

December 3, 2012

Idaho Department of Health and Welfare Trauma 101 Training

Idaho Office of Consumer & Family Affairs

Kootenai Medical Center, Fox Auditorium in the Health Resource Center

2003 Kootenai Health Way, Coeur d'Alene, ID 83814

### AGENDA

- 10:00 a.m. – 10:15 a.m. Welcome
- 10:15 a.m. – 11:15 a.m. What is Trauma? Why do we need to address it?  
Raul Almazar, RN, MA, Senior Consultant, National Center for  
Trauma Informed Care, Director, SAMSHA's Promoting  
Alternatives to Seclusion and Restraint through Trauma  
Informed Practices
- 11:15 a.m. – 11:30 a.m. Break
- 11:30 a.m. – 12:30 p.m. The Neurobiology of Trauma  
Beth Caldwell, MS, Consultant
- 12:30 p.m. – 1:30 p.m. Trauma and Recovery  
William Kellibrew, Consultant
- 1:30 p.m. – 2:00 p.m. Questions and Wrap Up with Raul Almazar, RN, MA, Senior  
Consultant

**This event is open to mental/behavioral health consumers, friends and family as well as interested individuals who work with mental/behavioral health clients**

For more information on Trauma and Trauma-Informed Care please go to - [www.samhsa.gov/nctic](http://www.samhsa.gov/nctic)