



Utah Regional Leadership Education in Neurodevelopmental Disabilities

The Utah Regional LEND, or URLEND, is a LEND (Leadership Education in Neurodevelopmental and related Disabilities) training program that covers five states: Utah, Idaho, Montana, Wyoming and North Dakota. Our program uses state-of-the-art technology to connect groups of trainees across our partner states. Professionals are trained to move beyond discipline boundaries to provide optimal services to child and adolescents with special health care needs. Each year a diverse set of trainees from numerous disciplines are brought together with faculty and families of children with special health care needs, to form an interdisciplinary learning cohort. The URLEND approach is based on goals and objectives derived from Maternal & Child Health (MCH) leadership competencies. For the URLEND clinical experience requirements, there are clinical sites that were selected to ensure that trainees have interdisciplinary experiences, opportunity to interact with, and provide services to, individuals from infancy through young adulthood. Northwest Neurobehavioral Health was selected as a clinical site to provide clinical experience for URLEND trainees. Website: <http://urlend.org>

Northwest Neurobehavioral Health, LLC (NNH) is a premier diagnostic and treatment center for Idaho's children and their families. They are a dedicated group of mental health and rehabilitation clinicians who work with those affected by developmental, emotional and behavioral differences, including autism spectrum disorders, anxiety disorders, mood disorders, impulse control disorders, and central nervous system disorders. They work cooperatively to provide the necessary services to ensure that your child or family member is able to function more effectively within his or her environment. They are passionate about what they do and work to provide treatment that is tailored to the needs of each individual. The services they provide include neuropsychological assessment, comprehensive psychological assessment, the Autism Spectrum Disorders Diagnostic Clinic, individual therapy, group therapy, speech and language therapy, occupational therapy, and psychiatric/medication management.

Please feel free to contact any of us if you have any questions or would like clarification on anything that we have discussed.

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Cytomegalovirus - CMV

Cytomegalovirus (CMV): Herpesvirus-5 (HHV-5)

While many people have never heard of it, cytomegalovirus, or CMV, is a common virus that infects people of all ages

Pregnant women who are infected can transmit CMV to their fetuses, causing a congenital CMV infection.

1 in 150 children are born with congenital CMV infection. Total: about 30,000 in the U.S each year

Most CMV infections are "silent"
No signs and symptoms

Toddlers often acquire CMV infections and can be contagious

CAN CONGENITAL CMV INFECTION BE HARMFUL TO MY BABY?



Children with congenital CMV infection are more likely to have permanent disabilities if they had symptoms of CMV infection at birth.

SIGNS OF CMV INFECTION THAT MAY BE PRESENT AT BIRTH



- Premature birth
- Liver problems
- Lung problems
- Spleen problems
- Small size at birth
- Small head size
- Seizures

PERMANENT HEALTH PROBLEMS OR DISABILITIES DUE TO CONGENITAL CMV INFECTION

- Hearing loss
- Vision loss
- Mental disability
- Small head size
- Lack of coordination
- Seizures
- Death (in rare cases)

CMV CAN BE TRANSMITTED THROUGH BODILY FLUIDS SUCH AS:

- Urine
- Saliva
- Blood
- Breast Milk
- Semen



CMV can be sexually transmitted, or it can spread from mother to fetus through the placenta. It can also be spread through transplanted organs and blood transfusions.

PREVENTION MEASURES



Do not share food, drinks, or eating utensils used by young children:

Do not share a toothbrush with a young child
Avoid contact with saliva when kissing a child
Do not put a child's pacifier in your mouth

Wash your hands often with soap and water for 15-20 seconds, especially after:

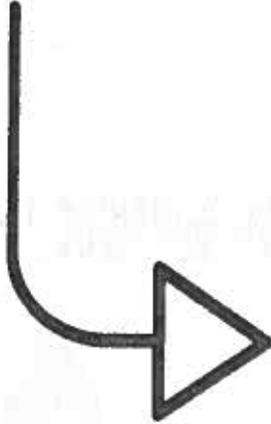
- Changing diapers
- Feeding a young child
- Wiping a young child's nose or drool
- Handling children's toys



CMV CAN BE PREVENTED BUT, IS ALMOST UNHEARD OF IN IDAHO

WHAT CAN WE DO?

In 2013, the Utah Legislature passed the Cytomegalovirus Public Health Initiative, the first CMV law.



This law aided in creating a public education program to inform pregnant women, and women who may become pregnant about CMV

This law also directs medical practitioners to test infants who fail newborn hearing screening for congenital CMV

Learn more about Utah's CMV public health initiative at health.utah.gov/cmvm

WHAT CAN IDAHO DO?



EDUCATION!



Idaho needs to start by spreading awareness!

A grant of would aid in providing:

Public education and awareness to families awareness, on prevention and testing

Education to practitioners on information they can supply to patients, as well as promoting the need for testing within Idaho