RISK IDENTIFICATION TOOL

During the Person-Centered Planning (PCP) process you can use this tool to help start thinking, brainstorming, and planning in order to:
1) Make a list of things that could put you in danger.
2) List what the things are that are unsafe for you
and
3) Decide if this should be something to list on your **My Safety Plan.**

Below is a list of the some common risk factors that could be considered dangerous or unsafe for you. This list is designed to encourage helpful discussion about issues of risk which may be real for you. There may be other risks that are not listed. Remember, discussing and identifying risk is an important part of person-centered planning. It is what allows you to live safely and successfully in the community. So take your time with this process.

- Eating
- Mobility
- Transfers
- Toileting
- Communication
- Community Access
- Bathing
- Hurtful to Self
- Hurtful to Others
- Running Away
- Home Repair
- Property Destruction
- Placed in a Physical Hold
- Behavior medications
- Criminal behavior
- Forgetting or refusing to take medications
- Seizure-medications
- Skin breakdown
- Bowel blockage Nutritional
- Diabetes
- Choking
- Breathing or Heart Problems
- Bone or Joint Problems
- Community access
- Emergency response
- People taking advantage of your money
- Stomach Problems
- Injuries
- Falls
- People taking advantage of you
- Noise/Touch Issues
- Seizures

What is the issue of risk?	How is this issue thought or known to be of particular risk to this person?	Should this issue be included in the **My Safety Plan**? Yes/No?