Western Idaho Preventive Health Assistance Approved Weight Management Programs

Please contact the organizations below for additional information regarding programs and fees in your area.

(Services & programs vary. Please contact the program directly for details.)

Organization	City	Address	Phone	Additional Information
Anytime Fitness	Caldwell	2621 S. 10th Ave	(208) 459-1505	
	Mountain Home	2600 American Legion Blv	(208) 587-4122	
	Nampa	353 Caldwell Blvd.	(208) 465-4400	
Active Health Chiropractic: A Creating Wellness Center	Eagle	507 S Fitness PL Suite 110	(208) 938-1505	
Body Shop Fitness Centers	Fruitland	1322 N. Whitley Drive	(208) 452-7799	
	Payette	541 S. 16th St	(208) 642-1326	
	Weiser	35 W. Commercial St.	(208) 414-2639	
Curves for Women	Boise	6738 Glenwood 8960 W. Ardene 911 W Jefferson	(208) 853-0700 (208) 378-4740 (208) 344-2835	
	Caldwell	2523 S. 10th Ave, #103	(208) 453-1920	
	McCall	409 S. 3td, Suite B	(208) 634-8439	
	Meridian	2053 E Fairview Ave, Suite 105	(208) 846-9514	
	Mountain Home	356 N. 2nd E.	(208) 580-1017	
	Nampa	1312 S. Edgewater Circle	(208) 461-4534	
Delta Fitness	Emmett	121 S. Commercial	(208) 365-1346	
Fitness 19	Boise	3361 N. Cole	(208) 376-9119	
Fitness First	Mountain Home	170 N 2nd E	(208) 587-7032	
Freedom Fitness	Kuna	672 E. Wythe Creek Ct, Ste. 102	(208) 495-3613	Adult & Child services
Garden Valley Fitness	Garden Valley	2835 Middlefork Rd	(208) 462-2822	
Idaho Athletic Club	Boise	2999 N. Lakeharbor Lane	(208) 853-4224	
	Boise	1435 S. Maple Grove	(208) 376-6558	
	Caldwell	4623 Enterprise Way	(208) 459-0729	
	Eagle	950 E. Riverside Drive	(208) 938-8410	
	Meridian	1450 E. Fairview Ave. 2340 S. Eagle Road	(208) 888-0060 (208) 884-5251	
	Nampa	5251 E. Exchange	(208) 442-6378	
Nampa Fit Studio	Nampa	1359 Caldwell Blvd.	(208) 461-1347	
Nampa Rec. Center	Nampa	131 Constitution Way	(208) 468-5777	Adult & Child services
Payette City Pool	Payette	700 Center Ave	(208) 642-6024	
Soul Fitnesse	Emmett	444 Hwy. 16	(208) 365-4411	
TOPS ID #375	Emmett	3rd & Hayes	(208) 365-5868	
Weight Watchers Area 116 of Idaho	Boise, Meridian, Caldwell, Emmett, Mt Home, Nampa, Payette		(801) 486-0125	Contact: (801) 486-0125 for locations and times in your area.
World Fitness	Ontario, OR	1294 Southwest 4th Ave	(541) 881-9956	
YMCA (Treasure Valley)	Boise Caldwell Meridian	1050 W. State Street 5959 N Discovery Way 3720 South Indiana Ave 936 W. Taylor, Ste. 104	(208) 344-5501 (208) 377-9622 (208) 454-YMCA (208) 855-5711	Adult & Child services