Idaho Department of Correction

Parolee Aftercare Guidelines

<u>Defined</u>: 4 hours a week of bundled education, group, individual, and individual with family member present services. Parolee Aftercare also permits authorization of all recovery support services available within the standard service matrix limits.

<u>Purpose</u>: **To focus on identification and intervention for issues related to motivation for change, relapse prevention, and social support and environment during the community reintegration process.**

1. **Treatment Goals:**
    a. Assess willingness and readiness for change
    b. Explore and address problems or risk factors related to substance use
    c. Recognize the harmful consequences of ongoing and past use
    d. Gather collateral information (drug/alcohol testing) for an appropriate level of care assessment
    e. Immediate entry into aftercare treatment services without waiting for an assessment to be completed
    f. Appropriate interventions matched to the stage of change

2. **Length of Parolee Aftercare Episode:**
    a. Expected duration of 90 days, extensions may be approved if determined clinically appropriate by BPA and will not exceed an aggregate of 90 additional days.
    b. Thorough assessment of all 6 dimensions
    c. Rule out need for inpatient treatment and referral (Dimensions 1,2 and 3)
    d. Identify barriers that could be corrected if the client had RSS services
    e. Partner with the PO for the use of DJT (discretionary jail time) or detoxification services as an intervention (apply external motivation)

3. **Transfer to higher level of care by submitting an Authorization Change Request – Change to Service in WITS:**
    a. Dimensions 1,2 and 3 are stable or won't interfere with treatment
    b. Dimensions 4, 5, and 6 indicate appropriate transfer to OP or IOP
    c. Request another parolee aftercare episode – when the person is making progress but there is no clinical indications of the need for a higher level of care, or if not ready to commit to or engage in services