

# Bureau of Substance Use Disorders

## Update

### Idaho Regional Advisory Committees

April 2009

## Message from the Chief

As we begin the 4<sup>th</sup> quarter of this fiscal year it is a good time to look back on all the new processes, protocols, and projects we began implementing this year. You will find updates on many of these as you read this newsletter. It is mind-boggling what we took on this year, and I want to commend the field and our partners for sticking with us. Although this is in no way a complete list, in SFY09 we began implementing the following projects:

- ❑ GAIN-I training and implementation statewide
- ❑ WITS/GAIN Interface
- ❑ Treatment for misdemeanants
- ❑ Prisoner Re-Entry project
- ❑ Beginning Prevention/Intervention programs
- ❑ Writing and implementing new Case Management standards
- ❑ Creating a Prevention Strategic Plan
- ❑ Continuation of the implementation of the protocols around 19-2425 and 20-520I clients
- ❑ Re-writing the IDAPA Facility Approval standards
- ❑ Implementation of 2 Child Protection Drug Courts
- ❑ Creation of a Directors' Outcome Report for Substance Use Disorders
- ❑ Creation of a rural Idaho epidemiological profile
- ❑ Completion of a new Management Services Contract for treatment services
- ❑ Beginning the discussion and creation of a plan around workforce development
- ❑ Rolling out Statewide the DDCAT assessment tool for co-occurring disorders
- ❑ Working with BPA to begin the follow-up survey project for clients who discharge from state funded treatment.

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*"People of goodwill still struggle to integrate mental health and addiction services. Still, too many people with co-occurring disorders fall through the cracks."*

*David Mee-Lee, MD*

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## Budget

The Bureau is currently on target for spending vs. budget in SFY09. We continue to work with BPA and Benchmark to stay on target. We are currently awaiting the appropriation bill for the Bureau and should have more information concerning the SFY10 budget in the next newsletter. For those of you who really like to look at budget charts, I am attaching the most recent census management report.

## Rule Re-write

The Substance Use Disorder Bureau embarked upon the task of rewriting the **IDAPA 16.06.03 – Alcohol and Drug Abuse Prevention and Treatment Programs** standards approximately one year ago. A draft of the proposed rule rewrite is now ready for your review and comments. By updating the standards we anticipate:

- Aligning the rules governing alcohol and drug abuse prevention and treatment programs with current statutes
- Modernizing obsolete language
- Updating the standards to reflect current best practices
- Eliminating those areas that are no longer applicable to current practices
- Requiring a Department criminal history check for all employees rather than the current practice for adolescent treatment providers only
- Incorporating Recovery Support Services
- Revising the requirements for 'Qualified Professional' which in the new rule is 'Qualified Substance Use Disorders Professional'
- Attaching an application and renewal fee to the Program Approval process

You may access the draft on the web by visiting: <http://www.substanceabuse.idaho.gov> Scroll to **Rules** and click on **IDAPA 16.07.20 DRAFT ALCOHOL AND SUBSTANCE USE DISORDERS TREATMENT AND RECOVERY SUPPORT SERVICES FACILITIES AND PROGRAMS** or by visiting <http://www.healthandwelfare.idaho.gov/site/3428/default.aspx> and clicking on the designated link.

You have the opportunity for public comment at the Board meeting, which will be held May 21, 2009 at the Department of Health and Welfare – 450 W. State Street 10<sup>th</sup> Floor Conference Room – Boise. For updates about the meeting, the web site is: <http://healthandwelfare.idaho.gov/site/3418/default.aspx> The link is under **About Us** and then **Board of H&W**.

Please bear in mind this is not the official text and changes may still be made. In the meantime, you may send your recommendations or comments to: Sherry L. Johnson, Program Specialist  
Idaho Department of Health and Welfare, Bureau of Substance Use Disorders  
P.O. Box 83720  
Boise, Idaho 83720-0036  
[johnsoS2@dhw.idaho.gov](mailto:johnsoS2@dhw.idaho.gov)

## Recovery Support Services

The Department continues to receive RSS applications at a steady rate. The applications are being reviewed as quickly as possible, but the task is daunting and the review process can be lengthy. RSS applicants and providers can now contact the Community Resource Development Specialist in their Region with questions and for assistance with the application. Central office has also added Stephanie Petterson as a contact for RSS. Stephanie can be reached at #208-334-5935 or [petterso@dhw.idaho.gov](mailto:petterso@dhw.idaho.gov)

## Case Management

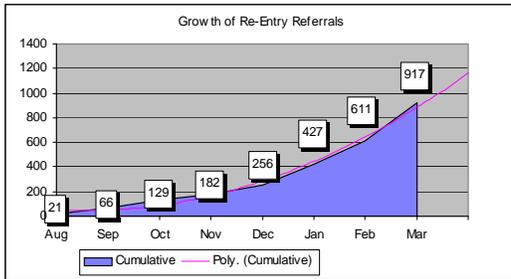
We continue to listen to our providers who have found some opportunities for efficiencies within the system:

**PWWC** – If you are a BPA certified PWWC provider (**only**), it is not necessary for you to use the Case Management forms since all of the information required by the CM form is included in the PWWC-required forms.

**Linkage form** – The general consensus is that the CM linkage form is redundant. As long as all linkages are noted in the progress notes, it is no longer required that case managers fill out the CM linkage form.

Clarification on Case Management Rates:

**Rate Matrix** - Clinical – \$12.25 per unit (\$49/hour)  
Intensive and Basic - \$11.25 per unit (\$45/hour)



Referrals have grown exponentially.

## Prisoner Re-Entry

On the left is a remarkable graph. Since August of 2008, re-entry referrals into services have grown from 21 to 917, and the growth is expected to increase over the next six months. We want to thank our treatment and case management providers for all their work to make this possible.

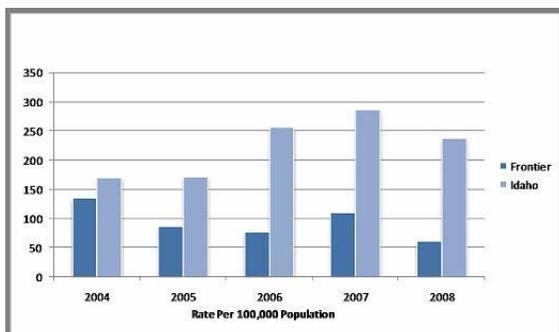
As with any major change in systems, there have been a few bumpy areas. BPA, IDOC, and DHW are constantly working to make the system work more efficiently and effectively for our clients, and more responsively for our providers.

## Prevention

The sixty-one Idaho community-based prevention providers are delivering over 1,000 programs throughout Idaho. All of the recurring programs, meaning multi-session courses, are best practices. A total of 17,860 Idahoans have received services to date and of those receiving services: 82% are in multi-session courses, and 93% are under age 18. We are completing the first year using a new pre-/post test, and the findings are encouraging. Data collected to date indicates that prevention services participants' anti-use values and positive social skills are consistently improved due to participation in the program.

## Prevention Intervention Services

Prevention Intervention Services are now being offered in 5 of Health and Welfare's regions at eight different locations. Based on provider feedback, a change has been made to the program. The program is now 9 weeks in length, and all sessions last roughly 2 hours. To date 513 youth have or are receiving these services. Youth participants as well as parents are very positive about the program, and the change it has made in their lives. Seventeen cohorts have completed the program, and are now reporting six month follow up data documenting strong to dramatic improvements in the original problem behaviors, which both the teens and parents directly attribute to participation in the prevention intervention services. A report summarizing the findings to date will be completed by May 1.



*Decline in number of adults treated for methamphetamine abuse.*

## Data and Research

The Idaho State Epidemiological Outcomes Workgroup (SEOW) recently completed a frontier community profile. That profile concentrated on Clearwater, Idaho, Lewis, and Shoshone counties. One element of that study showed the number of people treated for methamphetamine abuse since 2004.

The number of adults treated for methamphetamine abuse has shown a decline in both the state and in the frontier counties since 2007. It is also noteworthy that methamphetamine treatment in the frontier counties is lower than it is in the state as a whole.

## WITS/GAIN

**REMINDER QP-Trainees CAN conduct the GAIN-I as long as they have submitted a clinical supervision plan, noting they are performing this service.**

**The phased roll out** to provide instruction packets for how qualified WITS/GAIN Interface Users are to access the WITS/GAIN Interface is complete. All BPA network treatment providers have been sent packets. However, responses from Treatment Providers, which is required prior to authorizing users to access the WITS/GAIN Interface, have been slow in coming to SUD. July 1, 2009 is the deadline, after which all GAIN-I's are to be administered on the web-based system. If, for some reason you do not have those documents in your possession, e-mail John Kirsch at [kirschj@dhw.idaho.gov](mailto:kirschj@dhw.idaho.gov).

**So, please, get that paperwork submitted to SUD!**

**There are additional WITS/GAIN implementation projects** that are currently in progress. They are:

- In collaboration between ODP, SUD and Idaho Educators in Addiction Studies (IDEAS), a Local Trainer Training is being scheduled. The goal is to have students, of the Addiction Studies Programs, GAIN Certified at graduation.
- In the near future, responsibility for GAIN Training will be moved to BPA
- The GAIN SS has been programmed into the WITS System and is in the final testing phase. When placed on the production site, it will be available for referral sources and BPA providers to access after July 1, 2009.
- The capability to enter TEDS and NOMS client data is scheduled to be available on WITS after July 1, 2009.

## Upcoming Events

**ICADD – May 19-21**

**Prevention Conference – April 16-18**

## New on the Web

The SUDs website is undergoing a transformation. In the near future, it will have a new look and easier access to needed information. In addition, there will be an Updates tab that will help you find recent changes in policies or procedures. The new website should be more user friendly.