

Behavioral Health Transformation Work Group

A Proposal for Transformation



What we are going to do today

- Review entire proposal:
 - ✓ Existing Situation
 - ✓ Vision and Goals
 - ✓ Array of Core Services
 - ✓ Proposed Structure
- Review Proposal's ability to meet the Goals
- Take Questions and Discussion
- Evaluate the Proposed Plan to the Goals /Survey Form (today or electronically later)

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Existing Situation

- The existing situation is tough
 - ✓ Increased use of high cost services
 - ✓ Decreased availability of consumer and family services
 - ✓ Inconsistent service standards
 - ✓ Many have tried to address the problem before
 - ✓ Dire economic situation
 - ✓ Frustration

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Existing Situation

- Fifty to seventy percent of individuals with mental health or substance use disorders have co-occurring conditions
- In Idaho mental health and substance abuse systems are separate systems reflected in
 - ✓ Accessibility
 - ✓ Service delivery
 - ✓ Structure

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Existing Situation

- Prior recommendations exist from many groups, for example:
 - ✓ Idaho's Transformation Work Group 2006
 - ✓ Western Interstate Commission for Higher Education [WICHE] 2008
- Recommendations consistently suggest to:
 - ✓ Integrate mental health and substance abuse
 - ✓ Develop a regionally based system
 - ✓ Focus on the consumer and family
- Need a plan to get there



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Looking Ahead

- We must move forward in a strategic manner to ensure that we have a strong, consistent and effective system
- We must find a way to use most effectively our limited resources
- Health Care Reform will produce a substantive increase of people with access to mental health benefits in 2014

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Seeking Transformation

- Executive Order 2009-04
- Behavioral Health Transformation Work Group
 - ✓ Develop a plan for a coordinated, efficient state behavioral health infrastructure that provides for participation by families, consumers, providers, communities
 - ✓ Present the BHTWG Plan to the Governor, the Senate and House Health and Welfare Committees and the Legislative Healthcare Taskforce
 - ✓ Diverse representation / Members appointed by the Governor
 - ✓ Plan due to Governor October 2010

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Governor-Appointed Members

Skip Oppenheimer

BHTWG Chair
CEO Oppenheimer Companies

Richard Armstrong

Director, Department of Health and Welfare

Dr. Kenneth Coll

Boise State University
Institute for the Study of Addiction

Sharon Burke

Administrator, Office of Drug Policy

Sharon Harrigfeld

Director, Idaho Department of
Juvenile Corrections

Margaret Henbest

Citizen representing consumers

Captain Sam Hulse

Bonneville County Sheriff's Office

Matt McCarter

Superintendent's Designee
State Department of Education

Dr. Charles Novak

Chief of Psychiatry, St. Alphonsus Hospital

Tony Poinelli

Deputy Director, Association of Counties

Brent Reinke

Director, Idaho Department of Corrections

Patti Tobias

Administrative Director of the Courts

Teresa Wolf

Chair, Idaho State Planning Council on
Mental Health

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Commitment to Transformation

- Executive, Legislative, Judicial Branch commitment to transformation
- Bi-partisan support
- Consensus around vision
- Commitment to making transformation a reality
- Working on a solution
- Execution Strategy

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What we must do:

- Integrate mental health and substance abuse systems
- Provide for a core array of services in each region with a phased-in approach to develop them
- Generate outcome-based results that are best for consumers and families
- Leverage the State's purchasing power / best service at best cost / best use of taxpayer dollars
- Have consistent statewide standards
- Generate effective, collective data gathering, sharing and reporting
- Present an implementation strategy

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Workgroup Status

- Stated Vision and Goals
- Proposed array of core services to develop in each region
- Proposed a structure for a transformed system
- Seeking review, input and suggestions
 - ✓ Will use input to refine our draft plan and provide our recommendation to the Governor

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Vision

Idaho citizens and their families have appropriate access to quality services provided through the publicly funded mental health and substance abuse systems that are coordinated, efficient, accountable and focused on recovery.

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Goals

1. Increase availability of and access to quality services
2. Establish an infrastructure with clear responsibilities and actions
3. Create a viable regional and/or local community delivery system
4. Efficiently use existing and future resources
5. Increase accountability for services and funding
6. Seek and include input from stakeholders and consumers

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Array of Core Services

- Seek to generate an array of core services that is available to consumers and families that provides for a continuum of care
 - ✓ Substance Abuse and Mental Health
 - ✓ Regionally available
 - ✓ Will be supported by existing, revised or new service standards
 - ✓ Will take time to develop
 - ✓ Will require regional leadership
 - ✓ Will require structural support

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Array of Core Services

Assertive Community Treatment, Intensive Case Management and Wraparound	Illness Self Management and Recovery Services	Prevention Services	Supported Employment
Assessment and Evaluations Substance Abuse and Mental Health	Inpatient Psychiatric Hospitalization	Early Intervention Services for Children and Adolescents	Supported Housing
Case Management	Medication Management Substance Abuse and Mental Health	Psychiatric Emergency and Crisis Intervention Services	Transportation
Designated Examinations and Dispositions	Drug Screenings	Psychotherapy • Trauma-informed care, • Cognitive behavioral therapy, • Outpatient substance abuse treatment	24-Hour Out-Of-Home Treatment Interventions For Children And Adolescents
Intensive Outpatient Treatment	Peer Support Services	Alcohol & Drug Residential Treatment	Day Treatment, Partial Care and Partial Hospitalization

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Array of Core Services



Complete Array of Core Services is produced through a collection of different sources

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Proposed Structure

Two Key Components for delivering core services:

- Proposed Organizational Structure
- Funding
- Proposed Structure for Purchasing Services

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Proposed Organizational Structure

•Regional Consumer and Family Involvement

- ✓ Intentional
- ✓ Advocacy and Advice

• Regional Behavioral Health Community Development Boards

- ✓ Integrate **existing** Regional Mental Health Boards and Regional Advisory Councils functions
- ✓ Small, management group / robust subcommittee support
- ✓ Develop and pursue regional strategies to respond to regional needs
- ✓ Guide and build regional capacity / community supports
- ✓ Includes Consumer and Family Representation

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Proposed Organizational Structure

•State Behavioral Health Planning Council

- ✓ Incorporate substance abuse into **existing** role of State Mental Health Planning Council
- ✓ Advocacy and advice

•Statewide Behavioral Health Interagency Cooperative

- ✓ Entities that purchase and use services
- ✓ Small, action-oriented group that **coordinates** transformation on behalf of their respective client needs and agency requirements (**evolution** of BHTWG)
- ✓ Includes Statewide Behavioral Health Planning Council Representation

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Proposed Organizational Structure

Transformation Champion

- Daily responsibility for helping secure the transformed system across agencies
- Liaison with regions
- A best practice

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Proposed Structure for Purchasing Services

Array of Core Services



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Regional Provider Networks

- Provide regionally-oriented behavioral health services
- Characteristics:
 - ✓ Reflect and support regional needs and priorities
 - ✓ Provide outcomes/evidence-based results
 - ✓ Be contractually available to serve all purchasers of services
 - ✓ Maximize use of state taxpayer dollars
 - ✓ Meet consistent statewide standards monitored by Guarantor of Care
 - ✓ Fulfill funders' reporting requirements
 - ✓ Provide representation on the Regional Board
 - ✓ Strong community partner

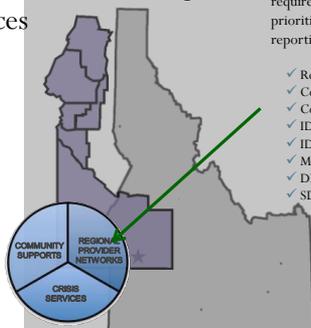
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Regional Provider Networks

- Funding
 - ✓ Braided funding system
 - Combines multiple funding streams across service sectors
 - Bridges the financial boundaries and requirements of various funding sources
 - Enhances flexibility to provide access to a coordinated array of services
 - Allows better tracking and accountability for each agency's financial and programmatic contributions
 - Provides centralized points of expertise and accountability to better manage financial resources across service sectors

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Process for Purchasing Services



RFP/Contract language and requirements reflect needs, priorities, outcomes and reporting requirements of:

- ✓ Regional Boards
- ✓ Counties
- ✓ Courts
- ✓ IDJC
- ✓ IDOC
- ✓ Medicaid
- ✓ DHW
- ✓ SDE

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Process for Purchasing Services

Contract could be let through State Department of Administration or other means to maximize the use of state taxpayer dollars and be accessible to all purchasers of services

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Process for Purchasing Services

Arrangement enables agencies to purchase services provided by the Regional Provider Network contract

- ✓ Counties
- ✓ Courts
- ✓ IDJC
- ✓ IDOC
- ✓ Medicaid
- ✓ DHW
- ✓ Courts
- ✓ SDE
- ✓ Potentially Regional Boards

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Process for Purchasing Services

Guarantor of Care

- Quality Assurance Function
 - ✓ Establishes standards of service with statewide applicability
 - ✓ Provides monitoring and oversight
 - ✓ Collects and reports data
- Reports results to regions, agencies
- Department of Health and Welfare

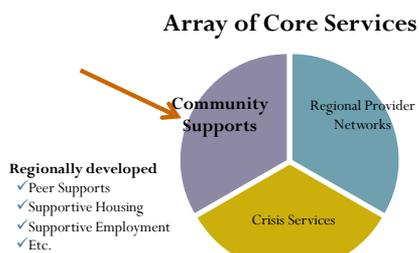
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Crisis Services



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Community Supports



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Review

Goal 1: Increase availability of and access to quality services

- Intentional array of core services along a continuum of care
- Regionally focused
- Consistent statewide standards and accountability
- Integrated service delivery system

Challenges:

- Will have to build capacity over a period of time
 - ✓ Includes services and workforce
- Regional coordination
- Services close to the consumer and family
- No new money / have to use what we have better

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Review

Goal 2: Establish an infrastructure with clear responsibilities and actions

- Integrated behavioral health focus
- Integrated regional and state structure - eliminates duplication and fragmentation of two different systems
- Transformation Champion facilitates interagency / regional coordination and cooperation
- Centralized planning and decentralized execution

Challenges:

- Resistance to change / shift from status quo
- Giving up historical structure in order to organize around transformed system

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Review

Goal 3: Create a viable regional and/or local community delivery system

- Intentional consumer and family involvement
- Regional Boards work strategically
- Regional Networks contractually respond to Regional Board needs and priorities
- Transformation Champion liaison role to Regional Boards

Challenges:

- Capacity and resources
- Contracting for services requires accountability and reporting responsibilities
- Confidence that regions, consumers and families have enough influence over their delivery system
- Concern that there is an expectation to deliver more than is possible

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Review

Goal 4: Efficiently use existing and future resources

- Braided funding system
- Improved data gathering and reporting
- Maximize use of taxpayer dollars / leverage state's purchasing power
- Shared vision
- Increased opportunity for early intervention / less costs that crisis

Challenges:

- Takes time and data to achieve the most meaningful and effective system
- Contracting structure will need to evolve
- Discomfort with the unknown

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Review

Goal 5: Increase accountability for services and funding

- Braided funding – better tracking and accountability across agencies
- Guarantor of Care – monitors to statewide standards; implements system-wide data gathering and reporting

Challenges:

- Improving data collection and reporting process across agencies takes time
- Accountability for meeting federal requirements during as system changes

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Review

Goal 6: Seek and include input from stakeholders and consumers

- Built on much existing work, including WICHE
- Understanding that the best result relies on stakeholder, consumer and family input and vision
- Plan proposes intentional consumer and family involvement

Challenges:

- Confidence that everyone has meaningful role and input
- Assurance that consumers and families continue to have input as the system evolves

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Questions and Discussion

- Please evaluate this plan according to the goal statements / survey form
- For a copy of this presentation or to submit your survey results or other written comments, please contact:

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