

REGION IV MENTAL HEALTH BOARD MINUTES
January 10, 2012 - 12:00 PM to 2:30 PM
Ada County Sheriff's Office
7200 W Barrister, Boise, ID

CHAIR: Greg Dickerson

VICE CHAIR:

Attendees: Greg Dickerson, Vern Garrett, Beth Baker, Judi Corlett, Vern Bisterfeldt, Shelley Retter, Scott Armentrout, Melanie Curtis, Stephen Graci, Laura Thomas, Ross Mason, Michael Dickson, Kate Pape, and Liza Clinger.

Agenda	Presenter	Discussion
Introductions and Attendance.	Greg Dickerson	Introduction of all attendees.
Review Agenda. Approval of last meeting's minutes.	Greg Dickerson	<p>Greg motioned to revise the Agenda and Gina Seconded. All were in agreement. Idaho Behavioral Health of Care System presented by Gina Westcott was added as an agenda items for 01/10/2012.</p> <p>Greg moved to approve the November 08, 2011 minutes and Vern Garrett seconded. All were in agreement.</p>
Review of the Board Bylaws and Board vacancies.	Gina Westcott and Greg Dickerson	<p>Gina informed the Board that the current Bylaws were outdated and were in need of being updated (last update was in 2007) as the Idaho State Statutes have changed. The Board agreed. Gina reviewed the proposed updated Bylaws with the changes from the Idaho State Statutes. She stated that the Board has two vacant positions for a parent with a child with SED and that the Board needs to start thinking about recruiting for these. Shelly Retter shares that she feels that it would be up to her to recruit for the vacant positions. However, she feels like she would need a better idea regarding what the Board has done and where it is going. Ex. What is the plan for this Board and what difference are we really making? She would like to have this knowledge before she approaches this topic with parents.</p> <p>Gina reviewed the Bylaws in-depth and gave examples.</p> <p>In response to Article VII: Cooperative Service Plan Component. Greg comments that irrespective to whether there is any money waiting to be distributed, in any capacity or not, it would be good to really sit down and put our minds together on what the regional services can offer. He states, "At some point in time we need to start having some vision and priorities." Gina pointed out that she believes at some point this restoration will</p>

		<p>happen but it will require an effort on our part. Steve Graci asked, “Where do our unmet needs come from for the Region? He wonders if it is the Department of Health & Welfare, various providers, or people at the table that identifies these needs. Gina states, that she believes that input come from all of those areas. Ross Mason states that he feels that if we speak as one voice, as he feels that is what the State Planning Council is for, then that is when we will start to see results and follow through on ideas and or implementation of our gaps and needs in the community.</p> <p>In response to Article X, Section 3: Procedures. Courtney was our designee for the Board but is no longer a member of the Board. The Board questions if we need to appoint and new designee? Does Martha Eckhoff want to represent us for the State Planning Council? Unfortunately, Martha is not in attendance. Action: Email Martha Eckhoff, Board member, to inquire if she would be interested in being the designee for the State Planning Council.</p> <p>Kate Pape states that it would be helpful to have a tutorial on how to follow the Board guidelines. Ex. How to address the Board. A short discussion on The Robert’s Rules of Order is conducted.</p> <p>Ross motions to approve the Bylaws after the appropriate changes have taken place, Vern Garrett seconds. All were in agreement.</p>
Idaho Behavioral Health System of Care.	Gina Westcott	<p>Gina provides a brief overview of the Idaho Behavioral Health System of Care and its focuses. Part of this information on this form is driven by the process of Medicaid becoming a Managed Care Organization (MCO). We are educating law enforcement. We have been actively participating on going out on mental holds with the police department. In region IV we are also increasing our MCU which is providing crisis appointments instead of sending them to the ER. This is on a demand basis. We follow committed patients through their commitment until they are discharged. We do this primarily for people who are not insured. We work with individuals who are Mental Health Court participants. Lastly, our mandate or charter is to provide treatment for our disadvantaged participants and to meet our target populations. Ross Edmunds is looking at what we have in statute. Part of that is that we are going to a zero based budgeting system and the better we can define what we are doing the more likely we are able to getting funding for it. We have tried our best to maintaining our services. We were able to continue doing this. We have really had an increase in our holds and Gina believes that primarily due to the economy. She focuses on the information that describes the Regional BH Community Development Boards. This form reflects their latest vision and they will</p>

		<p>now begin writing legislation code based on this vision.</p> <p>A question was asked. Will there be a bill introduced on the State BH Authority? Gina states that it is still pretty early into the session but believes the Ross Edmunds will probably attempt this. Medicaid/Private BH Treatment Services have already been established.</p>
<p>Review of past gaps and needs, add to list and prioritized goals for the year.</p>	<p>Gina Westcott and Greg Dickerson</p>	<p>As a group, we reviewed and updated the “Strengths” area from the Needs Assessment Report.</p> <p>Kate Pape provided feedback for the gap area. She is concerned that Idaho does not have a guilty by reason of insanity law. She is very concerned as she sees many individuals that are mentally ill that are incarcerated. Greg agrees. Gina state that at one time a forensic facility to advocate for this was discussed. However, this was never implemented. We do have Mental Health Court that helps but the program is limited due to funding.</p> <p>Scott Armentrout asks questions regarding the MATCH program (a program to help individuals find a primary care medical doctor for medical care) for the GAPS. He shares that there are many individuals who need psychiatric care but unfortunately there are not enough psychiatrist. The quality of care is not where it needs to be due to this. We are considered an underserved area due to this.</p> <p>Melanie Curtis informs the Board that accidental drug overdoses due to prescription drug use is growing. She states this would be a good GAP to list. She provided the Board with handouts regarding this issue.</p> <p>Action: The Needs Assessment Report will be distributed by email for additional feedback in the following areas: Intervention, Treatment, Recovery, and Crisis.</p> <p>Gina mentions that she would like us to start this process again in November 2012 to have them ready for the following year.</p> <p>Michael Dickson suggested that we all check the DHW website for valuable knowledge during this legislative session.</p>

Member Reports and Updates CMH Subcommittee Update RAC Update		<p>In response to Commissioner Bisterfeldt's inquiry from the last meeting about receiving more information from the agencies that members represent. Gina suggested that at each meeting one agency shares a small presentation representing their agency and services.</p> <p>Steve hands out pamphlets for the Idaho Federation of Families. He states that they are primary geared to provide serves for individuals for children that cannot get services. They are hoping to work through a contract through the State at this time. This will help with this kind of work. He informs the Board that they are in a transition at this time.</p>
Elections	All	Action: Recruit for the vacant positions: Co-Chair and 2 parent with a child with SED.
Other Board Items Wrap-up	All	Laura Thomas inquired about our meeting schedule. It was determined to hold the meetings monthly during the legislative session.
		Meeting adjourned.

*Next meeting is February 14, 2012 at the Ada County Sheriff's Office, 7200 W Barrister, Boise, ID 83704 from 12:00 PM-2:00 PM.