## WHO CAN I CHOOSE TO INVITE TO MY CHILD'S PLANNING MEETING?

## What is a Family Centered Planning meeting?

A Family Centered Planning meeting is where your family and other people who know your child meet with a Case Manager to determine the services and supports that will help your child achieve the best outcomes and improve your child's quality of life.

## Who can I Invite to Our Family Centered Planning Meetings?

You and your child take the lead role in Family Centered Planning meetings. This includes deciding who you want to have on your team and why they need to be there. The people you invite to your child's planning meetings are important in helping identify services and supports. The team can also just consist of you and your family if you so desire. Recognizing your child's strengths is key to this process.

Develop a list of people you would like to invite to the meeting. The team that you select can include family members, friends, neighbors, school staff, clinicians, caregivers and staff from DDAs and other agencies (such as a person from a provider organization that has worked with your child).

*Family members and relatives* may know your child the best. These can include brothers, sisters, aunts, uncles, grandparents or others in your family.

*Friends/Neighbors* that know your child can be helpful in providing ideas and suggestions in terms of needs and services.

*School staff* that work with your child can be helpful. They work with your child on various needs and can also provide ideas on services that may help your child.

*Service Providers* from various organizations or disciplines should be considered. It is quite appropriate to invite people that have provided services before such as from DDAs or health care providers. Professionals can provide information on how your child is doing. Other persons that know your child and you feel comfortable with can be also be considered.

The goal is for you to have a team that knows your child. Feel free to invite anyone to your meeting you feel can provide information as you develop your plan and remember that it is your choice who attends the meeting.