



BACK BY POPULAR DEMAND

Barbara Speedling

Quality of Life Specialist

www.innovationsforqualityliving.com

Thursday, April 17, 2014

Behavioral Health

- Creating Livable Environments
- The Right Medicine – A Fresh Perspective on Behavioral Health
- The Right Medicine – Understanding Dementia and Special Needs
- Achieving and Sustaining Quality of Life

Nampa Civic Center

Nampa, Idaho

8:00am to 4:00pm

(Lunch Included)

6 CEU's Available

“Barbara knows long term care inside and out and is an expert in the area of program development for individuals suffering from dementia. She is high energy, delightful and persuasive, smart as they come, extremely knowledgeable, has highest integrity and an effervescent personality. Could you ask for more? I recommend her unequivocally.”

Gerry Brooks, MA, CCC, CBIST, CMTT, Director of Brain Injury Programs, Northeast Center for Special Care, NY.

**For pricing, registration, and all other event information,
Go to www.ihca-ical.org**

Barbara Speedling Presents

8:00am – 9:30am (1.5 CEUs)

Creating Livable Environments

This discussion offers an overview of the culture change movement, the primary principles of this ideology, and how this national perspective impacts the expectations of regulators and consumers. The nature of community and what makes a community attractive to potential residents will be explored. Participants will be asked to help define homelike, an ideal all nursing homes and assisted living environments aspire to, but often fail to truly understand in a way that facilitates practical and successful application. This session offers a closer look at the challenges faced by every facility in developing consistent practices for ensuring customer service and satisfaction. The impact of the environment of care on the quality of care and quality of life residents and their family experience is a focus of this discussion. Of particular focus will be the role of leaders in the implementation of practical approaches to ensuring the accommodation and satisfaction of the customers they serve.

9:45am – 11:15am (1.5 CEUs)

The Right Medicine: A Fresh Perspective on Behavioral Health

Effectively managing the complex needs and emotions of great numbers of people is no small task. Add to the already complicated array of human personalities, idiosyncrasies and annoyances a good dose of physical, intellectual, and emotional disability and you have a recipe for what many feel is an insurmountable challenge.

This program offers participants a fresh perspective on assessment of the whole person. Combining the diagnostic recommendations of dementia experts with a comprehensive psychiatric evaluation and expanded social history results in a person-centered assessment that looks not only at the current medical needs, but encompasses the essence of personhood by recognizing social, emotional and intellectual needs equally. Participants will take away the skills and resources to translate that assessment into a realistic, practical plan for quality, person-centered care.

11:30am – 12:30pm Lunch Included

12:30pm – 2:00pm (1.5 CEUs)

"The Right Medicine: Understanding Dementia and Special Needs"

This discussion focuses on the impact of dementia and mental illness on psychosocial function, mood, behavior and socialization for residents living in nursing homes and assisted living facilities. The importance of distinguishing between symptoms of illness, personality, and reactions to environment or circumstances in the assessment of potential non-pharmacological interventions for mood and behavior is a central theme of this presentation. This session offers a framework for the development and implementation of practical, non-pharmacological interventions for addressing challenging mood and behavior issues.

2:15pm – 3:45pm (1.5 CEUs)

Achieving and Sustaining Quality of Life

Caring for people goes beyond making sure they are clean, dry and well-fed. Long term care facilities generally give quality medical and custodial care, but many fall short when it comes to the things that really matter in the context of quality of life. This session explores the essence of person-centered care: understanding and meeting the needs of the individual, every day, in every way possible to promote wellness and satisfaction. More importantly, how to come together as a well-oiled machine to develop and sustain the kind of "livable environment" that will not only please your residents, but yourselves and those who evaluate your work. Improving quality of life will lead you down a path to reducing reliance on pharmacological interventions for mood and behavior in practical and realistic ways.