Region 5 Behavioral Health Community Board
Meeting Minutes

11:30 ~ 2:30
February 6, 2013

Present:	Sally Bryan, Duke Morton, Beth Cothern, Rick Huber, Janelle Johnson, Kent Ireton, Shelly McDaniel, Dawn Anderson, Frank Knight, Frances Wright, Rich Neu, Mari Nelson, Jaime Goffin, Julie LaMarco, Monika Mikkelsen, Mary Christy, Lori Stewart, John Hathaway, Lee Wilson, Tom Hanson, Kim Dopson
Excused:	Bev Ashton, Susan Carpenter, Helen Edwards, Mick Hodges, Eric Jones, Leon Mills, Kevin Sandau, Debbie Thomas, Jaci Urie, Janice Kroeger
Next meeting:	March 6, 2013, 601 Pole Line Road, ~ 11:30 – 2:30

I. Announcements

- NAMI conference had ~80 people attend the conference. This was a very informative conference and there was a fairly good turn-out.
- Crisis Intervention Team Training will be held March 4 – 8 at CSI for law enforcement officers in Region 5.

II. Business

Additions to the **Agenda**: none
Approval of Minutes:
Motion to approve minutes – Duke Morton
Motion seconded – John Hathaway
Minutes unanimously approved
Action Items from last meeting have been completed.
Sally Bryan will forward the DHW Priority Population information to the Board
Scott Rasmussen will forward MH Board member list to Lee Heider

III. Discussion

Proposed Legislation:
Ross Edmunds' email was used to create the handout which explains the legislation. Please take time to read the handout. – Beth Cothern
Today at 3:00 this legislation will be introduced to the House Health & Welfare committee.

Medicaid Managed Care announcement will be made by the end of February. Providers will be probably be contacted by the company that wins the RFP to become partners.

Subcommittee notes: Each subcommittee will have a note template that can be used to track discussions during the subcommittee meetings. These notes will be turned into Sally at the end of the meeting and will be included in the minutes. Feedback on the format is welcome and appreciated.

Four subcommittees are:
Data/Legislation
Support Services
Education
Issues

IV. Subcommittee discussion notes attached.

V. Subcommittee Reports to the Board

Data/Legislative Subcommittee:
This committee is going to focus next on finding out where the data is and what kind of data it is; would it be helpful information for the Board?

We need data that will make us powerful when we make a presentation as a Board. Without data you are just discussing feelings.

Data from law enforcement would be important to gather. We will need to ask for specific information that we would want gathered and they could gather it.

Military OneSource http://www.militaryonesource.mil/ is a good source of information for veterans and military.

Census data will be looked at.

Improving data collection is also important so that data is gathered and disseminated to the people who need it.

Coroner data on suicide would be important to know.

It would be good to get data related to gun deaths and mental illness which might reduce the stigma brought on by news reports.

NAMI has data that could be used.

Action Item: Tom Hanson will email data information from NAMI to Duke Morton.

Action Item: Letter to commissioners asking what kind of data they have access to and how we can get access to that data - Duke Morton

Community Education/Prevention Subcommittee:

This subcommittee would like to bring awareness of mental illness to community members and educators:

There is a program called Mental Health First Aid that can train people to train professionals and teachers.

Scott Rasmussen will contact this program to see if we can get a training held here.

Mary Christy will check with CSI regarding a partnership program.

Mari Nelson will contact Anita Jones who is a Mental Health Facilitator through MBCC to find out what the process is.

Region 5 RAC page will have links to training and events in our area – Send these to Beth Cothern.

"Invisible War" screening at CSI will be Feb. 22, 2013 at 6:00 in the Fine Arts Bldg.; for professionals only. This video talks about veterans and trauma.

The above screening/training would be helpful in the Blaine County area.

Member request:
Scott Rasmussen would like input by the Board on the issue of mental health and violence. There has been a lot of coverage in the media about the mentally ill population and their tendency to violence. Part of this subcommittee's job is to provide anti-stigma and point out the facts of mental illness. The facts are that most people with mental illness are more likely to be victims rather that the perpetrator of violence.
How can we get the word out regarding the facts of mental illness?

The Board suggests a guest editorial or spot on KMVT by Scott Rasmussen. We need to use the same media that is perpetuating this misrepresentation.

Society tends to label horrific crimes as being done by someone with a mental illness because it is hard for people to believe that a person thinking properly would do such a thing.

<u>Support Services:</u>

We looked at what the gaps are and how we connect people to those services.

211 Help-line is a fairly good resource for people looking to get connected to services. The subcommittee is interested in finding out how they gather their list and how do they deal with crisis situations?

Who are the resources? – Medical doctors, school counselors, private counselors, county services, local hospitals, advocacy groups, law enforcement, service coordinators, shelters, veterans service coordinators, courts, religious organizations, etc.

<u>Issues:</u>

There is a grant for law enforcement and mental health collaboration. Rich Neu
Gaps in CIT process: Detention staff are in need of CIT training.
There is a wide diversity in services available at various schools. It would be good to have the same services available at all school locations.
Transportation issues continue to be a problem for people needing mental health services.
The GAP analysis that was done in the past could be looked at again.

Conclusion:

List of members: There isn't an actual member list yet since the Board has not been defined in Idaho Code yet.

Sally will send a list of attendee's with contact information.

Where are we addressing children's issues? The Issues Subcommittee will be looking at children's services. Under the Jeff D lawsuit the board is charged to track how we are doing regarding following the guidance of the lawsuit. The Board needs further direction from the Planning Council on what needs to be tracked. Without guidance we are just guessing at what they would be interested in.

Next Meeting: Wednesday, March 6, 2013 at 601 Pole Line Road, 11:30 ~ 2:30.