiquing a logic model

Class 4: Medication Assisted Therapy

Michael Newberry, M.D.

This discussion will provide a review and update of the common medications used in the treatment of addiction. This will include buprenorphine, methadone nicotine

replacement, Chantix/varinicline, Naltrexone, Antabuse, Campral/acamprosate, clonidine, baclofen and topiramate. New medications or new forms of old medications will also be discussed.

Class 5: Idaho Voices in Recovery: Creating a Recovery Community through Social Media

Melanie Curtis, LMSW

This session will explore how we can build a recovery community in the State of Idaho using Social Media. We will cover aspects of recovery community principles, core strategies, and work to further developing a statewide recovery community through the Idaho Voices in Recovery Facebook page.

Breakout Session 3
3:15pm-4:45pm

Class 1: Integrating Trauma Concepts into Returnee/Exit/Transition plans

Robert Hull, MPH

The final breakout session will review methods of extending the impact of treatment past the point of release, transfer and discharge. It will focus on The Attachment Regulation and Competency (ARC) model of trauma, impacting attachment and regulation as bedrocks to improved competencies. Specific reentry plans will be developed as an activity.

Class 2: Exploring Your Personal Culture

Terry Pappin, M. Ed

Each of us has woven a unique culture that influences our perceptions, decisions and actions. This session is designed to provide participants with the opportunity to discover their personal culture. Elements of culture will be used to facilitate a self-exploration of historic and current influences in their lives. The goal is for participants to leave with a better understanding of their personal culture and a heightened awareness of how it influences them.

Class 3: Strategic Prevention Framework - Core Essentials Training (Part C)

Sharon O'Hara

- V. Comprehensive Strategies
 - a. Behavior change strategies
 - b. Environmental strategies
 - c. Creating an intervention map

Class 4: Spiritual Injuries

Todd Bramhall, B.A., M-Div, B.C.C.

With an awareness of AA step 2, participants will learn how to use spiritual assessment to identify and evaluate spiritual injury and distress as barriers to recovery. Strategy for recognizing client centered spiritual resources will also be presented.

SCHEDULE of BREAKOUT SESSIONS - Wednesday

Class 5: WITS Step-by-Step Walk Through

Denise Williams

Teaching providers to accept referrals and authorizations in WITS and complete client records (program enrollments, admissions, progress notes) to bill and get paid through WITS.

Wednesday Breakout Sessions

Breakout Session 4
10:30am-12:00pm

Class 1: Engaging and Treating Couples Affected by Alcohol Dependence

Barbara McCrady, Ph.D.

Alcohol and drug problems develop in a family context, people recover in families, and research has found that when families are willing, involving family members in treatment leads to better outcomes. Providing alcohol treatment in a couples or family therapy format, however, is challenging. This breakout session will provide an overview of strategies for engaging intimate partners in a cognitive-behavioral approach to couple-based alcohol treatment.

Class 2: Brain Functioning and Stress Management

Mark Emerson, Ph.D.

This session will cover the latest research about the adolescent brain, social and emotional intelligence and group dynamics. Adolescence is the most tumultuous time of brain development since coming out of the womb. One of the most powerful benefits of group learning experiences is the realization that others are also being challenged. Find out what impact group has on the adolescent brain and what impact the developing brain has on adolescent prevention groups.

Class 3: Strategic Prevention Framework - Core Essentials Training (Part D)

Sharon O'Hara

VI. Evaluation

- a. Community-level evaluation
- b. Mapping data to the logic model
- c. Evaluation communications plan

VII. Sustainability

- a. Overview
- b. Key elements to sustain
- c. Steps to sustainability planning

VIII. Close and Evaluation

Class 4: Color blindness, Identity, Racism, Privilege and Power

Deanah Messenger, LCSW

This workshop will explore the myth of color blindness and the role that racism, privilege and power play in the identity of vulnerable populations. It is my belief that identity is a key component of development and well-being. The young people I work with are often disconnected from their families,

cultures, religions and traditions. Without these connections, they have increased difficulty knowing their place in the world, which they belong to and how to get along with people different from them.

Class 5: Substance Abuse and Suicide: Clinical Interventions

Tom Hogan, MSW

The main goal of this presentation is to discuss the similarities between suicide and the progression of addiction. We will discuss the role of attachment (or lack of attachment) in engagement of care and recovery. We will explore trauma, barriers to treatment and treatment intervention.

Breakout Session 5
1:30pm-3:00pm

Class 1: Alcoholics Anonymous: What Have We Learned from Research?

Barbara McCrady, Ph.D.

AA is one of the oldest programs of recovery, many millions have recovered through AA, and the program is thriving in the US and internationally. However, most people who try AA do not continue. Researchers have begun to develop a scientific understanding of AA – how it works, for whom it works best, and what aspects of AA seem critical to recovery. Such knowledge can help clinicians guide their clients to be more successful in getting involved with and benefiting from AA.

Class 2: Prevention Centered Research

Rex Force, Pharm.D., FCCP, BCPS

The problem of prescription drug abuse is complex and multi-factorial. In this presentation, we will examine approaches that have been developed to address prevention on the 'supply side' of prescription drug abuse - at the prescribing and dispensing interfaces. These approaches involve legal solutions, prescription drug monitoring programs, prescribing and dispensing guidelines, and patient-based interventions. The presentation will provide a literature review and include an evidence-based assessment of the efficacy of various interventions.

Class 3: Identifying Drug Endangered Children: A Collaborative Approach (Part A)

Lt. Eric Nation, Retired

Drug endangered children are part of a very large, and growing population of children whose lives have been seriously and negatively impacted by dangerous drugs. "Ignored, abused, and abandoned" are some of the chronic conditions experienced by children raised in environments where there is illegal drug use, manufacturing, cultivation, and distribution. Thousands of these children across our state go unnoticed and do not receive the necessary

care and treatment to heal from these abusive environments. If ignored and left unmonitored, these children continue to be victims caught in a cycle of drug abuse. The primary challenge with illegal substance abuse and drug-endangered children is in aligning systems responsible for preventing, intervening, and treating these issues to achieve common outcomes.

Class 4: High Risk Sexual Behavior: A Guide for Stakeholders

Toni Carles, MSN, RN, FNP-C

Topics include the parameters of discussion of sexual health issues. Starting a dialogue with clients for risk-reduction, counseling and education of behaviors that increase client risk for STDs. Sample of discussion points and questions typically asked during a sexual health risk assessment and appropriate interventions and referrals.

Class 5: Children of Incarcerated Parents (COIP)

Ross Mason

The Children of Incarcerated Parents (COIP) subcommittee is conducting two pilot programs in the Vallivue and Boise School Districts. This presentation will provide details on the pilot programs and discuss the long range goals of developing a permanent inexpensive curriculum that can be used at all elementary schools for children who have a parent(s) that are incarcerated for an extended period of time.

Breakout Session 6
3:15pm-4:45pm

Class 1: Women-specific Treatment: Themes and Techniques

Barbara McCrady, Ph.D

This breakout session builds on Dr. McCrady's keynote address to provide: (1) An introduction to an integrated, evidenced-based female-specific outpatient treatment that covers female-specific issues such as assertiveness training, managing negative emotions, and building a supportive social network. Female-specific themes such as self-care and emotional autonomy; (2) an overview of an intensive case management approach for women facing multiple complicating life problems

Class 2: Embracing Cultural Competency in Health Care and Treatment Services

Donna Honena, CADC

The workshop will provide basic education about cultural competency when working with American Indian clients. Learn how to embrace and not fear cultural competency. Gain knowledge and understanding of cultural competency to have a positive effect on client care delivery and the reasons why it is important in health care and treatment services. The presenter will

SCHEDULE of BREAKOUT SESSIONS - Thursday

incorporate application of the traditional talking circle, traditional plants and cultural practice in the workshop session. Learn the skills to improve your efficiency and communication with an American Indian client to achieve quality health care and treatment service.

Class 3: Evidence Collection in a Drug Endangered Child case (Part B)

Lt. Eric Nation, Retired

The goal of this training is to identify evidence of risks and harms that illegal drug activities present to children, evidence collecting from a multidisciplinary approach, and how to properly document and share this evidence collection. This course will provide a foundation of knowledge about how to identify and document evidence in a DEC case, strategies for developing a collaborative approach to collecting evidence, and specific case examples of how to intervene more effectively to save drug endangered children.

Class 4: Sexual Risk and Its Relationship to Substance Abuse and Mental Health

Toni Carles, MSN, RN, FNP-C

Topics to include a discussion of maintaining sexual health within the context and relationship to substance abuse and/or mental health, starting a dialogue with clients for risk-reduction and formation of risk-reduction plans that consider alternative interventions that focus on client centered counseling.

Class 5: Working for Positive Change with the Idaho Legislature

Elisha Figueroa

The legislative system can be intimidating and confusing to those unfamiliar with it. This session will clear up this confusion by giving attendees an opportunity to learn about Idaho's legislative system from current Idaho lawmakers. Legislators will share the basics of lawmaking. Starting with system structure, how an idea becomes a law, and how professionals from all sectors of behavioral health can work together with their legislators to make positive change.

Thursday Breakout Sessions

Breakout Session 7
10:30am-12:00pm

Class 1: Skills and Tools for Work and Life Balance

Jamie Brower, Psy.D., ABPP

How can you mitigate both the personal and professional consequences when working in a trauma-impacted system? We will cover how to Identifying vicarious

trauma, adding skills, and tools for coping with its impact on your life. For providers of services to adult and juvenile clients.

Class 2: PTSD Re-integration into the Community

Susie Klepacki, LCSW

Josh Bode

This will be a brief education on PTSD and the symptoms of PTSD. The major part of this presentation will be the sharing of stories from two Combat Veterans who will discuss the impact of PTSD on their lives. Included in this will be the impact it has had on their families, relationships, and functioning in all life areas. There will be a period for questions to be answered by these two veterans.

Class 3: Social Media and Prevention

Caitlin Zak, BCogSc

This applied social media workshop is designed for prevention organizations to learn how to engage their target population online. We will identify social media strategies, objectives and prevention campaigns that participants will be able to bring back to their online communities. Please come prepared with a laptop or tablet as we will be providing hands-on support during the second half of the workshop. (Class is limited to 30 attendees)

Class 4: Misconceptions of Working with Gender Specific Groups

Craig Leigh, D.A.R.S.

Craig has worked within the Division of Prisons, Treatment & Education and Community Corrections, since 1997. Please make plans to join him for an open discussion on the misconceptions of working with gender specific groups. His hope is to help those who have little to no experience working in these groups dispel the misleading myths as well as provide tools for those wanting to sharpen their skills.

Class 5: The Value of Restorative Practice in Substance Use Disorders

Hon. Mark Ingram, Bev Ashton, Pat Marecki

Engaging families in treatment, decision making, repairing harm, addressing relapse issues, healing relationships, restoring one's place in their home and community are a few of the benefits of using restorative practices in SUD treatment and programming. Learn about the foundations of restorative work and how one district is developing a restorative approach and response to SUD from engagement to completion.

Breakout Session 8
1:30pm-3:00pm

Class 1: Healthy Perspectives and Resiliency (Part A)

Jamie Brower, Psy.D., ABPP

Is your client load comprised of people who are victims of trauma or people who are the perpetrators of trauma? How do you maintain a healthy perspective when coping with the same clients over and over? What impact does this have on your work or personal life and how can you re-frame your perspective?

Class 2: Family Involvement in Juvenile Justice and Behavioral Health Programs (Part A)

Ryan Porter, CADC, LPC

This workshop (session) will address steps to family inclusion into the juvenile justice system. We know that many families with children want to be more involved but lack the system knowledge and advocacy skills to do so. Other families initially see no role in being involved and this can be frustrating for officers and judges. From the work of other state organizations, we now have new recourses to help families navigate and improve their engagement skills. Also, there are similar resources to support the juvenile justice staff to assess family engagement. Material will be referenced to use in program evaluation.

Class 3: CCI Executive & Committee meetings (Part A)

The Community Coalitions of Idaho (CCI) is a group of community coalitions from across Idaho representing large, small, urban, and rural communities. Working with partners at the local, state and national levels, CCI works to facilitate collaboration and cooperation among Idaho community coalitions. We meet three times a year to share ideas, information and resources and to address current substance abuse prevention concerns. Our three focus areas are advocacy, strengthening existing coalitions and coalition expansion.

Class 4: Ethical Decision Making and Wellness: A Balancing Act (Part A)

Susan Esp, LCPC, Ph.D.

In Part A this workshop will cover a short review of the ethics of addiction counseling and the ethical decision making process. The physical and emotional effects of ethical decision making on counselors will also be addressed, as well as personality characteristics and situations that contribute to poor ethical decision making.

SCHEDULE of BREAKOUT SESSIONS - Thursday

Class 5: SAMHSA Initiative: Military Families

David Dickinson, MA

This initiative focuses on improving the behavioral health of the Nation's military service members, veterans, and their families, including relatives, caregivers, and significant others. As the Federal agency with the mission to reduce the impact of mental illnesses and substance abuse on America's communities, the Substance Abuse and Mental Health Services Administration (SAMHSA) will provide support and leadership through a collaborative and comprehensive approach

Breakout Session 9
3:15pm-4:45pm

Class 1: Healthy Perspectives and Resiliency (Part B)

Jamie Brower, Psy.D., ABPP

This session continues with Dr. Brower and will feature a panel of providers who will field questions and provide a forum for session participants to bring forward issues or concerns regarding vicarious trauma at their varied sites and receive feedback on maintaining healthy perspectives and resiliency.

Class 2: Family Involvement in Juvenile Justice and Behavioral Health Programs (Part B)

Ryan Porter, CADAC, LPC

See description from Session 8, Class 2

Class 3: CCI Executive & Committee meetings (Part B)

See description from Session 8, Class 3

Class 4: Ethical Decision Making and Wellness: A Balancing Act (Part B)

Susan Esp, LCPC, Ph.D.

Part B of this workshop will cover counselor vitality and developing personal wellness plans, with an emphasis on counselor wellness's effect on ethical decision making.

Class 5: Adolescent Treatment: Telehealth Pilot

Valerie Delyea,

Jason Stone,

Darren Richman

Increased geographic mobility, few organized youth activities after school, and the rise of working parents have all reduced the number of adult role models available to youth. Mentoring is an increasingly popular way of providing guidance and support to young people in need. This session is designed to provide practitioners with key concepts to keep in mind as they develop impactful mentoring programs to ensure that adult mentors are prepared to build meaningful connections with young people.





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2013 ICADD REGISTRATION FORM

Idaho Conference on Alcohol and Drug Dependency

Register online at www.attendicadd.com and receive a \$10 discount on general conference registration fees!

Questions? Call: 208.466.2519 or email: info@attendicadd.com

Complete form and mail or fax to ICADD, PO Box 1311, Meridian, ID 83680, Fax: 208.466.7693

First Name _____ Last Name _____
(Please print clearly)

Agency _____

Mailing Address _____

City _____ State _____ Zip Code _____

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CONTINUING EDUCATION CREDITS:

- A maximum of 23.25 CE hours will be available
- Contact hours verification of attendance forms will be stamped at the end of each session

PRE-CONFERENCE REGISTRATION FEES: (not available for students)

Full Day Pre-Conference _____ \$90/person
Half Day Class _____ \$45/person (ASAM or Ethics)

GENERAL CONFERENCE REGISTRATION FEES: (please select one option)

	<u>By April 2, 2013</u>	<u>April 3 - 24, 2013</u>	<u>Onsite walk-up registration</u>
Three-day Rate	_____ \$260/person	_____ \$345/person	_____ \$370/person
Daily Rate	_____ \$140/person	_____ \$190/person	_____ \$215/person
*Student Three-day Rate	_____ \$155/person	_____ \$190/person	_____ \$215/person

(No daily rate available for students. *Students MUST provide verification of current student status by faxing a copy of student status to 208.466.7693 by April 30th.)

FOUR-DAY REGISTRATION FEE: (includes Pre-Conference Day)

	<u>April 3-24, 2013</u>	<u>Onsite walk-up registration</u>
Four-Day Rate	_____ \$345/person	_____ \$420/person

DAYS ATTENDING ICADD:

- Monday
- Tuesday
- Wednesday
- Thursday

PRE-REGISTRATION DEADLINE:

Pre-registrations will be accepted after April 24, 2013. Payments via US Mail: Registration fees will be based on postmark date.

ATTENDEE POLICY AND DEADLINES:

All substitutions must be submitted in writing. Substitutions received will be charged a \$50 processing fee.

CANCELLATION POLICY AND DEADLINES:

Cancellations must be submitted in writing. A \$50 processing fee will be withheld from all refunds. There will be no refunds on or after April 30, 2013.

PAYMENT INFORMATION:

Payment MUST accompany registration. Registration fees sent by mail must be postmarked by April 24, 2013 and must include full payment. Please indicate amount and payment method.

PRE-CONFERENCE WORKSHOP TOTAL: \$ _____

GENERAL CONFERENCE TOTAL: \$ _____

OR

FOUR-DAY CONFERENCE TOTAL: \$ _____

TOTAL AMOUNT DUE: \$ _____

Register online!
SAVE \$10
General Conference Fees

Check or Money Order (made payable to: ICADD Foundation)

Credit Card

Type of Card _____ Visa _____ MasterCard _____ Discover

Card Number _____ Expiration Date _____

Name on Card _____ Signature _____

V-Code (3 digit number on back of card) _____ Total Amount Due \$ _____

Card Billing Address _____
(Must be accurate or registration will be declined.)

See Registration Form (next page) to select Pre-Conference Workshops and Breakout Sessions.

2013 ICADD REGISTRATION FORM

Pre-Conference Workshops

Monday, May 13 ~ 8:45am - 12:00pm and 1:30pm - 4:45pm

Please note: a separate fee is charged for these workshops Check the box next to the class you plan to attend

Workshop 1

- Motivational Interviewing
Part A 8:45am-10:15am
Part B 10:30am-12:00pm
Part C 1:30pm-3:00pm
Part D 3:15pm-4:45pm

Workshop 2

- The ASAM Process with Adolescents: A Research Review
Part A 8:45am-10:15am
Part B 10:30am-12:00pm

Workshop 3

- Ethical Decision Making and Wellness: A Balancing Act
Part A 1:30pm-3:00pm
Part B 3:15pm-4:45pm

Please note: 15 minute breaks will occur at 10:15am and 3:00pm. Lunch is on your own from 12:00pm - 1:30pm

General Conference Breakout Sessions

Please check the box next to each class you plan to attend

(It is strongly suggested that if you register for a class within a series, you select all classes within that series, i.e. Part A, B, & C)

Tuesday, May 14

Session 1, 10:30am-12:00pm

- Class 1: Recent Changes in Conceptualizing Mental Illness from a Trauma Perspective
- Class 2: Gangs and Drugs: What you need to Know
- Class 3: Strategic Prevention Framework - Core Essentials Training (Part A)
- Class 4: Implementing Mental Health Recovery Model and Peer Support
- Class 5: Round Table of Innovative Treatment and Recovery Support Services

Session 2, 1:30pm-3:00pm

- Class 1: Differentiating Treatment Based on Cognitive and Emotional Capacities of the Client
- Class 2: The Latest "Buzz" on RX Abuse
- Class 3: Strategic Prevention Framework - Core Essentials Training (Part B)
- Class 4: Medication Assisted Therapy
- Class 5: Idaho Voices in Recovery: Creating a Recovery Community Through Social Media

Session 3, 3:15pm-4:45pm

- Class 1: Integrating Trauma Concepts into Returnee/Exit/Transition Plans
- Class 2: Exploring Your Personal Culture
- Class 3: Strategic Prevention Framework - Core Essentials Training (Part C)
- Class 4: Spiritual Injuries
- Class 5: WITS Step-by-Step Walk Through

Wednesday, May 15

Session 4, 10:30am-12:00pm

- Class 1: Engaging and Treating Couples Affected by Alcohol Dependence
- Class 2: Brain Functioning and Stress Management
- Class 3: Strategic Prevention Framework - Core Essentials Training (Part D)
- Class 4: Color Blindness, Identity, Racism, Privilege and Power
- Class 5: Substance Abuse and Suicide: Clinical Interventions

Session 5, 1:30pm-3:00pm

- Class 1: Alcoholics Anonymous: What Have We Learned from Research?
- Class 2: Prevention Centered Research
- Class 3: Identifying Drug Endangered Children: A Collaborative

Approach (Part A)

- Class 4: High Risk Sexual Behavior: A Guide for Stakeholders
- Class 5: Children of Incarcerated Parents (COIP)

Session 6, 3:15pm-4:45pm

- Class 1: Women-specific Treatment: Themes and Techniques
- Class 2: Embracing Cultural Competency in Health Care and Treatment Services
- Class 3: Evidence Collection in Drug Endangered Children Cases (Part B)
- Class 4: Sexual Risk and it's Relationship to Substance Abuse and Mental Health
- Class 5: Working for Positive Change with the Idaho Legislature

Thursday, May 16

Session 7, 10:30am-12:00pm

- Class 1: Skills and Tools for Work and Life
- Class 2: PTSD Re-integration into the Community
- Class 3: Social Media and Prevention
- Class 4: Misconceptions of Working with Gender Specific Groups
- Class 5: The Value of Restorative Practice in SUDS

Session 8, 1:30pm-3:00pm

- Class 1: Healthy Perspectives and Resiliency (Part A)
- Class 2: Family Involvement in Juvenile Justice and Behavioral Health Programs (Part A)
- Class 3: CCI Executive and Committee Meetings (Part A)
- Class 4: Ethical Decision Making and Wellness: A Balancing Act (Part A)
- Class 5: SAMHSA Initiative: Military Families

Session 9, 3:15pm-4:45pm

- Class 1: Healthy Perspectives and Resiliency (Part B)
- Class 2: Family Involvement in Juvenile Justice and Behavioral Health Programs (Part B)
- Class 3: CCI Executive and Committee Meetings (Part B)
- Class 4: Ethical Decision Making and Wellness: A Balancing Act (Part B)
- Class 5: Adolescent Treatment: Telehealth Pilot

Conference schedule is subject to change.