

SUD TREATMENT PLAN - DIMENSION 1

DIMENSION 1 - Acute Intoxication and/or Withdrawal Potential		
Problem	#1	A harmful pattern of substance abuse with increased tolerance and symptoms of withdrawal
Goal	#1	Other. See Comments.
Objective	#1	Client plans to monitor withdrawal symptoms and seek outpatient methadone treatment
Intervention	#1	Detox
Objective	#2	Client plans to visit with physicians and discuss methadone stability
Intervention	#1	Detox
Problem	#2	Acute potential for DT's
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objectives on Goal #1, Problem #1
Problem	#3	Dimension 1 - Client reported having significant withdrawal symptoms within the past week and demonstrates poor ability to tolerate and cope with withdrawal discomfort without using substances.
Goal	#1	Client will abstain from using substances and will manage withdrawal symptoms without relapsing
Objective	#1	Client plans to monitor withdrawal symptoms and seek outpatient methadone treatment
Intervention	#1	Detox
Objective	#2	Client plans to visit with physicians and discuss methadone stability
Intervention	#1	Detox
Objective	#3	Consult with client regarding current social detox support system and consider ambulatory or residential detoxification services if natural support system is insufficient. Also consider referral for medications to manage withdrawal or cravings.
Intervention	#1	Detox
Intervention	#2	In Process Groups, Individual or Family Sessions, and in coordination with probation officer and significant others -- monitor client's change in intoxication or withdrawal symptoms.
Goal	#2	Other. See Comments.
Objective	#1	Client plans to identify cravings/urges to abuse substances during taper from methadone
Interventions		Detox
Objective	#2	Client plans to monitor withdrawal symptoms and seek outpatient methadone treatment
Intervention	#1	Detox
Objective	#3	Client plans to visit with physicians and discuss methadone stability
Intervention	#1	Detox
Problem	#4	Intoxication
Goals		Same as on Goal #2 / Problem #3
Objectives		Same as on Goal #2 / Problem #3
Interventions		Same as on Objectives on Goal #2 / Problem #3
Problem	#5	Opioid Abuse and Dependence
Goals		Same as on Goal #2 / Problem #3
Objectives		Same as on Goal #2 / Problem #3
Interventions		Same as on Objectives on Goal #2 / Problem #3
Problem	#6	Other. See Comments.
Goals		Same as on Goal #2 / Problem #3
Objectives		Same as on Goal #2 / Problem #3
Interventions		Same as on Objectives on Goal #2 / Problem #3
Problem	#7	Withdrawal
Goals		Same as on Goal #2 / Problem #3
Objectives		Same as on Goal #2 / Problem #3
Interventions		Same as on Objectives on Goal #2 / Problem #3

SUD TREATMENT PLAN - DIMENSION 2

DIMENSION 2 - Biomedical Condition and Complications		
Problem	#1	Acute Hypertension
Goal	#1	Methadone taper
Objective	#1	Client plans to discuss appropriate use of prescribed medications
Intervention	#1	Detox
Intervention	#2	Improve physical health
Intervention	#3	Learn how medical problems relate to alcohol and other drug use
Intervention	#4	Medical intervention
Intervention	#5	Medication management
Intervention	#6	Obtain medical treatment or follow up for any identified physical problems
Intervention	#7	Psychiatrist will monitor client when necessary
Intervention	#8	Receive daily methadone dosing
Objective	#2	Client plans to identify cravings/urges to abuse substances during taper from methadone
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#3	Client plans to monitor withdrawal symptoms and seek outpatient methadone treatment
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#4	Comply with a medical evaluation and take all medications as prescribed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#5	Cooperate with a medical evaluation of medical issues and comply with all treatment plans
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#6	Cooperate with examinations/evaluations to evaluate for contributing organicity and severity of impaired cognition
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#7	Illustrate hallucinations experienced that pertain to perceived harm and/or distortions pertaining to the power of self or others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#8	Implement relaxation exercises as a pain management technique
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#9	List possible actions to improve physical functioning
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#10	List the negative consequence that resulted from using substances to cope with medical problems
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#11	Meet with the physician to decide if medication therapy is needed and cooperate with medication therapy if prescribed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#12	Participate in medical assessment and evaluation for medications
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#13	Regular physical exam
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#14	Take medications as prescribed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#15	Understand the need for medications, its side effects, and follow medication regimen
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#16	Verbalize an acceptance of the seriousness of medical problems and substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#17	Verbalize an understanding of substance use as a contributing factor in the development of the medical problems
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#18	Verbalize an understanding of the medical problem and the need for medical management
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#19	Write a personal recovery plan that includes compliance with recommended medical treatment and medications
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

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Objective	#20	Write substance abuse recovery plan which involves consistently attending recovery services, supporting others in recovery, and adherence to medication therapy
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#2	Other. See Comments.
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#3	Treat the medical problems to reduce the negative influence on recovery
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#2	Acute Seizures
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#3	Biomedical problems complicate recovery from substance abuse
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#4	Chronic - Other
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#5	Chronic CAD
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#6	Chronic Diabetes Melitus
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#7	Chronic Hypertension
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#8	Chronic Renal Failure/Dialysis
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#9	Chronic Seizures
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#10	Client Has No Medical Problems
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#11	Difficulty in administering prescribed medications
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

SUD TREATMENT PLAN - DIMENSION 2

Problem	#12	DIMENSION 2 - Client reported significant health problems and/or behaviors that interfere with having a healthy body and demonstrates poor ability to maintain good health practices which may interfere with recovery treatment.
Goal	#1	Client will manage physical health conditions so they do not interfere with attending and completing treatment requirements
Objective	#1	Client will complete a Behavior Chain Analysis to identify situations regarding: any prior health treatment experiences; use of medications; participation in risky behaviors (especially unprotected sex and needle use); and plan better nutrition and exercise.
Intervention	#1	In Process Groups, Individual or Family Sessions, and in coordination with probation officer and significant others -- monitor client's change in physical health conditions
Interventions	#2 - #9	Same as on Objectives / Goals / Problem #1
Goals	#2 - #4	Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#13	Manifests mental disorders due to a general medical condition not elsewhere classified
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#14	Organic Disorders
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#15	Other. See Comments.
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#16	Patient uses mood-altering chemicals to self-medicate medical problems
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

SUD TREATMENT PLAN - DIMENSION 3

DIMENSION 3 - Emotional, Behavioral, or Cognitive Conditions and Complications		
Problem	#1	A pattern of relationship abuse or abusive relationships
Goal	#1	Accept the need for long-term abstinence and initiate a recovery program
Objective	#1	Abstain from using drugs
Intervention	#1	Abstain from alcohol and other addictive drug use
Intervention	#2	Abstain from criminal activity and avoid high risk environments which lead to illegal thinking and behaviors
Intervention	#3	Allow client to be involved in making Discharge Plan
Intervention	#4	Attend and fully participate in groups during a week
Intervention	#5	Attend and fully participate in relapse prevention group on a weekly basis
Intervention	#6	Attend education group - specifically: Family Issues Class or equivalent
Intervention	#7	Become financially secure
Intervention	#8	Choose home group, sponsor, and service position
Intervention	#9	Client centered
Intervention	#10	Comply with all recommended psychiatric treatment including medications
Intervention	#11	Comply with all requirements of pre-trial services, parole & probation, DDMP, and any other legal agency
Intervention	#12	Consolidate treatment results for a rapid discharge
Intervention	#13	Develop a clean and sober lifestyle during methadone maintenance
Intervention	#14	Develop a support system to enhance recovery
Intervention	#15	Develop an understanding of the impact AOD use has on the family
Intervention	#16	Develop knowledge of addiction and process of recovery
Intervention	#17	Family & couples counseling as needed
Intervention	#18	Family therapy
Intervention	#19	Group counseling
Intervention	#20	Group therapy
Intervention	#21	Have arrangements for client to go home
Intervention	#22	Identify and apply for employment opportunities that are supportive of recovery
Intervention	#23	Improve physical health
Intervention	#24	Increase self-knowledge of drug and alcohol use patterns
Intervention	#25	Individual counseling
Intervention	#26	Individual therapy
Intervention	#27	Learn how medical problems relate to alcohol and other drug use
Intervention	#28	Medical intervention
Intervention	#29	Medication management
Intervention	#30	Meet with client's parents to work out the plan
Intervention	#31	Meet with therapist at least once a week to discuss recovery
Intervention	#32	Meet with vocational counselor to develop a vocational plan
Intervention	#33	Milieu therapy
Intervention	#34	Obtain medical treatment or follow-up for any identified physical problems
Intervention	#35	Overcome the fear of leaving facility
Intervention	#36	Psychiatrist will monitor client when necessary
Intervention	#37	Read and receive feedback on relapse prevention plan
Intervention	#38	Recreational therapy
Intervention	#39	Refer client to the Abused Persons Program for specialized treatment
Intervention	#40	Skill development
Intervention	#41	UA's and BA's
Intervention	#42	Use increased knowledge of patterns of use to self-diagnose
Objective	#2	Accept and follow through on a referral to a pain management clinic
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#3	Acknowledge the resistance to sharing personal problems; then share at least one problem in each therapy session
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

SUD TREATMENT PLAN - DIMENSION 3

Objective	#4	Attend regular therapies
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#5	Become a fully participating member of the treatment community by attending therapy groups daily
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#6	Client plans to discuss appropriate use of prescribed medications
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#7	Client plans to have consistent drug-free urinalyses as measured by random urinalyses
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#8	Client plans to identify cravings/urges to abuse substances during taper from methadone
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#9	Client plans to identify cravings/urges to abuse substances
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#10	Client plans to identify initial skills/strengths toward establishing abstinence
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#11	Client plans to identify stressors that may lead to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#12	Client plans to identify substance abuse lapse/relapse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#13	Client plans to identify two coping mechanisms to drug cravings/urges
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#14	Client plans to meet with counselor to identify recovery progress
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#15	Client plans to monitor withdrawal symptoms and seek outpatient methadone treatment
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#16	Client plans to reduce substance abuse as indicated by self-report and urinalyses
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#17	Client plans to visit with physician and discuss methadone stability
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#18	Commit to an Aftercare plan that is designed to manage the symptoms of Bipolar Disorder and chemical dependency
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#19	Commit to an Aftercare plan that is designed to manage the symptoms of PTSD and chemical dependency
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#20	Complete assignments and turn them in
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#21	Comply with a medical evaluation and take all medications as prescribed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#22	Consistently practice the basic living skills of dress, hygiene, feeding self, grooming, and toileting on an independent basis
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#23	Cooperate with a medical evaluation of medical issues and comply with all treatment plans
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#24	Cooperate with examinations/evaluations to evaluate for contributing organicity and severity of impaired cognition
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#25	Cooperate with psychological and other mental health assessments to better understand the problem
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#26	Cooperate with teaching staff
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#27	Create and follow a routine exercise/well-being program
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#28	Decrease symptoms of grandiosity by learning to express him/herself in a more reality-based way

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Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#29	Demonstrate healthy communication skills by role playing anger and using these skills
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#30	Demonstrate positive conflict resolution skills
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#31	Describe the problems caused by mood-altering substances
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#32	Describe the traumatic experiences that were endured and the resulting feelings
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#33	Describe thoughts and feelings related to childhood experiences and how substance abuse has been used to cope with/avoid negative feelings
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#34	Develop a plan to deal with each high risk situation or trigger
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#35	Develop a plan to establish how to react to family members who are addicted
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#36	Develop and present a leisure skills plan for after treatment
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#37	Devise a transition plan that is in agreement with others significantly involved in her/his treatment
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#38	Discuss alternative ways to deal with stress than using substances
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#39	Discuss current living environment problems and make plans for recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#40	Discuss reasons for using substances and identify alternative coping strategies
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#41	Discuss the consequences of anger and the need for forgiving others to reduce anger
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#42	Discuss the need for support and stress difficulties with employer
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#43	Discuss with therapist progress in relational skills, managing mood swings and impulse control
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#44	Each day, write five things for which she/he is thankful
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#45	Exercise regularly
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#46	Identify and explain how occupational problems relate to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#47	Identify and list how manipulating others relates to interpersonal problems
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#48	Identify and practice conflict resolution skills that will improve relationship with co-workers/supervisors
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#49	Identify and verbalize feelings related to vocational stress
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#50	Identify and verbalize how family-of-origin issues led to poor self-esteem and a sense of failure and rejection
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#51	Identify and verbalize potential relapse triggers in the workplace
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#52	Identify events where patterns of childhood have been repeated and perpetrated onto others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#53	Identify how the tendency to take on the parental role in interpersonal relationships is related to a feeling of security and control

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Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#54	Identify issues having had an influence on their addiction
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#55	Identify job performance difficulties related to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#56	Identify narcissistic traits and verbalize how they contribute to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#57	Identify past and present causes of rebellious/anti-social actions and beliefs
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#58	Identify problem ownership in conflict in the employment setting
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#59	Identify the causes for depressed mood and implement a plan to cope with those causes
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#60	Identify the causes for past and present conflicts within the relationship
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#61	Identify the negative consequences of impulsivity and substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#62	Identify the unhealthy rules and roles the client learned in the family of origin
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#63	Identify times that chemical abuse was associated with PTSD symptoms
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#64	Identify with the feelings of others by identifying these feelings in his/her own family of origin
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#65	Identify/list occasions when impulsive action led to substance use and negative consequences
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#66	Illustrate hallucinations experienced that pertain to perceived harm and/or distortions pertaining to the power of self or others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#67	Improve self-esteem by identifying and living a lifestyle consistent with a pro-social value system
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#68	Improve physical health
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#69	Keep a daily journal of thoughts and emotions and consequent behaviors
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#70	Keep a daily log encompassing each situation associated with depressed feelings, resulting behavior, and negative thinking that triggered those feelings and behavior
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#71	Keep a daily log of angry thoughts, outbursts and feelings, including rating the situation on a scale of 1-100
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#72	Learn and practice relaxation skills designed to reduce PTSD symptoms
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#73	Learn and practice skills associated with subject-focused communication
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#74	Learn and practice socially appropriate skills associated with personal appearance
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#75	Learn healthy expression of anger
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#76	Learn to develop better interpersonal skills
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#77	Let teachers know if s/he is distracted or inattentive
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#78	List and discuss constructive methods for mood management
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

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Objective	#79	List and discuss past and current hurts and pain that fuel current anger
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#80	List and discuss the feelings of anger, guilt, sadness and/or abandonment caused by the loss
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#81	List and discuss the various factors that contributed to substance use/dependence
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#82	List and discuss ways that family of origin issues contribute to anger as a coping mechanism
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#83	List and identify the positive and negative aspects of the current relationship
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#84	List anti-social and substance-related behaviors that resulted in harm to others and a loss of trust
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#85	List anti-social thoughts; then identify healthy replacement thoughts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#86	List changes that each partner must make to restore the relationship
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#87	List five ways substance abuse and occupational problems are related
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#88	List lies used to hide substance dependence
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#89	List negative consequences of substance use/abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#90	List negative consequences of using substances to cope with grief and loss
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#91	List negative emotions that were caused by substance use or were an excuse for substance use
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#92	List new ways to reinforce self without depending on others for reward
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#93	List occasions in which relationship conflicts led to substance use
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#94	List occasions on which anti-social behaviors led to negative consequences, and list decisions leading to those behaviors
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#95	List occasions when peer group influence led to substance use
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#96	List occasions when the living environment led to negative consequences and substance use
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#97	List possible actions to improve physical functioning
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#98	List possible payoffs for remaining in a victim stance regarding the childhood experiences
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#99	List reasons angry thoughts, feelings and behaviors increase the risk of relapse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#100	List reasons that obeying the law is essential for working on a program of recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#101	List reasons the peer group has to be changed to maintain abstinence
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#102	List reasons to become involved in a new peer group that is supportive of recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#103	List reasons to work on a substance abuse recovery plan
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#104	List skills that will improve ability to cope with current occupation
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#105	List specific living environment problems and write a plan to address each one in recovery

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Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#106	List strengths that client sees in themselves
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#107	List the consequences of not complying with rules/limits to self and others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#108	List the negative consequences that resulted from using substances to cope with medical problems
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#109	List the qualities and behaviors that should be evident in others before interpersonal trust can be built
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#110	List the thoughts that trigger impulsive behavior and identify replacement thoughts that are accurate, positive, self-enhancing, and adaptive
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#111	List things that client never heard as a child and use as daily affirmations
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#112	List thoughts, feelings, consequences and reasons for substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#113	List triggers and high-risk situations that could lead to relapse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#114	List ways in which manic/hypomanic and associated substance abuse led to negative consequences
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#115	List ways in which manic/hypomanic symptoms led to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#116	List ways to have fun without using substances
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#117	Look for employment opportunities
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#118	Make a list of thoughts that trigger angry feelings, and list replacement thoughts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#119	Make a verbal commitment to help others in an effort to prevent relapse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#120	Make client willing to work
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#121	Meet with the physician to decide if medication therapy is needed and cooperate with medication therapy if prescribed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#122	Mental exercises
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#123	Negative thoughts are replaced with accurate, self-enhancing thinking
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#124	Participate in a psychiatric evaluation and follow the prescribed medication regimen as directed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#125	Participate in medical assessment and evaluation for medications
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#126	Participate in psycho-educational testing
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#127	Practice a relaxation exercise at least twice a day, especially when upset or uncomfortable
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#128	Practice drug-refusal exercise in risk situations
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#129	Practice meditation each day for at least 10 minutes
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#130	Practice relaxation and meditation skills daily
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

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Objective	#131	Practice relaxation skills daily
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#132	Practice stopping, thinking, listening, and planning before acting
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#133	Practice time out procedures daily and keep a log of results
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#134	Prepare a personal recovery plan that addresses all aspects of aftercare
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#135	Process unresolved grief and create a plan to recover from issues of loss
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#136	Recognize and acknowledge that a false bravado covers fear of failure and rejection
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#137	Reduce self-defeating symptoms of Bipolar Disorder such as hostility and aggression, substance abuse, and promiscuity
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#138	Reduce signs and symptoms of mood instability by learning appropriate skills designed to reduce reaction time
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#139	Reduce the frequency and severity of anger outbursts and aggressive behavior
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#140	Reduce the impact of past trauma and current triggers for anxiety by participation in systematic desensitization sessions
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#141	Request help as needed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#142	Role-play saying "no" to substance use with peers in high-risk situation
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#143	Share the feeling of worthlessness that was learned in the home and directly relate this feeling to abuse of substances as a coping mechanism
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#144	Social communication is coherent, affect-appropriate, subject-focused, logical, organized, and reality-based
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#145	State the reasons that having the trust of others is important
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#146	Take medications as prescribed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#147	Teach significant others about bipolar symptoms and their relationship to chemical dependency
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#148	Understand the need for medications, its side effects, and follow medication regimen
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#149	Verbalize a plan to fulfill unmet needs of childhood
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#150	Verbalize a trust in others contrary to earlier beliefs of mistrust or self-harm
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#151	Verbalize acceptance for appropriate responsibility in relationship problems and in choosing substance abuse as a means of coping with the relationship conflicts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#152	Verbalize an acceptance of the need for breaking ties with the current peer group
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#153	Verbalize an acceptance of the seriousness of medical problems and substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#154	Verbalize an awareness of how anger and fear of abandonment can lead to self-harming behaviors
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

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Objective	#155	Verbalize an awareness of self-defeating thoughts and verbalize how these thoughts can be replaced with self-enhancing thoughts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#156	Verbalize an understanding of how self-defeating, negative thinking leads to mood swings
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#157	Verbalize an understanding of how to effectively communicate wants and needs to others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#158	Verbalize an understanding of how using drugs or alcohol served as a means of psychological escape from the emotional pain associated with childhood traumas
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#159	Verbalize an understanding of substance use as a contributing factor in the development of the medical problem
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#160	Verbalize an understanding of techniques for healthy conflict resolution
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#161	Verbalize an understanding of the medical problem and the need for medical management
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#162	Verbalize an understanding of the relationship between negative thoughts and emotions and illegal behavior
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#163	Verbalize an understanding of the relationship between substance abuse and legal problems
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#164	Verbalize an understanding of why blaming others prevents learning from past mistakes
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#165	Verbalize current and historical thoughts and feelings associated with the events of the traumatic experience
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#166	Verbalize how anti-social thoughts and beliefs are used to avoid responsibility and to blame others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#167	Verbalize how early childhood trauma led to current feelings of low self-esteem, distrust, anger and/or depression
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#168	Verbalize instances of impulsive behaviors and identify and demonstrate skills of stopping, thinking and planning before acting
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#169	Verbalize instances of self-destructive behaviors and identify alternative healthy behaviors
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#170	Verbalize interpersonal situations that trigger feelings of anger and/or fear of abandonment and describe alternative ways of coping with these feelings
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#171	Verbalize responsibility for legal problems without blaming others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#172	Verbalize the dysfunctional thoughts, feelings and behaviors that were used to protect self in the family of origin
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#173	Verbalize the feelings of losing the old peer group and identify ways to deal with those with a new group
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#174	Verbalize the traumatic events that occurred and express the resulting emotions of sadness, rage and hurt
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#175	Verbalize the unhealthy rules and roles learned in the family of origin
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#176	Verbalize thinking errors, criminal thinking and anti-social behaviors that lead to illegal activities

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Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#177	Verbalize ways to meet financial and social needs without engaging in illegal activities
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#178	Verbally identify signs and symptoms of mania/hypomania and how these relate to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#179	Voice acceptance and understanding of the mental illness
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#180	Voice an understanding of how depression contributes to substance abuse and/or other destructive acts and vice-versa
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#181	Voice a desire to live with no statements of wanting to take his/her life
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#182	When requested by staff, describe hallucinations and/or delusions when experienced
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#183	Write a letter of good-bye to the lost loved one, sharing feelings and thoughts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#184	Write a letter to relationship partner asking for support in recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#185	Write a letter to significant others, discussing problems with the living environment and asking for assistance in recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#186	Write a letter to the abuser describing the feelings resulting from and the effects of the abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#187	Write a letter to the perpetrator(s) describing the abuse and its effects
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#188	Write a letter to the significant other describing feelings about the relationship
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#189	Write a letter to the younger self, removing blame and giving permission to move past the abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#190	Write a list of positive affirmations about self
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#191	Write a personal recovery plan detailing the recovery groups, aftercare, and ongoing counseling needed after treatment
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#192	Write a personal recovery plan that includes compliance with recommended medical treatment and medications
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#193	Write a plan for meeting social and emotional needs during separation and divorce
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#194	Write a plan that includes commitment to attendance at support groups and further treatment when necessary
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#195	Write a plan to increase pleasurable activities spent with the significant other
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#196	Write a plan to increase social interaction with old friends and make new ones
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#197	Write a substance abuse recovery plan that addresses changes in behavior and cognition necessary to avoid further legal problems and that substitutes pro-social behavior for anti-social behavior
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#198	Write a substance abuse recovery plan which involves consistently attending recovery services and supporting others in recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#199	Write a substance abuse recovery plan which involves consistently attending recovery services, supporting others in recovery, and adherence to medication therapy

SUD TREATMENT PLAN - DIMENSION 3

Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#200	Write down identified issues and verbalize them in group and with therapist
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#201	Other
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#2	Address past childhood and family issues to alleviate fear, anger, and depression to allow greater self-esteem and confidence
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#3	Alleviate problems in communicating with others
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#4	Attend meetings and gain fellowship in the recovery movement
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#5	Attend public meetings without being afraid
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#6	Be able to ask for help when needed
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#7	Be able to live peacefully with spouse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#8	Be able to recognize problems in dealing with co-workers
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#9	Be able to recognize problems in dealing with the supervisor
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#10	Be responsible for relationship
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#11	Control impulsive behavior
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#12	Demonstrate awareness of how unresolved issues from childhood have contributed to interpersonal problems
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#13	Demonstrate awareness of how unresolved issues from childhood have contributed to substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#14	Demonstrate fulfilling and pro-social lifestyle
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#15	Demonstrate pro-social behaviors
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#16	Demonstrate resolution of unresolved conflicts associated with childhood abuse or neglect
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#17	Develop a reasonable sense of self without exaggeration, entitlement, or grandiosity

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Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#18	Develop an awareness of how childhood issues have contributed to substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#19	Develop empathy for other people
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#20	Develop skills to maintain open, effective communication and appropriate intimacy
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#21	Develop skills to manage anger in a healthy way
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#22	Develop skills to reduce impulsivity
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#23	Develop sober coping skills to manage mood swings
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#24	Engage in self-affirming rather than self-destructive behaviors
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#25	Establish confidence in getting rid of their alcohol abuse habit
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#26	Establish confidence in getting rid of their drug abuse habit
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#27	Eventually be able to talk to a lawyer
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#28	Extinguish or decrease hallucinations and delusions
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#29	Gain confidence in learning job skills
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#30	Gain confidence in self support
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#31	Gain self-esteem
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#32	Get rid of excessive distrust of others
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#33	Gradually stay away from the thought of suicide
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#34	Identify the negative effects of medical issues on recovery and develop a plan to deal with each of them
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

SUD TREATMENT PLAN - DIMENSION 3

Goal	#35	Improve mood and develop a recovery plan free from illicit substance usage
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#36	Improve physical health
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#37	Increase personal control over impulses, manage energy more effectively and stabilize mood
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#38	Increase thoughts and feelings of self-worth and self-acceptance
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#39	Learn about the process of addiction and recovery
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#40	Learn and demonstrate healthy communication skills
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#41	Learn and practice coping skills associated with recovery from PTSD and chemical dependency
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#42	Learn how medical problems relate to alcohol and other drug use
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#43	Learn how to prevent their symptoms from happening
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#44	Learn interpersonal relationship skills
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#45	Learn necessary skills to establish a quality of life free from mood-altering substances
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#46	Learn skills necessary to make and maintain new friends who are not substance users
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#47	Learn stress management skills
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#48	Learn the cause of their own medical problems
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#49	Learn the destructive nature of alcohol abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#50	Learn the destructive nature of drug abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#51	Learn the symptoms of their medical problem
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#52	Learn to change their addictive lifestyle
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

SUD TREATMENT PLAN - DIMENSION 3

Goal	#53	Learn to maintain a sober and law-abiding lifestyle
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#54	Moderate mood, behavior and thinking processes
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#55	Monitor self-talk and replace negative self-talk with positive self-talk
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#56	No longer be over-jealous
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#57	No longer be self-destructive
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#58	Obtain psychiatric evaluation with appropriate medication regimen and take medication as prescribed rather than self-medication
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#59	Obtain treatment when necessary and consistently use adaptive methods to cope with symptoms
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#60	Patient will resolve emotions associated with the trauma and end the negative impact on current functioning
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#61	Program compliance
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#62	Psychotic behavior is eliminated or managed so that functioning is positive and medication therapy is followed
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#63	Reduce agitation, pressured speech and irritability
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#64	Reduce medical issue's influence on relapse potential
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#65	Reduce/eliminate substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#66	Relapse prevention/maintaining abstinence
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#67	Report an understanding of relationship between manic/hypomanic symptom states and chemical abuse/dependency
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#68	Resolve feelings surrounding grief and loss
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#69	Return to normal functioning in affect, thinking, relating, and behaving
Objectives		Same as on Goal #1 / Problem #1

SUD TREATMENT PLAN - DIMENSION 3

Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#70	Stabilize functioning sufficient for referral to a less intensive level of care
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#71	Stabilizing and assessment
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#72	Thoughts of self-worth and self-esteem will increase through learning how to forgive perpetrators
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#73	Treat the medical problems to reduce the negative influence on recovery
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#74	Understand how narcissistic traits create a high risk of relapse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#75	Understand how narcissistic traits have contributed to substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#76	Understand how occupational stress is related to substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#77	Understand the connection between continued illegal activity and relapse into substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#78	Understand the negative impact of the current environment on recovery
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#79	Understand the relationship between medical issues and substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#80	Understand the relationship between substance abuse and partner relational conflicts
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#81	Utilize mood management skills on a consistent basis
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#82	Verbally identify the relationship between PTSD and chemical dependency
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#83	Withdraw and abstain from mood-altering substances
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#2	A pattern of violating the rights of others
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#3	Affective Disorders
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#4	Clinical Syndromes

SUD TREATMENT PLAN - DIMENSION 3

Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#5	Co-dependency
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#6	Compulsion
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#7	Denial and minimization of the problems that substance use has caused
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#8	Destructive
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#9	Difficulty in administering prescribed medications
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#10	Dimension 3 - Client reported a history of being on supervised probation for illegal activities and a poor ability to manage significant emotional, behavioral, or cognitive problems that interfere with recovery treatment
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#11	Disengagement
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#12	Enmeshment
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#13	Evidence of childhood trauma which significantly impairs biophysical functioning
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#14	History of childhood physical, sexual, or emotional abuse
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#15	Homeostatis
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1

SUD TREATMENT PLAN - DIMENSION 3

Interventions		Same as on Objectives / Goals / Problem #1
Problem	#16	Impulsive actions with negative consequences
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#17	Inability to deal with anger in a healthy way
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#18	Inability to trust others, bond in relationships, communicate effectively, and maintain healthy interpersonal relationships because of early childhood neglect or abuse
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#19	Isolation
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#20	Lack of ability to establish and maintain meaningful, interpersonal relationships
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#21	Lack of training
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#22	Manifests adjustment disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#23	Manifests anxiety disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#24	Manifests behavioral disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#25	Manifests Borderline Personality Disorder symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#26	Manifests cognitive disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#27	Manifests depressive symptoms
Goals		Same as on Problem #1

SUD TREATMENT PLAN - DIMENSION 3

Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#28	Manifests disorders usually found in infancy, childhood, or adolescence
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#29	Manifests dissociative disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#30	Manifests eating disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#31	Manifests factitious disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#32	Manifests impulse-control disorders not elsewhere classified symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#33	Manifests Mania/Hypomania symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#34	Manifests mental disorders due to a general medical condition not elsewhere classified
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#35	Manifests mood disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#36	Manifests Narcissistic Personality Disorder symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#37	Manifests personality disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#38	Manifests Post Traumatic Stress Disorder (PTSD) symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#39	Manifests psychotic symptoms
Goals		Same as on Problem #1

SUD TREATMENT PLAN - DIMENSION 3

Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#40	Manifests sexual and gender identity disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#41	Manifests sleep disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#42	Manifests somatoform disordered symptoms
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#43	Mental Retardation
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#44	Mood Disorders
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#45	Negative emotions surrounding medical illness led to substance abuse
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#46	Organic Disorders
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#47	Other. See Comments.
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#48	Persistent feelings of worthlessness and low self-esteem
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#49	Personality Syndromes
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#50	Poor grades, misconduct, attendance problems, and/or other school-related problems caused by substance abuse and/or other personal issues
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#51	Problems in marital or partner relationships due to substance abuse

SUD TREATMENT PLAN - DIMENSION 3

Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#52	Social life is characterized by significant social isolation and/or withdrawal
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#53	Thought Disorders
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#54	Unemployment, underemployment, and/or work-related problems caused by substance abuse and/or other personal issues
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#55	Unresolved emotions and maladaptive behavior that is the result of childhood trauma
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1
Problem	#56	Unresolved grief resulting in substance abuse
Goals		Same as on Problem #1
Objectives		Same as on Goals / Problem #1
Interventions		Same as on Objectives / Goals / Problem #1

SUD TREATMENT PLAN - DIMENSION 4

DIMENSION 4 - Readiness to Change		
Problem	#1	Changing one's lifestyle to support substance use
Goal	#1	Abstain from illicit alcohol use
Objective	#1	Abstain from using drugs
Intervention	#1	Abstain from alcohol and other addictive drug use
Intervention	#2	Abstain from criminal activity and avoid high risk environments which lead to illegal thinking and behaviors
Intervention	#3	Allow client to be involved in making Discharge Plan
Intervention	#4	Attend and fully participate in groups during a week
Intervention	#5	Attend and fully participate in relapse prevention group on a weekly basis
Intervention	#6	Attend education group - specifically: Family Issues Class or equivalent
Intervention	#7	Become financially secure
Intervention	#8	Choose home group, sponsor, and service position
Intervention	#9	Client centered
Intervention	#10	Comply with all recommended psychiatric treatment including medications
Intervention	#11	Comply with all requirements of pre-trial services, parole & probation, DDMP, and any other legal agency
Intervention	#12	Consolidate treatment results for a rapid discharge
Intervention	#13	Develop a clean and sober lifestyle during methadone maintenance
Intervention	#14	Develop a support system to enhance recovery
Intervention	#15	Develop an understanding of the impact AOD use has on the family
Intervention	#16	Develop knowledge of addiction and process of recovery
Intervention	#17	Family & couples counseling as needed
Intervention	#18	Family therapy
Intervention	#19	Group counseling
Intervention	#20	Group therapy
Intervention	#21	Have arrangements for client to go home
Intervention	#22	Identify and apply for employment opportunities that are supportive of recovery
Intervention	#23	Improve physical health
Intervention	#24	Increase self-knowledge of drug and alcohol use patterns
Intervention	#25	Individual counseling
Intervention	#26	Individual therapy
Intervention	#27	Learn how medical problems relate to alcohol and other drug use
Intervention	#28	Maintain appropriate employment
Intervention	#29	Medication management
Intervention	#30	Meet with client's parent to work out the plan
Intervention	#31	Meet with therapist at least once a week to discuss recovery
Intervention	#32	Meet with vocational counselor to develop a vocational plan
Intervention	#33	Milieu therapy
Intervention	#34	Obtain medical treatment or follow-up for any identified physical problems
Intervention	#35	Read and receive feedback on relapse prevention plan
Intervention	#36	Receive daily methadone dosing
Intervention	#37	Refer client to the Abused Persons Program for specialized treatment
Intervention	#38	Skill development
Intervention	#39	UA's and BA's
Intervention	#40	Use increased knowledge of patterns of use to self-diagnose
Objective	#2	Accept and follow through on a referral to a pain management clinic
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#3	Acknowledge the resistance to sharing personal problems; then share at least one problem in each therapy session
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#4	Ask a question when s/he has not heard or understood what was said
Intervention	#1	Same as on Objective #1 / Goal #1 / Problem #1
Objective	#5	Attend regular therapies

SUD TREATMENT PLAN - DIMENSION 4

Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#6	Attend school consistently
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#7	Attend the scheduled court date
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#8	Become a fully participating member of the treatment community by attending therapy groups daily
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#9	Client plans on leaving random urinalysis on same day asked
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#10	Client plans to attend Orientation group within two weeks
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#11	Client plans to develop a plan to cope with identified stressors for substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#12	Client plans to develop a relapse prevention plan
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#13	Client plans to discuss appropriate use of prescribed medications
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#14	Client plans to have consistent drug-free urinalyses as measured by random urinalyses
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#15	Client plans to identify cravings/urges to abuse substances
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#16	Client plans to identify initial skills/strengths toward establishing abstinence
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#17	Client plans to identify stressors that may lead to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#18	Client plans to identify substance abuse lapse/relapse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#19	Client plans to identify two coping mechanisms to drug cravings/urges
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#20	Client plans to make agreed upon fee payment in a timely manner
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#21	Client plans to meet with counselor to identify recovery progress
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#22	Client plans to monitor withdrawal symptoms and seek outpatient methadone treatment
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#23	Client plans to reduce substance abuse as indicated by self-report and urinalyses
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#24	Client plans to visit with physician and discuss methadone stability
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#25	Commit to an Aftercare plan that is designed to manage the symptoms of Bipolar Disorder and chemical dependency
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#26	Commit to an Aftercare plan that is designed to manage the symptoms of PTSD and chemical dependency
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#27	Complete assignments and turn them in
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#28	Comply with a medical evaluation and take all medications as prescribed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#29	Consistently practice the basic living skills of dress, hygiene, feeding self, grooming, and toileting on an independent basis
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#30	Contact appropriate authorities and make plans to resolve all legal issues
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#31	Cooperate with a medical evaluation of medical issues and comply with all treatment plans

SUD TREATMENT PLAN - DIMENSION 4

Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#32	Cooperate with examinations/evaluations to evaluate for contributing organicity and severity of impaired cognition
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#33	Cooperate with psychological and other mental health assessments to better understand the problem
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#34	Cooperate with teaching staff
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#35	Create and follow a routine exercise/well-being program
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#36	Decrease symptoms of grandiosity by learning to express him/herself in a more reality-based way
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#37	Demonstrate healthy communication skills by role playing anger and using these skills
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#38	Demonstrate positive conflict resolution skills
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#39	Describe the problems caused by mood-altering substances
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#40	Describe the traumatic experiences that were endured and the resulting feelings
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#41	Describe thoughts and feelings related to childhood experiences and how substance abuse has been used to cope with/avoid negative feelings
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#42	Develop a plan to deal with each high risk situation or trigger
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#43	Develop a plan to establish how to react to family members who are addicted
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#44	Develop and present a leisure skills plan for after treatment
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#45	Devise a transition plan that is in agreement with others significantly involved in her/his treatment
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#46	Discuss alternative ways to deal with stress than using substances
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#47	Discuss current living environment problems and make plans for recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#48	Discuss reasons for using substances and identify alternative coping strategies
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#50	Discuss the consequences of anger and the need for forgiving others to reduce anger
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#51	Discuss the need for support and stress difficulties with employer
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#52	Discuss with therapist progress in relational skills, managing mood swings and impulse control
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#53	Each day, write five things for which she/he is thankful
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#54	Exercise regularly
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#55	Identify and explain how occupational problems relate to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#56	Identify and list how manipulating others relates to interpersonal problems
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#57	Identify and practice conflict resolution skills that will improve relationship with co-workers/supervisors
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

SUD TREATMENT PLAN - DIMENSION 4

Objective	#58	Identify and verbalize feelings related to vocational stress
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#59	Identify and verbalize how family-of-origin issues led to poor self-esteem and a sense of failure and rejection
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#60	Identify and verbalize potential relapse triggers in the workplace
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#61	Identify events where patterns of childhood abuse have been repeated and perpetrated onto others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#62	Identify how the tendency to take on the parental role in interpersonal relationships is related to a feeling of security and control
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#63	Identify issues having had an influence on their addiction
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#64	Identify job performance difficulties related to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#65	Identify narcissistic traits and verbalize how they contribute to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#66	Identify past and present causes of rebellious/antisocial actions and beliefs
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#67	Identify problem ownership in conflict in the employment setting
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#68	Identify the causes for depressed mood and implement a plan to cope with those causes
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#69	Identify the causes for past and present conflicts within the relationship
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#70	Identify the negative consequences of impulsivity and substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#71	Identify the unhealthy rules and roles the client learned in the family of origin
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#72	Identify times that chemical abuse was associated with PTSD symptoms
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#73	Identify with the feelings of others by identifying these feelings in his/her own family of origin
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#74	Identify/list occasions when impulsive action led to substance use and negative consequences
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#75	Illustrate hallucinations experienced that pertain to perceived harm and/or distortions pertaining to the power of self or others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#76	Improve self-esteem by identifying and living a lifestyle consistent with a pro-social value system
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#77	Improve physical health
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#78	Keep a daily journal of thoughts and emotions and consequent behaviors
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#79	Keep a daily log encompassing each situation associated with depressed feelings, resulting behavior, and negative thinking that triggered those feelings and behavior
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#80	Keep a daily log of angry thoughts, outbursts and feelings, including rating the situation on a scale of 1-100
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#81	Learn and practice relaxation skills designed to reduce PTSD symptoms
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#82	Learn and practice skills associated with subject-focused communication
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

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Objective	#83	Learn and practice socially appropriate skills associated with personal appearance
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#84	Learn healthy expression of anger
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#85	Learn to develop better interpersonal skills
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#86	Let teachers know if s/he is distracted or inattentive
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#87	List and discuss constructive methods for mood management
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#88	List and discuss past and current hurts and pain that fuel current anger
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#89	List and discuss the feelings of anger, guilt, sadness and/or abandonment caused by the loss
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#90	List and discuss the various factors that contributed to substance use/dependence
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#91	List and discuss ways that family of origin issues contribute to anger as a coping mechanism
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#92	List and identify the positive and negative aspects of the current relationship
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#93	List anti-social and substance-related behaviors that resulted in harm to others and a loss of trust
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#94	List anti-social thoughts; then identify healthy replacement thoughts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#95	List changes that each partner must make to restore the relationship
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#96	List five ways substance abuse and occupational problems are related
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#97	List lies used to hide substance dependence
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#98	List negative consequences of substance use/abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#99	List negative consequences of using substances to cope with grief and loss
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#100	List negative emotions that were caused by substance use, or were an excuse for substance use
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#101	List new ways to reinforce self without depending on others for reward
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#102	List occasions in which relationship conflicts led to substance use
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#103	List occasions on which anti-social behaviors led to negative consequences, and list decisions leading to those behaviors
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#104	List occasions when peer group influence led to substance use
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#105	List occasions when the living environment led to negative consequences and substance use
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#106	List possible actions to improve physical functioning
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#107	List possible payoffs for remaining in a victim stance regarding the childhood experiences
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#108	List reasons angry thoughts, feelings and behaviors increase the risk of relapse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#109	List reasons that obeying the law is essential for working on a program of recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

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Objective	#110	List reasons the peer group has to be changed to maintain abstinence
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#111	List reasons to become involved in a new peer group that is supportive of recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#112	List reasons to work on a substance abuse recovery plan
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#113	List skills that will improve ability to cope with current occupation
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#114	List specific living environment problems and write a plan to address each one in recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#115	List strengths that client sees in themselves
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#116	List the consequences of not complying with rules/limits to self and others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#117	List the negative consequences that resulted from using substances to cope with medical problems
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#118	List the qualities and behaviors that should be evident in others before interpersonal trust can be built
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#119	List the thoughts that trigger impulsive behavior and identify replacement thoughts that are accurate, positive, self-enhancing, and adaptive
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#120	List things that client never heard as a child and use as daily affirmations
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#121	List thoughts, feelings, consequences and reasons for substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#122	List triggers and high-risk situations that could lead to relapse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#123	List ways in which manic/hypomanic and associated substance abuse led to negative consequences
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#124	List ways in which manic/hypomanic symptoms led to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#125	List ways to have fun without using substances
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#126	Look for employment opportunities
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#127	Make a Discharge Plan up to client's satisfaction
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#128	Make a list of thoughts that trigger angry feelings, and list replacement thoughts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#129	Make a verbal commitment to help others in an effort to prevent relapse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#130	Make client willing to work
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#131	Meet with the physician to decide if medication therapy is needed and cooperate with medication therapy if prescribed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#132	Meet with the significant other to listen to their perspective on the relational conflicts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#133	Mental exercises
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#134	Negative thoughts are replaced with accurate, self-enhancing thinking
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#135	Participate in a psychiatric evaluation and follow the prescribed medication regimen as directed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

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Objective	#136	Participate in medical assessment and evaluation for medications
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#137	Participate in psycho-educational testing
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#138	Practice a relaxation exercise at least twice a day, especially when upset or uncomfortable
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#139	Practice drug-refusal exercise in risk situations
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#140	Practice meditation each day for at least 10 minutes
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#141	Practice relaxation and meditation skills daily
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#142	Practice relaxation skills daily
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#143	Practice stopping, thinking, listening, and planning before acting
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#144	Practice time out procedures daily and keep a log of results
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#145	Prepare a personal recovery plan that addresses all aspects of aftercare
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#146	Process unresolved grief and create a plan to recover from issues of loss
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#147	Recognize and acknowledge that a false bravado covers fear of failure and rejection
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#148	Reduce self-defeating symptoms of Bipolar Disorder such as hostility and aggression, substance abuse, and promiscuity
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#149	Reduce signs and symptoms of mood instability by learning appropriate skills designed to reduce reaction time
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#150	Reduce the frequency and severity of anger outbursts and aggressive behavior
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#151	Reduce the impact of past trauma and current triggers for anxiety by participation in systematic desensitization sessions
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#152	Request help as needed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#153	Role-play saying "no" to substance use with peers in high-risk situation
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#154	Share the feeling of worthlessness that was learned in the home and directly relate this feeling to abuse of substances as a coping mechanism
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#155	Social communication is coherent, affect appropriate, subject-focused, logical, organized, and reality-based
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#156	State the reasons that having the trust of others is important
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#157	Take medications as prescribed
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#158	Teach significant others about bipolar symptoms and their relationship to chemical dependency
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#159	Tell the story of the lost relationship
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#160	Understand and accept transition planning entailing a structured, supervised living situation
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

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Objective	#161	Understand the need for medications, its side effects, and follow medication regimen
		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#162	Verbalize a plan to fulfill unmet needs of childhood
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#163	Verbalize a trust in others contrary to earlier beliefs of mistrust or self-harm
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#164	Verbalize acceptance for appropriate responsibility in relationship problems and in choosing substance abuse as a means of coping with the relationship conflicts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#165	Verbalize an acceptance of the need for breaking ties with the current peer group
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#166	Verbalize an acceptance of the seriousness of medical problems and substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#167	Verbalize an awareness of how anger and fear of abandonment can lead to self-harming behaviors
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#168	Verbalize an awareness of self-defeating thoughts and verbalize how these thoughts can be replaced with self-enhancing thoughts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#169	Verbalize an understanding of how self-defeating, negative thinking leads to mood swings
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#170	Verbalize an understanding of how to effectively communicate wants and needs to others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#171	Verbalize an understanding of how using drugs or alcohol served as a means of psychological escape from the emotional pain associated with childhood traumas
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#172	Verbalize an understanding of substance use as a contributing factor in the development of the medical problem
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#173	Verbalize an understanding of techniques for healthy conflict resolution
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#174	Verbalize an understanding of the medical problem and the need for medical management
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#175	Verbalize an understanding of the relationship between negative thoughts and emotions and illegal behavior
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#176	Verbalize an understanding of the relationship between substance abuse and legal problems
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#177	Verbalize an understanding of why blaming others prevents learning from past mistakes
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#178	Verbalize current and historical thoughts and feelings associated with the events of the traumatic experience
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#179	Verbalize how anti-social thoughts and beliefs are used to avoid responsibility and to blame others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#180	Verbalize how early childhood trauma led to current feelings of low self-esteem, distrust, anger and/or depression
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#181	Verbalize instances of impulsive behaviors and identify and demonstrate skills of stopping, thinking and planning before acting
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#182	Verbalize instances of self-destructive behaviors and identify alternative healthy behaviors
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#183	Verbalize interpersonal situations that trigger feelings of anger and/or fear of abandonment and describe alternative ways of coping with these feelings
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

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Objective	#184	Verbalize responsibility for legal problems without blaming others
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#185	Verbalize the dysfunctional thoughts, feelings and behaviors that were used to protect self in the family of origin
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#186	Verbalize the feelings of losing the old peer group and identify ways to deal with those with a new group
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#187	Verbalize the traumatic events that occurred and express the resulting emotions of sadness, rage and hurt
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#188	Verbalize the unhealthy rules and roles learned in the family of origin
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#189	Verbalize thinking errors, criminal thinking and anti-social behaviors that lead to illegal activities
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#190	Verbalize ways to meet financial and social needs without engaging in illegal activities
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#191	Verbally identify signs and symptoms of mania/hypomania and how these relate to substance abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#192	Voice acceptance and understanding of the mental illness
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#193	Voice an understanding of how depression contributes to substance abuse and/or other destructive acts and vice-versa
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#194	Voice a desire to live with no statements of wanting to take his/her life
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#195	When requested by staff, describe hallucinations and/or delusions when experienced
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#196	Write a letter of good-bye to the lost loved one, sharing feelings and thoughts
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#197	Write a letter to relationship partner asking for support in recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#198	Write a letter to significant others, discussing problems with the living environment and asking for assistance in recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#199	Write a letter to the abuser describing the feelings resulting from and the effects of the abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#200	Write a letter to the perpetrator(s) describing the abuse and its effects
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#201	Write a letter to the significant other describing feelings about the relationship
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#202	Write a letter to the younger self, removing blame and giving permission to move past the abuse
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#203	Write a list of positive affirmations about self
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#204	Write a personal recovery plan detailing the recovery groups, aftercare, and ongoing counseling needed after treatment
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#205	Write a personal recovery plan that includes compliance with recommended medical treatment and medications
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#206	Write a plan for meeting social and emotional needs during separation and divorce
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#207	Write a plan that includes commitment to attendance at support groups and further treatment when necessary

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Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#208	Write a plan to increase pleasurable activities spent with the significant other
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#209	Write a plan to increase social interaction with old friends and make new ones
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#210	Write a substance abuse recovery plan that addresses changes in behavior and cognition necessary to avoid further legal problems and that substitutes pro-social behavior for anti-social behavior
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#211	Write a substance abuse recovery plan which involves consistently attending recovery services and supporting others in recovery
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#212	Write a substance abuse recovery plan which involves consistently attending recovery services, supporting others in recovery, and adherence to medication therapy
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Objective	#213	Write down identified issues and verbalize them in group and with therapist
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#2	Accept responsibility for legal problems
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#3	Accept the need for long-term abstinence and initiate a recovery program
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#4	Alleviate problems in communicating with others
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#5	Attend meetings and gain fellowship in the recovery movement
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#6	Be responsible for relationship
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#7	Commit and follow through with an aftercare program designed to maintain recovery from PTSD and chemical dependency
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#8	Create a plan to change occupations/employment to decrease chances of relapse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#9	Create a social, occupational, financial and living situation sufficiently safe to provide a reasonable probability of continued recovery
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#10	Create new interests outside retirement or employment setting
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#11	Demonstrate awareness of how unresolved issues from childhood have contributed to interpersonal problems
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#12	Demonstrate awareness of how unresolved issues from childhood have contributed to substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#13	Demonstrate fulfilling and pro-social lifestyle
Objectives		Same as on Goal #1 / Problem #1

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Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#14	Demonstrate pro-social behaviors
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#15	Demonstrate resolution of unresolved conflicts associated with childhood abuse or neglect
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#16	Develop a new peer group that is drug free and supportive of recovery
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#17	Develop a peer/family group that is supportive of recovery
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#18	Develop an awareness of how childhood issues have contributed to substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#19	Develop empathy for other people
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#20	Develop skills to maintain open, effective communication and appropriate intimacy
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#21	Develop skills to manage anger in a healthy way
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#22	Develop skills to reduce impulsivity
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#23	Develop sober coping skills to manage mood swings
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#24	Engage in self-affirming rather than self-destructive behaviors
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#25	Establish confidence in getting rid of their alcohol abuse habit
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#26	Establish confidence in getting rid of their drug abuse habit
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#27	Eventually be able to talk to a lawyer
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#28	Gain confidence in learning job skills
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#29	Gain confidence in self support
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#30	Gain self-esteem
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#31	Gain the legal knowledge associated with their problem
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

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Goal	#32	Get rid of excessive distrust of others
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#33	Identify issues having an influence on their addiction
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#34	Identify the negative effects of medical issues on recovery and develop a plan to deal with each of them
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#35	Improve mood and develop a recovery plan free from illicit substance usage
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#36	Improve physical health
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#37	Increase personal control over impulses, manage energy more effectively and stabilize mood
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#38	Increase thoughts and feelings of self-worth and self-acceptance
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#39	Learn about the process of addiction and recovery
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#40	Learn and demonstrate healthy communication skills
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#41	Learn and practice coping skills associated with recovery from PTSD and chemical dependency
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#42	Learn how medical problems relate to alcohol and other drug use
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#43	Learn how to prevent their symptoms from happening
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#44	Learn interpersonal relationship skills
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#45	Learn necessary skills to establish a quality life free from mood-altering substances
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#46	Learn skills necessary to make and maintain new friends who are not substance users
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#47	Learn stress management skills
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#48	Learn the destructive nature of alcohol use
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#49	Learn the destructive nature of drug use
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

SUD TREATMENT PLAN - DIMENSION 4

Goal	#50	Learn the legal problems they face and understand the seriousness of the violation
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#51	Learn the legal procedures associated with their problems
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#52	Learn the symptoms of their medical problem
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#53	Learn to change their addictive lifestyle
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#54	Learn to maintain a sober and law-abiding lifestyle
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#55	Maintain a program of recovery free from substance abuse and the negative impact of the environment
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#56	Maintain abstinence and initiate a program of recovery
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#57	Moderate mood, behavior and thinking processes
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#58	Monitor self-talk and replace negative self-talk with positive self-talk
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#59	No longer be over-jealous
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#60	No longer be self-destructive
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#61	Obtain treatment when necessary and consistently use adaptive methods to cope with symptoms
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#62	Other. See Comments.
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#63	Overcome weakness in getting a job that fits their skills
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#64	Patient will resolve emotions associated with the trauma and end the negative impact on current functioning
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#65	Program compliance
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#66	Psychotic behavior is eliminated or managed so that functioning is positive and medication therapy is followed
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#67	Reduce/eliminate substance abuse

SUD TREATMENT PLAN - DIMENSION 4

Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#68	Relapse prevention/maintaining abstinence
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#69	Report an understanding of relationship between manic/hypomanic symptoms states and chemical abuse/dependency
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#70	Resolve existing legal conflicts
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#71	Resolve feelings surrounding grief and loss
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#72	Return to normal functioning in affect, thinking, relating and behaving
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#73	Score passing and/or improved grades
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#74	Stabilize functioning sufficient for referral to a less intense level of care
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#75	Stabilizing and assessment
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#76	Step-by-step plan to get rid of their habit
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#77	Thoughts of self-worth and self-esteem will increase through learning how to forgive perpetrators
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#78	Thoughts of self-worth and self-esteem will increase through learning how to help others
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#79	Understand how narcissistic traits create a high risk of relapse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#80	Understand how narcissistic traits have contributed to substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#81	Understand how occupational stress is related to substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#82	Understand the connection between continued illegal activity and relapse into substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#83	Understand the negative impact of the current environment on recovery
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#84	Understand the relationship between medical issues and substance abuse
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#85	Understand the relationship between substance abuse and partner relational conflicts

SUD TREATMENT PLAN - DIMENSION 4

Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#86	Understand the relationship between substance abuse and legal problems
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#87	Utilize mood management skills on a consistent basis
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#88	Verbally identify the relationship between PTSD and chemical dependency
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Goal	#89	Withdraw and abstain from mood-altering substances
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#2	Client can go home
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#3	Client is recovered
Goals		Same as on Problem #1
Objective		Same as on Goal #1 / Problem #1
Intervention		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#4	Court date pending
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#5	Denial and minimization of the problems that substance use has caused
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#6	Dimension 4 - Client reported a history of: low readiness to change and remain abstinent; inconsistent or passive involvement in treatment; and non-compliance or resistance with treatment and probation requirements
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#7	Enmeshment
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#8	High risk behavior
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#9	Homeostatis
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#10	Inability to stop or cut down substance use in spite of negative consequences
Goals		Same as on Problem #1

SUD TREATMENT PLAN - DIMENSION 4

Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#11	Inability to trust others, bond in relationships, communicate effectively, and maintain healthy interpersonal relationships because of early childhood neglect or abuse
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#12	Incarceration
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#13	Isolation
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#14	Lack of employment/job skills
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#15	Negative emotions surrounding medical illness led to substance abuse
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#16	Negative legal, financial, employment, relationship or health consequences of substance use
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#17	Opioid abuse and dependence
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#18	Other. See Comments.
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#19	Parole
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#20	Probation
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#21	Probation before judgement
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#22	Stet
Goals		Same as on Problem #1

SUD TREATMENT PLAN - DIMENSION 4

Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1
Problem	#23	Unresolved legal issues and/or illegal behavior profoundly impairs the ability to function
Goals		Same as on Problem #1
Objectives		Same as on Goal #1 / Problem #1
Interventions		Same as on Objective #1 / Goal #1 / Problem #1

SUD TREATMENT PLAN - DIMENSION 5

DIMENSION 5 - Relapse, Continued Use or Continued Problem Potential		
Problem	#1	A harmful pattern of substance use with increased tolerance and symptoms of withdrawal
Goal	#1	Abstain from illicit alcohol use
Objective	#1	Abstain from using drugs
Intervention	#1	Abstain from alcohol and other addictive drug use
Intervention	#2	Abstain from criminal activity and avoid high risk environments which lead to illegal thinking and behaviors
Intervention	#3	Allow client to be involved in making Discharge Plan
Intervention	#4	Attend and fully participate in groups during a week
Intervention	#5	Attend and fully participate in relapse prevention group on a weekly basis
Intervention	#6	Attend education group - specifically: Family Issues Class or equivalent
Intervention	#7	Become financially secure
Intervention	#8	Case management
Intervention	#9	Choose home group, sponsor, and service position
Intervention	#10	Client centered
Intervention	#11	Comply with all recommended psychiatric treatment including medications
Intervention	#12	Comply with all requirements of pre-trial services, parole & probation, DDMP, and any other legal agency
Intervention	#13	Consolidate treatment results for a rapid discharge
Intervention	#14	Develop a clean and sober lifestyle during methadone maintenance
Intervention	#15	Develop a support system to enhance recovery
Intervention	#16	Develop an understanding of the impact AOD use has on the family
Intervention	#17	Develop knowledge of addiction and process of recovery
Intervention	#18	Family & couples counseling as needed
Intervention	#19	Family therapy
Intervention	#20	Group counseling
Intervention	#21	Group therapy
Intervention	#22	Have arrangements for client to go home
Intervention	#23	Identify and apply for employment opportunities that are supportive of recovery
Intervention	#24	Improve physical health
Intervention	#25	Increase self-knowledge of drug and alcohol use patterns
Intervention	#26	Individual counseling
Intervention	#27	Individual therapy
Intervention	#28	Learn how medical problems relate to alcohol and other drug use
Intervention	#29	Maintain appropriate employment
Intervention	#30	Meet with client's parents to work out the plan
Intervention	#31	Meet with therapist at least once a week to discuss recovery
Intervention	#32	Meet with vocational counselor to develop a vocational plan
Intervention	#33	Milieu therapy
Intervention	#34	Obtain medical treatment or follow-up for any identified physical problems
Intervention	#35	Overcome the fear of leaving facility
Intervention	#36	Read and receive feedback on relapse prevention plan
Intervention	#37	Recreational therapy
Intervention	#38	Refer client to the Abused Persons Program for specialized treatment
Intervention	#39	Remove barriers to obtaining stable income by application to Social Services
Intervention	#40	Skill development
Intervention	#41	UA's and BA's
Intervention	#42	Use increased knowledge of patterns of use to self-diagnose
Objective	#2	Accept and follow through on a referral to a pain management clinic
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#3	Attend regular therapies
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#4	Attend the scheduled court date

SUD TREATMENT PLAN - DIMENSION 5

Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#5	Become a fully participating member of the treatment community by attending therapy groups daily
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#6	Client plans on leaving random urinalyses on same day asked
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#7	Client plans to develop a plan to cope with identified stressors for substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#8	Client plans to develop a relapse prevention plan
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#9	Client plans to discuss appropriate use of prescribed medications
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#10	Client plans to have consistent drug-free urinalyses as measured by random urinalyses
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#11	Client plans to identify cravings/urges to abuse substances during taper from methadone
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#12	Client plans to identify cravings/urges to abuse substances
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#13	Client plans to identify initial skills/strengths toward establishing abstinence
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#14	Client plans to identify stressors that may lead to substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#15	Client plans to identify substance abuse lapse/relapse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#16	Client plans to identify two coping mechanisms to drug cravings/urges
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#17	Client plans to meet with counselor to identify recovery progress
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#18	Client plans to reduce substance abuse as indicated by self-report and urinalyses
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#19	Client plans to visit with physician and discuss methadone stability
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#20	Commit to an Aftercare plan that is designed to manage the symptoms of Bipolar Disorder and chemical dependency
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#21	Commit to an Aftercare plan that is designed to manage the symptoms of PTSD and chemical dependency
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#22	Complete assignments and turn them in
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#23	Comply with a medical evaluation and take all medications as prescribed
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#24	Contact appropriate authorities and make plans to resolve all legal issues
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#26	Create and follow a routine exercise/well-being program
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#27	Demonstrate healthy communication skills by role playing anger and using these skills
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#28	Demonstrate positive conflict resolution skills
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#29	Describe the problems caused by mood-altering substances
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#30	Describe thoughts and feelings related to childhood experiences and how substance abuse has been used to cope with/avoid negative feelings
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#31	Develop a plan to deal with each high risk situation or trigger

SUD TREATMENT PLAN - DIMENSION 5

Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#32	Develop a plan to establish how to react to family members who are addicted
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#33	Develop and present a leisure skills plan for after treatment
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#34	Devise a transition plan that is in agreement with others significantly involved in her/his treatment
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#35	Discuss alternative ways to deal with stress than using substances
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#36	Discuss current living environment problems and make plans for recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#37	Discuss reasons for using substances and identify alternative coping strategies
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#38	Discuss the consequences of anger and the need for forgiving others to reduce anger
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#39	Discuss the need for support and stress difficulties with employer
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#40	Discuss with therapist progress in relational skills, managing mood swings and impulse control
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#41	Identify and explain how occupational problems relate to substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#42	Identify and practice conflict resolution skills that will improve relationship with co-workers/supervisors
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#43	Identify and verbalize feelings related to vocational stress
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#44	Identify and verbalize potential relapse triggers in the workplace
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#45	Identify issues having had an influence on their addiction
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#46	Identify job performance difficulties related to substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#47	Identify the causes for depressed mood and implement a plan to cope with those causes
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#48	Identify the causes for past and present conflicts within the relationship
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#49	Identify the negative consequences of impulsivity and substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#50	Identify the unhealthy rules and roles the client learned in the family of origin
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#51	Identify times that chemical abuse was associated with PTSD symptoms
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#52	Identify with the feelings of others by identifying these feelings in his/her own family of origin
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#53	Identify/list occasions when impulsive action led to substance use and negative consequences
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#54	Illustrate hallucinations experienced that pertain to perceived harm and/or distortions pertaining to the power of self or others
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#55	Improve physical health
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#56	Improve self-esteem by identifying and living a lifestyle consistent with a pro-social value system
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#57	Keep a daily journal of thoughts and emotions and consequent behaviors
Interventions		Same as on Objective #1, Goal #1, Problem #1

SUD TREATMENT PLAN - DIMENSION 5

Objective	#58	Keep a daily log encompassing each situation associated with depressed feelings, resulting behavior, and negative thinking that triggered those feelings and behavior
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#59	Keep a daily log of angry thoughts, outbursts and feelings, including rating the situation on a scale of 1-100
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#60	Learn and practice relaxation skills designed to reduce PTSD symptoms
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#61	Learn and practice skills associated with subject-focused communication
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#62	Learn and practice socially appropriate skills associated with personal appearance
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#63	Learn to develop better interpersonal skills
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#64	List and discuss constructive methods for mood management
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#65	List and discuss the various factors that contributed to substance use/dependence
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#66	List and discuss ways that family of origin issues contribute to anger as a coping mechanism
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#67	List and identify the positive and negative aspects of the current relationship
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#68	List anti-social and substance-related behaviors that resulted in harm to others and a loss of trust
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#69	List anti-social thoughts; then identify healthy replacement thoughts
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#70	List lies used to hide substance dependence
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#71	List negative consequences of substance use/abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#72	List negative consequences of using substances to cope with grief and loss
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#73	List negative emotions that were caused by substance use, or were an excuse for substance use
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#74	List occasions on which anti-social behaviors led to negative consequences, and list decisions leading to those behaviors
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#75	List occasions when peer group influence led to substance use
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#76	List occasions when the living environment led to negative consequences and substance use
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#77	List reasons angry thoughts, feelings and behaviors increase the risk of relapse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#78	List reasons that obeying the law is essential for working on a program of recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#79	List reasons the peer group has to be changed to maintain abstinence
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#80	List reasons to become involved in a new peer group that is supportive of recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#81	List reasons to work on a substance abuse recovery plan
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#82	List skills that will improve ability to cope with current occupation
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#83	List specific living environment problems and write a plan to address each one in recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1

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Objective	#84	List the negative consequences that resulted from using substances to cope with medical problems
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#85	List the thoughts that trigger impulsive behavior and identify replacement thoughts that are accurate, positive, self-enhancing, and adaptive
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#86	List thoughts, feelings, consequences and reasons for substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#87	List triggers and high-risk situations that could lead to relapse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#88	List ways in which manic/hypomanic and associated substance abuse led to negative consequences
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#89	List ways in which manic/hypomanic symptoms led to substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#90	List ways to have fun without using substances
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#91	Make a Discharge Plan up to client's satisfaction
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#92	Make a list of thoughts that trigger angry feelings, and list replacement thoughts
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#93	Make a verbal commitment to help others in an effort to prevent relapse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#94	Make Discharge Plan that will be executed smoothly
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#95	Make follow-up as easy as possible after discharge
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#96	Meet with the physician to decide if medication therapy is needed and cooperate with medication therapy if prescribed
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#97	Participate in a psychiatric evaluation and follow the prescribed medication regimen as directed
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#98	Participate in medical assessment and evaluation for medications
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#99	Participate in psycho-educational testing
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#100	Practice a relaxation exercise at least twice a day, especially when upset or uncomfortable
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#101	Practice drug-refusal exercise in risk situations
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#102	Practice stopping, thinking, listening, and planning before acting
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#103	Prepare a personal recovery plan that addresses all aspects of aftercare
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#104	Process unresolved grief and create a plan to recover from issues of loss
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#105	Role-play saying "no" to substance use with peers in high-risk situation
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#106	Share the feeling of worthlessness that was learned in the home and directly relate this feeling to abuse of substances as a coping mechanism
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#107	Stable housing while in treatment
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#108	Teach significant others about bipolar symptoms and their relationship to chemical dependency
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#109	Teachers' feedback will be positive (both behavior and academic) on a regular basis
Interventions		Same as on Objective #1, Goal #1, Problem #1

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Objective	#110	Tell the story of the lost relationship
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#111	Understand the need for medications, its side effects, and follow medication regimen
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#112	Verbalize a plan to fulfill unmet needs of childhood
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#113	Verbalize an acceptance of the need for breaking ties with the current peer group
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#114	Verbalize an acceptance of the seriousness of medical problems and substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#115	Verbalize an awareness of how anger and fear of abandonment can lead to self-harming behaviors
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#116	Verbalize an awareness of self-defeating thoughts and verbalize how these thoughts can be replaced with self-enhancing thoughts
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#117	Verbalize an understanding of how to effectively communicate wants and needs to others
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#118	Verbalize an understanding of how using drugs or alcohol served as a means of psychological escape from the emotional pain associated with childhood traumas
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#119	Verbalize an understanding of substance use as a contributing factor in the development of the medical problem
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#120	Verbalize an understanding of techniques for healthy conflict resolution
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#121	Verbalize an understanding of the medical problem and the need for medical management
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#122	Verbalize an understanding of the relationship between negative thoughts and emotions and illegal behavior
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#123	Verbalize an understanding of the relationship between substance abuse and legal problems
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#124	Verbalize current and historical thoughts and feelings associated with the events of the traumatic experience
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#125	Verbalize how anti-social thoughts and beliefs are used to avoid responsibility and to blame others
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#126	Verbalize instances of impulsive behaviors and identify and demonstrate skills of stopping, thinking and planning before acting
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#127	Verbalize the feelings of losing the old peer group and identify ways to deal with those with a new group
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#128	Verbalize the unhealthy rules and roles learned in the family of origin
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#129	Verbalize thinking errors, criminal thinking and anti-social behaviors that lead to illegal activities
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#130	Verbally identify signs and symptoms of mania/hypomania and how these relate to substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#131	Voice an understanding of how depression contributes to substance abuse and/or other destructive acts and vice-versa
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#132	Write a letter to relationship partner asking for support in recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1

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Objective	#133	Write a letter to significant others, discussing problems with the living environment and asking for assistance in recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#134	Write a personal recovery plan detailing the recovery groups, aftercare, and ongoing counseling needed after treatment
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#135	Write a personal recovery plan that includes compliance with recommended medical treatment and medications
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#136	Write a plan that includes commitment to attendance at support groups and further treatment when necessary
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#137	Write a plan to increase pleasurable activities spent with the significant other
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#138	Write a plan to increase social interaction with old friends and make new ones
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#139	Write a substance abuse recovery plan that addresses changes in behavior and cognition necessary to avoid further legal problems and that substitutes pro-social behavior for anti-social behavior
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#140	Write a substance abuse recovery plan which involves consistently attending recovery services and supporting others in recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#141	Write a substance abuse recovery plan which involves consistently attending recovery services, supporting others in recovery, and adherence to medication therapy
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#142	Write down identified issues and verbalize them in group and with therapist
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#2	Accept responsibility for legal problems
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#3	Commit and follow through with an aftercare program designed to maintain recovery from PTSD and chemical dependency
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#4	Create a plan to change occupations/employment to decrease chances of relapse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#5	Create a social, occupational, financial and living situation sufficiently safe to provide a reasonable probability of continued
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#6	Create new interests outside retirement or employment setting
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#7	Demonstrate fulfilling and pro-social lifestyle
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#8	Demonstrate pro-social behaviors
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#9	Demonstrate resolution of unresolved conflicts associated with childhood abuse or neglect
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#10	Develop a Discharge Plan to address client needs
Objectives		Same as on Goal #1, Problem #1

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Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#11	Develop a new peer group that is drug free and supportive of recovery
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#12	Develop a peer/family group that is supportive of recovery
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#13	Develop skills to maintain open, effective communication and appropriate intimacy
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#14	Develop skills to manage anger in a healthy way
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#15	Develop skills to reduce impulsivity
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#16	Develop sober coping skills to manage mood swings
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#17	Engage in self-affirming rather than self-destructive behaviors
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#18	Establish confidence in getting rid of their alcohol abuse habit
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#19	Establish confidence in getting rid of their drug abuse habit
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#20	Eventually be able to talk to a lawyer
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#21	Gain confidence in learning job skills
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#22	Gain confidence in self support
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#23	Gain self-esteem
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#24	Gain the legal knowledge associated with their problems
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#25	Get rid of excessive distrust of others
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#26	Identify issues having an influence on their addiction
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#27	Identify the negative effects of medical issues on recovery and develop a plan to deal with each of them
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#28	Improve mood and develop a recovery plan free from illicit substance usage
Objectives		Same as on Goal #1, Problem #1

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Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#29	Improve physical health
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#30	Increase personal control over impulses, manage energy more effectively and stabilize mood
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#31	Increase thoughts and feelings of self-worth and self-acceptance
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#32	Learn about the process of addiction and recovery
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#33	Learn and demonstrate healthy communication skills
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#34	Learn and practice coping skills associated with recovery from PTSD and chemical dependency
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#35	Learn interpersonal relationship skills
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#36	Learn necessary skills to establish a quality life free from mood-altering substances
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#37	Learn skills necessary to make and maintain new friends who are not substance abusers
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#38	Learn the destructive nature of alcohol abuse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#39	Learn the destructive nature of drug abuse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#40	Learn the legal problems they face and understand the seriousness of the violation
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#41	Learn the legal procedures associated with their problems
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#42	Learn to change their addictive lifestyle
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#43	Learn to maintain a sober and law-abiding lifestyle
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#44	Maintain a program of recovery free from substance abuse and the negative impact of the environment
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#45	Maintain abstinence and initiate a program of recovery
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#46	Obtain support for treatment and recovery in the work environment through education and communication

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Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#47	Other. See Comments.
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#48	Overcome weakness in getting a job that fits their skills
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#49	Patient will resolve emotions associated with the trauma and end the negative impact on current functioning
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#50	Program compliance
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#51	Reduce medical issue's influence on relapse potential
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#52	Reduce/eliminate substance abuse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#53	Relapse prevention/maintaining abstinence
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#54	Resolve existing legal conflicts
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#55	Resolve feelings surrounding grief and loss
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#56	Return to normal functioning in affect, thinking, relating, and behaving
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#57	Stabilize functioning sufficient for referral to a less intensive level of care
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#58	Stabilizing and assessment
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#59	Stable housing while in treatment
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#60	Step-by-step plan to get rid of their habit
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#61	Thoughts of self-worth and self-esteem will increase through learning how to forgive perpetrators
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#62	Understand how narcissistic traits create a high risk of relapse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#63	Understand how narcissistic traits have contributed to substance abuse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#64	Understand how occupational stress is related to substance abuse

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Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#65	Understand the connection between continued illegal activity and relapse into substance abuse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#66	Understand the negative impact of the current environment on recovery
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#67	Understand the relationship between medical issues and substance abuse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#68	Understand the relationship between substance abuse and partner relational conflicts
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#69	Understand the relationship between substance abuse and legal problems
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#70	Utilize mood management skills on a consistent basis
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#71	Verbally identify the relationship between PTSD and chemical dependency
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#72	Withdraw and abstain from mood-altering substances
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#2	Changing one's lifestyle to support substance abuse
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#3	Client can go home
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#4	Client is recovered
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#5	Co-dependency
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#6	Denial and minimization of the problems that substance use has caused
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#7	Destructive
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1

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Problem	#8	Dimension 5 - Client reported a significant history of substance use problems and poor skills to cope with and interrupt addiction problems or to avoid or limit relapse or continued use
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#9	Evidence of childhood trauma which significantly impairs biopsychosocial functioning
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#10	High risk behavior
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#11	Inability to stop or cut down substance use in spite of negative consequences
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#12	Living environment creates a high risk for relapse
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#13	Negative emotions surrounding medical illness led to substance abuse
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#14	Negative legal, financial, employment, relationship or health consequences of substance use
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#15	Not punctual
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#16	Opioid abuse and dependence
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#17	Other. See Comments.
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#18	Parole
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#19	Patient uses mood-altering chemicals to self-medicate medical problems
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1

SUD TREATMENT PLAN - DIMENSION 5

Problem	#20	Probation
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#21	Probation before judgement
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#22	Relapse into use after treatment or periods of sobriety
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#23	Stet
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#24	Unresolved legal issues and/or illegal behavior profoundly impairs the ability to function
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1

SUD TREATMENT PLAN - DIMENSION 6

DIMENSION 6 - Recovery / Living Environment		
Problem	#1	A pattern of relationship abuse or abusive relationships
Goal	#1	Abstain from illicit alcohol use
Objective	#1	Abstain from using drugs
Intervention	#1	Abstain from alcohol and other addictive drug use
Intervention	#2	Allow client to be involved in making Discharge Plan
Intervention	#3	Attend and fully participate in groups during a week
Intervention	#4	Attend and fully participate in relapse prevention group on a weekly basis
Intervention	#5	Attend education group - specifically: Family Issues Class or equivalent
Intervention	#6	Become financially secure
Intervention	#7	Case management
Intervention	#8	Choose home group, sponsor, and service position
Intervention	#9	Client centered
Intervention	#10	Comply with all recommended psychiatric treatment including medications
Intervention	#11	Consolidate treatment results for a rapid discharge
Intervention	#12	Develop a clean and sober lifestyle during methadone maintenance
Intervention	#13	Develop a support system to enhance recovery
Intervention	#14	Develop an understanding of the impact AOD use has on the family
Intervention	#15	Develop knowledge of addiction and process of recovery
Intervention	#16	Family & couples counseling as needed
Intervention	#17	Family therapy
Intervention	#18	Group counseling
Intervention	#19	Group therapy
Intervention	#20	Have arrangements for client to go home
Intervention	#21	Identify and apply for employment opportunities that are supportive of recovery
Intervention	#22	Improve physical health
Intervention	#23	Increase self-knowledge of drug and alcohol use patterns
Intervention	#24	Individual counseling
Intervention	#25	Individual therapy
Intervention	#26	Maintain appropriate employment
Intervention	#27	Meet with client's parents to work out the plan
Intervention	#28	Meet with therapist at least once a week to discuss recovery
Intervention	#29	Meet with vocational counselor to develop a vocational plan
Intervention	#30	Milieu therapy
Intervention	#31	Obtain medical treatment or follow-up for any identified physical problems
Intervention	#32	Read and receive feedback on relapse prevention plan
Intervention	#33	Recreational therapy
Intervention	#34	Refer client to the Abused Persons Program for specialized treatment
Intervention	#35	Remove barriers to obtaining stable income by application to Social Services
Intervention	#36	Skill development
Intervention	#37	UA's and BA's
Intervention	#38	Use increased knowledge of patterns of use to self-diagnose
Objective	#2	Attend regular therapies
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#3	Attend school consistently
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#4	Become a fully participating member of the treatment community by attending therapy groups daily
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#5	Client plans to have consistent drug-free urinalyses as measured by random urinalyses
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#6	Client plans to identify cravings/urges to abuse substances
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#7	Client plans to identify initial skills/strengths toward establishing abstinence

SUD TREATMENT PLAN - DIMENSION 6

Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#8	Client plans to identify stressors that may lead to substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#9	Client plans to identify two coping mechanisms to drug cravings/urges
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#10	Client plans to meet with counselor to identify recovery progress
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#11	Complete assignments and turn them in
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#12	Contact appropriate authorities and make plans to resolve all legal issues
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#13	Cooperate with teaching staff
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#14	Create and follow a routine exercise/well-being program
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#15	Describe the problems caused by mood-altering substances
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#16	Develop a plan to deal with each high risk situation or trigger
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#17	Develop a plan to establish how to react to family members who are addicted
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#18	Develop and present a leisure skills plan for after treatment
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#19	Devise a transition plan that is in agreement with others significantly involved in her/his treatment
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#20	Discuss alternative ways to deal with stress than using substances
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#21	Discuss current living environment problems and make plans for recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#22	Discuss reasons for using substances and identify alternative coping strategies
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#23	Discuss the consequences of anger and the need for forgiving others to reduce anger
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#24	Discuss the need for support and stress difficulties with employer
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#25	Discuss with therapist progress in relational skills, managing mood swings and impulse control
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#26	Enable discharge as soon as possible
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#27	Identify and explain how occupational problems relate to substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#28	Identify and practice conflict resolution skills that will improve relationship with co-workers/supervisors
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#29	Identify and verbalize feelings related to vocational stress
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#30	Identify and verbalize how family of origin issues led to poor self-esteem and a sense of failure and rejection
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#31	Identify and verbalize potential relapse triggers in the workplace
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#32	Identify job performance difficulties related to substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#33	Identify problem ownership in conflict in the employment setting
Interventions		Same as on Objective #1, Goal #1, Problem #1

SUD TREATMENT PLAN - DIMENSION 6

Objective	#34	Identify the causes for past and present conflicts within the relationship
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#35	Identify the negative consequences of impulsivity and substance abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#36	Identify the unhealthy rules and roles the client learned in the family of origin
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#37	Identify with the feelings of others by identifying these feelings in his/her own family of origin
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#38	Improve self-esteem by identifying and living a lifestyle consistent with a pro-social value system
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#39	Keep a daily log encompassing each situation associated with depressed feelings, resulting behavior, and negative thinking that triggered those feelings and behavior
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#40	Learn and practice skills associated with subject-focused communication
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#41	Learn and practice socially appropriate skills associated with personal appearance
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#42	Learn to develop better interpersonal skills
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#43	Let teachers know if s/he is distracted or inattentive
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#44	List and discuss the various factors that contributed to substance use/dependence
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#45	List and discuss ways that family of origin issues contribute to anger as a coping mechanism
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#46	List and identify the positive and negative aspects of the current relationship
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#47	List anti-social and substance-related behaviors that resulted in harm to others and a loss of trust
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#48	List changes that each partner must make to restore the relationship
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#49	List five ways substance abuse and occupational problems are related
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#50	List negative consequences of substance use/abuse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#51	List new ways to reinforce self without depending on others for reward
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#52	List occasions in which relationship conflicts led to substance use
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#53	List occasions on which anti-social behaviors led to negative consequences, and list decisions leading to those behaviors
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#54	List occasions when peer group influence led to substance use
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#55	List occasions when the living environment led to negative consequences and substance use
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#56	List reasons the peer group has to be changed to maintain abstinence
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#57	List reasons to become involved in a new peer group that is supportive of recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#58	List skills that will improve ability to cope with current occupation
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#59	List specific living environment problems and write a plan to address each one in recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#60	List triggers and high-risk situations that could lead to relapse

SUD TREATMENT PLAN - DIMENSION 6

Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#61	List ways to have fun without using substances
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#62	Look for employment opportunities
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#63	Make a Discharge Plan that will be executed smoothly
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#64	Make a Discharge Plan up to client's satisfaction
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#65	Make follow-up as easy as possible after discharge
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#66	Make a verbal commitment to help others in an effort to prevent relapse
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#67	Make client willing to work
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#68	Meet with the significant other to listen to their perspective on the relational conflicts
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#69	Prepare a personal recovery plan that addresses all aspects of aftercare
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#70	Role-play saying "no" to substance use with peers in high-risk situation
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#71	Share the feeling of worthlessness that was learned in the home and directly relate this feeling to abuse of substances as a coping mechanism
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#72	Social communication is coherent, affect-appropriate, subject-focused, logical, organized, and reality-based
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#73	Teach significant others about bipolar symptoms and their relationship to chemical dependency
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#74	Teachers' feedback will be positive (both behavior and academic) on a regular basis
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#75	Tell the story of the lost relationship
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#76	Understand and accept transition planning entailing a structured, supervised living situation
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#77	Verbalize a plan to fulfill unmet needs of childhood
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#78	Verbalize a trust in others contrary to earlier beliefs of mistrust or self-harm
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#79	Verbalize acceptance for appropriate responsibility in relationship problems and in choosing substance abuse as a means of coping with the relationship conflicts
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#80	Verbalize an acceptance of the need for breaking ties with the current peer group
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#81	Verbalize an understanding of how to effectively communicate wants and needs to others
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#82	Verbalize an understanding of techniques for healthy conflict resolution
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#83	Verbalize instances of impulsive behaviors and identify and demonstrate skills of stopping, thinking and planning before acting
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#84	Verbalize the dysfunctional thoughts, feelings and behaviors that were used to protect self in the family of origin
Interventions		Same as on Objective #1, Goal #1, Problem #1

SUD TREATMENT PLAN - DIMENSION 6

Objective	#85	Verbalize the feelings of losing the old peer group and identify ways to deal with those with a new group
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#86	Verbalize the unhealthy rules and roles learned in the family of origin
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#87	Verbalize ways to meet financial and social needs without engaging in illegal activities
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#88	Write a letter to relationship partner asking for support in recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#89	Write a letter to significant others, discussing problems with the living environment and asking for assistance in recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#90	Write a letter to the significant other describing feelings about the relationship
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#91	Write a personal recovery plan detailing the recovery groups, aftercare, and ongoing counseling needed after treatment
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#92	Write a plan for meeting social and emotional needs during separation and divorce
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#93	Write a plan that includes commitment to attendance at support groups and further treatment when necessary
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#94	Write a plan to increase pleasurable activities spent with the significant other
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#95	Write a plan to increase social interaction with old friends and make new ones
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#96	Write a substance abuse recovery plan that addresses changes in behavior and cognition necessary to avoid further legal problems and that substitutes pro-social behavior for anti-social behavior
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#97	Write a substance abuse recovery plan which involves consistently attending recovery services and supporting others in recovery
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#98	Write a substance abuse recovery plan which involves consistently attending recovery services, supporting others in recovery, and adherence to medication therapy
Interventions		Same as on Objective #1, Goal #1, Problem #1
Objective	#99	Write down identified issues and verbalize them in group and with therapist
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#2	Accept the need for long-term abstinence and initiate a recovery program
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#3	Address past childhood and family issues to alleviate fear, anger, and depression and to allow greater self-esteem and confidence
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#4	Attend public meetings without being afraid
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#5	Be able to live peacefully with spouse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#6	Be able to recognize problems in dealing with co-workers
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#7	Be able to recognize problems in dealing with the supervisor
Objectives		Same as on Goal #1, Problem #1

SUD TREATMENT PLAN - DIMENSION 6

Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#8	Be responsible for relationship
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#9	Commit and follow through with an aftercare program designed to maintain recovery from PTSD and chemical dependency
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#10	Create a plan to change occupations/employment to decrease chances of relapse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#11	Create a social, occupational, financial and living situation sufficiently safe to provide a reasonable probability of continued recovery
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#12	Create new interests outside retirement or employment setting
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#13	Demonstrate fulfilling and pro-social lifestyle
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#14	Demonstrate pro-social behaviors
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#15	Develop a Discharge Plan to address client needs
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#16	Develop a new peer group that is drug free and supportive of recovery
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#17	Develop a peer/family group that is supportive of recovery
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#18	Develop skills to maintain open, effective communication and appropriate intimacy
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#19	Develop skills to manage anger in a healthy way
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#20	Develop skills to reduce impulsivity
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#21	Develop sober coping skills to manage mood swings
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#22	Gain confidence in learning job skills
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#23	Gain confidence in self support
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#24	Gain self-esteem
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#25	Improve mood and develop a recovery plan free from illicit substance usage

SUD TREATMENT PLAN - DIMENSION 6

Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#26	Learn and demonstrate healthy communication skills
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#27	Learn and practice coping skills associated with recovery from PTSD and chemical dependency
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#28	Learn interpersonal relationship skills
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#29	Learn necessary skills to establish a quality life free from mood-altering substances
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#30	Learn skills necessary to make and maintain new friends who are not substance users
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#31	Learn to change their addictive lifestyle
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#32	Learn to maintain a sober and law-abiding lifestyle
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#33	Maintain a program of recovery free from substance abuse and the negative impact of the environment
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#34	Maintain abstinence and initiate a program of recovery
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#35	Obtain acceptable citizenship marks
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#36	Obtain credits toward advancement to the next grade level
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#37	Obtain support for treatment and recovery in the work environment through education and communication
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#38	Other. See Comments.
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#39	Overcome weakness in getting a job that fits their skills
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#40	Program compliance
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#41	Reduce/eliminate substance abuse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#42	Relapse prevention/maintaining abstinence
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1

SUD TREATMENT PLAN - DIMENSION 6

Goal	#43	Score passing and/or improved grades
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#44	Stabilize functioning sufficient for referral to a less intense level of care
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#45	Stable housing while in treatment
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#46	Step-by-step plan to get rid of their habit
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#47	Thoughts of self-worth and self-esteem will increase through learning how to help others
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#48	Understand how occupational stress is related to substance abuse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#49	Understand the connection between continued illegal activity and relapse into substance abuse
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#50	Understand the negative impact of the current environment on recovery
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#51	Utilize mood management skills on a consistent basis
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Goal	#52	Withdraw and abstain from mood-altering substances
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#2	Client can go home
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#3	Client is recovered
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#4	Court date pending
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#5	Dimension 6 - Client reported a significant history of problems in the recovery environment but with clinical support and probation supervision the client is able to cope with the living situation and negative influences of peers
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#6	Disengagement
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1

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Problem	#7	Incarceration
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#8	Insufficient education
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#9	Isolation
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#10	Lack of ability to establish and maintain meaningful interpersonal relationships
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#11	Lack of employment/job skills
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#12	Lack of training
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#13	Lacks adequate resources/skills to provide adequate food and shelter
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#14	Living environment creates a high risk for relapse
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#15	Living environment has a high risk of physical, sexual or emotional abuse
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#16	Not punctual
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#17	Other. See Comments.
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#18	Parole
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#19	Peer group is involved in illegal activity and/or substance abuse

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Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#20	Peer group is not supportive of recovery from substance abuse
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#21	Peer group members use drugs/alcohol and are not supportive of recovery
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#22	Poor grades, misconduct, attendance problems, and/or other school-related problems caused by substance abuse and/or other personal issues
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#23	Probation
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#24	Probation before judgement
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#25	Problems in marital or partner relationships due to substance abuse
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#26	Relationships, family, social
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#27	Significant others are not supportive of recovery
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#28	Social life is characterized by significant social isolation and/or withdrawal
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#29	Stet
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1
Problem	#30	Unemployment, underemployment, and/or work-related problems caused by substance abuse and/or other personal issues
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1

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Problem	#31	Unresolved legal issues and/or illegal behavior profoundly impairs the ability to function
Goals		Same as on Problem #1
Objectives		Same as on Goal #1, Problem #1
Interventions		Same as on Objective #1, Goal #1, Problem #1