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**To:** Primary Care Physicians, Mental Health Clinics, Psychosocial Rehabilitation Agencies, Nurse Practitioners, Physician Assistants, and Clinical Nurse Specialists

**From:** Leslie M. Clement, Administrator  
Division of Medicaid 

**Subject:** Family psychotherapy without the participant present

This information release describes billing and service requirements for providing family psychotherapy without the participant present. Medicaid will pay for family psychotherapy services without the participant present when they meet the requirements detailed in this release for dates of service beginning January 1, 2008.

Family psychotherapy services must be delivered in accordance with the goals of treatment, as specified in the individual treatment plan. The focus of family psychotherapy is based on the dynamics within the family structure as they relate to the participant. Family psychotherapy without the participant present must:

- Be face-to-face with at least one family member present.
- Focus on the participant.
- Use an evidence-based treatment model.

Evidence-based treatment models are described at: [www.nrepp.samhsa.gov/](http://www.nrepp.samhsa.gov/). Use the following code for billing family psychotherapy services without the participant present.

- 90846 - Family psychotherapy without the participant present. Physicians should use the UA modifier when billing this code in order to obtain the physician rate of reimbursement.

If you have any questions regarding this information, please contact the Office of Mental Health and Substance Abuse at: (208) 364-1813. Thank you for your continued participation in the Idaho Medicaid Program.