



IDAHO DEPARTMENT OF
HEALTH & WELFARE

C. L. "BUTCH" OTTER – Governor
RICHARD M. ARMSTRONG – Director

KATHLEEN P. ALLYN – Administrator
DIVISION OF BEHAVIORAL HEALTH
450 West State Street, 3rd Floor
P.O. Box 83720
Boise, Idaho 83720-0036
PHONE 208-334-6997

MEMORANDUM

March 16, 2010

To: Treatment and Recovery Support Services
From: Bethany Gadzinski, Chief
RE: Case Management for Medicaid Clients

It has come to my attention that there may be confusion in the field around who can provide case management services to Medicaid clients. In trying to find communication that has gone out to the field on this subject, I am finding potentially conflicting information.

Based on IDAPA 16.03.09 Medicaid Basic Plan Benefits, attached, only Qualified Professionals (QP) can deliver case management services to Medicaid clients.

If you are currently providing case management services to Medicaid clients utilizing a staff person other than a QP, you will need to transition the client to another SUD approved case manager within your agency who is a designated QP and note the change in the clients file. If you do not employ a QP case manager in your agency, you will need to work with BPA to transition the client to another agency. This transition will need to take place by March 31, 2010.

If you have additional questions, you may contact your BPA Field Representative or Treena Clark at 208-334-6611, ClarkT@DHW.Idaho.Gov

SUB AREA: SUBSTANCE ABUSE TREATMENT SERVICES

690. SUBSTANCE ABUSE TREATMENT SERVICES: DEFINITIONS. (Sections 690 Through 699)

The following definitions apply to Sections 690 through 696 of these rules. (5-8-09)

01. Assessment Services. Assessment services include annual assessment, interviewing, and treatment plan building. (5-8-09)

02. Case Management Services. Case management services consist of the following: (5-8-09) **a.** Finding, arranging, and assisting the participant to gain access to and maintain appropriate services, supports, and community resources. (5-8-09) **b.** Monitoring participant's progress to verify that services are received and are satisfactory to the participant, ascertaining that services meet the participant's needs, documenting progress and any revisions in services needed, and making alternative arrangements if services become unavailable to the participant. (5-8-09) **c.** Planning services with the participant that include both community reintegration planning and exit planning. (5-8-09)

03. Drug Testing. A urinalysis test used to detect the presence of alcohol or drugs. (5-8-09)

04. Family Therapy. Service provided jointly to a participant and the participant's family. The desired outcome is the elimination or reduction of alcohol and drug use and arresting, reversing, or retarding of problems associated with alcohol or drug abuse, or both. Family therapy sessions are for the exclusive benefit of the participant. (5-8-09)

05. Group Counseling. Service provided to participants in a peer group setting. The desired outcome is the elimination or reduction of alcohol and drug use and arresting, reversing, or retarding of problems associated with alcohol or drug abuse, or both. (5-8-09)

06. Individual Counseling. Service provided to a participant in a one-on-one setting with one (1) participant and one (1) counselor. The desired outcome is the elimination or reduction of alcohol and drug use and arresting, reversing, or retarding of problems associated with alcohol or drug abuse, or both. (5-8-09)

07. Qualified Substance Abuse Treatment Professional. A person who has one thousand forty (1,040) hours of supervised experience providing substance abuse treatment and meets one (1) of the criteria listed in Subsection 690.07.a. through 690.07.g. of this rule. (5-8-09) **a.** Alcohol and drug counselor certified by the Idaho Board of Alcohol/Drug Counselor's Certification, Inc. (CADC or Advanced CADC); (5-8-09) **b.** Licensed professional counselor or licensed clinical professional counselor; (5-8-09) **c.** Licensed physician; (5-8-09) **d.** Licensed psychologist; (5-8-09) **e.** Mid-level practitioner including licensed physician assistant, nurse practitioner or clinical nurse specialist; (5-8-09) **f.** Licensed clinical social worker or licensed master social worker; (5-8-09) **g.** Licensed marriage and family therapist; or (5-8-09) **h.** Qualified substance abuse treatment professional. (5-8-09)

08. Unit. An increment of fifteen (15) minutes of time. (5-8-09)

691. SUBSTANCE ABUSE TREATMENT SERVICES: PARTICIPANT ELIGIBILITY.

Each participant must meet the intake eligibility screening criteria described in IDAPA 16.07.17, "Alcohol and Substance Use Disorders Services." (5-8-09)

692. SUBSTANCE ABUSE TREATMENT SERVICES: COVERAGE AND LIMITATIONS.

01. Included Services. The services listed in Subsections 692.01.a. through 692.01.f. of this rule are covered including any limitation on the service for substance abuse treatment. (5-8-09) **a.** Assessment services are limited to thirty-two (32) units annually. Each assessment is valid for six (6) months and must meet the requirements in IDAPA 16.07.17, "Alcohol and Substance Use Disorders Services." (5-8-09) **b.** Case management services are limited to two hundred and twenty (220) units annually and must not exceed sixteen (16) units per week. Case management services for substance abuse treatment are not covered when the participant is enrolled in any service coordination services described in IDAPA 16.03.10, "Medicaid Enhanced Plan Benefits." Case management is only provided on an outpatient basis to participants who are at risk of being institutionalized. (5-8-09) **c.** Drug testing is limited to three (3) tests per week. (5-8-09) **d.** Family therapy services are limited to eight (8) units per week. (5-8-09) **e.** Group counseling services are limited to forty-eight (48) units per week. (5-8-09) **f.** Individual counseling services are limited to forty-eight (48) units per week. (5-8-09)

02. Lifetime Cap. Substance abuse treatment services provided under this chapter of rules are limited to a lifetime cap of five (5) years. The five-year period begins on the date of the initial assessment, regardless of the source of payment for that assessment. This lifetime cap applies only to participants twenty-two (22) years of age or older. (5-8-09)

03. Excluded Services. Services specifically excluded are described in IDAPA 16.07.17, "Alcohol and Substance Use Disorders Services," residential services, and life skills training services. (5-8-09)

693. SUBSTANCE ABUSE TREATMENT SERVICES: PROCEDURAL REQUIREMENTS.

01. Assessment. Each participant must receive a biopsychosocial assessment of the participant's alcohol or substance abuse treatment needs. This assessment must meet the requirements in IDAPA 16.06.03, "Alcohol/Drug Abuse Prevention and Treatment Programs," and IDAPA 16.07.17, "Alcohol and Substance Use Disorders Services," and utilize a Department approved standardized assessment tool. (5-8-09)

02. Treatment Plan. The assessment must be used to develop an individualized treatment plan for each participant. The development and content of the treatment plan must meet the requirements in IDAPA 16.06.03 "Alcohol/Drug Abuse Prevention and Treatment Programs," and IDAPA 16.07.17, "Alcohol and Substance Use Disorders Services." (5-8-09)

03. Treatment Services. Substance abuse treatment services necessary to meet participant needs must be identified in the individualized treatment plan. The treatment services must meet the requirements in IDAPA 16.07.17, "Alcohol and Substance Use Disorders Services." (5-8-09)

04. Records. Each treatment provider must maintain a written record for each participant. The record must meet the standards required for client records in IDAPA 16.06.03, "Alcohol/Drug Abuse Prevention and Treatment Programs." (5-8-09)

05. Prior Authorization. Substance abuse treatment services must be prior authorized by the Department or its designee as required in IDAPA 16.06.03, “Alcohol/Drug Abuse Prevention and Treatment Programs.” (5-8-09)

06. Healthy Connections Referral. A referral from the participant's Healthy Connections provider is required for substance abuse treatment services when the participant is enrolled in Healthy Connections. (5-8-09)

694. SUBSTANCE ABUSE TREATMENT SERVICES: PROVIDER QUALIFICATIONS AND DUTIES.

01. Provider Network. Each provider of substance abuse treatment services must maintain a network of approved programs and treatment facilities that meet the requirements in IDAPA 16.06.03, “Alcohol/Drug Abuse Prevention and Treatment Programs.” (5-8-09)

02. Certificate of Approval for Programs and Facilities. Each program and facility providing substance abuse treatment services must meet the applicable approval and certification requirements described in IDAPA 16.06.03, “Alcohol/Drug Abuse Prevention and Treatment Programs.” An agency must have a certificate of approval issued by the Department prior to staff providing substance abuse treatment services. (5-8-09)

03. Criminal History Check. Agency staff providing services to participants must have a criminal history check as provided in Section 009 of these rules and IDAPA 16.05.06, “Criminal History and Background Checks.” (5-8-09)

04. Assessment. Assessment must be conducted by a qualified substance abuse treatment professional who is certified to administer the standardized assessment tool being used. (5-8-09)

05. Therapy and Counseling Services. Therapy and counseling services must be provided by a qualified substance abuse treatment professional. (5-8-09)

06. Case Management. Case management services must be provided by a qualified substance abuse treatment professional. (5-8-09)

695. SUBSTANCE ABUSE TREATMENT SERVICES: PROVIDER REIMBURSEMENT.

Each covered substance abuse treatment service, except drug testing, is reimbursed by units. Each unit is equal to fifteen (15) minutes of service provided. (5-8-09)

696. SUBSTANCE ABUSE TREATMENT SERVICES: QUALITY ASSURANCE.

01. Quality Assurance. Alcohol and drug programs are subject to the quality assurance provisions described in IDAPA 16.06.03, “Alcohol/Drug Abuse Prevention and Treatment Programs.” (5-8-09)

02. Department Performance Measurements. The Department will establish performance measurements to evaluate the effectiveness of substance abuse treatment services. The measurements will be reviewed at least annually and adjusted as necessary to provide effective outcomes and quality services. (5-8-09)