

C. L. "BUTCH" OTTER – Governor RICHARD M. ARMSTRONG – Director

KATHLEEN P. ALLYN – Administrator DIVISION OF BEHAVIORAL HEALTH 450 West State Street, 3rd Floor P.O. Box 83720 Boise, Idaho 83720-0036 PHONE 208-334-6997

## MEMO

**TO**: BPA Network Providers

**FROM**: The Idaho Department of Health and Welfare

**DATE**: June 2, 2011

**SUBJECT**: Life Skills Re-Implementation, Service Limits, and Rate Change

## <u>Life Skills Re-Implementation</u>

Life Skills (LS) services, formerly referred to as Family, Marital, and Life Skills (FMLS) will be re-implemented as a reimbursable recovery support service for all state funded clients effective September 1, 2011. After surveying the provider network, DHW has determined that these services promote the skills necessary for clients to maintain a drug and alcohol free lifestyle. Many clients have difficulty in several life areas simply because they lack the necessary skills and knowledge. DHW has developed a Life Skills Curriculum Standards and Service Limits document that is attached to this communication. It provides a list of approved subjects for LS services as well as suggested topics and online resources for building a curriculum. The purpose of this document is to ensure that clients are receiving LS services that are well rounded and individualized.

Providers that were approved to deliver LS (formerly FMLS) on or after May 1, 2010, may resume delivering and billing for LS as of September 1, 2011. Reimbursement is still contingent on an active authorization for services. These providers must continue to meet the requirements outlined in IDAPA 16.07.20 section 720.

Providers approved to deliver LS prior to May 1, 2010 and all other providers interested in delivering LS services must submit an add-service application which can be found at: <a href="http://www.healthandwelfare.idaho.gov/LinkClick.aspx?fileticket=c8qxMVL">http://www.healthandwelfare.idaho.gov/LinkClick.aspx?fileticket=c8qxMVL</a> EOE%3d &tabid=105&mid=2858

<u>Providers must also submit all curriculums being utilized for each LS subject with their application.</u>

## LS Service Limits and Rate Changes

DHW has also identified the need for service limits for LS services. The following service limits will be applied to LS services as of September 1, 2011:

- 1) Provider may bill for a maximum of 2 hours of life skills per week, per client.
- 2) Authorization limits = 104 units every 90 days

In addition, the group rate for LS services has been increased from \$2.50 per unit to \$3.75 per unit effective September 1, 2011. The individual rate for LS services will remain at the current \$6.25 per unit.

Please submit paper and/or electronic copies of the requested materials to:

Ryan Phillips SUD Program Specialist 450 W. State St, 3rd Floor Boise, ID 83702

If you have any questions regarding this issue please contact Ryan Phillips @ (208) 334-6610 or phillipr@dhw.idaho.gov