# FAQ's

# Medicare Medicaid Coordinated Plan (MMCP) for Dual Eligibles

# Who Are Dual Eligibles?

Dual-eligible individuals are Idaho residents that are eligible and enrolled in both Medicare Part A and Part B *and* full Medicaid coverage.

#### What Is the MMCP?

The MMCP is the solution from the Idaho Department of Health & Welfare (IDHW) to align Medicare and Medicaid benefits for Dual Eligible participants. The main goal of coordinated care is to provide:

- \* One set of comprehensive benefits: primary, acute, prescription drug and long-term supports & services
- ★ One accountable entity to coordinate delivery of services
- \* A single care management team that develops care plans and coordinates care
- ★ Health care decisions are based on beneficiary needs and preferences to promote improvement in health and quality of life

#### Why Have Coordinated Care?

IDHW is joining the majority of states across the nation to look for innovative solutions to coordinate benefits and manage costs. The typical dual-eligible individual has more than four times the expenditures than Medicare-only beneficiaries.

The main goal of coordinated care is to help Idaho dual-eligible participants stay healthy and in control of their lives by offering them complete health care and social services.

#### Does Idaho Have a Plan That Coordinates Benefits?

**Yes!** The Medicare Medicaid Coordinated Plan (MMCP) is administered by Blue Cross of Idaho (BCI). The name of the plan is the **True Blue Special Needs Plan** and is designed to address participants' specific needs and to provide participants their own Care Manager to serve as a central point of contact for all healthcare needs.

# What Does the True Blue Special Needs Plan Cover?

The True Blue Special Needs Plan covers all medically-necessary and preventive services covered under **Medicare** Part A, Part B, and Part D prescription drug coverage as well as services covered by **Medicaid** including:

- Aged & Disabled Waiver
- Personal Care Services
- Nursing Facility
- ICF/ID
- Behavioral Health
- Community Based Rehabilitative Services
- Developmental Disabilities Targeted Service Coordination\*

All other Development Disability services will be provided by Medicaid

True Blue also covers **additional services over and above** original Medicare/Medicaid such as:

- Care Coordination
- Dental
- Vision
- Call-in 24-Hour Nurse Line
- Fitness Benefit

# Who is eligible to participate in the Medicare Medicaid Coordinated Plan (MMCP)

All Dual Eligible participants with the exception of those that currently have End Stage Renal Disease (ESRD). There is no screening or qualifications for acceptance into the plan and participants may reside in any living situation.

#### What if the participant already has a Medicare Advantage Plan?

If the participant elects to participate in the MMCP they cannot be a participant in any other Medicare Advantage plan. They should contact Blue Cross Customer Service for information.

#### Is there a premium for the True Blue Special Needs Plan?

There is no premium for the plan, however only Dual Eligible's are allowed to enroll. Any current co-pays for Medicare Part D drugs will remain the same as well as any Share of Cost amounts for Medicaid A&D Waiver services.

# What Is a Care Manager?

A Care Manager (CM) serves as the participant's central point of contact. Care Managers ensure a participant receives the right care and information, while working directly with the participant and/or family and healthcare provider. The Care Manager is an essential part of the participant's care team: a small group made up of the participant (and/or family or legal representative), caregiver and or support, other specialists as necessary, and a primary care

physician. The MMCP Care Manager should not be confused with the Medicaid Bureau of Developmental Disability Services Care Manager. The MMCP Care Manager's role is to coordinate healthcare services for Blue Cross of Idaho.

## **Interdisciplinary Care Team (ICT)**

Every participant will have an ICT and every ICT will include a diverse group of members including; Primary Care Provider (PCP), Care Manager (CM) and the participant or participant representative. Additional providers and specialists will be added as needed.

## If a Participant Enrolls In the MMCP Do They Have To Stay In It?

No. Participants can enroll or disenroll from the True Blue Special Needs Plan on a monthly basis. Enrollment or disenrollment is effective the first of the month following the request. For example if someone enrolls on May 15 their enrollment will be effective June 1.

## **Important Information:**

- All participants will receive a Blue Cross of Idaho Health Insurance card upon enrollment
- Participants will have access to the Blue Cross of Idaho network of providers
- All current Medicaid services remain the same for a 90 day transition period (including the providers). At the end of the transition period providers servicing True Blue members will need to be contracted with BCI

#### **How Does Someone Enroll In the MMCP?**

- Call Blue Cross directly 888-495-2583
- www.TrueBluesnp.com
- Call Medicaid and ask them to help you connect with Blue Cross

#### Is the True Blue Special Needs Plan Available To All Idaho Duals?

The True Blue Special Needs Plan is available in the following counties:

Ada, Adams, Bannock, Benewah, Bingham, Blaine, Boise, Bonner, Bonneville, Boundary, Canyon, Caribou, Cassia, Clark, Elmore, Fremont, Gem, Gooding, Jefferson, Jerome, Kootenai, Latah, Madison, Minidoka, Nez Perce, Oneida, Owyhee, Payette, Power, Shoshone, Twin Falls, Valley, and Washington counties.

#### **Contact Information**

- 1-888-495-2583, 8 am to 8 pm, seven days a week
- www.truebluesnp.com