

Idaho State Planning Council on Mental Health
January 15th, 16th, 17th, 2013
Holiday Inn Express, Boise, ID

Attendance: Martha Ekhoﬀ, Kim Jardine-Dickerson, Jennifer Grifﬀis, Teresa Wolf, Gary Hamilton, Linda Johann, Stan Calder, Pat Martelle, Dr. Linda Hatzenbuehler, Captain Rick Capell, Rick Huber, Kathie Garrett, Julie Williams, Elda Catalano(for Lisa Koltes), Lynne Whiting

Absent: Amber Seipert, Sharon Block, Lisa Koltes, Pam Hirsch

Guests: Cynthia Clapper, Katie Morales, Ross Edmunds, Casey Moyer, Rosie Andueza, Terry Pappin, Steve Graci, Justine Murphy, John Reusser

January 15th, 2013		
TOPIC	DISCUSSION	ACTION
<p>8:00am Welcome- Holiday Inn <i>Welcome-Martha Ekhoﬀ</i> Approval of Minutes from January and August 2012 Review of Agenda/Changes</p>	<p>Review of the Agenda.</p> <p>Amber Seipert was not able to attend the SPC, and has resigned due to a family emergency. Pam Hirsch has also resigned as SPC chair, and from the SPC.</p>	<p>Deferring the approval of the January and August 2012 minutes until January 16th, 2013.</p>
<p>8:15am Overview of Award Event- <i>Linda Hatzenbuehler</i></p> <ul style="list-style-type: none"> • Overview of Award Event • Postcards 	<p>Invitations for the award ceremony were passed around and signed by members.</p>	<p>It was decided who will introduce awardees at the award ceremony, January 16th, 2013:</p> <p>Ann Kirkwood: Linda Hatzenbuehler Pamela Rose: Martha Ekhoﬀ Chief Masterson: Kathie Garrett Senator Marv Hagedorn: Kathie Garrett Ruth Brown: Kim Jardine-Dickerson</p>
<p>9:00am Department of Health and Welfare Updates- <i>Ross Edmunds</i> BHIC-Ross Edmunds & Teresa</p>	<p>Ross discussed the legislative proposal to create Regional Behavioral Health Boards, and the request for \$466,900 to fund those boards.</p> <p>-Budget overview: Adult Mental Health and Substance Abuse is on track with 50% of the budget spent. Children’s Mental Health is underspent.</p>	

<p><i>Wolf</i></p>	<p>The Proposed Legislation SB1114 that would affect Behavioral Health and the State Planning Council (SPC) include:</p> <p>1. The proposed legislation is to provide an opportunity to combine Regional Advisory Councils (RAC) and Regional Mental Health Boards to form Regional Behavioral Health Boards. Responsibility for recovery support services and local behavioral health care would be transferred to local Regional Behavioral Health Boards. The State Planning Council on Mental Health will add representation from Substance Use Disorders (SUD) and become the State Behavioral Health Planning Council.</p> <p>If legislation passes, the SPC would be responsible for identifying readiness criteria for the Regional Behavioral Health boards to become an entity at a local level and are responsible for recovery support services.</p> <p>Regional Priority Areas:</p> <ol style="list-style-type: none"> 1. Evaluation and crisis intervention for individuals experiencing behavioral health crises. 2. Taking care of those individuals who are committed to hospital pre-care and post-care services 3. Evaluation and securing mental health treatment for those individuals who are court ordered into our system 4. Evaluation and securing treatment for those individuals that are involved in mental health courts. 5. Treatment for adults diagnosed with a serious and persistent mental illness (SPMI), a substance use disorder (SUD) and treatment for children diagnosed with serious emotional disorder (SED) who do not have access to behavioral health benefits . 6. Community recovery support services. 	<p>If legislation passes, the SPC and the Division of Behavioral Health will meet to put together a starter kit for the local regions with sample bylaws, committee structures, etc. to help them become a Regional Behavioral Health Board.</p>
<p>Break 10:30am</p>		
<p>10:45 Medicaid and Medicaid Managed Care-Pat Martelle</p> <ul style="list-style-type: none"> • Report on Contract Award, Potential challenges facing Medicaid recipients in 2013 	<p>Pat Martelle presented on the status of the Request for Proposals to contract with a Medicaid Managed Care agency to oversee Medicaid behavioral health services.</p> <p>-Currently the Request for Proposals is still in the procurement process. The intent to award announcement is scheduled for next week.</p> <p>- The service start date for the Medicaid Managed Care contract for behavioral health service delivery is July 1, 2013.</p> <p>MEDICAID INFORMATION:</p> <p>-Several projects at Medicaid all have similar theme</p>	<p>Martha will help obtain names of stakeholders who would like to help the Department review some of the proposed processes and products from the contractor.</p>

	<p>relating to using a holistic approach using community support.</p> <p>-States are trying to be more cost effective, with a focus on accountable care, non-duplicative services, and “case managers” assistance to navigate service systems.</p> <p>Projects going on at Medicaid:</p> <p>-Children’s Integrative Care Children’s Healthcare Improvement Collaboration (CHIC): Grant that Medicaid has for children’s health services to integrate behavioral and primary health care.</p> <p>-Health Home project: Focuses on chronic condition of diabetes, asthma or mental health.</p> <p>-The Dual Eligible Managed Care Project: Dual Eligible (i.e. Qualified to receive both Medicare and Medicaid)</p> <p>Martha Ekhoﬀ expressed concern, (referring to stakeholders helping review the policies and procedures) about patients being able to provide input into their treatment plan; the contractor has to submit all their policies and procedures, Martha and others will divide and review them.</p>	<p>Martha will help review the policies and procedures submitted by the proposed Medicaid contractors and give input concerning patients providing input into their treatment plan.</p>
12:00	<p>WORKING LUNCH</p> <p>Kathie Garrett presented on the Suicide Prevention Action Network (SPAN) activities.</p> <p>-SPAN may offer a suicide provider training. The Western Interstate Commission for Higher Education (WICHE) has developed a rural health tool kit for doctors regarding suicide.</p> <p>- There is a cooperative agreement funding opportunity from SAMHSA that focuses on crisis follow up from calls that come into call centers, the funding is \$60,000 a year for three years.</p>	<p>Casey will get the posting from SAMSHA to Kathie Garrett</p>
Teresa Wolf	<p>Teresa Wolf gave an update of a survey that Region Two conducted for assessing gaps and needs related to mental health services. It is a continuation of a survey they conducted in 2012.</p> <p>- Participants of the survey included: law enforcement, behavioral health providers, Region 2 directors of Health and Welfare, schools, social workers, school psychologists and hospitals.</p> <p>-Each region could possibly implement the survey to gather responses and statistics to help identify areas of need.</p>	<p>Add questions to the surveys related to trauma for consumers.</p>
1:00pm State Planning Council-	<p>Committees for the State Planning Council:</p> <p>Legislative/Advocacy: Linda H, Kathie G</p>	<p>Linda Hatzenbuehler made</p>

<p>Behavioral Health Planning Council- <i>Martha Ekhoﬀ, All</i></p> <ul style="list-style-type: none"> • Planning, next steps, new committees, and/or subcommittee, etc. 	<p>- Updates to H&W committees -Advocacy for SPC and mental health.</p> <p>Readiness: Executive Council -Participate in Readiness tool kit development</p> <p>Membership: Teresa W, Stan C -Recruitment for Behavioral Health Planning Council -This committee also ties into readiness for new legislation.</p> <p>Communications(education will be absolved into communication): Gary H, Julie W, Rick C -Monitoring the regional boards -Frequent Reporting -Governor’s Report</p> <p>Transformation Committee: Rick H, Linda J, Pat M -Managed Care Updates -Monitoring</p> <p>Children’s: Lynne W, and Kim J-D, Jennifer G -Jeff D Compliance</p> <p>PROPOSED LEGISLATION DISCUSSION -The new legislation helps clarify the regional boards duties/responsibilities -Discussion on timing of when to start implementing proposed legislation if new legislation is passed. -Making the requirements vaguer so that each region can fit it to their specific needs.</p>	<p>a motion to support the concept of the new legislation at the regional level. Regional support includes working with regional boards and advisory councils. . Pat Martelle seconded the motion. Motion passed.</p> <p>Martha made a motion to support the legislation with a recommendation to broaden the definition to serious mental illness instead of confining it to serious and persistent mental illness. She also expressed a concern about limiting services only to crisis services. This motion was universally approved</p>
<p>3:00pm Break</p>		
<p>3:15pm State Planning Council-Behavioral Health Planning Council Committees- <i>Martha Ekhoﬀ, All</i></p> <ul style="list-style-type: none"> • Committee development • Planning, next steps, committee work, etc. • Committee report 	<p>Committee update: Communication Committee: -Try to become more connected to the Regional Boards: gather their contact information, swap minutes and calendars to keep updated on each other’s activities. -Ask the Community Resource Development Specialist (CRDS)-send the draft of the minutes to the other regions before it is sent out to the public.</p> <p>Legislative Committee: -Responsible for the Letter to the Governor: Lynne Whiting and Linda H -Will continue to plan the award ceremony -After the legislative session in March, review the actions relative to mental health issues and pass on the information to the SPC</p> <p>Membership Committee: Change membership according to possible change from the new legislation. They are in</p>	<p>-Conference Calls for the Communication and Children’s committees. -Gather the contact information for the Regional Boards Communication Specialist. -Katie Morales</p> <p>-Each SPC member also on a Regional Board; find out how/when they post minutes. In 6 weeks send Martha an update.</p> <p>-Each person at the SPC give their contact</p>

	<p>charge of nomination, vacancies, proposed membership, visitors, etc.</p> <ul style="list-style-type: none"> -Sent around contact list, each member present checked their information. -Get info from current Regional Mental Health Boards (RMHB) and Regional Advisory Committees on Substance Abuse (RACS). -review the bylaws for the RACS so we can combine with SPC bylaws <p>Children's Committee:</p> <ul style="list-style-type: none"> -notes to be added to minutes... <p>Transformation Committee:</p> <ul style="list-style-type: none"> -Regional mental health boards and future changes. -Medicaid managed care monitoring. -Ensure communication is happening between the Regional Boards and the SPC, and minutes are reviewed, approved, and uploaded to the website. -Research funding opportunities -Identify support from legislatures who are sympathetic to Behavioral Health. 	<p>information to either Gary, Julie, or Rick</p> <ul style="list-style-type: none"> -When changes occur in Boards, send the information to the Communications comm. -By laws need to be approved by next meeting <p>Notes from the Children's Committee to be added to the minutes-Lynne Whiting</p>
<p>4:15 Idaho Suicide Prevention hotline- <i>John Reusser, Director of the Suicide Hotline</i></p>	<p>John Reusser gave an update on the Suicide Prevention Hotline to the SPC.</p> <ul style="list-style-type: none"> -June to November 26th, 2012 worked to get the SPH ready, the first day of Suicide Hotline was on November 26th -Database inputs information from callers, computer tracks demographics, and the matter of the calls. -Since Nov. 26th there have been 115 calls, they are training volunteers, and will slowly add hours (after 5:00pm and on weekends) -Out of calls received, 36% have resulted in follow-up calls being scheduled and going through. -Data Collection System can give data reports on request 	
<p>5:00pm</p>	<p>ADJOURN</p>	
	<p>Wednesday, January 16th 2013</p>	
<p>8:00am</p>		
<p>8:10am Agency Reports</p> <ul style="list-style-type: none"> • Peer Specialists – <i>Martha Ekhoﬀ</i> • RITE-TTI award– <i>Cynthia Clapper</i> • Suicide Prevention Council Update 	<p>Cynthia gave an update on the Recovery Infrastructure Training for Empowerment Transformation Transfer Initiative Application (RITE-TTI).</p> <ul style="list-style-type: none"> -Building a recovery oriented system of care in Idaho: <ol style="list-style-type: none"> 1. Certified Peer Specialist Training through Mountain States, over 120 are certified. --Sustainable training opportunity 2. Two tool kit committees ---Recovery tool kit with trauma focus ---Action Plan tool kit: to identify gaps and needs, how to 	<p>If anyone is interested in helping in any capacity with the tool kits, please email:</p> <p>AnduezaR@dhw.idaho.gov</p> <p>MeyerJ@dhw.idaho.gov</p> <p>ClapperC@dhw.idaho.gov</p>

<p>– Kathie Garrett</p> <ul style="list-style-type: none"> • Federation of Families – Steve Graci 	<p>implement and develop an action plan.</p> <p>-Two certified peer specialist are going to be hired to help coordinate this project.</p> <hr/> <p>Steve Graci gave an update on the Federation of Families. All of the Regions except for region one, have a Family Support Specialist.</p> <p>Youth Program:</p> <p>-Federation of Families is now an affiliate to Youth Move. Working to create programs that create opportunities for leadership and training.</p> <p>-Also involved with SPAN and other organizations that are putting together a suicide awareness program.</p> <p>-Received National attention from SAMSHA in their newsletter about Sib Shops and the Federation of Families’ newsletter.</p> <p>-Regional boards charged with oversight for Jeff D lawsuit, communicate with other regional boards to share examples of how they are writing the Jeff D oversight/report.</p> <hr/> <p>Justine Murphy gave an update on the Projects for Assistance in Transition from Homelessness program (PATH).</p> <p>-PATH has reached out and helped 4,751 People since Mountain States was awarded the contract to provide outreach services</p>	
<p>10:10am Region Mental Health Boards Reports</p>	<p>Update given for the Regional Mental Health Boards. Region 5 &6 did not provide/present a report.</p>	<p>Linda Johann will send a copy of Region One’s tool kit to Teresa Wolf and Jennifer Griffis.</p>
<p>10:30am</p>	<p>BREAK</p>	
<p>10:45am Behavioral Health Block Grant application and discussion-Cynthia Clapper, Terry Pappin</p>	<p>Cynthia and Terry updated the SPC on the Block Grant.</p> <p>-An external survey pertaining to the Block Grant is put up on the Health and Welfare website; it is made to better receive input from the state planning council members and from the public.</p> <p>--The website is up through Feb. 28th.</p>	<p>-Katie will email the link of the survey to all the SPC members.</p>
<p>12:00 noon</p>	<p>LUNCH</p>	
<p>1:00pm Governors Report 2012-Theme-Gaps and Needs</p> <ul style="list-style-type: none"> • Content/Research • Identify 	<p>Working Lunch: SPC members discussed the Governor’s Letter, the members made changes that were unanimous.</p> <p>-Make sure the Governor’s letter is brief and to the point.</p> <p>-2013 goals: “The Council requested that gaps and needs</p>	<p>Reviewed the Letter to the Governor.</p> <p>Katie will change the “Availability of Programs/Services in</p>

Information and Resources • Legislative Report-1page	be identified by the regional health boards, the Council will assist local efforts and provide communication and support across the state on local efforts to address the gaps...”	Idaho that work” table to allow the Regions room to comment on their specific Region. Linda H. will email it out.
2:40 Casey presents on Jeff B	Casey Moyer provided an update on the Jeff D case. The Requirements of the SPC are for the Children’s Committee of the state planning council to monitor the Jeff D case, and an update needs to be included in the Governor’s Report.	Indicate that the SPC is aware of, or mention the Jeff D consent decrees in the letter to the governor.
2:30pm	BREAK- Move to the State Capitol	
4:00pm Award Ceremony		
5:00pm	ADJOURN	
	Thursday, January 17th, 2013	
8:00am Award Ceremony Discussion-Linda Hatzenbuehler	<p>Ideas for the next meeting: The January 2013 award Ceremony was the least attended of all the previous ceremonies.</p> <p>Possible reasons and ideas for improvement: -There are almost 30 new legislators that don’t have a personal connection to SPC council members, or have an understanding of what the SPC is. -Next January make the award ceremony no more than an hour (4:30pm-5:30pm), but reserve the room for around two hours.</p> <p>Discussion of how to educate the public and new legislatures:</p> <ul style="list-style-type: none"> - Hold regional events - Send the Award Ceremony Press release to the Legislatures - Put together a brief fact sheet with some information about SPC - <u>Get on the relevant legislative committee’s agenda while they’re in Boise, give a little information about what the SPC is, and its role.</u> - Each SPC member gathers contact information for their local legislators. - Start writing a SPC newsletter; it should include positive information, a mission statement, a definition of the term <i>behavioral health</i>, and the Chair’s picture and information. While the legislature is in session send out once a month, and twice every year before the SPC meeting. <p>Improving Regional Legislative events:</p> <ul style="list-style-type: none"> - Get on the agenda or make individual appointments 	<p>The communication committee will meet via conference call, and build a template for the newsletter. Federation of Families does a ‘News Blast’ that could be a template</p> <p>Martha will try to get on the Legislative agenda and Linda H will get Martha a fact sheet based on the Governor’s Report</p>

	before the award ceremony next year, put together talking points for all SPC members to use and hand out to the Legislators.	
<p>8:30am State Planning Council-Meeting Overview-Open Discussion</p> <ul style="list-style-type: none"> • Assignments <ul style="list-style-type: none"> ○ Follow-up on assignments – committees’ meeting dates and report outs ○ Meeting timelines • Reporting <ul style="list-style-type: none"> ○ Where to report, who to report to, advocating for services 	<p>FOLLOW UP ASSIGNMENTS:</p> <ul style="list-style-type: none"> - If New Legislation is passed, find out the timeline to prepare for the behavioral health change. <p>Kim Jardine-Dickerson made motion to adjourn January 2013 Meeting, Lynne Whiting seconded. Meeting Adjourned.</p>	<p>Newsletter: (Martha, Gary, Julie, Rick Capell). -Timeline: send out the newsletter before the fall regional legislative events. -Come up with a list of topics for each newsletter. -Children’s Committee will provide information for the Newsletter. VCE meeting for 4/9/2013 3-5pm Children’s Committee: Conference call February 15th, 10:00amMST Transformation Committee: email goals for committee between now and March 1st. Membership Committee: In two weeks send out an email with new proposed member list and bylaws, ask for feedback. Also include nomination procedures for SPC and MHB Legislative Committee: Finish and send out Governor’s report as soon as possible. Reserve the room for the Award Ceremony. Submit Committee meetings to Katie Reserve a conference room at the hotel for the executive committee the night before.-- Katie</p>
12:00 Noon	ADJOURN	