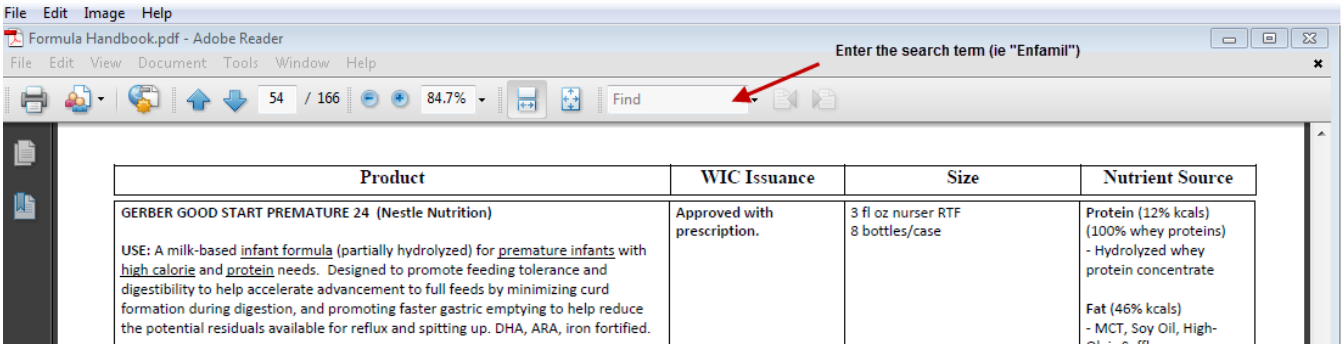
Idaho WIC Formula Handbook

- How to Conduct a Search in the Formula Handbook
- Federal Regulations Tables for Maximum Monthly Allowance and How to Determine the Maximum Monthly Allowance.
- Formula Process Flow Chart
- Contact Information for Medical supply and Medicaid
- Policy Reminders
- Formulas Provided by the Idaho WIC Program
    - Exempt formulas and Medical foods
- Product Guide
    - Description of Formulas and Medical foods

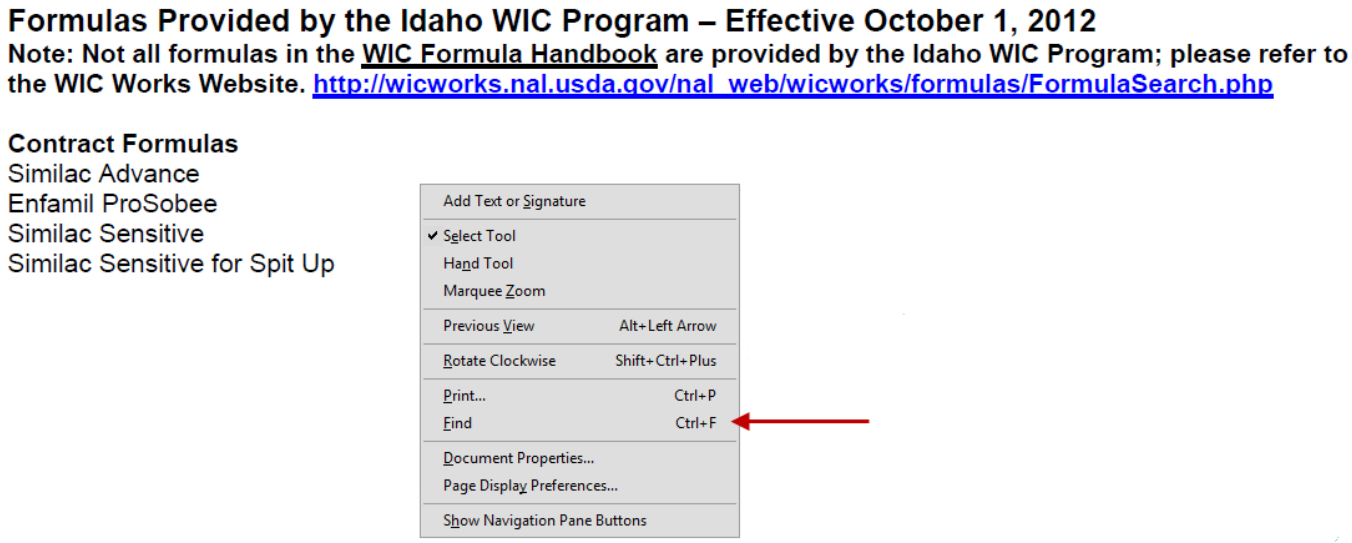
How to Conduct a Search in the Formula Handbook

Three possible ways to use Find function with the Formula Handbook:

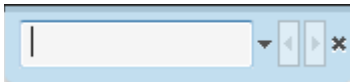
1. Bring up the Formula Handbook:
   - If your display looks the same as the picture below do the following:
     - Enter the term in the Find field (see red arrow)
     - Hit enter
       - The term that you are searching for will be highlighted in the text
       - There may be more than one result for your search, if this is the case Hit Enter until you find the correct example

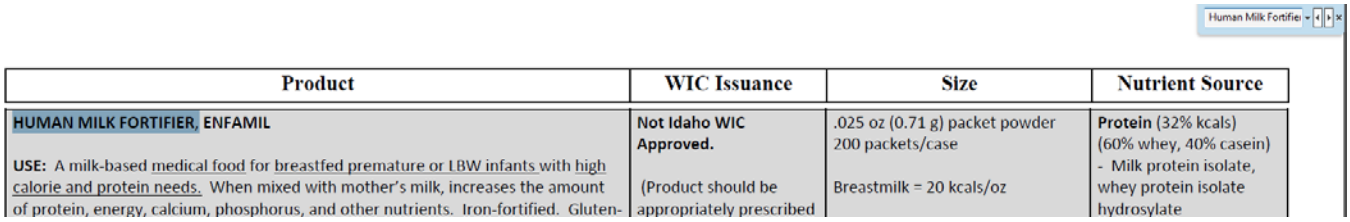


2. Bring up the Formula Handbook:
   - If you do not have the Find field, then you will need to Right Mouse Click. When a pop-up displays select Find (see red arrow)



- This should display in the upper right hand corner of the PDF document
- Enter your search term in the blank field and then hit enter

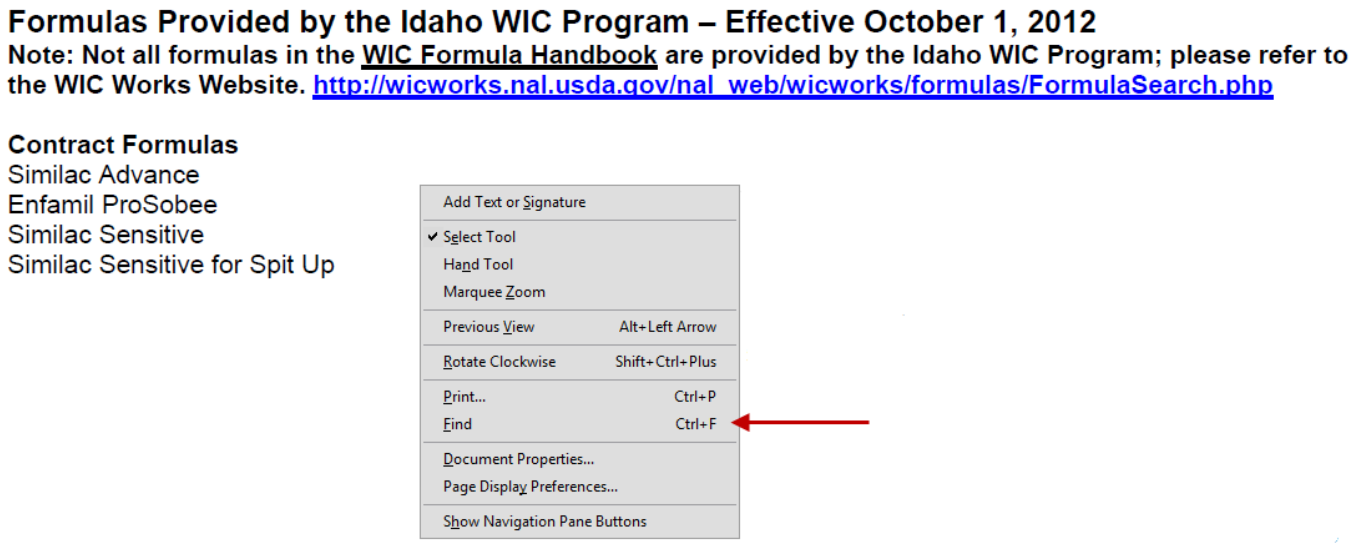




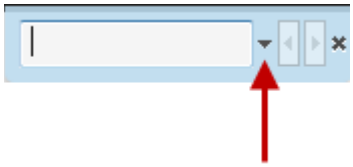
Product	WIC Issuance	Size	Nutrient Source
HUMAN MILK FORTIFIER, ENFAMIL USE: A milk-based medical food for breastfed premature or LBW infants with high calorie and protein needs. When mixed with mother's milk, increases the amount of protein, energy, calcium, phosphorus, and other nutrients. Iron-fortified. Gluten-	Not Idaho WIC Approved. (Product should be appropriately prescribed	.025 oz (0.71 g) packet powder 200 packets/case Breastmilk = 20 kcals/oz	Protein (32% kcals) (60% whey, 40% casein) - Milk protein isolate, whey protein isolate hydrosylate

  - The term that you are searching for will be highlighted in the text
  - There may be more than one result for your search, if this is the case Hit Enter until you find the correct example

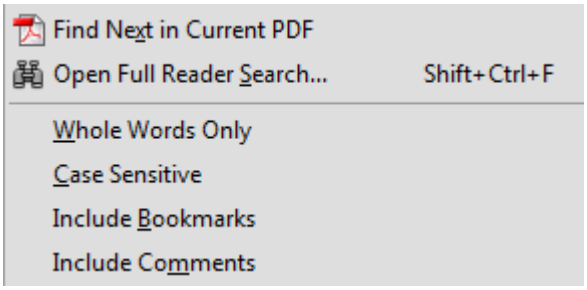
3. The third search is very close to the second but with a twist. Bring up the Formula Handbook:
   - Right Mouse Click. When a pop-up displays select Find (see red arrow)



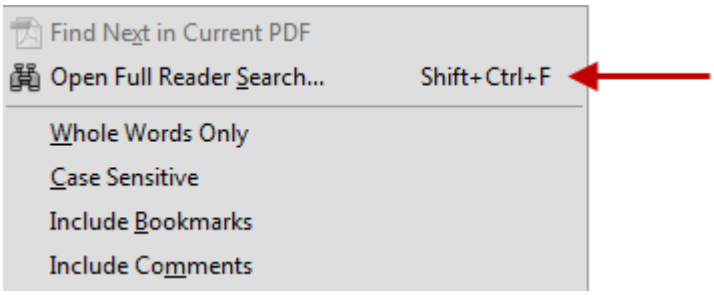
- This should display in the upper right hand corner of the PDF document
- Click on the dropdown arrow



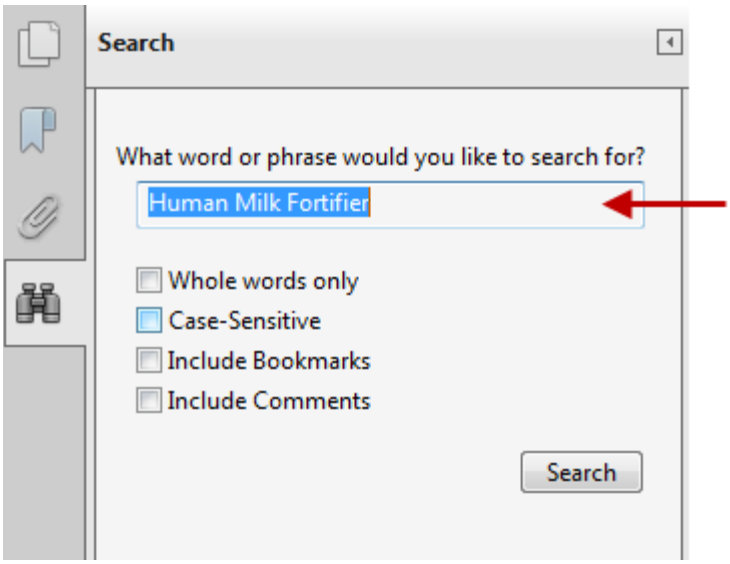
- This pop-up allows the user to choose different methods for the search



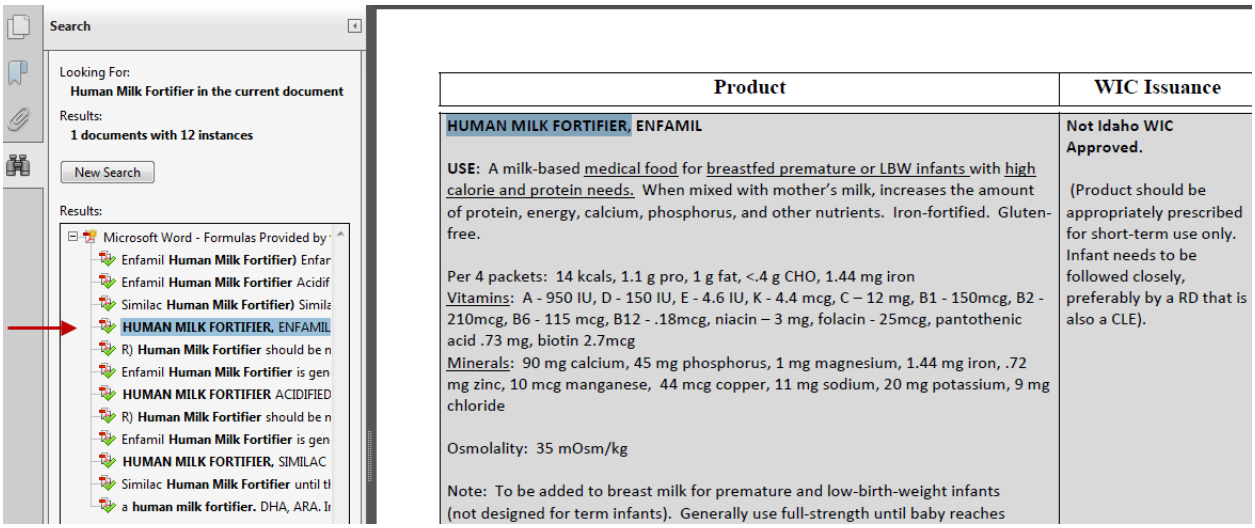
- Click on Open Full Reader Search



- Enter Search term
- Click on Search



- This view will display
- To select/move to a different instance of the search term click on a line item



Federal Regulations: Maximum Monthly Allowance

- The following tables list the maximum monthly allowances for supplemental foods for Infants, Women and Children per federal regulation [7 CFR 246.10 (e) (9) *Maximum monthly allowances of supplemental foods for infants.*]
- The federal regulations consider partial breastfeeding as 50%, please refer to the Idaho WIC Policy Manual in Chapter 6 Section A for supplemental formula use for Breastfeeding at 25% and 75% breastfeeding.
- Similar information can be found in the Idaho WIC Policy Manual in Chapter 7 Sections A and B.

Determining the Maximum Monthly Allowance

- **What is the maximum formula amount?**
  - To calculate the amount of formula allowable, use the following tables:
    - Infants: Table 1
      - Locate the appropriate column based on the participant's breastfeeding level and age.
      - Within the column, locate the appropriate letter (A, B or C) based on age of the infant.
      - Find the maximum monthly allowance of WIC formula for the appropriate formula type (liquid concentrate, ready to feed (RTF) or powder)
    - Children and Women: Table 3
      - Locate the appropriate column based on category.
      - Find the maximum monthly allowance of WIC Formula.
      - Convert the liquid concentrate amount into reconstituted amount.
        - To do this multiply the liquid concentrate amount by 2. Liquid concentrate to water reconstitution ratio is 1:1.
          - Ex: the maximum WIC formula amount for a child is 455 fl oz liquid concentrate. To get the reconstituted amount, multiply 455 fl oz x 2 = 910 fl oz

- **How many cans of the product can WIC provide?**
  - On the Product Guide, find the reconstituted amount for the product. The reconstituted amount is per can size.
    - If the can size amount is listed as RTF or brik pack, use this amount as the reconstituted amount.
    - If reconstituted amount is unavailable, use the prescription to determine how the product is being reconstituted.
  - Divide the maximum formula amount found in the federal regulation table (directions provided above) by the reconstituted amount (found in the product guide).
  - If the quotient is not a whole number, <u>round down to get the number of cans that can be issued.</u>
    - For example, 910 fl oz /102 fl oz = 8.92. The participant can be issued 8 cans.

Table 1 – Maximum Monthly Allowances Of Supplemental Foods For Infants In Food Packages I, II, And III.

Foods [1]	Fully formula fed (FF)		Partially breastfed (BF/FF)		Fully breastfed (BF)	
	Food packages I-FF & III–FF A: 0 through 3 months B: 4 through 5 months	Food packages II–FF & III–FF 6 through 11 months	Food packages I-BF/FF & III BF/FF A: 0 to 1 month [2] B: 1 through 3 months [2] C: 4 through 5 months	Food packages II- BF/FF & III BF/FF 6 through 11 months	Food package I–BF 0 through 5 months	Food package II–BF 6 through 11 months
WIC Formula [4 5 6 7].	A: 806 fl oz reconstituted liquid concentrate or 832 fl. oz. RTF or 870 fl oz reconstituted powder. B: 884 fl oz reconstituted liquid concentrate or 896 fl. oz. RTF or 960 fl oz reconstituted powder.	624 fl. oz. reconstituted liquid concentrate or 640 fl. oz. RTF or 696 fl oz reconstituted powder.	A: 104 fl oz reconstituted powder [3]. B: 364 fl oz reconstituted liquid concentrate or 384 fl oz RTF or 435 fl oz reconstituted powder. C: 442 fl. oz. reconstituted liquid concentrate or 448 fl. oz. RTF or 522 fl oz reconstituted powder.	312 fl. oz. reconstituted liquid concentrate or 320 fl. oz. RTF or 384 fl oz reconstituted powder.		
Infant cereal [8]	.....	24 oz	.....	24 oz	.....	24 oz.
Infant food fruits and vegetables [8 9 10].	.....	128 oz	.....	128 oz	.....	256 oz.
Infant food meat [8 10].	.....	.....	.....	.....	.....	77.5 oz.

Table 1 Footnotes: (Abbreviations in order of appearance in table): FF = fully formula fed; BF/FF = partially breastfed (*i.e.*, the infant is breastfed but also receives formula from the WIC Program); BF = fully breastfed (*i.e.*, the infant receives no formula through the WIC program).

[1] Table 4 describes the minimum requirements and specifications for the supplemental foods.

[2] The powder form is the form recommended for partially breastfed infants ages 0 through 3 months in Food Package I.

[3] Liquid concentrate and ready-to-feed (RTF) may be substituted at rates that provide comparable nutritive value.

[4] WIC formula means infant formula, exempt infant formula, or WIC-eligible medical food. Only infant formula may be issued for infants in Food Packages I and II. Exempt infant formula may only be issued for infants in Food Package III.

[5] The maximum monthly allowance is specified in reconstituted fluid ounces for liquid concentrate, RTF liquid, and powder forms of infant formula and exempt infant formula. Reconstituted fluid ounce is the form prepared for consumption as directed on the container.

[6] If powder infant formula is provided, State agencies must provide at least the number of reconstituted fluid ounces as the maximum allowance for the liquid concentrate form of the same product in the same Food Package up to the maximum monthly allowance for powder. State agencies must issue whole containers that are all the same size.

Table 3 – Maximum Monthly Allowances Of Supplemental Foods For Children and Women In Food Package III.

Foods [1]	Children	Women		
	1 through 4 years	Pregnant and partially breastfeeding (up to 1 year postpartum) [2]	Postpartum (up to 6 months postpartum) [3]	Fully breastfeeding (up to 1 year postpartum) [4 5]
Juice, single strength [6].	128 fl oz	144 fl oz	96 fl oz	144 fl oz.
WIC Formula [7 8]	455 fl oz liquid concentrate.	455 fl oz liquid concentrate.	455 fl oz liquid concentrate.	455 fl oz liquid concentrate.
Milk	16 qt [9 10 11 12]	22 qt [9 10 13 14]	16 qt [9 10 13 14]	24 qt [9 10 13 14].
Breakfast cereal [15 16].	36 oz	36 oz	36 oz	36 oz.
Cheese	N/A	N/A	N/A	1 lb.
Eggs	1 dozen	1 dozen	1 dozen	2 dozen.
Fruits and vegetables [17 18].	$6.00 in cash value vouchers.	$10.00 in cash value vouchers.	$10.00 in cash value vouchers.	$10.00 in cash value vouchers.
Whole wheat bread [19].	2 lb	1 lb	N/A	1 lb.
Fish (canned)	N/A	N/A	N/A	30 oz.
Legumes, dry [20]	1 lb	1 lb	1 lb	1 lb.
And/or	Or	And	Or	And
Peanut butter	18 oz	18 oz	18 oz	18 oz.

Table 3 Footnotes: N/A = the supplemental food is not authorized in the corresponding food package.

[1] Table 4 of paragraph (e)(12) of this section describes the minimum requirements and specifications for the supplemental foods.

[2] Food Package V is issued to two categories of WIC participants—women participants with singleton pregnancies and breastfeeding women whose partially breastfed infants receive formula from the WIC Program in amounts that do not exceed the maximum formula allowances for Food Packages I–BF/FF–A, I–BF/FF–B, I–BF/FF–C, or II–BF/FF, as appropriate for the age of the infant as described in Table 1 of paragraph (e)(9) of this section.

[3] Food Package VI is issued to two categories of WIC participants—non-breastfeeding postpartum women and breastfeeding postpartum women whose partially breastfed infants receive more than the maximum formula allowances for Food Packages I–BF/FF–A, I–BF/FF–B, I–BF/FF–C or II–BF/FF, as appropriate for the age of the infant as described in Table 1 of paragraph (e)(9) of this section.

[4] Food Package VII is issued to three categories of WIC participants—fully breastfeeding women whose infants do not receive formula from the WIC Program; women pregnant with two or more fetuses; and women fully or partially breastfeeding multiple infants.

[5] Women fully breastfeeding multiple infants are prescribed 1.5 times the maximum allowances.

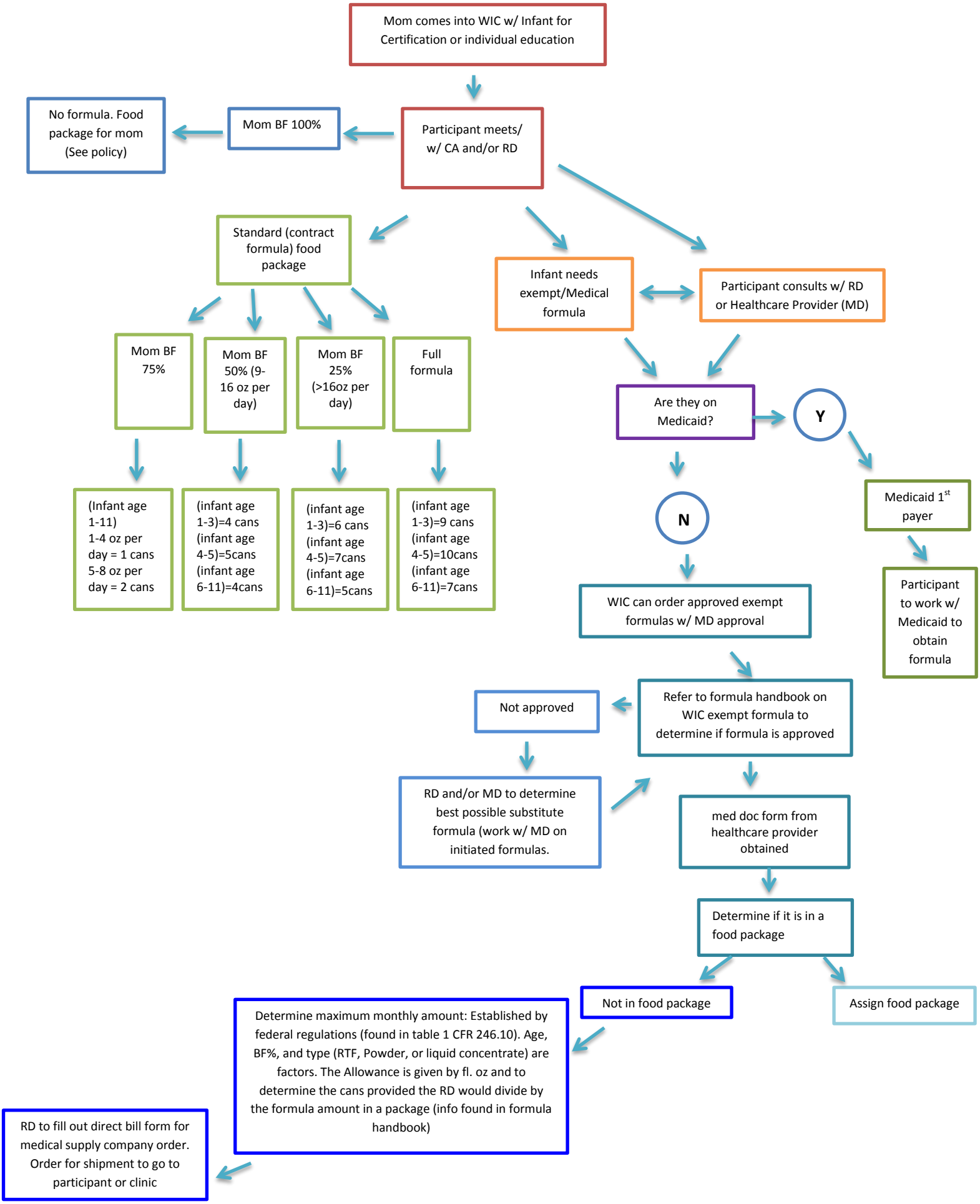
[6] Combinations of single-strength and concentrated juices may be issued provided that the total volume does not exceed the maximum monthly allowance for single-strength juice.

[7] WIC formula means infant formula, exempt infant formula, or WIC-eligible medical food.

[8] Powder and Ready-to-Feed may be substituted at rates that provide comparable nutritive value.

[9] Whole milk, as specified in FDA standards, is the only type of milk allowed for 1-year-old children (12 through 23 months). Reduced fat milks, as specified in FDA standards, i.e., 2% milk fat, are the only types of milk allowed for children > 24 months of age and women. With medical documentation, whole milk may be substituted for reduced fat milk for children > 24 months of age and women.

WIC Formula Process:



Contact Information

- Contact information related to exempt infant formulas and WIC-eligible medical foods. For Medicaid, please refer participants to https://www.idmedicaid.com/Default.aspx or DME website at www.dme.idaho.gov.

Policy Reminders

Food Package 3:

- Food packages have been created in the computer system for contract brand infant formulas for children over the age of 1, exempt infant formulas and WIC-eligible medical foods.
- Exempt infant formulas/WIC-eligible medical foods that do not have a food package are ordered through a medical supply company that has a Memorandum of Understanding with the Idaho WIC program using a Direct Bill form. Refer to the Idaho WIC Policy and Procedure manual about using a Direct Bill form.
- Participants receiving Food Package 3 can also receive all WIC foods as tolerated. Using the Medical Documentation form, healthcare providers can request to restrict foods.

Infants:

- Exempt infant formula/WIC-eligible medical food, ONLY
    - Amounts based on age and feeding category (full formula, partial breastfeeding)
- Exempt infant formula/WIC-eligible medical food, ALL INFANT FOODS for infants 6 months and older
    - Amounts based on age and feeding category (full formula, partial breastfeeding)
- Exempt infant formula/WIC-eligible medical food, ONLY for infants 6 months and older
    - Same amount as issued to a 4-5 month old infant

Children:

- Contract formula/exempt infant formula/WIC-eligible medical food, ONLY
- Contract formula/exempt infant formula/WIC-eligible medical food, ALL FOODS with the following options:
    - Whole milk option (1 thru 5 years of age)
    - Reduced milk option (≥ 2 years)
    - 1 pound cheese
    - Infant cereal instead of adult cereal
    - Cheese, no milk
    - No milk or cheese
- The following foods cannot be restricted in a food package but can be handled through counseling:
    - Wheat – counseling about cereal/whole grain options on food list.
    - Eggs – Counseling regarding use (i.e. if whites can be tolerated, throw away yolks or vice versa) or not purchasing.
    - Fresh fruits/fresh vegetables: Counseling regarding what foods could be purchased, if none – void cash value voucher.
    - Texture – Counseling as appropriate. Infant cereal can be issued in place of adult cereal.

Women:

- At this time, no food packages for WIC-eligible medicals foods have been created in the computer system for women. Call the State WIC Office if you need a product for a woman.

Direct Bill and Food Packages:

- If product is provided through a direct bill, the following food package 3 can be issued to participants. Otherwise use a standard food package as appropriate:
    - Whole milk option (≥ 2 years)
    - Infant cereal instead of adult cereal
    - All foods except:
        - Cheese, no milk
        - No milk or cheese

Medicaid:

- If product is being provided by Medicaid, supplemental foods can be issued using a standard food package.

Formulas Provided by the Idaho WIC Program – Effective August 2013

- **Not all formulas in the WIC Formula Handbook are approved by the Idaho WIC Program, but are included for your reference. Please refer to the WIC Works Website. http://wicworks.nal.usda.gov/nal_web/wicworks/formulas/FormulaSearch.php**

- Per federal regulation, Medicaid is the primary payer for exempt infant formulas and WIC-eligible medical foods issued to WIC participants who are also Medicaid beneficiaries. CHIP provides identical coverage for exempt infant formulas and WIC-eligible medical foods issued to WIC participants who are also CHIP beneficiaries.

Contract Formulas

- **Standard formulas**:
  - Similac Advance
  - Enfamil ProSobee
  - Similac Sensitive for Fussiness & Gas
  - Similac Sensitive for Spit Up

- **Non-contract** standard infant formulas that are nutritionally comparable to contract brand formulas or low-iron formulas will not be issued and Medical Documentation forms/prescriptions will not be accepted under any circumstances.

- **Other**: These formulas are considered **exempt** and do not fit into any other category, but are available with a Medical Documentation form/prescription for medical conditions containing a medical diagnosis.

Exempt Formulas - Idaho WIC Approved

- Highlighted formulas are available in a **food package** in the computer system. If a food package is not available please complete a Direct Bill form.
- These formulas may require a Medical Documentation form.

- BCAD 1
- Calcilo XD
- Cyclinex 1
- EleCare for Infants
- **Enfamil EnfaCare**
- Enfamil Premature 20/24/30 Cal (High protein 24, low iron available.)
- Enfaport
- GA
- Gerber Good Start Nourish
- Gerber Good Start Premature 20/24 Cal
- Gerber Good Start Premature High Protein
- Glutarex 1
- HCY 1
- Hominex 1
- I Valex 1
- Ketonex 1
- Periflex Infant
- LMD
- MSUD Analog
- Neocate infant w/ DHA and ARA
- **Nutramigen**
- **Nutramigen with Enflora LGG**
- Nutramigen with Enflora LGG Toddler
- OA 1
- PFD Toddler
- Phenex 1
- Phenyl Free 1
- **Pregestimil**
- Pregestimil 20/24
- Product 3232A
- Pro-Phree
- ProViMin
- PurAmino (Nutramigen AA)
- RCF (Ross Carbohydrate Free)
- Similac PM 60/40
- Similac Expert Care 24 w/ Iron
- Similac Special Care 20 w/ Iron
- **Similac Expert Care Alimentum**
- Similac Expert Care for Diarrhea
- **Similac Expert Care Neosure**
- Tyrex 1
- TYROS 1
- WND 1
- XLeu Analog
- XLys, XTrp Analog
- XMet Analog
- XMTVI Analog
- XPhe, XTyr Analog
- XPTM Analog

Medical Foods - Idaho WIC Approved

- Highlighted formulas are available in a **food package** in the computer system. If a food package is not available please complete a Direct Bill form.
- These items may require a Medical Documentation form

- #0120A L-Arginine
- #0130G Glycine
- #0140I L-Isoleucine
- #0150l L-Leucine
- #0160T L-Tyrosine
- #0170V L-Valine
- 2% ONEsource Optimal Nutrition Drink
- A-Soy
- Acerflex
- Add-Ins
- BCAD 1
- BCAD 2
- Benecalorie
- Beneprotein Instant Protein Powder
- Boost
- Boost Glucose Control
- Boost High Protein
- Boost Kid Essentials
- Boost Kid Essentials 1.5
- Boost Kid Essentials 1.5 Cal with Fiber
- Boost Plus
- Boost Pudding
- Boost VHC (Very High Calorie)
- Boost Breeze
- B.R.A.T. Feel Better Drink (Organic)
- Bright Beginnings Pediatric Soy Drink
- Carnation Breakfast Essentials No Sugar Added Powder and Ready to Drink
- Carnation Breakfast Essentials Powder and Ready to Drink
- Citrulline 1000 Amino Acid Supplement
- Compleat
- Compleat Pediatric
- Compleat Pediatric Reduced Calorie
- Complete Amino Acid Mix
- Complex Essential MSD Drink Mix
- Complex Junior MSD Drink Mix
- Complex MSD Amino Acid Blend
- Complex MSD Amino Acid Bars
- Cyclinex 1
- Cyclinex 2
- Cystine Amino Acid Supplement
- DOC Omega
- E028 Splash
- EAA Supplement
- EleCare Jr (Unflavored/Vanilla)
- Enlive
- Ensure
- Ensure High Protein
- Ensure Plus
- Ensure Powder
- Ensure Pudding
- Essential Amino Acid Mix
- f.a.a.
- Nutren 1.0
- Nutren 1.0 with Fiber
- Nutren 1.5
- Nutren 2.0
- Nutren Pulmonary
- NutriHep
- OA 2
- ONEsource
- Optimental (discontinued, see Vital)
- Osmolite 1 cal
- Osmolite 1.2 cal
- Osmolite 1.5 Cal
- Oxepa
- PBM Pediatric Drink (ex: Albertson's, Kroger)
- PediaSmart Complete Organic Nutrition Beverage
- PediaSmart Soy Complete Organic Nutrition Beverage
- **PediaSure**
- PediaSure 1.5 Cal
- PediaSure 1.5 Cal with Fiber
- PediaSure Enteral
- PediaSure Sidekicks
- PediaSure Sidekicks Clear
- PediaSure Peptide 1.0 Cal
- PediaSure Peptide 1.5 Cal
- **Pediasure with Fiber**
- PediaSure with Fiber Enteral
- Pepdite Jr.
- Peptamen
- Peptamen 1.5
- Peptamen 1.5 with Prebio1
- Peptamen AF
- Peptamen Junior
- Pepatmen Junior 1.5
- Peptamen Junior with Fiber
- Peptamen Junior with Prebio1
- Peptamen with Prebio1
- Perative
- Periflex Advance
- Periflex Jr
- PFD 2
- Phenex 2
- Phenyl Free 2
- Phenyl Free 2 HP
- PhenylAde 40 Drink Mix
- PhenylAde 60 Drink Mix
- PhenylAde AA Blend
- PhenylAde Amino Acid Bars
- PhenylAde Drink Mix
- PhenylAde Essential Drink Mix
- PhenylAde MTE AA Blend
- Phenylalanine AA Supplement
- Phlexy - 10 Capsules

- FiberSource HN
- GA Express 15
- GA Gel
- Glucerna
- Glucerna Meal Bars
- Glucerna Shake
- Glucerna Snack Bar
- GlutarAde GA-1 Amino Acid Blend
- GlutarAde Junior GA-1 Drink Mix
- Glutarex 2
- Glytrol
- HCU Cooler
- HCU Express Powder
- HCU Lophlex LQ
- HCU Gel
- HCY 2
- Hi-Cal
- HOM 2
- Hominex 1
- Hominex 2
- I Valex 1
- I Valex 2
- Isoleucine 1000 Amino Acid Supplement
- Isoleucine Amino Acid Supplement
- Isosource HN
- Jevity 1 Cal
- Jevity 1.2 Cal
- Jevity 1.5
- Ketocal 3:1, 4:1, 4:1 Liquid
- Ketonex 1
- Ketonex 2
- Key Omega
- L-Emental
- LEU Free Cooler
- Lipistart
- Lophlex
- MCT Oil
- MCT Pro-Cal
- Methionaid
- Methionine Amino Acid
- Microlipid
- Milupa OS 2
- Milupa PKU 2
- Milupa PKU 2 tomato
- Milupa PKU 3
- Milupa UCD 2
- MMA/PA
- MMA/PA Cooler
- MMA/PA Express Powder
- MMA/PA Gel
- Monogen
- MSUD Aid
- MSUD Cooler
- MSUD Express Powder
- MSUD Gel
- MSUD Lophlex LQ
- MSUD Maxamaid
- MSUD Maxamum
- MSUD 2
- Neocate Junior
- Phlexy – 10 Drink Mix
- Phlexy – 10 tablets
- PKU Cooler 10
- PKU Cooler 15
- PKU Cooler 20
- PKU Gel
- PKU Lophlex LQ
- PKU Trio
- PKU-Express
- Polycose
- Portagen
- Pro-cal
- Pro-Phree
- ProMod Liquid Pro
- Promote
- Promote with Fiber
- Propimex 1
- Propimex 2
- ProViMin
- Pulmocare
- Renalcal
- Renastart
- Replete
- Replete Fiber
- Resource 2.0
- Resource Thickenup Thickened Dairy Drink
- Resource Nutritious Pudding
- Resource Thickenup Thickened Juice Drink
- ScandiCal Calorie Booster
- ScandiShake
- S.O.S
- Solvil
- SolCarb
- Super Soluble Duocal
- Suplena
- Tolerex
- Two Cal HN
- TYR 2
- TYR Cooler
- TYR Express Powder
- TYR Gel
- TYR Lophlex LQ
- Tyrex 1
- Tyrex 2
- TYROS 2
- UCD Anamix Junior
- UCD Trio
- Valine 1000 Amino Acid Supplement
- Valine AA Supplement
- Vital High Nitrogen
- Vivonex Pediatric
- Vivonex Plus
- Vivonex R.T.F.
- Vivonex T.E.N.
- WND 2
- XLeu Maxamaid
- XLeu Maxamum
- XLys, XTrp Maxamaid
- XLys, XTrp Maxamum
- XMet Maxamaid

- Neocate Junior Prebiotics
- Neocate Nutra
- Neocate One +
- Nepro
- NovaSource Renal
- Nutren Junior
- Nutren Junior With Fiber
- XMet Maxamum
- XMTVI Maxamaid
- XMTVI Maxamum
- XPhe Maxamaid
- XPhe Maxamum
- XPhe Maxamum Drink
- XPhe, XTrp Maxamaid

Product	WIC Issuance	Size	Nutrient Source
ACERFLEX (Nutricia North America) **USE:** An isoleucine-, leucine- and valine-free medical food (metabolic) for individuals over the age of 1 with maple syrup urine disease (MSUD). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, fat, vitamins, minerals and trace elements. Per 100 g: 395 kcals, 20 g pro, 17 g fat, 40.5 g CHO, 12 mg iron Osmolality: 1 to 5 dilution - 670 mOsm/kg 1 to 4 dilution - 830 mOsm/kg Flavors: pineapple **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case 1 Tbsp powder = 8 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (20% kcals) - Amino acids (without isoleucine, leucine, valine) **Fat** (39% kcals) - Canola oil, high oleic safflower oil, fractionated coconut oil **CHO** (41% kcals) - Corn syrup solids, sucrose
ADD-INS (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for children over 4 and adults (including pregnant women) with phenylketonuria (PKU). Contains vitamins and minerals, and essential and non-essential amino acids, fat, and micronutrients. Flavorless. Per 18.2 g: 86 kcals, 10 g pro, 5.1 g fat, 0 g CHO, 2.6 mg iron **CAUTION**: Must only be consumed by individuals with proven phenylketonuria while under strict medical supervision. Not suitable as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	18.2 g (0.64 oz) sachet 60 sachets/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** - Phenylalanine-free amino acids **Fat** - Hydrogenated vegetable oil (palm oil) **CHO** (0%)

Product	WIC Issuance	Size	Nutrient Source
ARGINAID (Nestle Healthcare Nutrition) **USE:** A medical food for older children and adults (wound healing oral supplement/tube feed) with burn injuries, pressure ulcers, venous stasis ulcers or other chronic wounds. Contains supplemental levels of L-Arginine and vitamins C and E. Kosher, lactose-free, sugar-free, may be suitable for gluten-free diets. Per 9.2 g: 35 kcals, 4.5 g pro, 0 g fat, 4 g CHO, 0 mg iron (0.15 kcals/ml when mixed with 237 ml water. Osmolality: 170 mOsm/kg Flavors: orange, cherry **CAUTION:** For use only under medical supervision. Made in same plant with soy, milk, egg and wheat products. Phenylketonurics: contains phenylalanine.	**Not WIC Approved.**	9.2 g (0.32 oz) packet powder 56 packets/case Mix one packet with 6-8 fl oz water.	**Protein** (53% kcals) - L-Arginine **Fat** (0% kcals) - None **CHO** (47% kcals) - Citric acid, malic acid
ARGINAID EXTRA (Nestle Healthcare Nutrition) **(Previously RESOURCE ARGINAID EXTRA)** **USE:** A medical food for older children and adults (wound healing oral supplement) with burn injuries, pressure ulcers, venuous ulcers or other chronic wounds. Contains supplemental levels of L-Arginine, zinc and vitamins C and E. Kosher, lactose-free, low-residue, may be suitable for gluten-free diets. Per 8 oz: 250 kcals (1.06 kcals/ml), 10.5 g pro, 0 g fat, 52 g CHO, 3.6 mg iron Osmolality: 1340 mOsm/kg Flavors: orange burst, wildberry **CAUTION:** For use only under medical supervision. High-nitrogen and phosphorous content may not be appropriate for individuals with kidney disease.	**Not WIC Approved.**	8 fl oz (237 ml) brik RTF 27 brik/case	**Protein** (17% kcals) - Whey protein isolate, L-Arginine **Fat** (0% kcals) - None **CHO** (83% kcals) - Sugar, phosphoric acid, malic acid

Product	WIC Issuance	Size	Nutrient Source
BABY'S ONLY ORGANIC DAIRY FORMULA **BABY'S ONLY ORGANIC DARIY WITH DHA & ARA (Nature's One)** Use: A nutritionally complete, milk based infant and exempt formula for infants and children up to age 3. Per 100 kcals: 2.6 g pro, 5.3 g fat, 10.8 g CHO, 1.8 mg iron **CAUTION:** For infants less than 12-months, use as directed by a healthcare professional.	**Not WIC approved.**	12.7 oz 1 can = 80 fl oz reconstituted Packets: 1 pkt = 4 fl oz reconstituted	**Protein** - milk protein concentrate **Fat** - high oleic sunflower oil, coconut oil, soybean oil **CHO** - lactose, brown rice syrup
BABY'S ONLY ORGANIC TODDLER LACTORELIEF FORMAULA (Nature's one) Use: A nutritionally complete, soy based infant and exempt formula for infants and children up to age 3. Per 100 kcals: 2.1 g pro, 5.4 g fat, 10.7 g CHO, 1.8 mg iron **CAUTION:** For infants less than 12-months, use as directed by a healthcare professional.	**Not WIC approved.**	12.7 oz can 1 can = 80 fl oz reconstituted Packets: 1 pkt = 4 fl oz reconstituted	**Protein** - milk protein concentrate **Fat** - high oleic sunflower oil, coconut oil, soybean oil **CHO** - brown rice syrup
BABY'S ONLY ORGANIC SOY FORMULA (Nature's one) Use: A nutritionally complete, soy based infant and exempt formula for infants and children up to age 3. Per 100 kcals: 2.8 g pro, 5.3 g fat, 10.8 g CHO, 1.8 mg iron **CAUTION:** For infants less than 12-months, use as directed by a healthcare professional.	**Not WIC approved.**	12.7 oz can 1 can = 80 fl oz reconstituted	**Protein** - soy protein concentrate **Fat** - high oleic sunflower oil, coconut oil, soybean oil **CHO** - brown rice syrup

Product	WIC Issuance	Size	Nutrient Source
BCAD 1 (Mead Johnson) **USE:** An isoleucine-, leucine- and valine-free infant formula (metabolic) for infants and toddlers with maple syrup urine disease (MSUD) or other inborn errors of branched chain amino acid metabolism. Contains higher levels of B vitamins (for cofactor production) than standard infant formulas. Iron-fortified. Vanilla scent. Gluten-free, lactose-free, galactose-free. Per 100 g: 500 kcals, 16.2 g pro, 26 g fat, 51 g CHO, 9.6 mg iron Osmolality: 330 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case 1 scoop powder = 4.5 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (13% kcals) - Amino acids (without isoleucine, leucine, valine) **Fat** (47% kcals) - Vegetable oil (palm olein, soy, coconut, and high-oleic sunflower oils) **CHO** (40% kcals) - Corn syrup solids, sucrose, modified corn starch, maltodextrin
BCAD 2 (Mead Johnson) **USE:** An isoleucine-, leucine- and valine-free medical food (metabolic) for older children and adults with maple syrup urine disease (MSUD) or other inborn errors of branched chain amino acid metabolism. Contains higher levels of protein than BCAD 1. Fortified with vitamins and minerals. Gluten-free, lactose-free, galactose-free. Vanilla scent. Per 100 g: 410 kcals, 24 g pro, 8.5 g fat, 57 g CHO, 12.2 mg iron Flavor: vanilla **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case 1 scoop powder = 14.5 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (24% kcals) - Amino acids (without isoleucine, leucine, valine) **Fat** (19% kcals) - Soy oil **CHO** (57% kcals) - Corn syrup solids, sucrose, modified corn starch

Product	WIC Issuance	Size	Nutrient Source
BENECALORIE (Nestle Healthcare Nutrition) **USE:** A high-calorie and protein medical food (oral supplement) for older children and adults with anorexia, burn injuries, COPD, cancer, failure to thrive, HIV/AIDS or malnutrition, fluid restriction. Designed to combat significant unintended weight loss. Kosher, lactose-free, low-residue, cholesterol-free, gluten-free. Flavor: Unflavored Per 1.5 oz: 330 kcals (7.5 kcals/ml), 7 g pro, 33 g fat, 0 g CHO, 0 mg iron **CAUTION**: For use under medical supervision. Not intended as a sole source of nutrition. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	1.5 oz (41.3 g) cup powder 24 cups/case Stir contents of single serving cup into foods or beverages.	**Protein** (9% kcals) - Calcium caseinate (milk) **Fat** (91% kcals) - High Oleic Sunflower Oil, mono and diglycerides **CHO** (0% kcals) - None
BENEPROTEIN INSTANT PROTEIN POWDER (Nestle Healthcare Nutrition) **(Previously RESOURCE BENEPROTEIN)** **USE:** A high protein medical food (oral supplement/tube feed) for older children and adults with protein calorie malnutrition, on dialysis or in need of extra protein in their diet. Kosher, lactose-free, may be suitable for a gluten-free diet. Flavor: Unflavored Per 100 g: 357.3 kcals, 85.7 g pro, 0 g fat, 0 g CHO (1 scoop serv = 6g protein) **CAUTION:** For use under medical supervision. Made in same plant with soy, wheat, egg and milk products.	**Approved with Medical Documentation form.**	8 oz powder canister 6 canisters/case 7 g powder packet 75 packets/case	**Protein** (100% kcals) - Whey protein isolate (milk), soy lecithin **Fat** (0% kcals) - None **CHO** (0% kcals) - None

Product	WIC Issuance	Size	Nutrient Source
BOOST - ORIGINAL (Nestle Healthcare Nutrition) **USE:** A medical food (oral supplement) for older children and adults with malnutrition, anorexia, cancer, failure to thrive or HIV/AIDS. Kosher, lactose-free, low-residue may be suitable for a gluten-free diet. Per 8 oz: 240 kcals (1 kcal/ml), 10 g pro, 4 g fat, 41 g CHO, 4.5 mg iron Osmolality: 625 mOsm/kg Flavors: chocolate, vanilla, strawberry **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for indivduals with galactosemia.	**Approved with Medical Documentation form.**	Institutional: 8 fl oz (237 ml) brik pak 27 brik pak/case Retail: (orginial) 8 fl oz (237 ml) can RTF 24 cans/case (4 – 6 packs) (2-12 packs available for Vanilla and Chocolate)	**Protein** (17% kcals) - Milk protein concentrate, soy protein isolate **Fat** (15% kcals) - Canola oil, high oleic sunflower oil, corn oil **CHO** (68% kcals) - Corn syrup solids, sugar
BOOST CALORIE SMART (Nestle Healthcare Nutrition) **USE:** A medical food (oral supplement) for older children and adults with inadequate oral intake, and/or supplement needs. Kosher, lactose-free, cholesterol-restricted, and gluten-free. Per 8 oz: 190 kcals, 16 g p Flavors: Unflavored ro, 7 g fat, 16 g CHO, 4.5 mg iron Flavors: chocolate, vanilla **CAUTION:** For use only under medical supervision. Not for indivduals with galactosemia.	**Not WIC Approved.**	8 fl oz (237 ml) can RTF 24 cans/case (4- 6 packs)	**Protein** (33% kcals) - Milk protein concentrate, soy protein isolate **Fat** (33% kcals) - Canola oil, high oleic sunflower oil, corn oil **CHO** (34% kcals) - Tapioca dextrin, fructose

Product	WIC Issuance	Size	Nutrient Source
BOOST GLUCOSE CONTRTOL (Nestle Healthcare Nutrition) **USE:** A carbohydrate-controlled medical food (diabetic oral supplement) for older children and adults with diabetes or glucose intolerance. Kosher, lactose-free, may be suitable for a gluten-free diet. Per 8 oz: 190-250 kcals (0.8-1.06 kcal/ml), 14-16 g pro, 7-12 g fat, 16-20 g CHO, 3.6-4.5 mg iron Osmolality: 400 mOsm/kg (institutional) Flavors: vanilla, chocolate, strawberry **CAUTION:** For use only under medical supervision. Not for indivduals with galactosemia.	**Approved with Medical Documentation form.**	Institutional: 8 fl oz (237 ml) carton RTF 27 cartons/case Retail: 8 fl oz (237 ml) bottles 4 – 6 packs/case or 2-12 packs/case	**Protein** (23-33% kcals) - Sodium and calcium caseinates (milk), L-Arginine **Fat** (33-44% kcals) - Canola oil **CHO** (33-34% kcals) - Tapioca dextrin, fructose, corn syrup solids, FOS
BOOST HIGH PROTEIN DRINK (Nestle Healthcare Nutrition) **BOOST HIGH PROTEIN READY-TO –DRINK (RETAIL)** **USE:** A high-protein medical food (oral supplement) for older children and adults with anorexia, protein-calorie malnutrition, cancer, failure to thrive or HIV/AIDS. Kosher, lactose-free, low-residue, gluten-free. Per 8 oz: 240 kcals (1 kcal/ml), 15 g pro, 6 g fat, 33 g CHO, 4.5 mg iron Osmolality: 650-690 mOsm/kg Flavors: vanilla, strawberry, chocolate **CAUTION:** For use only under medical supervision. Not for indivduals with galactosemia.	**Approved with Medical Documentation form.**	Institutional: 8 fl oz (237 ml) brik pak 27 cans/case Retail: 8 fl oz (237 ml) bottles 4 – 6 packs/case or 2-12 packs/case Also comes in 17.7 oz powder cans (chocolate) – not WIC approved.	**Protein** (25% kcals) - Milk protein concentrate, calcium and sodium caseinates **Fat** (22% kcals) - Canola oil, high oleic sunflower oil, corn oil **CHO** (53% kcals) - Corn syrup solids, sugar

Product	WIC Issuance	Size	Nutrient Source
BOOST KID ESSENTIALS (Nestle Healthcare Nutrition) **USE:** A nutritionally complete medical food (pediatric oral supplement) for children ages 1-13 with special health needs, failure to thrive, gluten intolerance, inadequate oral intake, lactose intolerance, decreased appetite, pre-/post-surgery, injury or trauma, or chronic illness. Lactose-free, gluten-free, kosher, low-residue. Per 237 mL: 240 kcals (1 kcal/ml), 7 g pro, 9 g fat, 32 g CHO, 3.3 mg iron Osmolality: 550-600 mOsm/kg Flavors: vanilla, chocolate, strawberry **Note:** Not recommended for enteral use due to osmolality. Nutren Junior a suitable alternative for an enteral supplement. **CAUTION:** Not for parenteral use or for individuals with galactosemia	**Approved with Medical Documentation form.**	Retail: 8.25 fl oz (244 ml) RTF 4 Cartons/pack (4 packs/case) *(with probiotic straw)* Institutional: 8 fl oz (237 ml) brik pak 27 brik paks/case	**Protein** (12% kcals) - sodium and calcium caseinates (milk), whey protein concentrate **Fat** (34% kcals) - High oleic sunflower oil, soybean oil, MCT **CHO** (54% kcals) - Sugar, maltodextrin
BOOST KID ESSENTIALS 1.5 **BOOST KID ESSENTIALS 1.5 with FIBER (Nestle Healthcare Nutrition)** **USE:** A nutritionally complete medical food (pediatric oral/enteral supplement) for children ages 1-13 with Crohn's disease, failure to thrive, cardiac conditions, cancer, cystic fibrosis, fluid and/or volume restrictions, cerebral palsy, and increased caloric requirements. Lactose-free, gluten-free, kosher. Per 237 mL: 360 kcals (1.5 kcal/ml), 10 g pro, 18 g fat, 39 g CHO, 3.3 mg iron Osmolality: 390 mOsm/kg Flavors: chocolate, strawberry, vanilla (*only flavor for w/Fiber, 2g*) **CAUTION:** Not for parenteral use or for individuals with galactosemia	**Approved with Medical Documentation form.**	8 fl oz (237 ml) carton 27 cartons/case	**Protein** (11% kcals) - sodium and calcium caseinates (milk), whey protein concentrate **Fat** (45% kcals) - High oleic sunflower oil, soybean oil, MCT **CHO** (44% kcals) - Sugar, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
BOOST PLUS (Nestle Healthcare Nutrition) **BOOST PLUS READY-TO-DRINK (RETAIL)** **USE:** A high-calorie and protein medical food (oral supplement) for older children and adults with anorexia, cancer, failure to thrive, HIV/AIDS or fluid restrictions. Kosher, lactose-free, low-residue. May be suitable for a gluten-free diet. Per 8 oz: 360 kcals (1.5 kcal/ml), 14 g pro, 14 g fat, 45 g CHO, 4.5 mg iron Osmolality: 670 mOsm/kg Flavors: vanilla, chocolate, strawberry **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia. Not for Pareneral use.	**Approved with Medical Documentation form.**	Institutional: 8 fl oz (237 ml) carton 27 cartons/case Retail: 8 fl oz (237 ml) can RTF 24 cans/case (4 - 6 packs) 2-12 packs available for Vanilla and Chocolate	**Protein** (15% kcals) - Milk protein concentrate, calcium and sodium caseinates **Fat** (35% kcals) - Canola oil, high oleic sunflower oil, corn oil **CHO** (50% kcals) - Corn syrup solids, sugar
BOOST PUDDING (Nestle Clinical Nutrition) **USE:** A high-calorie medical food (oral supplement) for older children and adults with protein-calorie malnutrition, fluid restriction, dysphagia. Kosher, lactose-free, low-residue, gluten-free. Per 5 oz: 240 kcals, 7 g pro, 9 g fat, 33 g CHO, 2.7 mg iron Flavors: vanilla, chocolate **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	5 oz can 48 cans/case	**Protein** (11% kcals) - Milk protein concentrate, sodium and calcium caseinates **Fat** (34% kcals) - Canola oil, high oleic sunflower oil, corn oil **CHO** (55% kcals) - Sugar, maltodextrin, modified corn starch, corn syrup solids (chocolate only)

Product	WIC Issuance	Size	Nutrient Source
BOOST NUTRITION BAR (Nestle Clinical Nutrition) **USE:** Medical food (oral supplement) for older children and adults that would benefit from oral supplementation due to inadequate oral intake and/or increased protein needs.Lactose-free. 1 Bar (50 g): 210 kcals, 11 g pro, 7 g fat, 25 g CHO, 1.8 mg iron Flavors: peanut butter chocolate, chocolate **CAUTION:** Not for individuals with galactosemia.	**Not WIC Approved**	8 pack bars (50 g) 48 bars/case	**Protein** (21-23% kcals) - Soy protein isolate, soy nuts **Fat** (31% kcals) - Fractionated palm kernel oil **CHO** (45-48% kcals) - Corn syrup, tapioca starch, sucrose, whole oats (chocolate only)
BOOST VHC (Nestle Healthcare Nutrition) **USE:** A very high-calorie medical food (oral supplement) for older children and adults with anorexia, cachexia, cancer, HIV/AIDS, dysphagia, congestive heart failure or fluid restrictions. Vitamin and mineral fortified. Kosher, lactose-free, gluten-free, low-residue, low-cholesterol, fluid-restricted. Per 8 oz: 530 kcals (2.25 kcal/ml), 22 g pro, 30 g fat, 46 g CHO, 6.3 mg iron Osmolality: 950 mOsm/kg Flavors: vanilla **CAUTION:** Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) carton 27 cartons/case	**Protein** (16% kcals) - Calcium-potassium caseinate, isolated soy protein **Fat** (50% kcals) - Canola oil, corn oil **CHO** (34% kcals) - Corn syrup, sugar

Product	WIC Issuance	Size	Nutrient Source
BOOST BREEZE (Nestle Healthcare Nutrition) **(Previously RESOURCE BREEZE)** **USE:** A medical food (clear liquid oral supplement) for older children and adults with anorexia, cancer, failure to thrive, fat malabsorption or pancreatic disorders. Kosher, lactose-free, low-residue, may be suitable for a gluten-free diet. Per 8 oz: 250 kcals (1.06 kcals/ml), 9 g pro, 0 g fat, 54 g CHO, 2.7 mg iron Osmolality: 750 mOsm/kg Flavors: orange, peach, wildberry, variety **CAUTION**: For use under medical supervision. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) carton 27 cartons/case	**Protein** (14% kcals) - Whey protein isolate **Fat** (0% kcals) - None **CHO** (86% kcals) - Sugar, corn syrup
BRIGHT BEGINNINGS GENTLE INFANT FORMULA (PBM Products) **USE:** A nutritionally complete, milk-based infant formula for infants up to age 1 year with fussiness and gas. Per 100kcals: 2.3 g pro, 5.3 g fat, 10.8 g CHO, 1.8 mg iron **CAUTION:** For use only under medical supervision.	**Not WIC Approved.**	24 oz can powder	**Protein** (9% kcals) - nonfat milk, whey protein hydrolysate **Fat** (48% kcals) - vegetable oils **CHO** (43% kcals) - corn syrup
BRIGHT BEGINNINGS ORGANIC INFANT FORMULA (PBM Products) **USE:** A nutritionally complete, milk-based infant formula for infants up to age 1 year with no special nutritional need. Per 100kcals: 2.2 g pro, 5.3 g fat, 10.6 g CHO, 1.8 mg iron **CAUTION:** For use only under medical supervision.	**Not WIC Approved.**	25.75 oz can powder	**Protein** (9% kcals) - organic nonfat milk **Fat** (48% kcals) - organic vegetable oils **CHO** (43% kcals) - organic glucose syrup solids, organic maltodextrin

Product	WIC Issuance	Size	Nutrient Source
BRIGHT BEGINNINGS PREMIUM INFANT FORMULA (PBM Products) **USE:** A nutritionally complete, milk-based infant formula for infants up to age 1 year with no special nutritional need. Per 100kcals: 2.1 g pro, 5.3 g fat, 11 g CHO, 1.8 mg iron **CAUTION:** For use only under medical supervision.	**Not Idaho WIC Approved.**	23.4 oz can powder	**Protein** (8% kcals) - nonfat milk, whey protein concentrate **Fat** (48% kcals) - vegetable oils **CHO** (44% kcals) - lactose
BRIGHT BEGINNINGS SOY INFANT FORMULA (PBM Products) **USE:** A nutritionally complete, soy-based infant formula for infants up to age 1 year with milk allergy. Lactose-free. Per 100kcals: 2.5 g pro, 5.3 g fat, 10.6 g CHO, 1.8 mg iron **CAUTION:** For use only under medical supervision.	**Not Idaho WIC Approved.**	25.75 oz can powder	**Protein** (10% kcals) - nonfat milk, soy protein isolate **Fat** (48% kcals) - coconut oil, soy oil, high oleic oil **CHO** (42% kcals) - corn syrup
BRIGHT BEGINNINGS SOY PEDIATRIC DRINK (PBM Products) **USE:** A nutritionally complete, soy-based medical food (pediatric oral supplement/tube feed) for children ages 1-10 with lactose intolerance or an allergy to cow's milk protein. Kosher, lactose-free, milk protein-free, gluten-free. Contains prebiotics and DHA. Per 8 oz: 240 kcals, 7 g pro, 12 g fat, 26 g CHO, 3 g fiber Flavors: vanilla **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case	**Protein** (12% kcals) - Soy protein isolate **Fat** (45% kcals) - High oleic safflower oil, soy oil, MCT oil, DHA, omega-3 **CHO** (44% kcals) - Sucrose, maltodextrin, scFos

Product	WIC Issuance	Size	Nutrient Source
CALCILO XD (Abbott Nutrition) **USE:** A nutritionally complete, low-calcium, vitamin-D free infant formula (metabolic) for infants with hypercalcemia (as may occur with Williams syndrome, osteoporosis, primary neonatal hyperparathyroidism or when a low-calcium, vitamin D-free formula is needed). Supplemented with L-carnitine and taurine. Eliminates the need to prepare a modular formula. Iron-fortified. Per 100 g: 513 kcals, 11.4 g pro, 28.7 g fat, 52.3 g CHO, 9.2 mg iron Osmolality: 190 mOsm/kg **CAUTION:** For use only under strict medical supervision. Must only be given to infants whose calcium and/or Vitamin D intake must be severely restricted. Not for parenteral use.	**Approved with Medical Documentation form.**	13.2 oz (375 g) can powder 6 cans/case Reconstituted: 96 fl oz Standard dilution = 20 kcals/oz: 1 scoop powder to 2 fl oz water. 1 Tbsp powder = 7 g	**Protein** (9% kcals) - Whey protein concentrate, sodium caseinate **Fat** (50% kcals) - Corn oil, coconut oil **CHO** (41% kcals) - Corn syrup
CARNATION BREAKFAST ESSENTIALS READY-TO-DRINK (Nestle Healthcare Nutrition) **USE:** A milk-based medical food (oral supplement) for older children and adults with malnutrition, anorexia, cachexia, or need to augment their diet. Rich in vitamins and minerals. Kosher. Per 11 fl oz: 250 kcals (0.8 kcals/ml), 14 g pro, 5 g fat, 34 g CHO, 4.5 mg iron Flavors: classic french vanilla, rich milk chocolate **CAUTION:** For use only under medical supervision. Not for tube feeding. Not for parenteral use.	**Approved with Medical Documentation form.**	11 fl oz bottle RTF 12 bottle/case 3 – 4 packs/case	**Protein** (24% kcals) - Nonfat milk, complete milk protein **Fat** (19% kcals) - Corn oil **CHO** (57% kcals) - Sugar, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
CARNATION BREAKFAST ESSENTIALS NO SUGAR ADDED READY-TO-DRINK (Nestle Healthcare Nutrition) **USE:** A milk-based medical food (oral supplement) for older children and adults for the management of diabetes, bariatric surgery, or weight management. Rich in vitamins and minerals. Kosher, low-residue. Per 11 fl oz: 150 kcals (0.5 kcals/ml), 13 g pro, 5 g fat, 16 g CHO, 4.5 mg iron Flavors: rich milk chocolate **CAUTION:** For use only under medical supervision. Not for tube feeding. Not for parenteral use.	**Approved with Medical Documentation form.**	11 fl oz bottle RTF 12 bottle/case 3-4 packs/case	**Protein** (32% kcals) - Nonfat milk, complete milk protein **Fat** (28% kcals) - Corn oil **CHO** (40% kcals) - Inulin
CARNATION BREAKFAST ESSENTIALS NO SUGAR ADDED POWDER (Nestle Healthcare Nutrition) **USE:** A milk-based medical food (oral supplement) for older children and adults for the management of diabetes, bariatric surgery, or weight management. Rich in vitamins and minerals. Kosher. Per 9 fl oz (*1 packet + 8 fl oz nonfat milk)*: 150 kcals (0.6 kcals/ml), 13 g pro, 0.5 g fat, 24 g CHO, 4.5 mg iron Flavors: rich milk chocolate, classic french vanilla, variety (strawberry) **CAUTION:** For use only under medical supervision. Not for tube feeding. Not for parenteral use.	**Approved with Medical Documentation form.**	1 packet (20 g) 8 packets/box 8 boxes/case Chocolate – 7.05 oz cans 12 cans/case 10 servings/can	**Protein** (34% kcals) - Nonfat milk **Fat** (4% kcals) - **CHO** (62% kcals) - Inulin, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
CARNATION BREAKFAST ESSENTIALS POWDER **(Nestle Healthcare Nutrition)** **USE:** A milk-based medical food (oral supplement) for older children and adults with malnutrition, anorexia, cachexia, or need to augment their diet. Rich in vitamins and minerals. Kosher. Per 9 fl oz (*1 packet + 8 fl oz nonfat milk)*: 220 kcals (0.8 kcals/ml), 13 g pro, 0.5 g fat, 39 g CHO, 4.5 mg iron Flavors: classic french vanilla, rich milk chocolate, dark chocolate, classic chocolate malt, strawberry sensation **CAUTION:** For use only under medical supervision. Not for tube feeding. Not for parenteral use.	**Approved with Medical Documentation form.**	1 packet (36 gm) 10 packets/box 6 boxes/case Rich Milk Chocolate only: 17.7 oz can 6 cans/case	**Protein** (23% kcals) - Nonfat milk **Fat** (3% kcals) - **CHO** (74% kcals) - Sugar, maltodextrin, lactose
COMPLEAT (Nestle Healthcare Nutrition) **USE:** A medical food (blenderized tube feed) for older children and adults with abnormal bowel function, developmental disabilities, GI impairment or with semi-synthetic formula related intolerance, Formulated with chicken, peas, carrots, tomatoes and cranberry juice. Lactose-free, gluten-free. Per 250 ml: 265 kcals (1.06 kcals/ml), 12 g pro, 10 g fat, 33 g CHO, 3.2 mg iron Osmolality: 340 mOsm/kg **CAUTION:** For use only under medical supervision.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case 1000 ml closed system container 6 containers/case 1500 ml closed system container 4 containers/case	**Protein** (18% kcals) - Sodium caseinate (milk), chicken **Fat** (34% kcals) - Canola oil, chicken **CHO** (48% kcals) - Corn syrup, maltodextrin, vegetables, fruits

Product	WIC Issuance	Size	Nutrient Source
COMPLEAT PEDIATRIC (Nestle Healthcare Nutrition) **USE:** A medical food (pediatric blenderized tube feed) for children ages 1-13 with abnormal bowel function, children with special health needs, developmental disabilities, GI impairment or with semi-synthetic formula related intolerance. Formulated with traditional foods, including chicken, fruit, vegetables and cranberry juice. Lactose-free, gluten-free. Per 250 ml: 250 kcals (1 kcal/ml), 9.5 g pro, 9.7 g fat, 33 g CHO, 3.5 mg iron Osmolality: 380 mOsm/kg **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case	**Protein** (15% kcals) - Chicken, sodium caseinate (milk), pea puree **Fat** (34% kcals) - Canola oil, MCT oil, chicken **CHO** (51% kcals) - Corn syrup solids, cranberry juice, fruits, vegetables
COMPLEAT PEDIATRIC REDUCED CALORIE (Nestle Healthcare Nutrition) **USE:** A medical food (pediatric blenderized tube feed) for children ages 1-13 with abnormal bowel function, children with special health needs, developmental disabilities. Formulated with traditional foods, including chicken, fruit, vegetables and cranberry juice. Lactose-free, gluten-free. Per 250 ml: 150 kcals (0.6 kcal/ml), 7.5 g pro, 5 g fat, 18.8 g CHO, 3.3 mg iron Osmolality: 300 mOsm/kg **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case	**Protein** (20% kcals) - Chicken, sodium caseinate (milk), pea puree **Fat** (30% kcals) - coconut oil, palm oil **CHO** (50% kcals) - Corn syrup solids, cranberry juice, fruits, vegetables

Product	WIC Issuance	Size	Nutrient Source
COMPLETE AMINO ACID MIX (Nutricia North America) **USE:** A medical food (metabolic) for children and adults with intractable malabsorption, feeding difficulties in post-operative conditions, chronic intestinal diseases, short bowel syndrome following intestinal resection, conditions in which a nutritionally complete feed is not suitable or a modular approach is required and conditions where an oligoallergenic diet is indicated. Contains a balanced mixture of essential and non-essential amino acids. May be used in enteral formulas to supplement increased protein needs. Best served as a chilled drink or added to soft, moist foods. Per 100 g: 328 kcals, 82 g pro, 0 g fat, 0 g CHO Osmolality: 360 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	7 oz (200 g) can powder 2 cans/case Recommended dilution: 5 g powder to 100 ml (~3 fl oz) water, fruit juice or other formula. 1 Tbsp powder = 9.5 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (100% kcals) - Amino acids **Fat** (0% kcals) - None **CHO** (0% kcals) - None
COMPLEX ESSENTIAL MSD DRINK MIX (Applied Nutrition Corp) **USE:** A medical food (metabolic) for children and adults with maple syrup urine disease (MSUD). Fortified with vitamins and minerals, omega-3 fatty acids, and soluble fiber. Intended as the primary source of protein nutrition and a significant source of calories in the management of MSUD. Per 40 g: 152 kcals, 10 g pro, 5 g fat, 19 g CHO Flavors: vanilla **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 4 cans/case Standard dilution: 1 scoop powder to 7 fl oz water. 1 scoop powder = 40 g	**Protein** (26% kcals) - L-Amino acids **Fat** (27% kcals) - Safflower oil, canola oil, soybean oil, coconut oil **CHO** (47% kcals) - Sugar, corn syrup solids, modified food starch

Product	WIC Issuance	Size	Nutrient Source
COMPLEX MSD AMINO ACID BARS (Applied Nutrition Corp) **USE:** A medical food (metabolic) for children and adults with maple syrup urine disease (MSUD). Provides an alternative source of protein, fat, and CHO. Can supplement all or part of the protein prescription when traditional liquid formula is insufficient or not tolerated. A vitamin/mineral supplement may be necessary. Per 47 g: 262 kcals, 10 g pro, 18 g fat, 16 g CHO Flavors: chocolate **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	47 g bar 12 bars/case	**Protein** (15% kcals) - Amino acids **Fat** (60% kcals) - Cocoa butter **CHO** (25% kcals) - Sucrose
COMPLEX MSD AMINO ACID BLEND (Applied Nutrition Corp) **USE:** A medical food (metabolic) for children and adults with maple syrup urine disease (MSUD). A vitamin/mineral supplement may be necessary. Can be added to foods and drinks normally consumed or to traditional MSUD formula to increase protein content. Per 12.4 g: 40 kcals, 10 g pro, 0 g fat, 0 g carbohydrate **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 4 cans/case	**Protein** (100% kcals) - Amino acids **Fat** (0% kcals) - None **CHO** (0% kcals) - None
COMPLEX JUNIOR MSD DRINK MIX (Applied Nutrition Corp) **USE:** A medical food (metabolic) for children with maple syrup urine disease (MSUD). Fortified with vitamins and minerals. Intended as the primary source of protein nutrition and a significant source of calories in the management of MSUD. Per 100 g: 496 kcals, 13 g pro, 29 g fat, 46 g CHO **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 4 cans/case Standard dilution: 1 scoop powder to 2 fl oz water 1 scoop powder = 40 g	**Protein** (10% kcals) - L-Amino acids **Fat** (53% kcals) - Partially hydrogenated coconut oil **CHO** (37% kcals) - Sucrose, corn syrup solids, modified food starch

Product	WIC Issuance	Size	Nutrient Source
CYCLINEX - 1 (Abbott Nutrition) **USE:** A nonessential amino-acid free infant formula and medical food (metabolic) for infants and toddlers with urea cycle disorders, gyrate atrophy of the choroid and retina, or HHH syndrome. Supplemented with L-carnitine and taurine. Contains additional vitamins and minerals to compensate for nutrient losses due to nitrogen-scavenger medications. Lactose-free, gluten-free. Per 100 g: 510 kcals, 7.5 g pro, 24.6 g fat, 57 g CHO, 10 mg iron Osmolality: 275 mOsm/kg at 20 kcal/fl oz **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 20 kcals/oz: Follow Rx as directed by physician. 1Tbsp powder = 8 g	**Protein** (6% kcals) - Amino acids **Fat** (43% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (45% kcals) - Corn syrup solids
CYCLINEX - 2 (Abbott Nutrition) **USE:** A nonessential amino-acid free medical food (metabolic) for children and adults with urea cycle disorders, gyrate atrophy of the choroid and retina, or HHH syndrome. Supplemented with L-carnitine and taurine. Contains additional vitamins and minerals to compensate for nutrient losses due to nitrogen-scavenger medications. Per 100 g: 440 kcals, 15 g pro, 17 g fat, 45 g CHO, 17 mg iron Osmolality: 1015 mOsm/kg at 30 kcal/fl oz **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 30 kcals/oz: Follow Rx as directed by physician. 1Tbsp powder = 8 g	**Protein** (14% kcals) - Amino acids **Fat** (35% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (41% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
DIABETISOURCE AC (Nestle Healthcare Nutrition) **USE:** A medical food (diabetic tube feed) for older children and adults with diabetes, glucose intolerance or stress induced hyperglycemia. May help improve insulin sensitivity and reduce diabetes-associated tissue damage. Kosher, lactose-free, may be suitable for a gluten-free diet. Per 250 ml: 300 kcals, 15 g pro, 14.7 g fat, 25.2 g CHO, 3.6 mg iron Osmolality: 450 mOsm/kg **CAUTION:** For use only under medical supervision.	**Not WIC Approved.**	8.45 fl oz (250 ml) can RTF 24 cans/case 1000 ml closed system container 6 containers/case 1500 ml closed system container 6 containers/case	**Protein** (20% kcals) - Soy protein, L-arginine **Fat** (44% kcals) - Canola oil, menhaden oil **CHO** (36% kcals) - Corn syrup, fructose, tapioca dextrin, vegetables, fruits
DIABETISHIELD (Nestle Healthcare Nutrition) **(Previously RESOURCE DIABETISHIELD)** **USE:** A medical food (clear liquid diabetic oral supplement) for older children and adults with diabetes, glucose intolerance or stress-induced hyperglycemia. Added arginine, chromium, and vitamins C and E. Kosher, lactose-free, fat-free, may be suitable for a gluten-free diet. Per 8 oz: 150 kcals (0.63 kcals/ml), 7 g pro, 0 g fat, 30 g CHO, 2.7 mg iron Osmolality: 380 mOsm/kg Flavors: orange twist, mixed berry **CAUTION**: For use under medical supervision.	**Not WIC Approved.**	8 fl oz (237 ml) briks 27 briks/case	**Protein** (19% kcals) - Whey protein isolate (milk), L-arginine **Fat** (0% kcals) - None **CHO** (81% kcals) - Corn syrup

Product	WIC Issuance	Size	Nutrient Source
E028 SPLASH (Nutricia North America) **(RTF form of Neocate One +)** **USE:** A nutritionally complete medical food (pediatric elemental, hypoallergenic oral supplement/tube feed) for children ages 1-10 with gastrointestinal tract impairment, eosinophilic esophagitis, gastroesophageal reflux, short bowel syndrome or other medical conditions that require an amino-acid based diet. 100% synthetic free amino acids. Gluten and casein-free. Per 8 oz: 237 kcals, 5.9 g pro, 8.3 g fat, 34.6 g CHO, 1.8 mg iron Osmolality: 820 mOsm/kg Flavors: orange-pineapple, grape, tropical fruit **CAUTION:** For use only under medical supervision.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) tetra pak RTF 27 tetra paks/case Standard dilution = 30 kcals/oz	**Protein** (10% kcals) - Free amino acids **Fat** (32% kcals) - Fractionated coconut oil, canola oil, high oleic safflower oil, palm kernel oil **CHO** (58% kcals) - Maltodextrin, sugar
ELECARE (for Infants) (Abbott Nutrition) **USE:** A nutritionally complete infant formula and medical food (elemental, hypoallergenic oral supplement/tube feed) for infants with protein maldigestion, malabsorption, severe food allergies, short-bowel syndrome, eosinophilic GI disorders, GI-tract impairment, or other conditions in which an amino acid-based diet is required. Lactose-free, galactose-free, fructose-free, milk protein-free, soy protein-free, gluten-free. *Contains DHA and ARA in an unflavored form*. Per 100 g: 475 kcals, 14.5 g pro, 23 g fat, 51 g CHO, 8.4 mg iron Osmolality: 350 mOsm/kg Flavors: unflavored **CAUTION:** For use only under strict medical supervision. Do not heat Elecare unflavored mixture. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Reconstituted: 95 fl oz (20 kcal/oz) 64 fl oz (30 kcal/oz) Standard dilution = 20 kcals/oz (infants): 1 scoop (9.4 g) powder to 2 fl oz water. Standard dilution = 30 kcals/oz (children): 4 scoops (37.6 g) powder to 5 fl oz water.	**Protein** (15% kcals) - Amino acids **Fat** (43% kcals) - High oleic safflower oil, MCT, soy oil **CHO** (42% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
ELECARE JR (Abbott Nutrition) **USE:** A nutritionally complete medical food (elemental, hypoallergenic oral supplement/tube feed) for children over 1 year with protein maldigestion, malabsorption, severe food allergies, short-bowel syndrome, eosinophilic GI disorders, GI-tract impairment, or other conditions in which an amino acid-based diet is required. Lactose-free, galactose-free, fructose-free, milk protein-free, soy protein-free, gluten-free. Per 100 g: 469 kcals, 14.3 g pro, 22.7 g fat, 49.3 g CHO, 8.3 mg iron Osmolality: 350 mOsm/kg Flavors: unflavored, vanilla **CAUTION:** For use only under strict medical supervision. Do not heat Elecare unflavored mixture. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Reconstituted: 95 fl oz (20 kcal/oz) 64 fl oz (30 kcal/oz) Standard dilution = 30 kcals/oz (children): 4 scoops (37.6 g) powder to 5 fl oz water.	**Protein** (15% kcals) - Amino acids **Fat** (43% kcals) - High oleic safflower oil, MCT, soy oil **CHO** (42% kcals) - Corn syrup solids
ENFAGROW TODDLER TRANSITIONS GENTLEASE (Mead Johnson) **(Previously GENTLEASE TODDLER)** **USE:** A milk-based infant formula for older infants and toddlers 9-18 with fussiness or gas. Contains partially hydrolyzed proteins. Provides a more appropriate balance of nutrients for children over age one than infant formula. DHA, ARA. Iron-fortified. Gluten-free. Per 100 kcals: 2.3 g pro, 5.3 g fat, 10.8 g CHO, 1.8 mg iron Osmolality: 230 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	21 oz can powder 6 cans/case Reconstituted: 148 fl oz Standard dilution = 22 kcals/oz: 3 scoops (26.4 g) powder to 6 oz water. 32 fl oz cans, 8 fl oz, 2 fl oz RTF	**Protein** (10% kcals) - Partially hydrolyzed nonfat milk and whey protein concentrate solids (soy) **Fat** (48% kcals) - Vegetable oil (palm olein, soy, coconut and high oleic sunflower oils), DHA, ARA **CHO** (42% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
ENFAGROW TODDLER TRANSITIONS (Mead Johnson) **(Previously ENFAGROW PREMIUM TODDLER)** **USE:** A milk-based infant formula for older infants and toddlers 9-18 months with no special nutritional requirements. Provides a more appropriate balance of nutrients for children over age one than infant formula. DHA, ARA. Iron-fortified. Gluten-free. Per 100 kcals: 2.6 g pro, 5.3 g fat, 10.5 g CHO, 2 mg iron Osmolality: 270 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	21 oz can powder 6 cans/case Reconstituted: 148 fl oz 30 oz boxes powder 4 boxes/case Reconsituted: 188 fl oz Standard dilution = 22 kcals/oz: 3 scoops (26.4 g) powder to 6 oz water. 32 fl oz can RTF 6 cans/case	**Protein** (10% kcals) (20% whey, 80% casein) - Nonfat milk **Fat** (48% kcals) - Vegetable oil (palm olein, soy, coconut and high oleic sunflower oils), DHA, ARA **CHO** (42% kcals) - Corn syrup solids, lactose
ENFAGROW TODDLER NEXT STEP VANILLA (Mead Johnson) **(Previously ENFAGROW PREMIUM OLDER TODDLER VANILLA)** **USE:** A milk-based infant formula for toddlers 1-3 years with no special nutritional requirements. Provides a more appropriate balance of nutrients for children over age. DHA and prebiotics. Iron-fortified. Gluten-free. Per 160 kcals: 6 g pro, 6 g fat, 21 g CHO, 2.5 mg iron **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not WIC approved.**	24 oz can powder 6 cans/case Reconsituted: 130 fl oz Standard dilution: 4 scoops (36 g) powder to 6 flo oz water Available in RTF 8.25 fl oz.	**Protein** (15% kcals) - Nonfat milk **Fat** (35% kcals) - Vegetable oil (palm olein, soy, coconut and high oleic sunflower oils), DHA **CHO** (50% kcals) - Corn syrup solids, lactose

Product	WIC Issuance	Size	Nutrient Source
ENFAGROW TODDLER NEXT STEP NATURAL MILK FLAVOR (Mead Johnson) **(Previously ENFAGROW PREMIUM OLDER TODDLER NATURAL MILK)** **USE:** A milk-based infant formula for toddlers 1-3 years with no special nutritional requirements. Provides a more appropriate balance of nutrients for children over age one. DHA, prebiotics. Iron-fortified. Gluten-free. Per 100 kcals: 3.7 g pro, 3.9 g fat, 13.1 g CHO, 1.56 mg iron **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not WIC approved.**	24 oz can powder 6 cans/case Reconsituted: 130 fl oz Standard dilution: 4 scoops (36 g) powder to 7 flo oz water. Available in RTF 8.25 fl oz	**Protein** (15% kcals) - Nonfat milk **Fat** (35% kcals) - Vegetable oil (palm olein, soy, coconut and high oleic sunflower oils), DHA **CHO** (50% kcals) - Corn syrup solids, lactose
ENFAGROW TODDLER TRANSITIONS SOY (Mead Johnson) **(Previously ENFAGROW TODDLER TRANSITIONS)** **USE:** A soy-based infant formula (lactose-free) for older infants and toddlers 9-18 months with lactose intolerance, galactosemia, cow's milk protein allergy. Provides a more appropriate balance of nutrients for children over age one than infant formula. DHA, ARA. Iron-fortified. Gluten-free, galactose-free, sucrose-free. Per 100 kcals: 3.3 g pro, 4.4 g fat, 11.8 g CHO, 2 mg iron Osmolality: 230 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	21 oz can powder 6 cans/case Reconstituted: 141 fl oz Standard dilution = 22 kcals/oz: 3 scoops (27.9 g) powder to 6 fl oz water.	**Protein** (13% kcals) - Soy protein isolate, amino acids **Fat** (40% kcals) - Vegetable oil (palm olein, soy, coconut and high oleic sunflower oils), DHA, ARA **CHO** (47% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
ENFAMIL AR (Mead Johnson) **USE:** A milk-based infant formula (thickened) for infants with reflux or in need of a thickened infant formula. Thickened with added rice starch. DHA, ARA. Iron-fortified. Gluten-free. Per 100 kcals: 2.5 g pro, 5.1 g fat, 11g CHO, 1.8 mg iron Osmolality: Powder – 230 mOsm/kg Liquid – 240 mOsm/kg **CAUTION:** For use only under medical supervision.	**Not Idaho WIC approved.**	12.9 oz (366 g) can powder 6 cans/case Reconstituted: 91 fl oz 21.5 oz (681 g) can powder 4 cans/case 32.2 oz box 4 boxes/ carton Standard dilution = 20 kcals/oz: 1 scoop (8.7 g) powder to every 2 fl oz water. 8 fl oz bottle RTF (also in 2 fl oz) 24 bottles/case 32 fl oz can RTF 6 cans/case	**Protein** (10% kcals) (18% whey, 82% casein) - Nonfat milk **Fat** (46% kcals) - Vegetable oil (palm olein, soy, coconut and high oleic sunflower oils), DHA, ARA **CHO** (44% kcals) - Rice starch, lactose, maltodextrin
ENFAMIL D-VI-SOL (Mead Johnson) **USE:** Vitamin D supplement for infants and children. Provides 400 IU per dose. Gluten free, lactose free, sugar free **CAUTION:** As with all vitamin products, do not exceed recommended dose. The bottle should be kept out of reach of children.	**Not WIC approved.**	1 2/3 fl oz (50 ml) bottle 12 bottles/case 1 ml = 400 IU	**Not Applicable**

Product	WIC Issuance	Size	Nutrient Source
ENFAMIL ENFACARE (Mead Johnson) **USE:** A milk-based infant formula (premature) for premature infants with high calorie and protein needs. Designed for premature infants who have left the hospital but still require the extra calories, nutrients, and minerals of a specialized infant formula. Can be used through the first year of life. Contains higher levels of vitamins and minerals than standard term formulas. DHA, ARA. Iron-fortified. Gluten-free. Per 100 kcals: 2.8 g pro, 5.3 g fat, 10.4 g CHO, 1.8 mg iron Osmolality: Powder –310 mOsm/kg Liquid – 250 mOsm/kg **CAUTION:** For use only under medical supervision.	**Approved with Medical Documentation form.**	12.8 oz can powder 6 cans/case Reconstituted: 82 fl oz Standard dilution = 22 kcals/oz: 1 scoop (9.8 g) powder to every 2 fl oz water. 2 fl oz bottle RTF 48 bottles/case 8 fl oz bottle 24 bottles/case 32 fl oz can RTF 6 cans/case	**Protein** (11% kcals) (60% whey, 40% casein) - Nonfat milk, whey protein concentrate **Fat** (47% kcals) (MCT 20%, LCT 80%) - High oleic vegetable oil (sunflower and/or safflower oil), soy oil, MCT, coconut oil, DHA, ARA **CHO** (42% kcals) - Corn syrup solids, lactose *RTF also contains maltodextrins*
ENFAMIL ENFALYTE (Mead Johnson) **USE:** A medical food for infants and children for hydration during vomiting and diarrhea. Balanced levels of electrolytes. Lactose-free. Per L: 126 kcals Osmolality: 160 mOsm/kg **CAUTION**: For use only under medical supervision. Not for parenteral use. Do not mix with infant formula, milk, fruit juices or other electrolyte containing liquids.	**Not WIC approved.**	2 fl oz bottles 48 bottles/case 6 fl oz bottles 24 bottles/case	**Protein** (0% kcals) **Fat** (0% kcals) **CHO** (100% kcals) - Corn syrup solds

Product	WIC Issuance	Size	Nutrient Source
ENFAMIL FER-IN-SOL (Mead Johnson) **USE:** Iron supplement for infants and children who require special supplementation of iron or are infants of anemic mothers, low birth weight infants, or infants of mothers with poorly controlled diabetes. **CAUTION:** Do not exceed dose recommended by physician or give concurrently with other supplements containing significant amounts of iron unless physician-approved. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children.	**Not WIC approved.**	1 2/3 fl oz (50 ml) bottle 12 bottles/case 0.5 ml = 37.5 mg ferrous sulfate, 7.5 mg iron 1 ml = 75 mg ferrous sulfate, 15 mg iron	**Not applicable**
ENFAMIL GENTLEASE (Mead Johnson) **USE:** A milk-based infant formula (partially hydrolyzed) for infants with fussiness or gas. Combines partially hydrolyzed proteins and reduced lactose. DHA, ARA. Iron-fortified. Gluten-free. Reduced lactose levels (1/5 the level found in routine, milk-based formulas). Per 100 kcals: 2.3 g pro, 5.3 g fat, 10.8 g CHO, 1.8 mg iron Osmolality: 220-230 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	12.4 oz can powder 6 cans/case Reconstituted: 90 fl oz 21.5 oz can powder 4 cans/case 32.2 oz box 4 boxes/case Standard dilution = 20 kcals/oz: 1 scoop (8.6 g) powder to every 2 fl oz water. 2 fl oz RTF bottle RTF 48 bottles/case 32 fl oz can RTF 6 cans/case Single serve packets (powder) 14 pks/carton (4 units per case) Reconstituted: 63 fl oz	**Protein** (9% kcals) (60% whey, 40% casein) - Partially hydrolyzed nonfat milk, whey protein concentrate solids **Fat** (48% kcals) - Vegetable oil (palm olein, soy, coconut, high oleic sunflower oils), DHA, ARA **CHO** (43% kcals) - Corn syrup solids, lactose

Product	WIC Issuance	Size	Nutrient Source
ENFAMIL LIPIL (Mead Johnson) **USE:** A milk-based infant formula for infants with no special nutritional requirements. Contains the prebiotic carbohydrate galactooligosaccharide (GOS). DHA, ARA. Iron-fortified. Gluten-free. Per 100 kcals: 2.1 g pro, 5.3 g fat, 10.9 g CHO, 1.8 mg iron Osmolality: 300 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	12.9 oz can powder 6 cans/case Reconsituted: 94 fl oz 25.7 pz can powder 6 cans/case Reconsituted: 188 fl oz 13 fl oz can concentrate 12 cans/case (yields 32 fl oz) 32 fl oz can RTF 6 cans/case	**Protein** (8.5% kcals) -Nonfat milk, whey protein concentrate **Fat** (48% kcals) - Vegetable oil (palm olein, soy, coconut and high oleic sunflower oils), DHA, ARA **CHO** (43.5% kcals) - Lactose, galactooligosaccharide (GOS)
ENFAMIL POLY-VI-SOL **ENFAMIL POLY-VI-SOL with Iron (Mead Johnson)** **USE:** Multivitamin and iron supplement for infants and children. Provides nine vitamins and is an ideal supplement for transition to solid foods, during growth spurts, and for picky eaters. Enfamil Poly-Vi-Sol with Iron is ideal for infants and children who require special iron supplementation. Fruit-flavored, lactose-free, gluten-free, and free of artificial sweeteners. **CAUTION:** Avoid overdose of all multivitamin products. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children.	**Not WIC approved.**	1 2/3 fl oz (50 ml) bottle 12 bottles/case	**Not Applicable**

Product	WIC Issuance	Size	Nutrient Source
ENFAMIL PREMATURE 20 CAL **ENFAMIL PREMATURE 24 CAL** **ENFAMIL PREMATURE 30 CAL (Mead Johnson)** **USE:** A milk-based infant formula (premature) for premature and LBW infants with high nutrient needs. All available in low iron. 24 cal also available in a High Protein. To be used in the hospital for premature infants who are not breastfed. DHA, ARA. Gluten-free. Per 100 kcals: 3 g pro (3.5 g 24 cal high pro), 5.1 g fat, 10.5-11 g CHO, 1.8 mg iron (low iron - 0.5 mg) Osmolality: 300 mOsm/kg **CAUTION:** For use only under strict medical supervision. When more than 12 oz of 24 kcals/oz product is used per day, infant may be at risk for excessive levels of some nutrients. Low-iron formulation is not nutritionally complete.	**Approved with Medical Documentation form.**	2 fl oz bottle RTF 48 bottles/case	**Protein** (12-14% kcals) (60% whey, 40% casein) - Nonfat milk, whey protein concentrate **Fat** (44% kcals) - MCT, soy oil, high oleic vegetable oil (sunflower and/or safflower), DHA, ARA **CHO** (42-44% kcals) - Corn syrup solids, lactose
ENFAMIL PREMIUM Infant (Mead Johnson) **USE:** A milk-based infant formula for infants with no special nutritional requirements. Contains the prebiotic carbohydrate galactooligosaccharide (GOS). DHA, ARA. Iron-fortified. Gluten-free. Per 100 kcals: 2.1 g pro, 5.3 g fat, 11.2 g CHO, 1.8 mg iron Osmolality: 300 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	12.5 oz can powder (6 cans/case) Reconstituted: 90 fl oz 22.2 oz can powder (6 cans/case) 33.2 oz box (4 boxes/carton) Standard dilution = 20 kcals/oz: 1 scoop (g) powder to every 2 fl oz water. 8 fl oz bottle concentrate (24 bottles/case) 13 fl oz can concentrate (12 cans/case) 8 fl oz can (6 fl oz 24 bottles/case) 4 cans/case 32 fl oz can RTF (6 cans/case)	**Protein** (8.5% kcals) (60% whey, 40% casein) -Nonfat milk, whey protein concentrate **Fat** (48% kcals) - Vegetable oil (palm olein, soy, coconut and high oleic sunflower oils), DHA, ARA **CHO** (43.5% kcals) - Lactose, galactooligosaccharide (GOS)

Product	WIC Issuance	Size	Nutrient Source
ENFAMIL PREMIUM NEWBORN (Mead Johnson) USE: A milk-based infant formula for full-term infants through 3 months with no special nutritional requirements. Contains prebiotics galactooligosaccharide (GOS) and polydextrose. DHA, ARA. Iron-fortified. Gluten-free. Per 100 kcals (5 fl oz): 2.1 g pro, 5.3 g fat, 11.2 g CHO, 1.8 mg iron Osmolality: 300 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	12.5 oz can powder 6 cans/case Reconstituted: 90 fl oz 22.2oz tub powder 6 tubs/case 33.2 oz box (4 boxes/carton) 2 fl oz bottles 48 bottles/case Standard dilution = 20 kcals/oz: 1 scoop (g) powder to every 2 fl oz water.	**Protein** (8.5% kcals) (60% whey, 40% casein) -Nonfat milk, whey protein concentrate **Fat** (48% kcals) - Vegetable oil (palm olein, soy, coconut and high oleic sunflower oils), DHA, ARA **CHO** (43.5% kcals) - Lactose, galactooligosaccharide (GOS)
ENFAMIL PROSOBEE (Mead Johnson) **USE:** A soy-based infant formula for infants (lactose-free) with lactose intolerance, galactosemia or allergy to cow's milk protein. DHA, ARA. Iron-fortified. Gluten-free, milk-free, galactose-free, sucrose-free, lactose-free. Per 100 kcals: 2.5 g pro, 5.3 g fat, 10.6 g CHO, 1.8 mg iron Osmolality: Liquid – 170-200 mOsm/kg Powder – 180 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly. Not recommended for very-low birth-weight infants.	**Standard WIC contract formula.** (no rx needed for infants)	12.9 oz can powder 6 cans/case Reconstituted: 92 fl oz 22 oz can powder 6 cans/case Standard dilution = 20 kcals/oz: 1 scoop (8.8 g) powder to every 2 fl oz water. 13 fl oz can concentrate 12 cans/case 8 fl oz bottle concentrate 24 bottles/case 2 fl oz bottle RTF (48 bottles/case) 6 fl oz bottle RTF (8 fl oz available) 24 bottles/case 32 fl oz can RTF (6 cans/case)	**Protein** (10% kcals) - Soy protein isolate **Fat** (48% kcals) - Vegetable oil (palm olein, soy, coconut, high oleic sunflower oils), DHA, ARA **CHO** (42% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
ENFAMIL TRI-VI-SOL (Mead Johnson) **USE:** Vitamin A, D, and C supplement for infants and children. Fruit-flavored, lactose-free, gluten-free, and free of artificial sweeteners. **CAUTION:** Avoid overdose of all multivitamin products. Keep this product out of the reach of children.	**Not WIC approved.**	1 2/3 fl oz (50 ml) bottle 12 bottles/case	**Not applicable**
ENFAPORT (Mead Johnson) **USE:** A very high-calorie infant formula (milk-based) for infants with chylothorax or LCHAD deficiency. DHA, ARA. Iron-fortified, gluten-free, sucrose-free. Per 100 kcals: 3.5 g protein, 5.4 g fat, 10.2 g CHO, 1.8 mg iron Osmolality: 280 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly. Follow physician's instructions.	**Approved with Medical Documentation form.**	8 fl oz can RTF *(30 kcals/oz)* 24 cans/case Dilutions: 20 kcal/fl oz = 4 fl oz (118 mL) water to 8 fl oz formula to yield 12 fl oz (355 mL) 22 kcal/fl oz = 2.9 fl oz (86 mL) water to 8 fl oz formula to yield 10.9 fl oz (322 mL) 24 kcal/fl oz = 2 fl oz (59 mL) water to 8 fl oz formula to yield 10 fl oz (296 mL)	**Protein** (14% kcals) - calcium caseinate and sodium caseinate **Fat** (45% kcals) - MCT oil, soy oil, DHA, ARA **CHO** (41% kcals) - corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
ENSURE (Abbott Nutrition) **USE**: A nutritionally complete medical food (oral supplement) for older children and adults on modified diets, at nutrition risk, experiencing involuntary weight loss, recovering from illness or surgery, or on low-residue diets. Kosher, lactose-free, low-residue, gluten-free. Per 8 fl oz: 250 kcals (1.06 kcals/ml), 9 g pro, 6 g fat, 40 g CHO, 4.5 mg iron Osmolality: 590-600 mOsm/kg Flavors: vanilla, milk chocolate, dark chocolate, strawberry, butter pecan, coffee latte **CAUTION**: For use only under medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) bottles RTF 24 bottles/case	**Protein** (14% kcals) - Soy protein concentrate, milk protein concentrate **Fat** (22% kcals) - canola oil, soy oil **CHO** (64% kcals) - Sucrose, corn maltodextrin
ENSURE CLEAR (Abbott Nutrition) **USE**: A fat-free, clear medical food (oral supplement) for older children and adults to fill nutritional gaps. Kosher, lactose-free, gluten-free. Per 10 fl oz: 180 kcals, 9 g pro, 0 g fat, 35 g CHO Flavors: Blueberry Pomegranate, Peach, Mixed Fruit. **CAUTION**: Not for parenteral use. Not for patients with galactosemia.	**Not WIC Approved**.	10 fl oz (237 ml) can RTF 3 x 4 cans/case	**Protein** (22% kcals) - whey protein isolate, **Fat** (0% kcals) **CHO** (78% kcals) - Sucrose, corn syrup

Product	WIC Issuance	Size	Nutrient Source
ENSURE COMPLETE NUTRITIION SHAKE (Abbott Nutrition) **USE**: A nutritionally complete medical food (oral supplement) for older children and adults on modified diets, at nutrition risk, experiencing involuntary weight loss, recovering from illness or surgery. Kosher, lactose-free, gluten-free. Per 8 fl oz: 350 kcals, 13 g pro, 11 g fat, 51 g CHO Osmolality: 780 - 845mOsm/kg Flavors: vanilla, milk chocolate **CAUTION**: Not for parenteral use. Not for people with galactosemia.	**Not WIC Approved**.	8 fl oz (237 ml) bottles RTF 4 x 4 ct / case	**Protein** (15% kcals) - Calcium caseinate, soy protein isolate, whey protein concentrate **Fat** (28% kcals) - canola oil, corn oil **CHO** (58% kcals) - Sucrose, corn maltodextrin
ENSURE COMPLETE THERAPEUTIC NUTRITION SHAKE (Abbott Nutrition) **USE**: A nutritionally complete medical food (oral supplement) for older children and adults on modified diets, at nutrition risk, experiencing involuntary weight loss, recovering from illness or surgery, or on low-residue diets. Kosher, lactose-free, gluten-free. Per 8 fl oz: 350 kcals, 13 g pro, 11 g fat, 51 g CHO Osmolality: 590-600 mOsm/kg Flavors: vanilla, chocolate, strawberries **CAUTION**: For use only under medical supervision. Not for parenteral use. Not for people with galactosemia.	**Not WIC Approved**.	8 fl oz (237 ml) bottles RTF 24 bottles/case	**Protein** (15% kcals) - soy protein isolate, milk protein concentrate **Fat** (28% kcals) - canola oil, corn oil **CHO** (58% kcals) - Sucrose, corn maltodextrin

Product	WIC Issuance	Size	Nutrient Source
ENSURE ENLIVE (Abbott Nutrition) **USE:** A high-calorie medical food (clear liquid oral supplement) for older children and adults with cancer or fat malabsorption, or for clear liquid, pre- and postsurgical, bowel-prep, fat-malabsorptive, and fat-restricted diets. Fortified with 20 essential vitamins and minerals. Kosher, lactose-free, low-residue, fat-free, gluten-free. Per 8.1 fl oz: 250 kcals (1.04 kcal/ml), 7 g pro, 0 g fat, 43 g CHO Osmolality: 796 mOsm/kg Flavors: apple, mixed berry **CAUTION:** For use only under medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	6.7 fl oz (198 ml) brik pack RTF 32 brik paks/case	**Protein** (14% kcals) - Whey protein isolate **Fat** (0% kcals) - None **CHO** (86% kcals) - Corn maltodextrin, sucrose
ENSURE IMMUNE HEALTH (Abbott Nutrition) **USE**: A nutritionally complete medical food (oral supplement) for older children and adults on malnutrition, at nutrition risk, experiencing involuntary weight loss or have a weakened immune system. Contains fiber and FOS (a prebiotic that may help maintain digestive tract health). Kosher, lactose-free, gluten-free, low-residue. Per 8 fl oz: 250 kcals, 9 g pro, 6 g fat, 42 g CHO Flavors: vanilla, milk chocolate, strawberry, butter pecan **CAUTION:** For use only under medical supervision. Not for parenteral use. For oral use only. Not for patients with galactosemia.	**Not WIC Approved.**	8 fl oz (237 ml) can or bottle RTF 24 cans/case	**Protein** (14% kcals) - milk protein concentrate, soy protein isloate **Fat** (22% kcals) - Soy oil, canola oil, corn oil **CHO** (67% kcals) - Corn maltodextrin, sucrose, fructooligosaccharides

Product	WIC Issuance	Size	Nutrient Source
ENSURE MUSCLE HEALTH (Abbott Nutrition) **USE**: A targeted nutrition medical food (oral supplement) for older children and adults to help rebuild muscle and strength. Kosher, lactose-free, low-residue, gluten-free. Per 8 fl oz: 250 kcals, 13 g pro, 8 g fat, 32 g CHO Osmolality: 540 mOsm/kg Flavors: vanilla, milk chocolate, strawberry, banana cream **CAUTION:** For use only under medical supervision. Not for sole-source nutrition. Not for parenteral use. Not for patients with galactosemia.	**Not WIC Approved.**	8 fl oz (237 ml) bottle RTF 4 x 4 ct	**Protein** (18.3% kcals) - Calcium and sodium caseinates, soy protein isloate **Fat** (24.8% kcals) - High oleic safflower oil, soy oil, canola oil **CHO** (56.9% kcals) - Sucrose, corn maltodextrin
ENSURE HIGH PROTEIN (Abbott Nutrition) **USE**: A high-protein, nutritionally complete medical food (oral supplement) for older children and adults recovering from general surgery or from hip or other fractures or who need extra protein and nutrition in their diet. Kosher, lactose-free, low-residue, gluten-free. Per 8 fl oz: 230 kcals (0.97 kcals/ml), 12 g pro, 6 g fat, 31 g CHO Osmolality: 610 mOsm/kg Flavors: vanilla, milk chocolate **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case	**Protein** (21% kcals) - Calcium and sodium caseinates, soy protein isolate **Fat** (24% kcals) - High oleic safflower oil, soy oil, canola oil **CHO** (55% kcals) - Sucrose, corn maltodextrin

Product	WIC Issuance	Size	Nutrient Source
ENSURE HIGH PROTEIN SHAKE (Abbott Nutrition) **USE**: A high-protein, nutritionally complete medical food (oral supplement) for older children and adults recovering from general surgery or from hip or other fractures or who need extra protein and nutrition in their diet. Lactose-free, gluten-free. Per 14 fl oz: 210 kcals, 25 g pro, 2.5 g fat, 23 g CHO Flavors: homemade vanilla, creamy milk chocolate **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Not WIC Approved.**	14 fl oz (414 ml) bottle RTF 12 bottles/case	**Protein** (21% kcals) - Milk protein concentrate, soy protein isolate, calcium caseinate **Fat** (24% kcals) - High oleic safflower oil **CHO** (55% kcals) - Sucrose, corn maltodextrin
ENSURE PLUS (Abbott Nutrition) **USE**: A high-calorie and protein nutritionally complete medical food (oral supplement) for older children and adults needing to gain or maintain weight or with fluid restrictions. For oral use. Kosher, lactose-free, low-residue, gluten-free. Per 8 oz: 350 kcals (1.5 kcals/ml), 13 g pro, 11 g fat, 50 g CHO Osmolality: 680 mOsm/kg Flavors: vanilla, milk chocolate, strawberry, butter pecan, dark chocolate **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 can/case *(vanilla, milk chocolate, and strawberry, butter pecan only)* 8 fl oz (237 ml) bottle RTF 24 bottles/case 32 fl oz bottle RTF 6 bottles/case *(vanilla and milk chocolate only)*	**Protein** (15% kcals) - Sodium and calcium caseinates, soy protein isolate **Fat** (28% kcals) - Corn oil **CHO** (57% kcals) - corn maltodextrin, sucrose

Product	WIC Issuance	Size	Nutrient Source
ENSURE POWDER (Abbott Nutrition) **USE**: A nutritionally complete medical food (oral supplement) for older children and adults on modified diets, at nutrition risk, experiencing involuntary weight loss or recovering from illness or surgery. Kosher, lactose-free, low-residue, gluten-free. Per 57 g: 250 kcals (1.06 kcals/ml), 9 g pro, 9 g fat, 34 g CHO, 2.7 mg iron Osmolality: 470 mOsm/kg Flavors: homemade vanilla **CAUTION:** For use only under medical supervision. Not for parenteral use	**Approved with Medical Documentation form.**	14 oz (397 g) can powder 6 cans/case Reconstituted: 56 fl oz Standard dilution: ½ cup powder mixed with ¾ cup cold water yields 8 fl oz formula.	**Protein** (14.2% kcals) - Sodium and calcium caseinate, soy protein isolate **Fat** (32% kcals) - Corn oil **CHO** (53.8% kcals) - Corn syrup, corn maltodextrin, sucrose
ENSURE PUDDING (Abbott Nutrition) **USE**: A nutritionally complete medical food (oral supplement) for older children and adults with dysphagia, underweight, malnourished or fluid restrictions. Contains FOS (a prebiotic that may help maintain digestive tract health). Kosher, gluten-free. Per 4 fl oz: 170 kcals, 4 g pro, 5 g fat, 30 g CHO, 1.8 mg iron Flavors: homemade vanilla, creamy milk chocolate, butterscotch delight **CAUTION**: For use only under medical supervision.	**Approved with Medical Documentation form.**	4 fl oz cup RTF 48 cups/case (12 x 4 ct)	**Protein** (9% kcals) - Nonfat milk **Fat** (25% kcals) - soy oil **CHO** (66% kcals) - Sucrose, modified cornstarch

Product	WIC Issuance	Size	Nutrient Source
ESSENTIAL AMINO ACID MIX (Nutricia North America) **USE:** A medical food (metabolic) for children and adults with urea cycle disorders or conditions in which a nutritionally complete feed is not suitable or a modular approach is required. Contains a balanced mixture of essential amino acids, including cystine and histidine. May be used in enteral formulas to supplement increased protein needs. Per 100 g: 316 kcals, 79 g pro, 0 g fat, 0 g CHO, 0 mg iron Osmolality: 349 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	7 oz (200 g) can powder 2 cans/case Recommended dilution: 5 g powder to 100 ml (~ 3 fl oz) water, fruit juice or other formula. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (100% kcals) - Amino acids **Fat** (0% kcals) - None **CHO** (0% kcals) - None
EXPECTRA LIPIL DHA SUPPLEMENT (Mead Johnson) **USE:** MVI w/ minerals to meet the needs of pregnant and breastfeeding women. **Per 1 tablet:** 5 kcals, 0.5 g fat (200 mg DHA), 28 mg iron **CAUTION:** For use only under strict medical supervision. Note the statements regarding this product have not been evaluated by the Food and Drug Administration and use is not intended to diagnose, treat, cure or prevent any disease	**Not WIC approved.**	30 DHA softgels and 30 MVI w/ mineral tablets per box	Does not provide a significant source of macronutrients.
FIBERSOURCE HN (Nestle Healthcare Nutrition) **USE:** A high-fiber, high-protein medical food (standard tube feed) for older children and adults with abnormal bowel function, developmental disabilities, malnutrition or extended inactivity. Novartis patented NutriShield ingredients may add microbial protection. Kosher, lactose-free, gluten-free. Per 250 ml: 300 kcals (1.2 kcals/ml), 13.4 g pro, 9.8 g fat, 39.3 g CHO, 4.2 mg iron Osmolality: 490 mOsm/kg **CAUTION:** For use only under strict medical supervision.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case 1000 ml closed system container 6 containers/case 1500 ml closed system container 6 containers/case	**Protein** (18% kcals) - Soy protein isolate, soy protein concentrate **Fat** (29% kcals) - Canola oil, MCT oil **CHO** (53% kcals) - Corn syrup, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
FLAVOR PACKETS, SHS (Nutricia North America) **USE:** Flavor packets for children and adults using Nutricia North America or Milupa products. Can be added to appropriate Nutricia North America and Milupa oral supplements/powdered products to provide flavor variety. Per 5 g packet: 13-15 kcals, 0 g pro, 0 g fat, 1.3-1.8 g CHO, 0 mg iron Osmalility: 30-44 mOsm/kg Flavors: cherry-vanilla, grapefruit, lemon-lime **CAUTION:** Not for use with infants.	**Approved with Medical Documentation form** in conjunction with appropriate **Nutricia North America and Milupa** products by State Office.	0.18 oz (5 g) packet powder 20 packets/case Recommended use is 1 packet powder per 100 g powdered product. Amount desired may vary depending on the product used and taste preference.	**Protein** (0% kcals) - None **Fat** (0% kcals) - None **CHO** (100% kcals) - Acesulfame K
GA (Mead Johnson) **USE:** A lysine- and tryptophan-free infant formula and medical food (metabolic) for infants, children and adults with glutaric academia type I. Contains increased levels of B vitamins for cofactor production. Iron-fortified. Vanilla scent. Gluten-free, lactose-free, galactose-free. Per 100 g: 500 kcals, 15.1 g pro, 26 g fat, 52 g CHO, 9.6 mg iron Osmolality: 370 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 4.5 g	**Protein** (12% kcals) - Amino acids (without lysine, tryptophan) **Fat** (47% kcals) - Vegetable oil (palm oiein oil, coconut oil, soy oil, high oleic sunflower oil). **CHO** (41% kcals) - Corn syrup solids, sugar, modified corn starch, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
GA 1 (Milupa North America) **USE:** A lysine – free, low-tryptophan protein medical food (metabolic) for infants with inherited disorders of lysine and tryptophan metabolism such as Glutaric Aciduria type I. Enriched with vitamins, minerals and trace elements. Per 100 g: 281 kcals, 50 g pro, 0 g fat, 20.2 g CHO, 35 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 1 can/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (71% kcals) - Amino acids **Fat** (0% kcals) **CHO** (29% kcals) - Sugar
GA 2-PRIMA (Milupa North America) **USE:** A lysine – free, low-tryptophan protein medical food (metabolic) for toddlers and children over 1 year with inherited disorders of lysine and tryptophan metabolism such as Glutaric Aciduria type I. Enriched with vitamins, minerals and trace elements. Per 100 g: 294 kcals, 60 g pro, 0 g fat, 13.5 g CHO, 26.4 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (82% kcals) - Amino acids **Fat** (0% kcals) **CHO** (18% kcals) - Sugar
GA 2 (Milupa North America) **USE:** A lysine – free, low-tryptophan protein medical food (metabolic) for children, adolescents and adults over 1 year with inherited disorders of lysine and tryptophan metabolism such as Glutaric Aciduria type I. Enriched with vitamins, minerals and trace elements. Per 100 g: 309 kcals, 63.6 g pro, 0 g fat, 13.6 g CHO, 15 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (82% kcals) - Amino acids **Fat** (0% kcals) **CHO** (18% kcals) - Sugar

Product	WIC Issuance	Size	Nutrient Source
GLUCERNA 1.0 (Abbott Nutrition) **USE:** A reduced-carbohydrate, nutritionally complete medical food (diabetic oral supplement/tube feed) for older children and adults with type 1 and type 2 diabetes, hyperglycemia/impaired glucose tolerance (stress-induced hyperglycemia). Contains fiber. Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 237 kcals (1 kcal/ml), 9.9 g pro, 12.9 g fat, 22.8 g CHO, 3.0 mg iron Osmolality: 355 mOsm/kg Flavors: vanilla, unflavored (Ready-To-Hang) **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case 1500 ml container Ready-To-Hang 6 containers/case	**Protein** (16.7% kcals) - Sodium and calcium caseinates **Fat** (49% kcals) - High oleic safflower oil, canola oil **CHO** (34.3% kcals) - Corn maltodextrin, soy fiber, fructose
GLUCERNA 1.2 (Abbott Nutrition) **USE:** A carbohydrate-controlled, calorically dense, nutritionally complete medical food (diabetic oral supplement/tube feed) for older children and adults with type 1 and type 2 diabetes, hyperglycemia/impaired glucose tolerance (stress-induced hyperglycemia). Contains fiber. Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 285 kcals (1.2 kcal/ml), 14.2 g pro, 14.2 g fat, 27.1 g CHO, 3.5 mg iron Osmolality: 720 mOsm/kg Flavors: vanilla, unflavored (Ready-To-Hang) **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case 1500 ml container Ready-To-Hang 6 containers/case	**Protein** (20% kcals) - Sodium caseinates, soy protein isolate, milk protein concentrate **Fat** (45% kcals) - High oleic safflower oil, canola oil, marine oil **CHO** (35% kcals) - Corn maltodextrin, soy fiber, fructose, short chain fructooligosaccharides

Product	WIC Issuance	Size	Nutrient Source
GLUCERNA 1.5 (Abbott Nutrition) **USE:** A carbohydrate-controlled, calorically dense, nutritionally complete medical food (diabetic oral supplement/tube feed) for older children and adults with type 1 and type 2 diabetes, hyperglycemia/impaired glucose tolerance (stress-induced hyperglycemia). Contains fiber. Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 356 kcals (1.5 kcals/ml), 19.6 g pro, 17.8 g fat, 31.5 g CHO, 4.3 mg iron Osmolality: 875 mOsm/kg Flavors: vanilla, unflavored (Ready-To-Hang) **CAUTION:** For use only under medical supervision. For enteral use only. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case	**Protein** (22% kcals) - Sodium caseinates, soy protein isolate **Fat** (45% kcals) - High oleic safflower oil, canola oil **CHO** (33% kcals) - Corn maltodextrin, soy fiber, fructose, short chain fructooligosaccharides
GLUCERNA HUNGER SMART SHAKES (Abbott Nutrition) **USE:** A medical food (diabetic oral supplement) for older children and adults with diabetes or impaired glucose tolerance as part of a weight loss plan. Unique carbohydrate blend may blunt postprandial glycemic response. Kosher, gluten-free, lactose-free. Per 11.5 fl oz: 180 kcals, 15 g pro, 8 g fat, 14-16 g CHO, Flavors: homemade vanilla, rich chocolate goodness **CAUTION:** For use only under medical supervision. Not for sole-source nutrition. Not for tube feeding or parenteral use. Not for patients with galactosemia.	**Not WIC Approved.**	11.5 fl oz (340 ml) bottle RTF 4 bottles/case	**Protein** (33% kcals) - Milk protein concentrate, soy protein isolate **Fat** (40% kcals) - High oleic safflower oil, canola oil **CHO** (31% kcals) - Corn maltodextrin, fructose, fructooligosaccharides

Product	WIC Issuance	Size	Nutrient Source
GLUCERNA HUNGER SMART SNACK BARS (Abbott Nutrition) **USE:** A medical food (diabetic oral supplement) for older children and adults with diabetes or impaired glucose tolerance as part of a weight loss plan. Designed as a partial meal replacement or snack. Unique carbohydrate blend may blunt postprandial glycemic response. Kosher. Per 40 g: 140-150 kcals, 10 g pro, 4.5-5 g fat, 20 g CHO *(Nutritional Content varies with flavors)* Flavors: chocolate chip crisp, chocolate peanut crisp **CAUTION:** For use only under medical supervision. Not intended as a sole source of nutrition. Contains milk, soy, wheat and peanuts; manufactured in a facility that processes eggs, other nuts and seeds.	**Not WIC Approved.**	1.41 oz (40 g) bar 24 bars/case	**Protein** (16-19% kcals) -nonfat milk, soy protein isolate, peanut butter **Fat** (24-30% kcals) - Partially hydrogenated soybean oil, cream, butter, fractionated palm kernel oil, peanut butter **CHO** (51-60% kcals) - Rice flour, polydextrose, cocoa, fruit juice and grain dextrins, milled rice, corn maltodextrin,
GLUCERNA MEAL BAR (Abbott Nutrition) **USE:** A medical food (diabetic oral supplement) for older children and adults with diabetes or abnormal glucose tolerance. Designed as an occasional meal replacement. Contains fiber. Kosher, gluten-free, lactose-free, low-residue. Per 58 g bar: 220 kcals, 10 g pro, 7 g fat, 32 g CHO, 2 g fiber, 3.6 mg iron Flavors: chocolate peanut, chocolate chunk **CAUTION**: For use only under medical supervision. Not intended as a sole source of nutrition. Contains milk, soy, wheat and peanuts; manufactured in a facility that processes eggs, other nuts and seeds.	**Approved with Medical Documentation form.**	2.04 oz (58 g) bar 24 bars/case	**Protein** (18% kcals) **-** Nonfat milk, soy protein isolate, peanuts **Fat** (29% kcals) **-** Partially hydrogenated soybean oil, cream, butter, peanuts, **CHO** (53% kcals) **-** Fruit juices and grain dextrins, polydextrose, corn maltodextrins, fructose, partially defatted peanut flour, honey graham meal, high fructose corn syrup

Product	WIC Issuance	Size	Nutrient Source
GLUCERNA MINI SNACK BAR (Abbott Nutrition) **USE:** A medical food (diabetic oral supplement) for older children and adults with diabetes or abnormal glucose tolerance. Designed as snack. Contains fiber. Kosher. Per 20 g bar: 70-80 kcals, 3-4 g pro, 2-2.5 g fat, 12 g CHO Flavors: chocolate peanut, oatmeal raisin **CAUTION**: For use only under medical supervision. Not intended as a sole source of nutrition. Contains milk, soy, wheat and peanuts; manufactured in a facility that processes eggs and tree nuts.	**Not WIC Approved.**	0.70 oz (20 g) bar 48 bars/case	**Protein** (17-20% kcals) **-** Nonfat milk, soy protein isolate, peanuts **Fat** (26-28% kcals) **-** Partially hydrogenated soybean oil, cream, butter, peanuts, **CHO** (52-57% kcals) **-** Fruit juices and grain dextrins, polydextrose, corn maltodextrins, fructose, partially defatted peanut flour, honey graham meal, high fructose corn syrup,
GLUCERNA SHAKE (Abbott Nutrition) **USE:** A nutritionally complete medical food (diabetic oral supplement) for older children and adults with diabetes or impaired glucose tolerance. Contains fiber and FOS (a prebiotic that may help maintain digestive tract health). Unique carbohydrate blend may blunt postprandial glycemic response. Kosher, gluten-free, lactose-free. Per 8 fl oz: 200 kcals, 10 g pro, 7 g fat, 26 g CHO, 3 g fiber Flavors: homemade vanilla, rich chocolate, creamy strawberry, classic butter pecan **CAUTION:** For use only under medical supervision. Not for tube feeding or parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml can) RTF 24 cans/case	**Protein** (20% kcals) - Sodium and calcium caseinates, soy protein isolate **Fat** (32% kcals) - High oleic safflower oil, canola oil **CHO** (48% kcals) - Corn maltodextrin, fructose, soy fiber, fructooligosaccharides

Product	WIC Issuance	Size	Nutrient Source
GLUCERNA SNACK BAR (Abbott Nutrition) **USE:** A medical food (diabetic oral supplement) for older children and adults with diabetes or impaired glucose tolerance. Designed as a between-meal snack. Contains fiber. Unique carbohydrate blend may blunt postprandial glycemic response. Kosher. Per 40 g: 140-150 kcals, 6-8 g pro, 4-6 g fat, 21-25 g CHO, 1-3 g fiber *(Nutritional Content varies with flavors)* Flavors: double chocolate crisp, chocolate caramel **CAUTION:** For use only under medical supervision. Not intended as a sole source of nutrition. Contains milk, soy, gluten, and corn; manufactured in a facility that processes nuts and seeds.	**Approved with Medical Documentation form.**	1.41 oz (40 g) bar 24 bars/case	**Protein** (17-21% kcals) - Nonfat milk, soy protein isolate, peanut butter **Fat** (26-36% kcals) - Partially hydrogenated soybean oil, cream, butter, fractionated palm kernel oil, peanut butter **CHO** (43-57% kcals) - Rice flour, polydextrose, cocoa, fruit juice and grain dextrins, milled rice, corn maltodextrin, microcrystalline cellulose
GLUCERNA SNACK SHAKE (Abbott Nutrition) **USE:** A medical food (diabetic oral supplement) for older children and adults with diabetes or impaired glucose tolerance. Designed as a between-meal snack. Contains fiber. Unique carbohydrate blend may blunt postprandial glycemic response. Kosher, gluten-free, lactose-free. Per 8 fl oz: 140 kcals, 7 g pro, 5 g fat, 19 g CHO Flavors: homemade vanilla, rich chocolate **CAUTION:** For use only under medical supervision. Not intended as a sole source of nutrition. Not for tube feeding, parenteral feeding. Not for patients with galactosemia. Contains milk, soy, gluten, and corn; manufactured in a facility that processes nuts and seeds.	**Approved with Medical Documentation form.**	8 fl-oz (237 ml) can 4 x 4 ct /case	**Protein** (20% kcals) - Milk protein concentrate **Fat** (32% kcals) - high oleic safflower oil. **CHO** (48% kcals) - fructose

Product	WIC Issuance	Size	Nutrient Source
GLUTARADE GA-1 AMINO ACID BLEND (Applied Nutrition Corp) **USE:** A lysine-free and tryptophan-low medical food (metabolic) for children over age 1 year with glutaric aciduria type 1. Per 12.3 g: 40 kcals, 10 g pro, 0 g fat, 0 g CHO **CAUTION:** Must only be given to children with proven glutaric aciduria type 1 under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 4 cans/case Standard dilution = 20 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8.5 g powder	**Protein** (100% kcals) - Amino acids **Fat** (0% kcals) **CHO** (0% kcals)
GLUTARADE JUNIOR GA-1 DRINK MIX (Applied Nutrition Corp) **USE:** A lysine-free and tryptophan-low medical food (metabolic) for young children over age 1 year with glutaric aciduria type 1. Per 100 kcals: 2.5 g pro, 2.5 g fat, 17 g CHO **CAUTION:** Must only be given to children with proven glutaric aciduria type 1 under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 4 cans/case Standard dilution = 20 kcals/oz 1 scoop powder to 2 fl oz water	**Protein** (10% kcals) - Amino acids **Fat** (23% kcals) - canola oil, safflower oil **CHO** (68% kcals) - coryn sytrup solids, modified food starch
GLUTAREX - 1 (Abbott Nutrition) **USE:** A lysine- and tryptophan free infant formula and medical food (metabolic) for infants and toddlers with glutaric aciduria type 1. Fortified with L-carnitine and taurine. Iron-fortified. Lactose- free, gluten-free. Per 100 g: 480 kcals, 15 g pro, 21.7 g fat, 53 g CHO, 9 mg iron Osmolality: 385 mOsm/kg at 20 kcal/fl oz **CAUTION:** Must only be given to infants and toddlers with proven glutaric aciduria type 1 under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 20 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (13% kcals) - Amino acids (without lysine, tryptophan) **Fat** (41% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (44% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
GLUTAREX - 2 (Abbott Nutrition) **USE:** A lysine- and tryptophan free medical food (metabolic) for children and adults with glutaric aciduria type 1. Fortified with L-carnitine and taurine. Per 100 g: 410 kcals, 30 g pro, 13 g fat, 35 g CHO, 13 mg iron Osmolality: 1360 mOsm/kg at 30 kcal/fl oz **CAUTION:** Must only be given to children and adults with proven glutaric aciduria Type 1 under strict medical supervision. Not intended as the sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 30 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (29% kcals) - Amino acids (without lysine, tryptophan) **Fat** (29% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (34% kcals) - Corn syrup solids
GLUTASOLVE (Nestle Healthcare Nutrition) **USE:** Only for indivduals greater then 3 years. Medical food Intented for oral consumption or tube feeding. May be used for indviduals suffering from GI injury or GI disease associated with GI sx, chemotherapy, IBD or metabolic stress such as burns or post- op recover. Mixes into foods such as yogurt, applesasuse, or pudding. 1 Packet: 90 kcal, 0 g fat, 7g CHO, 15g glutamine Osmolality: 310 mOsm/kg (when mixed w/ 120 mL water) **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Not WIC approved.**	0.79 oz (22.5 g) packets 56 pkts/case	Protein (68% kcals) -L-glutamine Fat (0% kcals) -None CHO (32% kcals) -Maltodextrin

Product	WIC Issuance	Size	Nutrient Source
GLYTROL (Nestle Healthcare Nutrition) **(Previously NUTREN GLYTROL)** **USE:** A nutritionally complete medical food (diabetic oral supplement) for older children and adults with hyperglycemia, diabetes or dyslipidemia. Contains fiber and prebio (helps support a healthy gut microflora). Kosher, lactose-free, gluten-free, sucrose-free, low-cholesterol. Per 250 ml: 250 kcals (1 kcal/ml), 11.3 g pro, 11.9 g fat, 25 g CHO, 3.2 mg iron Osmolality: 280 mOsm/kg Flavors: unflavored, vanilla **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: 1000 ml bag RTF 6 bags/case 1500 ml bag RTF 4 bags/case	**Protein** (18% kcals) - Calcium-potassium caseinate **Fat** (42% kcals) (MCT 20%, LCT 80%) - Canola oil, high oleic safflower oil, MCT (fractionated coconut and palm kernel oil), pea fiber, oligofructose, inulin **CHO** (40% kcals) - Maltodextrin, modified cornstarch
GERBER GOOD START 2 GENTLE (Nestle Nutrition) **USE:** A milk-based infant formula (partially hydrolyzed) for older infants and toddlers with no special nutritional requirements. Provides a more appropriate balance of nutrients for children over age one than infant formula. Contains docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. Per 100 g: 503 kcals, 11.1 g pro, 25.7 g fat, 56.3 g CHO, 10.1 mg iron **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	22 oz can powder Standard dilution = 20 kcals/oz: 1 scoop (8.8 g) powder to 2 fl oz water.	**Protein** (9% kcals) (100% whey proteins) - Hydrolyzed whey protein concentrate **Fat** (46% kcals) - Vegetable oils (palm olein, soy, coconut, high oleic saffflower or sunflower), DHA, ARA **CHO** (45% kcals) - Lactose, corn maltodextrin

Product	WIC Issuance	Size	Nutrient Source
GERBER GOOD START 2 PROTECT (Nestle Nutrition) **USE:** A milk-based infant formula (partially hydrolyzed) for older infants and toddlers with no special nutritional requirements. Contains Bifidobacterium lactis. DHA, ARA. Iron-fortified. 100% whey proteins. Per 100 g: 503 kcals, 11.1 g pro, 25.7 g fat, 56.3 g CHO, 10.1 mg iron **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	22 oz can powder Standard dilution = 20 kcals/oz: 1 scoop (8.8 g) powder to 2 fl oz water.	**Protein** (9% kcals) (100% whey proteins) - Hydrolyzed whey protein concentrate **Fat** (46% kcals) - Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA **CHO** (45% kcals) - Lactose, corn maltodextrin
GERBER GOOD START 2 SOY (Nestle Nutrition) **USE:** A soy-based infant formula (lactose-free, partially hydrolyzed) for older infants and toddlers with sensitivity to cow's milk or hereditary or temporary lactase deficiency. Provides a more appropriate balance of nutrients for children over age one than infant formula. Contains docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. Milk-free, lactose-free. Per 100 g: 501 kcals, 14.0 g pro, 25.1 g fat, 54.6 g CHO, 10.0 mg iron **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	24 oz can powder 6 cans/case Reconstituted: 172 fl oz Standard dilution = 20 kcals/oz: 1 scoop (8.9 g) powder to 2 fl oz water.	**Protein** (11 % kcals) (100% whey proteins) - Hydrolyzed Soy Protein Isolate **Fat** (45% kcals) - Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA **CHO** (44% kcals) - Corn maltodextrin, sucrose

Product	WIC Issuance	Size	Nutrient Source
GERBER GOOD START GENTLE (Nestle Infant Nutrition- Gerber) **USE:** A milk-based infant formula (partially hydrolyzed) for infants with no special nutritional requirements. Contains docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. Per 5 fl oz: 100 kcals, 2.2 g pro, 5.1 g fat, 11.6 g CHO, 1.5 mg iron **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	12.7 oz can powder 23.2 oz can powder Standard dilution = 20 kcals/oz: 1 scoop (8.7 g) powder to 2 fl oz water. 12.1 fl oz carton concentrate 3 oz nurser RTF 8 bottles/case 8.45 fl oz carton 24 cartons/case	**Protein** (9% kcals) (100% whey proteins) - Hydrolyzed whey protein concentrate **Fat** (46% kcals) - Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA **CHO** (45% kcals) - Lactose, corn maltodextrin
GERBER GOOD START NOURISH (Nestle Nutrition) **USE:** A milk-based infant formula (partially hydrolyzed) for infants who were born prematurely. Contains docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. Per 100 kcals: 2.8 g pro, 5.2 g fat, 10.5 g CHO, 1.8 mg iron Osmolality: 275 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Approved with Medical Documentation form.**	12.6 oz can powder Standard dilution = 22 kcals/oz: 1 scoop (9.6 g) powder to 2 fl oz water. 3 oz nurser RTF 8 bottles/case	**Protein** (11% kcals) (100% whey proteins) - Hydrolyzed whey protein concentrate **Fat** (47% kcals) - Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA **CHO** (42% kcals) - Lactose, corn maltodextrin

Product	WIC Issuance	Size	Nutrient Source
GERBER GOOD START Premature 20 (Nestle Nutrition) **USE:** A milk-based infant formula (partially hydrolyzed) for infants who were born prematurely. Contains docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. Per 100 kcals: 3 g pro, 5.2 g fat, 10.5 g CHO, 1.8 mg iron Osmolality: 229 mOsm/kg **CAUTION:** For use only under medical supervision. Not intended for therapeutic use like extensively hydrolyzed specialty formulas or amino-acid based specialty formulas.	**Approved with Medical Documentation form.**	3 fl oz nurser RTF (20 kcal/ fl oz) 8 bottles/case	**Protein** (12% kcals) (100% whey proteins) - Hydrolyzed whey protein concentrate **Fat** (47% kcals) 40% MCT, 29% high oleic 29% sunflower or safflower, soy oil, DHA, ARA **CHO** (42% kcals) - 50% Lactose, 50% corn maltodextrin
GERBER GOOD START PREMATURE 24 (Nestle Nutrition) **USE:** A milk-based infant formula (partially hydrolyzed) for premature infants with high calorie and protein needs. Designed to promote feeding tolerance and digestibility to help accelerate advancement to full feeds by minimizing curd formation during digestion, and promoting faster gastric emptying to help reduce the potential residuals available for reflux and spitting up. DHA, ARA, iron fortified. Per 100 kcals: 3 g pro, 5.2 g fat, 10.5 g CHO, 1.8 mg iron Osmolality: 275 mOsm/kg **CAUTION:** For use only under medical supervision. Not intended for therapeutic use like extensively hydrolyzed specialty formulas or amino-acid based specialty formulas.	**Approved with Medical Documentation form.**	3 fl oz nurser RTF (24 kcal/ fl oz) 8 bottles/case	**Protein** (12% kcals) (100% whey proteins) - Hydrolyzed whey protein concentrate **Fat** (47% kcals) - MCT, Soy Oil, High-Oleic Safflower or Sunflower Oil **CHO** (42% kcals) - Lactose, corn maltodextrin

Product	WIC Issuance	Size	Nutrient Source
GERBER GOOD START PREMATURE 24 HIGH PROTEIN (Nestle Nutrition) **USE:** A milk-based infant formula (partially hydrolyzed) for premature infants with high calorie and protein needs. Designed to promote feeding tolerance and digestibility to help accelerate advancement to full feeds by minimizing curd formation during digestion, and promoting faster gastric emptying to help reduce the potential residuals available for reflux and spitting up. DHA, ARA, iron fortified. Per 100 kcals: 3.6 g pro, 5.2 g fat, 9.7 g CHO, 1.8 mg iron Osmolality: 299 mOsm/kg **CAUTION:** For use only under medical supervision. Not intended for therapeutic use like extensively hydrolyzed specialty formulas or amino-acid based specialty formulas.	**Approved with Medical Documentation form.**	3 fl oz nurser RTF (24 kcal/ fl oz) 8 bottles/case	**Protein** (14% kcals) (100% whey proteins) - Hydrolyzed whey protein concentrate **Fat** (47% kcals) - MCT, Soy Oil, High-Oleic Safflower or Sunflower Oil **CHO** (39% kcals) - Lactose, corn maltodextrin
GERBER GOOD START PROTECT (Nestle Nutrition) **USE:** A milk-based infant formula (partially hydrolyzed) for infants with no special nutritional requirements. Contains bifidus bl, docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. 100% whey proteins. Per 5 fl oz: 100 kcals, 2.2 g pro, 5.1 g fat, 11.2 g CHO, 1.5 mg iron **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	12.4 oz can powder 23.2 oz can powder Standard dilution = 20 kcals/oz: 1 scoop (8.7 g) powder to 2 fl oz water.	**Protein** (9% kcals) (100% whey proteins) - Hydrolyzed whey protein concentrate **Fat** (46% kcals) - Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA **CHO** (45% kcals) - Lactose, corn maltodextrin

Product	WIC Issuance	Size	Nutrient Source
GERBER GOOD START SOOTHE (Nestle Nutrition) **USE:** A milk-based infant formula (partially hydrolyzed) for infants with no special nutritional requirements. Contains docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. Per 5 fl oz: 100 kcals, 2.2 g pro, 5.1 g fat, 11.2 g CHO, 1.5 mg iron **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	12.4 oz can powder 23.2 oz can powder	**Protein** (9% kcals) (100% whey proteins) - Hydrolyzed whey protein concentrate **Fat** (46% kcals) - Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA **CHO** (45% kcals) - Lactose, corn maltodextrin
GERBER GOOD START SOY (Nestle Nutrition) **USE:** A soy-based infant formula (lactose-free, partially hydrolyzed) for infants with sensitivity to cow's milk or hereditary or temporary lactase deficiency. Contains partially hydrolyzed soy protein, docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. Milk-free. Per 5 fl oz: 100 kcals, 2.5 g pro, 5.1 g fat, 11.1 g CHO, 1.8 mg iron **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	12.9 oz can powder 6 cans/case Reconstituted: 91 fl oz 25.7 oz can powder 6 cans/case Reconstituted: 186 fl oz Standard dilution = 20 kcals/oz: 1 scoop (8.9 g) powder to 2 fl oz water. 12.1 fl oz can concentrate 8.45 fl oz (250 ml) can RTF	**Protein** (10 % kcals) (100% whey proteins) - Hydrolyzed Soy Protein Isolate **Fat** (46% kcals) - Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA **CHO** (44% kcals) - Corn maltodextrin, sucrose

Product	WIC Issuance	Size	Nutrient Source
GERBER GRADUATES GENTLE (Nestle Nutrition) **USE:** A milk-based formula for older infants and toddlers (9-24 months) in transition to solid foods. Docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. Per 5 fl oz: 100 kcals, 2.2 g pro, 5.1 g fat, 11.6 g CHO, 2 mg iron **CAUTION:** If you suspect your baby is allergic to milk, use only under a doctor's supervision. Evaluate if formula is mixed, used, and stored properly.	**Not WIC approved.**	22 oz can powder Standard dilution = 20 kcals/oz: 1 scoop (9.0 g) powder to 2 fl oz water.	**Protein** (9 % kcals) - Hydrolyzed whey protein concentrate **Fat** (45% kcals) - Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA **CHO** (46 % kcals) - lactose, corn maltodextrin
GERBER GRADUATES PROTECT (Nestle Nutrition) **USE:** Milk- based formula for older infants and toddlers (partially hydrolyzed) designed to reduce the risk of atopic dermatitis. Contains docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. Contains probiotic *Bifidus BL*. Per 5 fl oz: 100 kcals, 2.2 g pro, 5.1 g fat, 11.2 g CHO, 1.5 mg iron **CAUTION:** Should not be fed to infants allergic to milk. Evaluate if formula is mixed, used, and stored properly.	**Not WIC approved.**	22 oz can powder Standard dilution = 20 kcals/oz: 1 scoop (8.8 g) powder to 2 fl oz water.	**Protein** (9 % kcals) - Hydrolyzed whey protein concentrate **Fat** (46 % kcals) - Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA **CHO** (45 % kcals) - Corn maltodextrin

Product	WIC Issuance	Size	Nutrient Source
GERBER GRADUATES SOY (Nestle Nutrition) **USE:** A soy-based formula for older infants and toddlers (lactose-free, partially hydrolyzed) with sensitivity to cow's milk or hereditary or temporary lactase deficiency. Contains partially hydrolyzed soy protein, docosahexaenoic acid (DHA) and arachidonic acid (ARA). Iron-fortified. Milk-free. Per 5 fl oz: 100 kcals, 2.8 g pro, 5.0 g fat, 10.9 g CHO, 2 mg iron **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not WIC approved.**	24 oz can powder Standard dilution = 20 kcals/oz: 1 scoop (8.9 g) powder to 2 fl oz water.	**Protein** (11 % kcals) (100% whey proteins) - Hydrolyzed Soy Protein Isolate **Fat** (45% kcals) - Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA **CHO** (44% kcals) - Corn maltodextrin, sucrose
HCY 1 (Mead Johnson) **USE:** A methionine-free infant formula and medical food (metabolic) for infants and toddlers with homocystinuria. Contains added cystine and increased levels of B vitamins for cofactor production. Iron-fortified. Vanilla scent. Gluten-free, lactose-free, galactose-free. DHA & ARA. Per 100 g: 500 kcals, 16.2 g pro, 26 g fat, 51 g CHO, 9.6 mg iron Osmolality: 350 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 4.5 g	**Protein** (13% kcals) - Amino acids (without methionine) **Fat** (47% kcals) - Vegetable oil (palm olein, soy, coconut, high oleic sunflower oils) **CHO** (40% kcals) - Corn syrup solids, modified corn starch, sugar

Product	WIC Issuance	Size	Nutrient Source
HCY 2 (Mead Johnson) **USE:** A methionine-free medical food (metabolic) for children and adults with homocystinuria. Provides essential and non-essential amino acids, CHO, fat, essential fatty acids, vitamins and minerals. Contains added cystine. Iron-fortified. Vanilla scent. Gluten-free, lactose-free, galactose-free. Per 100 g: 410 kcals, 22 g pro, 8.5 g fat, 61g CHO, 13.8 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 14.5 g	**Protein** (22% kcals) - Amino acids (without methionine) **Fat** (19% kcals) - Soy oil **CHO** (59% kcals) - Sugar, corn syrup solids, modified corn starch
HEPATIC AID II INSTANT DRINK (Hormel Health Labs) **USE:** A medical food (oral supplement) designed for older children and adults with chronic liver disease. Contains essential and non-essential amino acids, CHO and fats. For oral use or tubefeeding. May need vitamin and mineral supplement. Kosher, gluten-free, lactose-free. Per 86 g: 400 kcals, 15 g pro, 12.3 g fat, 57.3 g CHO, 0 mg iron Osmolality: 560 mOsm/kg Flavors: chocolate, custard, egg nog **CAUTION:** For use only under medical supervision.	**Not WIC approved.**	3 oz (86 g) powder packet 24 packets/case	**Protein** (15% kcals) - Amino acids **Fat** (28% kcals) - Partially hydrogenated soybean oil **CHO** (57% kcals) - Maltodextrins, sugar

Product	WIC Issuance	Size	Nutrient Source
HI-CAL (Abbott Nutrition) **USE:** A high-calorie medical food (oral supplement) for older children and adults in need of extra calories. Fortified with vitamins and minerals. Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 475 kcals (2 kcals/ml), 19.8 g pro, 21.2 g fat, 51.3 g CHO, 3.6 mg iron Osmolality: 705 mOsm/kg **CAUTION:** For use only under medical supervision. Not intended as a sole source of nutrition. Not for tubefeeding or parenteral use.	**Approved with Medical Documentation form.**	1000 ml bottle 8 bottles/case	**Protein** (16.7% kcals) - Sodium and calcium caseinates **Fat** (40.1% kcals) - Corn oil **CHO** (43.2% kcals) - Corn syrup solids, corn maltodextrin, sucrose
HOM 1-MIX (Milupa North America) **USE:** A methionine– free, cysteine-enriched exempt infant formula (metabolic) for infants with HOMocystinuria. Enriched with vitamins, minerals and trace elements. Per 100 ml: 66 kcals, 1.3 g pro, 3.6 g fat, 7 g CHO, 0.8 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	470 g can powder 6 cans/case 1 scoop = 4.6 g formula 3 scoops + 90 ml= 100 ml Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (8% kcals) - Amino acids **Fat** (49% kcals) - Vegetable fats and oils and animal fats **CHO** (42% kcals) - Lactose
HOM 1 (Milupa North America) **USE:** A methionine– free, cysteine-enriched medical food (metabolic) for infants with HOMocystinuria. Enriched with vitamins, minerals and trace elements. Per 100 g: 290 kcals, 50 g pro, 0 g fat, 22.5 g CHO, 29 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 1 can/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (69% kcals) - Amino acids **Fat** (0% kcals) **CHO** (31% kcals) - maltodextrin

Product	WIC Issuance	Size	Nutrient Source
HOM 2-PRIMA (Milupa North America) **USE:** A methionine– free, cysteine-enriched medical food (metabolic) for toddlers and children over 1 year with HOMocystinuria. Enriched with vitamins, minerals and trace elements. Per 100 g: 290 kcals, 60 g pro, 0 g fat, 12.4 g CHO, 26.4 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (83% kcals) - Amino acids **Fat** (0% kcals) **CHO** (17% kcals) - maltodextrin
HOM 2-SECUNDA (Milupa North America) **USE:** A methionine– free, cysteine-enriched medical food (metabolic) for children and adolescents over 9 years with HOMocystinuria. Enriched with vitamins, minerals and trace elements. Per 100 g: 292 kcals, 70 g pro, 0 g fat, 2.9 g CHO, 20 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (96% kcals) - Amino acids **Fat** (0% kcals) **CHO** (4% kcals) - Sugar
HOM 2 (Milupa North America) **USE:** A methionine– free, cysteine-enriched medical food (metabolic) for children, adolescents and adults over 1 year with HOMocystinuria. Enriched with vitamins, minerals and trace elements. Per 100 g: 298 kcals, 68.8 g pro, 0 g fat, 5.8 g CHO, 15 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (92% kcals) - Amino acids **Fat** (0% kcals) **CHO** (8% kcals) - Sugar

Product	WIC Issuance	Size	Nutrient Source
HOM 3-ADVANTA (Milupa North America) **USE:** A methionine– free, cysteine-enriched medical food (metabolic) for adolescents and adults over 15 years with HOMocystinuria. Enriched with vitamins, minerals and trace elements. Per 100 g: 298 kcals, 70 g pro, 0 g fat, 4.4 g CHO, 13.4 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (94% kcals) - Amino acids **Fat** (0% kcals) **CHO** (6% kcals) - Sugar
HOMINEX – 1 (Abbott Nutrition) **USE:** A methionine-free infant formula and medical food (metabolic) for infants and children with vitamin B_6 non-responsive homocystinuria or hypermethionemia. Supplemented with L-cystine, L-carnitine and taurine. Iron-fortified. Lactose-free, gluten-free. Per 100 g: 480 kcals, 15 g pro, 21.7 g fat, 53 g CHO, 9 mg iron Osmolality: 375 mOsm/kg at 30 kcal/fl oz **CAUTION:** Must only be used for infants and toddlers with proven vitamin B_6 non-responsive homocystinuria or hypermethionemia under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 20 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (13% kcals) - Amino acids (without methionine) **Fat** (41% kcals) **-** High oleic safflower oil, coconut oil, soy oil **CHO** (44% kcals) - Corn syrup solids
HOMINEX - 2 (Abbott Nutrition) **USE:** A methionine-free medical food (metabolic) for children and adults with vitamin B_6 non-responsive homocystinuria or hypermethionemia. Supplemented with L-cystine, L-carnitine and taurine. Per 100 g: 410 kcals, 30 g pro, 14 g fat, 35 g CHO, 13 mg iron Osmolality: 1350 mOsm/kg at 30 kcal/fl oz **CAUTION:** Must only be used for children and adults with proven vitamin B_6 non-responsive homocystinuria or hypermethionemia under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 30 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (29% kcals) - Amino acids (without methionine) **Fat** (31% kcals) **-** High oleic safflower oil, coconut oil, soy oil **CHO** (34% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
HUMAN MILK FORTIFIER, ENFAMIL **USE:** A milk-based medical food for breastfed premature or LBW infants with high calorie and protein needs. When mixed with mother's milk, increases the amount of protein, energy, calcium, phosphorus, and other nutrients. Iron-fortified. Gluten-free. Per 4 packets: 14 kcals, 1.1 g pro, 1 g fat, <.4 g CHO, 1.44 mg iron Vitamins: A - 950 IU, D - 150 IU, E - 4.6 IU, K - 4.4 mcg, C – 12 mg, B1 - 150mcg, B2 - 210mcg, B6 - 115 mcg, B12 - .18mcg, niacin – 3 mg, folacin - 25mcg, pantothenic acid .73 mg, biotin 2.7mcg Minerals: 90 mg calcium, 45 mg phosphorus, 1 mg magnesium, 1.44 mg iron, .72 mg zinc, 10 mcg manganese, 44 mcg copper, 11 mg sodium, 20 mg potassium, 9 mg chloride Osmolality: 35 mOsm/kg Note: To be added to breast milk for premature and low-birth-weight infants (not designed for term infants). Generally use full-strength until baby reaches approximately 2500 g (5.5 lb) body weight and half-strength from 2500-8400 g body weight, or until 9 months corrected age. Babies <1000 g (2.2 lb) body weight on full feedings of Enfamil(R) Human Milk Fortifier should be monitored for high blood calcium levels. No additional vitamin/mineral supplements should be given unless recommended by a healthcare professional. If more than 25 packets are used daily, the infant should be monitored for evidence of excessive vitamin A and D intake. Preterm breast milk collected <2 weeks postpartum is rich in nutrients, so use of Enfamil Human Milk Fortifier is generally not required. **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Do not add fortifier to breast milk in a ratio greater than 1 packet per 25 ml breast milk (no greater than 24 kcals/oz). Do not administer other nutrient supplements in addition to fortifier unless medical tests indicate a need for further supplementation.	**Not Idaho WIC Approved.** (Product should be appropriately prescribed for short-term use only. Infant needs to be followed closely, preferably by a RD that is also a CLE).	.025 oz (0.71 g) packet powder 200 packets/case Breastmilk = 20 kcals/oz Standard dilution: 1 packet of powder added to - 50 ml human milk adds 2 kcals/oz (Final dilution of 22 kcals/oz) - 25 ml human milk adds 4 kcal/oz (Final dilution of 24 kcals/oz)	**Protein** (32% kcals) (60% whey, 40% casein) - Milk protein isolate, whey protein isolate hydrosylate **Fat** (63% kcals) -MCT, soybean oil **CHO** (5% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
HUMAN MILK FORTIFIER ACIDIFIED LIQUID , ENFAMIL (Mead Johnson) **USE:** A milk-based medical food for breastfed premature or LBW infants with high calorie and protein needs. When mixed with mother's milk, increases the amount of protein, energy, calcium, phosphorus, and other nutrients. Iron-fortified. Gluten-free. Per 4 vials: 30 kcals, 2.2 g pro, 2.3 g fat, <1.2 g CHO, 1.76 mg iron Vitamins: A - 950 IU, D - 150 IU, E - 4.6 IU, K - 4.4 mcg, C – 12 mg, B1 - 150mcg, B2 - 210mcg, B6 - 115 mcg, B12 - .18mcg, niacin – 3 mg, folacin - 25mcg, pantothenic acid .73 mg, biotin 2.7mcg Minerals: 90 mg calcium, 45 mg phosphorus, 1 mg magnesium, 1.44 mg iron, .72 mg zinc, 10 mcg manganese, 44 mcg copper, 11 mg sodium, 20 mg potassium, 9 mg chloride Note: To be added to breast milk for premature and low-birth-weight infants (not designed for term infants). Generally use full-strength until baby reaches approximately 2500 g (5.5 lb) body weight and half-strength from 2500-8400 g body weight, or until 9 months corrected age. Babies <1000 g (2.2 lb) body weight on full feedings of Enfamil(R) Human Milk Fortifier should be monitored for high blood calcium levels. No additional vitamin/mineral supplements should be given unless recommended by a healthcare professional. If more than 25 packets are used daily, the infant should be monitored for evidence of excessive vitamin A and D intake. Preterm breast milk collected <2 weeks postpartum is rich in nutrients, so use of Enfamil Human Milk Fortifier is generally not required. **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Do not add fortifier to breast milk in a ratio greater than 1 packet per 25 ml breast milk (no greater than 24 kcals/oz). Do not administer other nutrient supplements in addition to fortifier unless medical tests indicate a need for further supplementation.	**Not Idaho WIC Approved.** (Product should be appropriately prescribed for short-term use only. Infant needs to be followed closely, preferably by a RD that is also a CLE).	5 ml vial 200 vials/case Breastmilk = 20 kcals/oz Standard dilution: 1 vial added to - 50 ml human milk adds 2 kcals/oz (Final dilution of 22 kcals/oz) - 25 ml human milk adds 4 kcal/oz (Final dilution of 24 kcals/oz)	**Protein** (32% kcals) (60% whey, 40% casein) - whey protein isolate hydrosylate **Fat** (63% kcals) -MCT, soybean oil **CHO** (5% kcals) - pectin

Last updated 7/13

Product	WIC Issuance	Size	Nutrient Source
HUMAN MILK FORTIFIER, SIMILAC (Abbott Nutrition) **USE:** A milk-based medical food for breastfed LBW infants with high calorie and protein needs. Nutritionally balanced carbohydrate, protein and fat. Human milk can be fortified with Similac Human Milk Fortifier until the low-birth-weight infant reaches a weight of approximately 3600 g (8 lb). Low iron level provides flexibility to add iron as needed. Per 4 packets: 14 kcals, 1 g pro, .36 g fat, 1.8 g CHO, .35 mg iron Vitamins: A - 620 IU, D - 120 IU, E - 3.2 IU, K - 8.3mcg,C - 25mg, B1 - 233mcg, B2 - 417mcg, B6 - 211mcg, B12 - .64mcg, niacin - 3.57mg, folacin - 23mcg, pantothenic acid 1.5mg, biotin 26mcg Minerals: calcium - 117mg, phosphorus - 67mg, magnesium - 7mg, iron - .35mg, zinc - 1mg, manganese 7.2mcg, copper - 170mcg, sodium 15mg, potassium - 63mg, chloride - 38mg Osmolality: 95 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Do not add fortifier to breast milk in a ratio greater than 1 packet per 25 ml breast milk (no greater than 24 kcals/oz).	**Not Idaho WIC Approved.** (Product should be appropriately prescribed for short-term use only. Infant needs to be followed closely, preferably by a RD that is also a CLE).	.031 oz (0.90 g) packets 150 packets/case Breastmilk = 20 kcals/oz Standard dilution: 1 packet of powder added to - 50 ml human milk adds 2 kcals/oz (Final dilution of 22 kcals/oz) - 25 ml human milk adds 4 kcal/oz (Final dilution of 24 kcals/oz)	**Protein** (28% kcals) - Nonfat milk, whey protein concentrate **Fat** (21% kcals) - MCT **CHO** (51% kcals) - Corn syrup solids
IMPACT (Nestle Healthcare Nutrition) **USE:** A medical food (immune-enhancing tube feed) for older children and adults with major trauma (including burn injury), ARDS, cancer, pressure ulcers, infection, metabolic stress, respiratory disease or ventilator dependant. Novartis patented NutriShield ingredients may add microbial protection. Lactose-free, low-residue, may be suitable for a gluten-free diet. Per 250 ml: 250 kcals (1 kcal/ml), 14 g pro, 6.9 g fat, 32.9 g CHO, 3 mg iron Osmolality: 375 mOsm/kg **CAUTION:** For use only under medical supervision.	**Not WIC approved.**	8.45 fl oz (250 ml) can RTF 24 cans/case 1000 ml closed system containers 6 containers/case	**Protein** (22% kcals) - Sodium and calcium caseinates (milk), L-arginine **Fat** (25% kcals) - Palm kernel oil, sunflower oil, menhaden oil **CHO** (53% kcals) - Maltodextrin

Product	WIC Issuance	Size	Nutrient Source
IMPACT ADVANCED RECOVERY (Nestle Healthcare Nutrition) **USE:** A high-calorie, high-protein medical food (oral supplement) for older children and adults with major trauma (including burn injury), pressure ulcers or infection. Lactose-free, may be suitable for a gluten-free diet. Per 237 ml: 340 kcals (1.4 kcals/ml), 18.1 g pro, 9.2 g fat, 45g CHO, 4 mg iron Osmolality: 930-1000 mOsm/kg Flavors: vanilla, chocolate **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia.	**Not WIC approved.**	8 fl oz (237 ml) carton 15 cartons/case	**Protein** (22% kcals) - Sodium and calcium caseinates (milk), L-arginine **Fat** (25% kcals) - Fish oil, MCT oil, corn oil **CHO** (53% kcals) - Sucrose, corn syrup solids
IMPACT with FIBER (Nestle Healthcare Nutrition) **USE:** A high-fiber medical food (immune-enhancing tube feed) for older children and adults with major trauma (including burn injury), ARDS, cancer, pressure ulcers, infection, metabolic stress, respiratory disease or ventilator dependant. Novartis patented NutriShield ingredients may add microbial protection. Lactose-free, may be suitable for a gluten-free diet. Per 250 ml: 250 kcals (1.0 kcals/ml), 14 g pro, 7g fat, 35 g CHO, 2.5 g fiber, 3 mg iron Osmolality: 375 mOsm/kg **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia.	**Not WIC approved.**	8.45 fl oz (250 ml) can RTF 24 cans/case 1000 ml closed system containers 6 containers/case	**Protein** (22% kcals) - Sodium and calcium caseinates (milk), L-arginine **Fat** (25% kcals) - Palm kernel oil, sunflower oil, menhaden oil **CHO** (53% kcals) - Maltodextrin

Product	WIC Issuance	Size	Nutrient Source
IMPACT GLUTAMINE (Nestle Healthcare Nutrition) **USE:** A high-calorie, high-protein, high-fiber medical food (immune-enhancing tube feed) for older children and adults with GI distress, major trauma (including burn injury), ARDS, cancer, pressure ulcers, infection, metabolic stress, respiratory disease, ventilator dependant and with high-energy needs. With added Glutamine. Novartis patented NutriShield ingredients may add microbial protection. Lactose-free, may be suitable for a gluten-free diet. Per 250 ml: 325 kcals (1.3 kcal/ml), 19.5 g pro, 10.8 g fat, 37g CHO, 2.5 g fiber, 3 mg iron Osmolality: 630 mOsm/kg **CAUTION:** For use only under medical supervision. Not for indiviuals with galactosemia.	**Not WIC approved.**	8.45 fl oz (250 ml) can RTF 24 cans/case 1000 ml closed system containers 6 containers/case	**Protein** (24% kcals) - Wheat protein hydrolysate, free amino acids, sodium caseinate (milk) **Fat** (30% kcals) - Palm kernel oil, menhaden oil, sunflower oil **CHO** (46% kcals) - Maltodextrin
IMPACT PEPTIDE 1.5 (Nestle Healthcare Nutrition) **USE:** A high-calorie, high-protein medical food (immune-enhancing tube feed) for older children and adults with major trauma (including burn injury), ARDS, COPD, congestive heart failure, pressure ulcers, metabolic stress, respiratory disease, ventilator dependant or with fluid restrictions or high-energy needs. Novartis patented NutriShield ingredients may add microbial protection. Lactose-free, low-residue, gluten-free. Per 250 ml: 375 kcals, 23.5 g pro, 15.9 g fat, 35 g CHO, 4.5 mg iron Osmolality: 510 mOsm/kg **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia.	**Not WIC approved.**	8.45 fl oz (250 ml) can 24 cans/case 1000ml cloased system container 6 containers/case	**Protein** (25% kcals) - Sodium and calcium caseinate (milk), L-arginine **Fat** (38% kcals) - MCT oil, palm kernel oil, sunflower oil, menhaden oil **CHO** (37% kcals) - Maltodextrin

Product	WIC Issuance	Size	Nutrient Source
ISOSOURCE 1.5 CAL (Nestle Healthcare Nutrition) **USE:** A high-calorie, high-protein medical food (pulmonary tube feed) for older children and adults with ARDS, COPD, cancer, congestive heart failure, renal disease, respiratory disease, ventilator dependant or with fluid restrictions or high calorie and protein needs. Novartis patented NutriShield ingredients may add microbial protection. Kosher, lactose-free, may be suitable for a gluten-free diet. Per 250 ml: 375 kcals (1.5 kcals/ml), 16.9 g pro, 16.2 g fat, 42 g CHO, 4.8 mg iron Osmolality: 585 - 650 mOsm/kg Flavors: unflavored, Vanilla **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia.	**Not WIC Approved**.	8.45 fl oz (250 ml) can RTF 24 cans/case 1000 ml closed system container 6 containers/case 1500 ml closed system container 6 containers/case	**Protein** (18% kcals) - Sodium and calcium caseinates (milk) **Fat** (38% kcals) - Canola oil, MCT oil, soybean oil **CHO** (44% kcals) - Maltodextrin, sugar
ISOSOURCE HN (Nestle Healthcare Nutrition) **USE:** A fiber-free, high-calorie, high-protein medical food (standard tube feed) for older children and adults with developmental disabilities or in need of transitional feeding. 100% soy protein. Novartis patented NutriShield ingredients may add microbial protection. Kosher, lactose-free, low-residue, gluten-free. Per 250 ml: 300 kcals (1.2 kcals/ml), 13.4 g pro, 9.8 g fat, 40 g CHO, 3.9 mg iron Osmolality: 490 mOsm/kg **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case 1000 ml closed system container 6 containers/case 1500 ml closed system container 6 containers/case	**Protein** (18% kcals) - Soy protein isolate **Fat** (29% kcals) - Canola oil, MCT oil **CHO** (53% kcals) - Corn syrup, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
I-VALEX – 1 (Abbott Nutrition) **USE:** A leucine-free infant formula and medical food (metabolic) for infants and children with a disorder of leucine catabolism. Supplemented with L-carnitine and glycine. Iron-fortified. Lactose-free, gluten-free. Per 100 g: 480 kcals, 15 g pro, 21.7 g fat, 53 g CHO, 9 mg iron Osmolality: 375 mOsm/kg at 20 kcal/fl oz **CAUTION:** Must only be used for infants and toddlers with a disorder or leucine catabolism under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 20 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (13% kcals) - Amino acids (without leucine) **Fat** (41% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (44% kcals) - Corn syrup solids
I-VALEX – 2 (Abbott Nutrition) **USE:** A leucine-free medical food (metabolic) for children and adults with a disorder of leucine catabolism. Supplemented with L-carnitine and glycine. Iron-fortified. Per 100 g: 410 kcals, 30 g pro, 13 g fat, 35 g CHO, 13 mg iron Osmolality: 1390 mOsm/kg at 30 kcal/fl oz **CAUTION:** Must only be used for children and adults with a disorder or leucine catabolism under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 30 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (29% kcals) - Amino acids (without leucine) **Fat** (29% kcals) - High oleic safflower oil, coconut oil **CHO** (34% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
JEVITY 1 CAL (Abbott Nutrition) **USE:** A nutritionally complete, isotonic medical food (standard tube feed) for older children and adults being tubefed or for oral feeding of patients with altered taste perception. Appropriate for short or long-term use. Contains fiber. Kosher, gluten-free, lactose-free. Per 8 fl oz: 250 kcals (1.06 kcals/ml), 10.4 g pro, 36.5 g CHO, 8.2 g fat, 3.3 mg iron Osmolality: 300 mOsm/kg **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case 1500 ml container Ready-To-Hang 6 containers/case	**Protein** (16.7% kcals) - Sodium and calcium caseinates, soy protein isolate **Fat** (29% kcals) - High oleic safflower oil, canola oil, MCT **CHO** (54.3% kcals) - Corn maltodextrin, corn syrup solids, soy fiber
JEVITY 1.2 CAL (Abbott Nutrition) **USE:** A nutritionally complete, high calorie medical food (standard tube feed) for older children and adults being tube-fed who need to gain or maintain weight or for oral feeding of patients with altered taste perception. Appropriate for short or long-term use. Contains fiber and FOS (a prebiotic that may help promote gut health). Kosher, gluten-free, lactose-free. Per 8 fl oz: 285 kcals (1.2 kcals/ml), 13.2 g pro, 40.2 g CHO, 9.3 g fat, 4.3 mg iron, 5.3 g fiber Osmolality: 450 mOsm/kg **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case 1500 ml container Ready-To-Hang 6 containers/case	**Protein** (18.5% kcals) - Sodium and calcium caseinate, soy protein isolate **Fat** (29% kcals) - High oleic safflower oil, canola oil, MCT **CHO** (52.5% kcals) - Corn maltodextrin, corn syrup solids, fructooligosaccharides, soy fiber, oat fiber

Product	WIC Issuance	Size	Nutrient Source
JEVITY 1.5 CAL (Abbott Nutrition) **USE:** A nutritionally complete, very high calorie and protein medical food (standard tube feed) for older children and adults being tube-fed who need to gain or maintain weight or for oral feeding of patients with altered taste perception. Appropriate for short or long-term use. Contains fiber and FOS (a prebiotic that may help promote gut health). Kosher, gluten-free, lactose-free. Per 8 fl oz: 355 kcals (1.5 kcals/ml), 15.1 g pro, 11.8 g fat, 51.1 g CHO, 5.3 g fiber, 4.3 mg iron Osmolality: 525 mOsm/kg **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case 1500 ml container Ready-To-Hang 6 containers/case	**Protein** (17% kcals) - Sodium and calcium caseinates, soy protein isolate **Fat** (29.4% kcals) - High oleic safflower oil, canola oil, MCT oil, soy lecithin **CHO** (53.6% kcals) - Corn syrup solids, corn maltodextrin, fructooligosaccharides, oat fiber, soy fiber
JUVEN (Abbott Nutrition) **USE:** A medical food for older children and adults (wound healing oral supplement/tube feed) with burn injuries, pressure ulcers, venous stasis ulcers or other chronic wounds. Contains supplemental levels of L-Arginine and Glutamine. Kosher, lactose-free, sugar-free, may be suitable for gluten-free diets. Per 9.2 g: 35 kcals, 4.5 g pro, 0 g fat, 4 g CHO, 0 mg iron (0.15 kcals/ml when mixed with 237 ml water. Osmolality: 405 – 461 mOsm/kg Flavors: unflavored, fruit punch, orange **CAUTION:** For use only under medical supervision. Made in same plant with soy, milk, egg and wheat products. Phenylketonurics: contains phenylalanine in fruit punch and orange flavors.	**Not WIC Approved.**	9.2 g (0.32 oz) packet powder 56 packets/case Mix one packet with 6-8 fl oz water.	**Protein** (85% kcals) - L-Arginine, glutamine **Fat** (0% kcals) - None **CHO** (15% kcals) - sucrose (flavored)

Product	WIC Issuance	Size	Nutrient Source
KETOCAL 3.1 (Nutricia North America) **USE:** A nutritionally complete, ketogenic medical food (metabolic) in a 3:1 ratio (fat: carbohydrate + protein) for children up to age 8 with intractable epilepsy. Can be used as the sole source of nutrition or as a supplement. Nutrient dense for children with low energy requirements. For oral use or tubefeeding. DHA &ARA. Per 100 g: 699 kcals, 15.3 g pro, 7.2 g CHO, 67.7 g fat, 10.9 mg iron. Osmolality: 150 mOsm/kg at 30 kcal/fl oz **CAUTION:** For use only under strict medical supervision for individuals with intractable epilepsy. Not for parenteral use. Not suitable for children under one year of age.	**Approved with Medical Documentation form.**	11 oz (300 g) can powder 6 cans/case Dilutions: 20 kcal/oz: 9.5 g powder to 91 ml water to yield 100 ml 24 kcal/oz: 11.4 g powder to 89 ml water to yield 100 ml 30 kcal/oz: 14.3 g powder to 86 ml water to yield 100 ml Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (8.8% kcals) - Milk protein **Fat** (87.1% kcals) Refined vegetable oil (palm, soy) **CHO** (4.1% kcals) - Lactose
KETOCAL 4.1 (Nutricia North America) **USE:** A nutritionally complete, ketogenic medical food (metabolic) in a 4:1 ratio (fat: carbohydrate+ protein) for individuals over 1 yr of age with intractable epilepsy. Can be used as the sole source of nutrition or as a supplement. Nutrient dense for children with low energy requirements. For oral use or tubefeeding. Per 100 g: 720 kcals, 15 g pro, 3 g CHO, 72 g fat, 11 mg iron. Flavor: Vanilla Osmolality: 197 mOsm/kg **CAUTION:** For use only under strict medical supervision for individuals with intractable epilepsy. Not for parenteral use. Not suitable for children under one year of age.	**Approved with Medical Documentation form.**	11 oz (300 g) can powder 6 cans/case Recommended dilution: 4 mL of water to 1 g of powder Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (8.4% kcals) - Dry whole milk **Fat** (90% kcals) (LCT 100%) - Hydrogenated soybean oil, refined soybean oil **CHO** (1.6% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
KETOCAL 4.1 LIQUID (Nutricia North America) **USE:** A nutritionally complete, ketogenic medical food (metabolic) in a 4:1 ratio (fat:carbohydrate+ protein) for individuals over 1 yr of age with intractable epilepsy. Can be used as the sole source of nutrition or as a supplement. Nutrient dense for children with low energy requirements. For oral use or tubefeeding. Per 237 ml: 356 kcals, 7.32 g pro, 4.10 g CHO, 35.1 g fat, 3.6 mg iron. Flavors: Vanilla or unflavored Osmolality: Vanilla 260 mOsm/kg, unflavored 280 mOsm/kg **CAUTION:** For use only under strict medical supervision for individuals with intractable epilepsy. Not for parenteral use. Not suitable for children under one year of age.	**Approved with Medical Documentation form.**	8 fl oz (235 ml) RTF 27 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (8.2% kcals) - sodium caseinate, whey protein concentrate **Fat** (90% kcals) - Refined vegetable oil (high oleic sunflower, soy, palm) **CHO** (3.14% kcals) - corn starch, inulin Unflavored contains sucrose Vanilla contains sucrose and sucralose
KETONEX – 1 (Abbott Nutrition) **USE:** An isoleucine-, leucine- and valine-free infant formula and medical food (metabolic) for infants and toddlers with maple syrup urine disease (MSUD). Supplemented with L-carnitine and taurine. Iron-fortified.Lactose-free, gluten-free. Per 100 g: 480 kcals, 15 g pro, 21.7 g fat, 53 g CHO, 9 mg iron Osmolality: 365 mOsm/kg at 20 kcal/fl oz **CAUTION:** Must only be given to infants and toddlers with proven MSUD under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 20 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (13% kcals) - Amino acids (without isoleucine, leucine, valine) **Fat** (41% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (44% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
KETONEX – 2 (Abbott Nutrition) **USE:** An isoleucine-, leucine- and valine-free medical food (metabolic) for children and adults with maple syrup urine disease (MSUD). Supplemented with L-carnitine and taurine. Per 100 g: 410 kcals, 30 g pro, 14 g fat, 35 g CHO, 13 mg iron Osmolality: 1315 mOsm/kg at 30 kcal/fl oz **CAUTION:** Must only be given to children and adults with proven MSUD under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 30 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (29% kcals) - Amino acids (without isoleucine, leucine, valine) **Fat** (31% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (34% kcals) - Corn syrup solids
L-EMENTAL (Hormel HealthLabs) – orange, lemon-lime **USE:** An elemental medical food (wound healing oral supplement/tube feed) for older children and adults with inflammatory bowel disease, bowel resection, chronic diarrhea, crohn's disease, irradiated bowel, malabsorption syndrome, GI fistula, short bowel syndrome, pancreatic disorder, limited gut function or if transitioning from TPN. Assists in wound healing by delivering arginine, antioxidants and zinc. Kosher, lactose-free, gluten-free. Per 0.37 oz: 30 kcals, 3.5 g pro, 0 g fat, 4 g CHO, 0 mg iron Osmolality: 630 mOsm/kg Flavors: orange, lemon-lime, cherry **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	0.37 oz (10.3 g) packet powder 50 packets/case Standard dilution: Mix with water or juice	**Protein** (47% kcals) - L-arginine **Fat** (0% kcals) **-** None **CHO** (53% kcals) - Maltodextrin

Product	WIC Issuance	Size	Nutrient Source
L-EMENTAL (Hormel HealthLabs) – unflavored **USE:** An elemental medical food (wound healing oral supplement/tube feed) for older children and adults with inflammatory bowel disease, bowel resection, chronic diarrhea, crohn's disease, irradiated bowel, malabsorption syndrome, GI fistula, short bowel syndrome, pancreatic disorder, limited gut function or if transitioning from TPN. Assists in wound healing by delivering arginine, antioxidants and zinc. Kosher, lactose-free, gluten-free. Per 2.87 oz: 300 kcals, 11.5 g pro, 0.8 g fat, 61.7 g CHO, 2.7 mg iron Osmolality: 630 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	2.84 oz (80.4 g) packet powder 60 packets/case Standard dilution: 1 packet powder to 8.5 fl oz warm water.	**Protein** (15% kcals) - Amino acids **Fat** (2% kcals) - Safflower oil **CHO** (82% kcals) - Maltodextrin
LANAFLEX (Nutricia North America) **USE:** A phenylalanine-free medical food for individuals over 12 years of age with phenylketonuria who are no longer following a phenylalanine-restricted diet. Contains CHO, vitamins, minerals, and trace elements. Per 15.8 g: 40 kcals, 5.2 g pro, .16 g fat, 4.4 g CHO, 5.9 mg Iron Osmolality (1 to 4 dilution): 1350 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for use when planning or during pregnancy.	**Not WIC approved.**	15.8 g sachet 40 sachets/case Standard dilution: 1 sachet to 2 fl oz chilled water = 70 ml (2.3 fl oz). Recommended quantity of Lanaflex is 0.8 g per kg bodyweight per day. Not to exceed three sachets per day total.	**Protein** (52% kcals) - Amino Acids **Fat** (0% kcals) - Negligble **CHO** (44% kcals) - Sugar
LEU 1 (Milupa North America) **USE:** A leucine-free exempt infant formula (metabolic) for infants with inherited disorders of leucine metabolism. Enriched with vitamins, minerals and trace elements. Per 100 g: 276 kcals, 50 g pro, 0 g fat, 19.1 g CHO, 35 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 1 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (72% kcals) - Amino acids (without leucine) **Fat** (0% kcals) **CHO** (28% kcals) - maltodextrin

Product	WIC Issuance	Size	Nutrient Source
LEU 2-PRIMA (Milupa North America) **USE:** A leucine-free medical food (metabolic) for toddlers and children over age 1 with inherited disorders of leucine metabolism. Enriched with vitamins, minerals and trace elements. Per 100 g: 289 kcals, 60 g pro, 0 g fat, 12.2 g CHO, 26.4 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (83% kcals) - Amino acids (without leucine) **Fat** (0% kcals) **CHO** (17% kcals) -maltodextrin
LEU 2 (Milupa North America) **USE:** A leucine-free medical food (metabolic) for children, adolescents and adults over 1 year with inherited disorders of leucine metabolism. Enriched with vitamins, minerals and trace elements. Per 100 g: 303 kcals, 62.6 g pro, 0 g fat, 13.2 g CHO, 15 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (83% kcals) - Amino acids (without leucine) **Fat** (0% kcals) **CHO** (17% kcals) - Sugar
LIQUID PROTEIN FORTIFIER (Abbott Nutrition) **USE:** A extensively hydrolyzed protein medical food for infants with an increased protein need. Sterile. For use with human milk or infant formula. Peptides and amino acids for easy digestion and absorption. Per 6 ml: 4 kcals, 1 g pro **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	1.8 fl oz (54 ml) bottle 48 bottles/case	**Protein** (100% kcals) - Casein hydrolysate **Fat** (0% kcals) **CHO** (0% cakl)

Product	WIC Issuance	Size	Nutrient Source
LMD (Mead Johnson) **USE:** A leucine-free infant formula and medical food (metabolic) for infants, children and adults with inborn errors of leucine metabolism, including isovaleric acidemia. Contains increased levels of B vitamins for cofactor production. Vanilla scent. Gluten-free, lactose-free, galactose-free. DHA & ARA Per 100 g: 500 kcals, 16.2 g pro, 26 g fat, 51 g CHO, 9.6 mg iron Osmolality: 370 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 4.5 g	**Protein** (13% kcals) - Amino acids (without leucine) **Fat** (47% kcals) - Vegetable oil (palm olein, soy, coconut, high oleic sunflower oils) **CHO** (40% kcals) - Corn syrup solids, modified corn starch, sugar
LOPHLEX (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for older children (over 4) and adults (including pregnant women) with phenylketonuria (PKU). Low volume medical food. Contains vitamins, minerals and trace elements. For oral use or tubefeeding. Per 14.3 g: 41 kcals, 10 g pro, .03 g fat, .14 g CHO, 3.7 mg iron Osmolality (1 to 5 dilution): 2460 mOsm/kg Flavors: berry, orange **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use. Not intended for infants.	**Approved with Medical Documentation form.**	14.3 g sachet powder 30 sachets/box Standard dilution: 1 sachet powder to water to yield 2.5 fl oz drink. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (98% kcals) - Amino acids (without phenylalanine) **Fat** (<1% kcals) - Negligible **CHO** (1% kcals) - Negligible

Product	WIC Issuance	Size	Nutrient Source
LYS 1 (Milupa North America) **USE:** A lysine-free exempt infant formula (metabolic) for infants with inherited disorders of lysine metabolism. Enriched with vitamins, minerals and trace elements. Per 100 g: 281 kcals, 50 g pro, 0 g fat, 20.2 g CHO, 35 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 1 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (71% kcals) - Amino acids (without lysine) **Fat** (0% kcals) **CHO** (29% kcals) - maltodextrin
LYS 2-PRIMA (Milupa North America) **USE:** A lysine-free medical food (metabolic) for toddlers and children over age 1 with inherited disorders of lysine metabolism. Enriched with vitamins, minerals and trace elements. Per 100 g: 294 kcals, 60 g pro, 0 g fat, 13.5 g CHO, 26.4 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (82% kcals) - Amino acids (without lysine) **Fat** (0% kcals) **CHO** (18% kcals) -maltodextrin
LYS 2 (Milupa North America) **USE:** A lysine-free medical food (metabolic) for children, adolescents and adults over 1 year with inherited disorders of lysine metabolism. Enriched with vitamins, minerals and trace elements. Per 100 g: 308 kcals, 64.4 g pro, 0 g fat, 12.5 g CHO, 15 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (84% kcals) - Amino acids (without lysine) **Fat** (0% kcals) **CHO** (16% kcals) - Sugar

Product	WIC Issuance	Size	Nutrient Source
MCT OIL (Nestle Healthcare Nutrition) **USE:** A medical food (oral supplement) for infants, children and adults with pancreatic disorders, malabsorption syndrome or short bowl syndrome. More readily hydrolyzed and absorbed than conventional food fat. Kosher, lactose-free, may be suitable for a gluten-free diet. Per 1 Tbsp: 115 kcals (7.7 kcals/ml; 8.3 kcals/g), 0 g pro, 14 g fat, 0 g CHO, 0 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	1 quart glass bottle 6 bottles/case	**Protein** (0% kcals) - None **Fat** (100% kcals) - MCT oil (coconut oil and/or palm kernel oil) **CHO** (0% kcals) - None
METHIONAID (Nutricia North America) **USE:** A methionine-free, powdered medical food (metabolic) for individuals over the age of 1 year for the dietary management of vitamin B_6 non-responsive homocystinuria or hypermethioninemia. Must be consumed in conjunction with natural protein, fluid and other nutrients. Does not contain fat, allowing for flexibility in modifying energy intake. Flavor-less. Per 100 g: 250 kcals, 60 g pro, 0 g fat, 3 g CHO, 25 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	7 oz (200 g) can 10 cans/case 1 Tbsp powder = 9 g Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (96%) -Amino acids (methionine-free) **Fat** (0%) **CHO** (4%) -Hydrolyzed corn starch
MICROLIPID (Nestle Healthcare Nutrition) **USE:** A medical food (for use in foods/oral supplements/tube feeds) for infants, children and adults with anorexia, fluid restriction or in need of extra calories. 50% fat emulsion. Kosher, lactose-free, gluten-free diet. Per 1 Tbsp: 67.5 kcals (4.5 kcals/ml), 0 g pro, 7.5 g fat, 0 g CHO, 0 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	3 fl oz bottle 48 bottles/case	**Protein** (0% kcals) - None **Fat** (100% kcals) - Safflower oil **CHO** (0% kcals) - None

Product	WIC Issuance	Size	Nutrient Source
MILUPA HOM 2 (Milupa North America) **USE:** A methionine-free medical food (metabolic) for children and adults with vitamin B_6 non-responsive homocystinuria. Enriched with vitamins and minerals. Per 100 g: 290 kcals, 69 g pro, 0 g fat, 3.8 g CHO, 15 mg iron Osmolality: 810 mOsm/kg **CAUTION:** Must be used only under strict medical supervision for individuals with proven homocystinuria. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	17.5 oz (500 g) can powder 2 cans/case 1 Tablespoon = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (95% kcals) - Amino acids (without methionine) **Fat** (0% kcals) **-** None **CHO** (5% kcals) - Sugar
MILUPA MSUD 2 (Nutricia North America) **USE:** An isoleucine-, leucine- and valine-free medical food (metabolic) for children and adults with maple syrup urine disease (MSUD) – classic, inherited and intermittent forms, hypervalinemia (isoleucine and leucine should be added), alpha-methylacetoacetic aciduria (leucine and valine should be added), ketotic hypoglycemia – leucine induced, idiopathic form (isoleucine and valine should be added) or hyperprolinemia type II, with hyperleucine-isoleucinemia (valine should be added). Enriched with vitamins and minerals. Per 100 g: 300 kcals, 54 g pro, 0 g fat, 21 g CHO, 15 mg iron Osmolality (1 to 9 dilution): 700 mOsm/kg **CAUTION**: For use only under strict medical supervision for individuals with disorders of branched chain amino acid metabolism. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	17.5 oz (500 g) can powder 2 cans/case 1 Tbsp powder = 10 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (72% kcals) - Amino acids (without isoleucine, leucine and valine) **Fat** (0% kcals) **CHO** (28% kcals) - Sugar

Product	WIC Issuance	Size	Nutrient Source
MILUPA OS 2 (Nutricia North America) **USE:** An isoleucine-, methionine-, threonine- and valine-free medical food (metabolic) for children and adults with propionic academia or vitamin B_{12} non-responsive methylmalonic acidemia. Enriched with vitamins, minerals and trace elements. Per 100 g: 300 kcals, 56.2 g pro, 0 g fat, 18.9 g CHO, 15 mg iron Osmolality (1-9 dilution): 720 mOsm/kg **CAUTION:** For use only under strict medical supervision for individuals with propionic academia or vitamin B_{12} non-responsive methylmalonic acidemia. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	17.5 oz (500 g) can powder 2 cans/case 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (75% kcals) - Amino Acids (without isoleucine, methionine, threonine, valine) **Fat** (0% kcals) **CHO** (25% kcals) - Sugar
MILUPA PKU 2 (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for children with phenylketonuria or hyperphenylalaninemia. Enriched with vitamins, minerals and trace elements. Per 100 g: 293 kcals, 67 g pro, 0 g fat, 6.2 g CHO, 15 mg iron Osmoalality (1 to 9 dilution): 790 mOsm/kg) **CAUTION:** For use only under strict medical supervision for children with proven phenylketonuria or hyperphenylalaninemia. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	17.5 oz (500 g) can powder 2 cans/case 1 Tbsp powder = 9 g product, 6 g pro Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (92% kcals) - Amino acids (without phenylalanine) **Fat** (0% kcals) - None **CHO** (9% kcals) - Sugar

Product	WIC Issuance	Size	Nutrient Source
MILUPA PKU 2 Tomato (Milupa North America) **USE:** A low-phenylalanine medical food (metabolic) for children over 5 and adults with phenylketonuria or hyperphenylalaninemia. Enriched with vitamins, minerals and trace elements. Per 100 g: 412 kcals, 23.3 g pro, 9.9 g fat, 57.4 g CHO, 6.6 mg iron Flavors: tomato **CAUTION:** For use only under strict medical supervision for children with proven phenylketonuria or hyperphenylalaninemia. Not intended as a sole source of nutrition. Not for parenteral use. Contains traces of phenylalanine.	**Approved with Medical Documentation form.**	45 g sachet powder 30 sachets/case Standard dilution = 1 sachet powder to 4.2 fl oz water Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (23% kcals) - Amino acids (without phenylalanine) **Fat** (22% kcals) - Vegetable oils (coconut oil, palm olein, palm oil, canola oil, sunflower oil) **CHO** (56% kcals) - Corn syrup solids
MILUPA PKU 3 (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for adolescents, adults and pregnant women with phenylketonuria or hyperphenylalaninemia. Enriched with vitamins, minerals and trace elements. Per 100 g: 279 kcals, 68 g pro, 0 g fat, 1.7 g CHO, 21 mg iron Osmolality (1 to 9 dilution): 800 mOsm/kg **CAUTION:** For use only under strict medical supervision for individuals with proven phenylketonuria or hyperphenylalaninemia. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	17.5 oz (500 g) can powder 2 cans/case 1 Tbsp pwd = 8.5 g product, 6 g pro Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (97% kcals) - Amino acids (without phenylalanine) **Fat** (0% kcals) - None **CHO** (2.4% kcals) - Sugar

Product	WIC Issuance	Size	Nutrient Source
MONOGEN (Nutricia North America) **USE:** A milk-protein based medical food (metabolic) for children and adults with hyperlipoproteinemia type 1, chylothorax, intestinal lymphangiectasia, intestinal lymphangiectasia, intractable malabsorption with steatorrhea, post-operative feeding in short gut syndrome, other lipid and lymphatic disorders where a low fat, high MCT diet is indicated. High in medium chain triglycerides. For oral use or tubefeeding. Per 100 g: 420 kcals, 12.5 g pro, 11 g fat, 68 g CHO, 4.2 mg iron Osmolality: 250-370 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 6 cans/case Standard dilution: 22 kcals/oz 3 ½ scoops (17.5 g powder) to 3 fl oz (90 ml) water yields 100 ml formula. 1 scoop powder = 5 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (11% kcals) - Whey protein concentrate (milk, soy lecithin), L-amino acids **Fat** (25% kcals) - Fractionated coconut oil, walnut oil **CHO** (64% kcals) - Corn syrup solids
MSUD AID (Nutricia North America) **USE:** An isoleucine-, leucine- and valine-free medical food (metabolic) for individuals over the age of 1 year with Maple Syrup Urine Disease. Must be consumed in conjunction with natural protein, fluid and other nutrients. Does not contain fat, allowing for flexibility in modifying energy intake. Flavorless. Per 100 g: 250 kcals, 60 g pro, 0 g fat, 3 g CHO, 25 mg Iron **CAUTION:** Must only be used under strict medical supervision. Not intended for use as the sole source of nutrition. Not recommended for infants under 1 year of age. Not for parenteral use. Not suitable for metabolic disorders other than MSUD or as a supplement for individuals who do not have MSUD.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 4 cans/case Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician.	**Protein** (96% kcals) - Amino acids (without isoleucine, leucine and valine) **Fat** (0% kcals) **CHO** (4% kcals) - Hydrolyzed cornstarch

Product	WIC Issuance	Size	Nutrient Source
MSUD ANALOG (Nutricia North America) **USE:** An isoleucine-, leucine and valine-free infant formula (metabolic) for infants with maple syrup urine disease (MSUD). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 475 kcals, 13 g pro, 20.9 g fat, 59 g CHO, 10 mg iron Osmolality: 377 mOsm/kg **CAUTION:** Must only be given to children with proven maple syrup urine disease under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 6 cans/case Recommened dilution = 21kcals/oz: 1 scoop (5 g) powder to every 1 fl oz water 1 Tbsp powder = 8 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (11% kcals) - Amino acids (without isoleucine, leucine and valine), **Fat** (40% kcals) - High oleic safflower oil, refined vegetable oil (coconut, soy) **CHO** (50% kcals) - Corn syrup solids
MSUD MAXAMAID (Nutricia North America) **USE:** An isoleucine-, leucine and valine-free medical food (metabolic) for toddlers and young children with maple syrup urine disease (MSUD). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 324 kcals, 25 g pro, <.1 g fat, 56 g CHO, 14 mg iron Osmolality: Dilution 1 to 7 - 680 mOsm/kg Dilution 1 to 5 - 940 mOsm/kg Flavors: orange **CAUTION:** Must only be given to children with proven maple syrup urine disease under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is 100 g powder to 100 ml fluid. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (31% kcals) - Amino acids (without isoleucine, leucine and valine) **Fat** (< 1% kcals) - Negligible **CHO** (69% kcals) - Sugar, corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
MSUD MAXAMUM (Nutricia North America) **USE:** An isoleucine-, leucine- and valine-free medical food (metabolic) for children over 8, adults and pregnant women with maple syrup urine disease (MSUD). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 305 kcals, 40 g pro, <1 g fat, 34 g CHO, 14.7 mg iron Osmolality: Dilution 1 to 7 - 800 mOsm/kg Dilution 1 to 5 - 1130 mOsm/kg Flavors: orange **CAUTION:** Must only be given to individuals with proven maple syrup urine disease under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is ¼ cup (35 g) powder to 8 fl oz water. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (52% kcals) - Amino acids (without isoleucine, leucine valine) **Fat** (<3% kcals) - Negligible **CHO** (45% kcals) - Sugar, corn syrup solids
NEOCATE INFANT DHA /ARA (Nutricia North America) **USE:** A nutrionally complete infant formula (elemental, hypoallergenic) for infants with cow and soy milk allergy, multiple food protein intolerance, short bowel syndrome, eosinophilic esophagitis, gastroesophageal reflux and other medical conditions that require an amino-acid based diet. Contains DHA and ARA. Neocate is proven safe for use in severely allergic infants who cannot tolerate soy formulas of protein hydrolysates. 100% synthetic free amino acids. For oral use or tubefeeding. Lactose-free, milk-free, sucrose-free Per 100 kcals: 2.8 g pro, 5.1 g fat, 10.8 g CHO, 1.5 mg iron Osmolality: 340 mOsm/kg **CAUTION:** For use only under strict medical supervision.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 4 cans/case Reconstituted: 97 fl oz Standard dilution = 20 kcals/oz: 8 scoops (37 g) to 9 fl oz water yields 8 fl oz formula	**Protein** (11.2% kcals) - Free amino acids **Fat** (45.7% kcals) (92% LCT, 8 % MCT) - Refined vegetable oil High oleic safflower oil, sunflower oil, canola oil. **CHO** (43.1% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
NEOCATE JUNIOR (**Nutricia North America)** **USE:** A nutritionally complete medical food (pediatric elemental, hypoallergenic tube feed/oral supplement) for children ages 1-10 with gastrointestinal tract impairment, malabsorption, cow and soy milk allergy, multiple food protein intolerance, eosinophilic esophagitis and other medical conditions that require an amino acid-based diet. Contains extra vitamins and minerals for malabsorptive conditions. 100% synthetic free amino acids. Milk-free, soy-free, lactose-free, galactose-free, fructose-free, sucrose-free. SHS flavor packets available. Per 100 kcals: 3.3-3.5 g pro, 4.7-5 g fat, 10.4-11 g CHO, 1.6 mg iron Osmolality: 550-650 mOsm/kg Flavors: unflavored, tropical fruit, chocolate **CAUTION:** For use only under strict medical supervision.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 4 cans/case Standard dilution = 30 kcals/oz: - Tropical fruit/chocolate: 7 scoops powder to 7 fl oz water yields 8 fl oz formula. Reconstituted: 60 fl oz - Unflavored: 6 scoops powder to 6.5 fl oz water yields 8 fl oz formula. Reconstituted: 64 fl oz 1 Scoop = 8.2 g	**Protein** (13-14% kcals) - Free amino acids **Fat** (42-45% kcals) (65% LCT, 35 % MCT) - Fractionated coconut oil, canola oil, high oleic safflower oil **CHO** (42-44% kcals) - Corn syrup solids
NEOCATE JUNIOR WITH PREBIOTICS (**Nutricia North America)** **USE:** A nutritionally complete medical food with prebiotic fiber (pediatric elemental, hypoallergenic tube feed/oral supplement) for children ages 1-10 with malabsorption, cow and soy milk allergy, multiple food protein intolerance, eosinophilic esophagitis and other medical conditions that require an amino acid-based diet. Contains extra vitamins and minerals for malabsorptive conditions. 100% synthetic free amino acids. Milk-free, soy-free, lactose-free, galactose-free, fructose-free, sucrose-free. SHS flavor packets available. Per 100 kcals: 3.3-3.5 g pro, 4.6-5 g fat, 10.4-11.2 g CHO,1.6 mg iron Osmolality: 550-650 mOsm/kg Flavors: unflavored, vanilla **CAUTION:** For use only under strict medical supervision.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 4 cans/case Standard dilution = 30 kcals/oz: - Vanilla: 7 scoops powder to 7.5 fl oz water yields 9 fl oz formula. Reconstituted: 62 fl oz - Unflavored: 6 scoops powder to 6.5 fl oz water yields 8 fl oz formula. Reconstituted: 64 fl oz 1 scoop = 8.2 g	**Protein** (13-14% kcals) - Free amino acids **Fat** (41-45% kcals) (65% LCT, 35 % MCT) - Refined vegetable oil (palm kernel, coconut oil, canola oil, high oleic safflower oil) **CHO** (42-45% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
NEOCATE NUTRA (Nutricia North America) **USE:** A medical food (amino-acid based, hypoallergenic semi-solid food) for children over 6 months of age with cow and soy milk allergy, multiple food protein intolerance, eosinophilic esophagitis, gastroesophageal reflux and other medical conditions that require an amino-acid based diet. Contains essential vitamins and minerals to promote balanced nutrition. Milk protein-free, gluten-free. Per 37 gm (175 kcals): 3 g pro, 7 g fat, 24.9 g CHO, 2.2 mg iron **CAUTION:** For use only under strict medical supervision. Not for bottle, tube feed or parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400g) can powder Powder mixes to semi-solid food. Reconstituted amount unavailable. Follow Rx as directed by physician	**Protein** (9% kcals) - Free amino acids **Fat** (20% kcals) - Refined vegetable oil (non-hydrogentated coconut oil, canola oil, sunflower oil) **CHO** (71% kcals) - Corn syrup solids, rice starch
NEPRO with CARB STEADY (Abbott Nutrition) **USE:** A nutritionally complete medical food (renal oral supplement/tube feed) for older children and adults on dialysis with chronic or acute renal failure. Carb steady blend may help manage blood glucose response. Contains FOS (a prebiotic that may help promote gut health). Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 475 kcals (1.8 kcals/ml), 19.1 g pro, 22.7 g fat, 39.4 g CHO, 4.5 mg iron Osmolality: 600 mOsm/kg Flavors: homemade vanilla, butter pecan, mixed berry **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang *(Vanilla only)*	**Protein** (18% kcals) - Calcium, magnesium and sodium caseinates, milk protein isolate **Fat** (48% kcals) - High oleic safflower oil, canola oil **CHO** (34% kcals) - Corn syrup solids, sucrose, fructooligosaccharides

Product	WIC Issuance	Size	Nutrient Source
NOVASOURCE RENAL (Nestle Healthcare Nutrition) **USE:** A high-calorie, high-protein medical food (renal tube feed) for older children and adults with renal disease or fluid restrictions. Contains no added sucrose or sugar alcohols. Novartis patented NutriShield ingredients may add microbial protection. Kosher, lactose-free, low-residue, gluten-free. Per 237 ml (2 kcals/mL): 475 kcals, 21.6 g pro, 23.8 g fat, 43.5 g CHO, 4.3 mg iron Osmolality: 800 mOsm/kg Flavors: vanilla **CAUTION:** For use only under medical supervision.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) tetra brik pak RTF 27 brik paks/case 1000 ml closed system containers 6 containers/case	**Protein** (18% kcals) - Sodium and calcium caseinates (milk), L-arginine, isolated soy protein **Fat** (45% kcals) - Canola oil **CHO** (37% kcals) - Corn syrup, sucrose
NUTRAMIGEN (Mead Johnson) **(Previously NUTRAMIGEN LIPIL)** **USE**: An infant formula (hypoallergenic) for infants with sensitivity to intact proteins found in milk-based and soy-based formulas (symptoms may include colic, congestion, runny nose, wheezing, vomiting, diarrhea, bloody stools, mucus in stools, rash or eczema). Iron-fortified. Gluten-free, lactose-free, galactose-free, sucrose-free. DHA, ARA. Per 100 kcals: 2.8 g pro, 5.3 g fat, 10.3 g CHO, 1.8 mg iron Osmolality: 260-320 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not recommended for routine use in VLBW infants, as these infants may be at increased risk of developing gastrointestinal complications.	**Approved with Medical Documentation form.**	13 fl oz can concentrate 12 cans/case Reconstituted: 26 fl oz 2 fl oz bottle RTF 48 bottles/case 6 fl oz bottle RTF 24 bottles/case 32 fl oz can RTF 6 cans/case	**Protein** (11% kcals) - Casein hydrolysate, amino acids **Fat** (48% kcals) - Vegetable oil (palm olein, soy, coconut, high oleic sunflower oils), DHA, ARA **CHO** (41% kcals) - Corn syrup solids, modified corn starch

Product	WIC Issuance	Size	Nutrient Source
NUTRAMIGEN with ENFLORA LGG (Mead Johnson) **USE:** An infant formula (fully hydrolyzed, hypoallergenic) for infants with cow's milk protein allergy. Contains *Lactobacillus rhamnosus GG* to support a healthy immune system and maintain normal gut barrier function. Iron-fortified. Gluten-free, lactose-free, galactose-free, sucrose-free. DHA, ARA. Per 100 kcals: 2.8 g pro, 5.3 g fat, 10.3 g CHO, 1.8 mg iron Osmolality: 300 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not recommended for routine use in VLBW infants, as these infants may be at increased risk of developing gastrointestinal complications.	**Approved with Medical Documentation form.**	12.6 oz can powder 6 cans/case Reconstituted: 87 fl oz Standard dilution = 20 kcals/oz: 1 scoop powder (9 g) to every 2 fl oz water	**Protein** (11% kcals) - Casein hydrolysate **Fat** (48% kcals) - Vegetable oil (palm olein, soy, coconut, high oleic sunflower oils), DHA, ARA **CHO** (41% kcals) - Corn syrup solids, modified corn starch
NUTRAMIGEN with ENFLORA LGG TODDLER (Mead Johnson) **USE:** An infant formula (fully hydrolyzed, hypoallergenic) for infants 9-36 months old with cow's milk protein allergy. Contains *Lactobacillus rhamnosus GG* to support a healthy immune system and maintain normal gut barrier function. Iron-fortified. lactose-free, galactose-free. DHA, ARA. Per 100 kcals: 2.5g pro, 4.3 g fat, 12.8 g CHO, 1.6 mg iron Osmolality: 300 mOsm/kg **CAUTION:** For use only under strict medical supervision.	**Approved with Medical Documentation form.**	12.6 oz can powder 6 cans/case Reconstituted: 86 fl oz Standard dilution = 20 kcals/oz: 1 scoop powder (9 g) to every 2 fl oz water	**Protein** (10% kcals) - Casein hydrolysate **Fat** (39% kcals) - Vegetable oil (palm olein, soy, coconut, high oleic sunflower oils), DHA, ARA **CHO** (51% kcals) - Corn syrup solids, modified corn starch, fructose

Product	WIC Issuance	Size	Nutrient Source
NUTREN 1.0 **NUTREN 1.0 FIBER (Nestle Healthcare Nutrition)** **USE:** A nutritionally complete, isotonic medical food (oral supplement/tube feed) for older children and adults with malnutrition or cancer. Appropriate for short or long-term use. Kosher, lactose-free, gluten-free, low residue (without fiber). Per 250 ml: 250 kcals (1 kcal/ml), 10 g pro, 9.5 g fat, 32 g CHO, 3 mg iron (w/ fiber 3.5 g) Osmolality: 370 – 410 mOsm/kg Flavors: vanilla **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case	**Protein** (16% kcals) - Calcium-potassium caseinate **Fat** (34% kcals) (MCT 25%, LCT 75%) - Canola oil, MCT (fractionated coconut and palm kernel oil), corn oil, soy lecithin (with fiber) **CHO** (50% kcals) - Maltodextrin, sucrose, corn syrup solids, *pea fiber, oligofructose, inulin (with fiber)*
NUTREN 1.5 (Nestle Healthcare Nutrition) **USE:** A nutritionally complete, isotonic, high calorie medical food (oral supplement/tube feed) for older children and adults with cachexia, cancer, congestive heart failure, fat malabsorption, cystic fibrosis, increased caloric requirements and/or a fluid restrictions. Appropriate for short or long-term use. Kosher, lactose-free, gluten-free, low residue (without fiber). Per 250 ml: 375 kcals (1.5 kcal/ml), 15 g pro, 17 g fat, 42 g CHO, 4.5 mg iron Osmolality: 430-510 mOsm/kg Flavors: unflavored, vanilla **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: 1000 ml bag RTF 6 bags/case	**Protein** (16% kcals) - Calcium-potassium caseinate **Fat** (40% kcals) (50%MCT) - MCT (fractionated coconut and palm kernel oil), canola oil, corn oil **CHO** (44% kcals) - Maltodextrin

Product	WIC Issuance	Size	Nutrient Source
NUTREN 2.0 (Nestle Healthcare Nutrition) **USE:** A nutritionally complete, isotonic, very-high calorie medical food (oral supplement/tube feed) for older children and adults with cachexia, cancer, congestive heart failure, fat malabsorption, cystic fibrosis or fluid restrictions. Appropriate for short or long-term use. Kosher, lactose-free, gluten-free, low-residue. Per 250 ml: 500 kcals (2 kcals/ml), 20 g pro, 26 g fat, 49 g CHO, 6 mg iron Osmolality: 745 mOsm/kg Flavors: vanilla **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: 1000 ml bag RTF 6 bags/case	**Protein** (16% kcals) - Calcium-potassium caseinate **Fat** (45% kcals) (MCT 75%, LCT 25%) - MCT (fractionated coconut and palm kernel oil), canola oil, corn oil **CHO** (39% kcals) - Corn syrup solids, maltodextrin, sugar
NUTREN JUNIOR **NUTREN JUNIOR FIBER (Nestle Healthcare Nutrition)** **USE:** A nutritionally complete, isotonic medical food (pediatric oral supplement/tube feed) for children ages 1-13 with cancer, developmental delay, cerebral palsy, fat malabsorption or growth failure. High whey protein content may improve tolerance, facilitate gastric emptying and support normal growth and development. Appropriate for short or long-term use. Kosher, lactose-free, gluten-free, low-residue (without fiber). Per 250 ml: 250 kcals (1 kcal/ml), 7.5 g pro, 12.4 g fat, 27.5 g CHO, 3.5 mg iron (w/ fiber 1.5 g) Osmolality: 350 mOsm/kg Flavors: vanilla **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: 1000 ml bag RTF 6 bags/case	**Protein** (12% kcals) (50% whey, 50% casein) - Milk protein concentrate, whey protein concentrate **Fat** (44% kcals) (MCT 21%, LCT 79%) - Soybean oil, canola oil MCT (fractionated coconut and palm kernel oil) **CHO** (44% kcals) - Maltodextrin, sucrose, *pea fiber, oligofructose, inulin (with fiber)*

Product	WIC Issuance	Size	Nutrient Source
NUTREN PULMONARY (Nestle Healthcare Nutrition) **USE:** A nutritionally complete, low-carbohydrate, high-calorie and protein medical food (pulmonary oral supplement/tube feed) for older children and adults with pulmonary disease or congestive heart failure. Reduces carbon dioxide production and respiratory quotient in pulmonary patients. Contains a balanced lipid profile to improve tolerance. Kosher, lactose-free, gluten-free, low-residue. Per 250 ml: 375 kcals (1.5 kcals/ml), 17 g pro, 25 g CHO, 23.7 g fat, 4.5 mg iron Osmolality: 330-450 mOsm/kg Flavors: vanilla **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: 1000 ml bag RTF 6 bags/case	**Protein** (18% kcals) - Calcium-potassium caseinate **Fat** (56% kcals) (MCT 40%, LCT 60%) - MCT (fractionated coconut and palm kernel oil), canola oil, corn oil **CHO** (27% kcals) - Maltodextrin
NUTRIHEP (Nestle Healthcare Nutrition) **USE:** A nutritionally complete, high-calorie medical food (hepatic oral supplement) for older children and adults with hepatic disease or hepatic encephalopathy. Rich in branched-chain amino acids and low in aromatic and ammonia-forming amino acids. Lipid profile facilitates fat absorption. For oral use or tubefeeding. Kosher, lactose-free, gluten-free, low-residue. Per 250 ml: 375 kcals (1.5 kcals/ml), 10 g pro, 5.3 g fat, 72.5 g CHO, 4.5 mg iron Osmolality: 790 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case	**Protein** (11% kcals) - Crystalline L-amino acids, whey protein concentrate **Fat** (12% kcals) (MCT 70%, LCT 30%) - MCT (fractionated coconut and palm kernel oil), canola oil, corn oil **CHO** (77% kcals) - Maltodextrin, modified corn starch

Product	WIC Issuance	Size	Nutrient Source
NUTRAMENT (Nestle Healthcare Nutrition) **USE:** A medical food for older children and adults with inadequate oral intake. Designed as a meal replacement. Kosher, lactose-free, gluten-free, low-residue. Per 12 fl oz: 360 kcals (1 kcals/ml), 16 g pro, 10 g fat, 52 g CHO, 6.3 mg iron Flavors: Vanilla, chocolate, strawberry, coconut, banana, eggnog, mango **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Not WIC Approved.**	12 fl oz cans 12 cans/case	**Protein** (18% kcals) - Skim milk, sodium and calcium caseinate, soy protein isolate **Fat** (25% kcals) -High oleic sunflower oil, canola oil, corn oil **CHO** (57% kcals) - Corn syrup, sucrose
OA 1 (Mead Johnson) **USE:** An isoleucine-, methionine-, threonine- and valine-free infant formula and medical food (metabolic) for infants and toddlers with propionic academia or methylmalonic academia. Contains increased levels of B vitamins for cofactor production. Iron-fortified. Vanilla scent. Gluten-free, lactose-free, galactose-free. DHA & ARA. Per 100 g: 500 kcals, 15.7 g pro, 26 g fat, 51 g CHO, 9.6 mg iron Osmolality: 370 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not to be given to premature infants or individuals with immune problems. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 4.5 g	**Protein** (12% kcals) - Amino acids (without isoleucine, methionine, threonine, valine) **Fat** (47% kcals) - Vegetable oil (palm olein, soy, coconut, high oleic sunflower oils) **CHO** (41% kcals) - Corn syrup solids, sugar, modified corn starch

Product	WIC Issuance	Size	Nutrient Source
OA 2 (Mead Johnson) **USE:** An isoleucine-, methionine-, threonine- and valine-free medical food (metabolic) for children and adults with propionic academia or methylmalonic academia. Provides adequate protein, linoleic and linolenic acid and vitamins and minerals not available from low-protein foods while supplying fewer calories than OA 1. Iron-fortified. Vanilla scent. Gluten-free, lactose-free, galactose-free. Per 100 g: 410 kcals, 21 g pro, 9 g fat, 59 g CHO, 12.3 mg iron **CAUTION:** For use only under strict medical supervision. Not to be given to individuals with immune problems. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 14.5 g	**Protein** (21% kcals) - Amino acids (without isoleucine, methionine, threonine, valine) **Fat** (20% kcals) - Soy oil **CHO** (59% kcals) - Corn syrup solids, sugar, modified corn starch, maltodextrin
OPTISOURCE VERY HIGH PROTEIN DRINK (Nestle Healthcare) **USE:** A medical food for adults with lactose intolerance, obesity, post surgery, weight management. Lactose-free, gluten-free, low-residue, kosher. Per 8 fl oz (237 ml): 200 kcals, 24 g pro, 6 g fat, 12 g CHO Osmolality: 150 mOsm/kg Flavors: caramel, strawberry **CAUTION:** For use only under strict medical supervision. Not for parenteral use. Not for individuals with galactosemia.	**Not WIC Approved.**	8 fl oz (237 ml) cartons 27 cartons/case	**Protein** (49% kcals) - milk protein isolate **Fat** (27% kcals) - Canola oil. MCT **CHO** (24% kcals) - maltodextrin
OPTISOURCE CHEWABLE VITAMIN & MINERAL SUPPLEMENT (Nestle Healthcare) **USE:** A medical food for adults with obesity, post surgery, weight management. Gluten-free, low-residue. Flavors: citrus **CAUTION:** For use only under strict medical supervision.	**Not WIC Approved.**	336g bottle 12 bottles/case (120 tablets/bottle)	**Protein** (0% kcals) **Fat** (0% kcals) **CHO** (100% kcals) - sugar

Product	WIC Issuance	Size	Nutrient Source
OPTIFAST 800 READY -TO- DRINK SHAKE (Nestle Healthcare) **OPTIFAST 800 SHAKE MIX** **USE:** A medical food for adults with obesity. Desinged as a meal replacement as part of a weight management program. Lactose-free, gluten-free, kosher. Per 8 fl oz (237 ml): 160 kcals (0.68 kcal/ml) , 14 g pro, 3 g fat, 20 g CHO Flavors: Vanilla , chocolate, strawberry **CAUTION:** For use only under strict medical supervision. Not for parenteral use. Not for individuals with galactosemia.	**Not WIC Approved.**	8 fl oz (237 ml) cartons 27 cartons/case Shake mix: 84 1.48 oz packets/ case	**Protein** (34% kcals) -Sodium and calcium caseinate, nonfat dry milk (mix) **Fat** (17% kcals) - High oleic sunflower oil, canola oil (mix) **CHO** (49% kcals) -Corn syrup solids, fructose (mix)
OPTIFAST HP SHAKE MIX (Nestle Healthcare) **USE:** A medical food for adults with obesity. Desinged as a meal replacement as part of a weight management program. Gluten-free, kosher. 1 packet: 200 kcals, 26 g pro, 6 g fat, 10 g CHO Flavors: Chocolate and vanilla **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia or PKU.	**Not WIC Approved.**	1.75-1.8 fl oz packet 60 packets/case	**Protein** (53% kcals) - Milk protein isolate, whey protein concentrate **Fat** (27% kcals) - Canola oil, high oleic sunflower oil **CHO** (20% kcals) -Fructose, dextrose
OPTIFAST 800 BARS (Nestle Healthcare) **USE:** A medical food for adults with obesity. Desinged as a meal replacement as part of a weight management program. Kosher. 1 bar: 170 kcals, 14 g pro, 5 g fat, 21 g CHO Flavors: Chocolate, berry w/ yogurt coating, peanut butter chocolate. **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia.	**Not WIC Approved.**	12- 7 (49g) bars/case	**Protein** (30-33% kcals) - Soy protein isolate, milk protein concentrate, casein **Fat** (19-25% kcals) -Palm kernel oil **CHO** (43-48% kcals) -Corn syrup, high fructose corn syrup, sucrose

Product	WIC Issuance	Size	Nutrient Source
OS 1 (Milupa North America) **USE:** A isoleucine-, methionine-, threonine-, and valine- free medical food (metabolic) for infants with organic acidemias such as propionic acidemia. Enriched with vitamins, minerals and trace elements. Per 100 g: 289 kcals, 42.3 g pro, 0 g fat, 30 g CHO, 34 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 1 can/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (58% kcals) - Amino acids **Fat** (0% kcals) **CHO** (42% kcals) - Sugar
OS 2 - PRIMA (Milupa North America) **USE:** A isoleucine-, methionine-, threonine-, and valine- free medical food (metabolic) for toddlers and children over 1 year with organic acidemias such as propionic acidemia. Enriched with vitamins, minerals and trace elements. Per 100 g: 288 kcals, 60 g pro, 0 g fat, 12 g CHO, 26.4 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (84% kcals) - Amino acids **Fat** (0% kcals) **CHO** (16% kcals) - Sugar
OS 2 - SECUNDA (Milupa North America) **USE:** A isoleucine-, methionine-, threonine-, and valine- free medical food (metabolic) for children and adolescents over 9 years with organic acidemias such as propionic acidemia. Enriched with vitamins, minerals and trace elements. Per 100 g: 290 kcals, 70 g pro, 0 g fat, 2.5 g CHO, 20 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (97% kcals) - Amino acids **Fat** (0% kcals) **CHO** (3% kcals) - Sugar

Product	WIC Issuance	Size	Nutrient Source
OS 2 (Milupa North America) **USE:** A isoleucine-, methionine-, threonine-, and valine- free medical food (metabolic) for children, adolescents and adults over 1 year with organic acidemias such as propionic acidemia. Enriched with vitamins, minerals and trace elements. Per 100 g: 313 kcals, 56.2 g pro, 0 g fat, 22.1 g CHO, 15 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (72% kcals) - Amino acids **Fat** (0% kcals) **CHO** (28% kcals) - Sugar
OS 3 - ADVANTA (Milupa North America) **USE:** A isoleucine-, methionine-, threonine-, and valine- free medical food (metabolic) for adolescents and adults over 15 years with organic acidemias such as propionic acidemia. Enriched with vitamins, minerals and trace elements. Per 100 g: 296 kcals, 70 g pro, 0 g fat, 4 g CHO, 15 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (95% kcals) - Amino acids **Fat** (0% kcals) **CHO** (5% kcals) - Sugar
OSMOLITE 1 CAL (Abbott Nutrition) **USE**: A nutritionally complete, isotonic medical food (standard tube feed) for older children and adults with caloric requirements of less than 2000 kcals per day or for patients with increased protein requirements. For oral use (for patients with altered taste perception) or tube feeding. Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 250 kcals (1.06 kcals/ml), 10.5 g pro, 8.2 g fat, 33.9 g CHO, 3.3 mg iron Osmolality: 300 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case 1500 ml container Ready-To-Hang 6 containers/case	**Protein** (16.7% kcals) - Sodium and calcium caseinates, soy protein isolate **Fat** (29% kcals) - High oleic safflower oil, canola oil, MCT **CHO** (54.3% kcals) - Corn maltodextrin

Product	WIC Issuance	Size	Nutrient Source
OSMOLITE 1.2 CAL (Abbott Nutrition) **USE**: A nutritionally complete, high-calorie and protein, isotonic medical food (standard tube feed) for older children and adults with high calorie and protein needs. For oral use (for patients with altered taste perception) or tube feeding. Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 285 kcals (1.2 kcals/ml), 13.2 g pro, 9.3 g fat, 37.5 g CHO, 4.3 mg iron Osmolality: 360 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case 1500 ml container Ready-To-Hang 6 containers/case	**Protein** (18.5% kcals) - Sodium caseinate, calcium caseinate **Fat** (29% kcals) - High oleic safflower oil, canola oil, MCT **CHO** (52.5% kcals) - Corn maltodextrin
OSMOLITE 1.5 CAL (Abbott Nutrition) **USE**: A nutritionally complete, very high-calorie and protein, isotonic medical food (standard tube feed) for older children and adults with high calorie and protein needs. For oral use (for patients with altered taste perception) or tube feeding. Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 355 kcals (1.5 kcals/ml), 14.9 g pro, 11.6 g fat, 48.2 g CHO, 4.3 mg iron Osmolality: 525 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for parenteral use. Not for patients with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case	**Protein** (16.7% kcals) - Sodium caseinate, calcium caseinate **Fat** (29% kcals) - High oleic safflower oil, canola oil, MCT **CHO** (54.3% kcals) - Corn maltodextrin

Product	WIC Issuance	Size	Nutrient Source
OXEPA (Abbott Nutrition) **USE:** A nutritionally complete, high-calorie and protein medical food (pulmonary tube feed) for critically ill, mechanically ventilated older children and adults with sepsis, SIRS, ALI, ARDS or fluid restrictions. Contains elevated levels of antioxidants. Gluten-free, lactose-free, low-residue. Per 8 fl oz: 355 kcals (1.5 kcals/ml), 14.8 g pro, 22.2 g fat, 25 g CHO, 4.5 mg iron Osmolality: 535 mOsm/kg Flavors: Vanilla **CAUTION:** For use only under strict medical supervision. Not for parenteral use	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case	**Protein** (16.7% kcals) - Sodium and calcium caseinates **Fat** (55.2% kcals) - Canola oil, MCT, sardine oil, borage oil **CHO** (28.1% kcals) - Sucrose, corn maltodextrin
PURAMINO (Mead Johnson) **(Previously NUTRAMIGEN AA)** **USE:** An infant formula (amino acid-based, hypoallergenic) for infants and toddlers with symptoms of severe cow's milk protein allergy, including atopic dermatitis, diarrhea, colic, vomiting, reflux, inflammation, intestinal hyperpermeability, and multiple food protein allergies. Iron-fortified. Gluten-free, lactose-free, galactose-free, sucrose-free. DHA, ARA. Per 100 kcals: 2.8 g pro, 5.3 g fat, 10.3 g CHO, 1.8 mg iron Osmolality : 350 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not recommended for routine use in VLBW infants, as these infants may be at increased risk of developing gastrointestinal complications.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 4 cans/case Reconstituted: 98 fl oz Standard dilution = 20 kcals/oz: 1 scoop (4.5 g) powder to every 1 fl oz water	**Protein** (11% kcals) - 100% free amino-acids **Fat** (48% kcals) - Vegetable oil (palm olein, soy, coconut, high oleic sunflower oils), DHA, ARA **CHO** (41% kcals) - Corn syrup solids, modified tapioca starch

Product	WIC Issuance	Size	Nutrient Source
PEDIALYTE LITERS (Abbott Nutrition) **USE:** An oral electrolyte medical food for infants and children with dehydration during diarrhea and vomiting. Per 2 fl oz: 6 cals Osmolality: 270 mOsm/kg H2O for flavored; 250 mOsm/kg H2O for unflavored Flavors: Grape, unflavored, fruit, bubble gum, strawberry **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Not WIC approved.**	1 L bottles RTF 8 bottles/ case Instiutional: 2 fl oz bottles 48 bottles/case	**CHO:** (100% kcals) - Dextrose
PEDIALYTE POWDER PACKS (Abbott Nutrition) **USE:** An oral electrolyte medical food for children with dehydration during diarrhea and vomiting. For children under age 1, consult with medical provider. Per 8 fl oz: 23 cals Osmolality: 270 mOsm/kg H2O Flavors: strawberry, apple, fruit punch, grape **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Not WIC approved.**	0.3 oz (8.5 g) packet 40 pkts/case Standard dilution: 1 pkt + 8 fl oz water = 8 fl oz.	**CHO:** (100% kcals) - Dextrose
PEDIALYTE SINGLES (Abbott Nutrition) **USE:** An oral electrolyte medical food for infants and children with dehydration during diarrhea and vomiting. Per 6.8 fl oz: 21 cals Flavors: cherry, apple, fruit **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Not WIC approved.**	6.8 fl oz (200 ml) carton RTF 16 cartons/case	**CHO:** (100% kcals) - Dextrose

Product	WIC Issuance	Size	Nutrient Source
PEDIALYTE FREEZER POPS (Abbott Nutrition) **USE:** An oral electrolyte medical food for children with dehydration during diarrhea and vomiting. For children under age 1, consult with medical provider. Serving size 8 fl oz: 24 cals Flavors: Variety **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Not WIC approved.**	2.1 fl oz (62.5 ml) packet 64 pkts/case	**CHO:** (100% kcals) - Dextrose
PEDIASMART DAIRY NUTRITION BEVERAGE (Nature's One) **Complete Organic Nutrition Beverage** **USE:** A nutritionally complete, milk-based, organic medical food (pediatric oral supplement) for children ages 1-13 who are undernourished due to an illness or medical condition. For oral use or tubefeeding. Lactose-free, gluten-free, corn-free. Per 8 fl oz: 240 kcals (1 kcal/ml), 7.4 g pro, 9.4 g fat, 31.4g CHO, 3.3 mg iron Flavors: chocolate, vanilla **CAUTION**: For use only under strict medical supervision. Not for children with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	12.7 oz can Reconstituted: 56 fl oz	**Protein** (12% kcals) - Organic Milk Protein Concentrate **Fat** (35% kcals) - Organic high oleic sunflower oil, organic soybean oil, organic coconut oil **CHO** (53% kcals) - organic evaporated cane juice, organic rice oligodextrin

Product	WIC Issuance	Size	Nutrient Source
PEDIASMART SOY NUTRITION BEVERAGE (Nature's One) **Complete Organic Nutrition Beverage** **USE:** A nutritionally complete, milk-based, organic medical food (pediatric oral supplement) for children ages 1-13 who are undernourished due to an illness or medical condition. For oral use or tubefeeding. Milk-free, gluten-free, corn-free. Per 8 fl oz: 237 kcals (1 kcal/ml), 7 g pro, 9 g fat, 31g CHO, 3.3 mg iron Flavors: vanilla **CAUTION**: For use only under strict medical supervision. Not for children with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	12.7 oz can Reconstituted: 56 fl oz	**Protein** (12% kcals) - Organic Soy Protein Concentrate **Fat** (35% kcals) - Organic high oleic sunflower oil, organic soybean oil, organic coconut oil **CHO** (53% kcals) - organic evaporated cane juice, organic rice oligodextrin
PEDIASURE **PEDIASURE with FIBER (Abbott Nutrition)** **USE**: A nutritionally complete, milk-based medical food (pediatric oral supplement) for children ages 1-13 who are undernourished due to an illness or medical condition. For oral use or tubefeeding. Kosher, gluten-free, lactose-free. Contains prebiotics and DHA. Per 8 fl oz: 240 kcals (1 kcal/ml), 7 g pro, 9 g fat, 33 g CHO, 2.7 mg iron *3 g fiber (Pediasure with Fiber only, 1g of fiber in standard formula)* Osmolality: 480-560 mOsm/kg Flavors: Vanilla (*with fiber)*, chocolate, strawberry (*with fiber)*, banana, berry **CAUTION**: For use only under strict medical supervision. Not for children with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case	**Protein** (12% kcals) - Milk protein concentrate, whey protein concentrate, soy protein isolate **Fat** (35% kcals) - High oleic safflower oil, soy oil, canola oil, MCT **CHO** (53% kcals) - Sucrose, corn maltodextrin, dextrose, short chain fructooligosaccharides, *soy fiber*

Product	WIC Issuance	Size	Nutrient Source
PEDIASURE 1.5 CAL **PEDIASURE 1.5 CAL with FIBER (Abbott Nutrition)** **USE**: A nutritionally complete, milk-based medical food (pediatric oral supplement) for children ages 1-13 who are undernourished due to an illness or medical condition. For oral use or tubefeeding. Kosher, gluten-free, lactose-free. Contains prebiotics and DHA. Per 8 fl oz: 350 kcals (1.5 kcal/ml), 14 g pro, 16 g fat, 38-39 g CHO, 2.7 mg iron *3 g fiber (with Fiber only)* Osmolality: 370-390 mOsm/kg Flavors: Vanilla **CAUTION**: For use only under strict medical supervision. Not for children with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml RTF Bottle 8 bottles/case	**Protein** (16% kcals) - Milk protein concentrate. **Fat** (41% kcals) - High oleic safflower oil, soy oil, MCT **CHO** (43% kcals) - corn maltodextrin, short chain fructooligosaccharides
PEDIASURE ENTERAL FORMULA 1.0 CAL **PEDIASURE ENTERAL FORMULA with FIBER (Abbott Nutrition)** **USE**: A nutritionally complete, milk-based medical food (pediatric tube feed) for children ages 1-13 who are undernourished due to an illness or medical condition. Prepared with low-fluoride water. Kosher, gluten-free, lactose-free. Per 8 oz: 237 kcals, 7.1 g pro, 9.4 g fat, 31.4-32.7 g CHO, 3.3 mg iron Osmolality: 335-345 mOsm/kg Flavors: vanilla **CAUTION**: For use only under strict medical supervision. Not for children with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case	**Protein** (12% kcals) - Milk protein concentrate **Fat** (35% kcals) - High oleic safflower oil, soy oil, MCT **CHO** (53% kcals) - Corn maltodextrin, sucrose, dextrose, *FOS, oat fiber soy fiber (with fiber and FOS)*

Product	WIC Issuance	Size	Nutrient Source
PEDIASURE PEPTIDE 1.0 CAL **PEDIASURE PEPTIDE 1.5 CAL (Abbott Nutrition)** **USE**: A nutritionally complete, peptide-based medical food (pediatric oral supplement) for children ages 1-13 with malabsorption, maldigestion, and other GI conditions. For oral use or tubefeeding. Kosher, gluten-free,. Contains prebiotics. Per 8 fl oz: 237 kcals (1 kcal/ml), 7.1 g pro, 9.6 g fat, 31.7 g CHO, 3.3 mg iron Per 8 fl oz: 356 (1.5 kcal/ml), 10.7 g pro, 14.4 g fat, 47.6 g CHO, 5.0 mg iron Osmolality: 250-450 mOsm/kg Flavors: Vanilla, strawberry *(1.0 CAL only)* **CAUTION**: For use only under strict medical supervision. Not for children with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-to-hang 8 containers/case	**Protein** (12% kcals) - Milk protein concentrate, whey protein concentrate, soy protein isolate **Fat** (35% kcals) - High oleic safflower oil, soy oil, MCT **CHO** (53% kcals) - Sucrose, corn maltodextrin, dextrose, short chain fructooligosaccharides, *soy fiber*
PEDIASURE SIDEKICKS (Abbott Nutrition) **USE**: A nutritionally complete, milk-based medical food (pediatric oral supplement) for children ages 1-13 with an unbalanced diet. Low calorie, complete feeding. For oral use or tubefeeding. Kosher, gluten-free. Contains prebiotic fiber. Per 8 fl oz: 150 kcals, 7 g pro, 5 g fat, 21 g CHO Flavors: Vanilla, chocolate, strawberry **CAUTION**: For use only under strict medical supervision. Not for children with galactosemia. Not for parenteral use. Consult health care professional for use with children under 2 years of age.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 16 cans/case or 24 cans/case	**Protein** (19% kcals) - Milk protein concentrate, whey protein concentrate, soy protein isolate **Fat** (30% kcals) - High oleic safflower oil, soy oil, MCT **CHO** (56% kcals) - Sucrose, short chain fructooligosaccharides

Product	WIC Issuance	Size	Nutrient Source
PEDIASURE SIDEKICKS 0.63 CAL (Abbott Nutrition) **USE**: A nutritionally complete, milk-based medical food (pediatric oral supplement) for children ages 1-13 with an unbalanced diet. Low calorie, complete feeding. For oral use or tubefeeding. Kosher, gluten-free. Contains prebiotic fiber. Per 8 fl oz: 150 kcals, 7 g pro, 5 g fat, 21 g CHO, 2.7 mg iron Flavors: Vanilla **CAUTION**: For use only under strict medical supervision. Not for children with galactosemia. Not for parenteral use.	**Not WIC approved.**	8 fl oz (237 ml) can RTF 24 cans/case	**Protein** (19% kcals) - Milk protein concentrate, whey protein concentrate, soy protein isolate **Fat** (30% kcals) - High oleic safflower oil, soy oil, MCT **CHO** (56% kcals) - Sucrose, short chain fructooligosaccharides
PEDIASURE SIDEKICKS CLEAR (Abbott Nutrition) **USE**: A clear liquid medical food (pediatric oral supplement) for children ages 1-13 with an unbalanced diet. For oral use or tubefeeding. Kosher, gluten-free. Per 6.8 fl oz: 120 kcals, 6 g pro, 0 g fat, 24 g CHO Flavors: Tropical fruit, wild berry **CAUTION**: For use only under strict medical supervision. Not for children with galactosemia. Not for parenteral use. For children under 3 years of age, no more than one serving per day.	**Approved with Medical Documentation form.**	6.8 fl oz (200 ml) can RTF 16 cans/case or 24 cans/case Institutional: 6.8 fl oz (200 ml) carton RTF 32 cartons/ case	**Protein** (16% kcals) - whey protein isolate **Fat** (0% kcals) **CHO** (64% kcals) - Sugar, corn maltodextrin
PEDIAVANCE ELECTROLYTE (Nature's One) **USE:** An electrolyte only medical food for children ages 1-13 with dehydration. Organic. **CAUTION:** Not intended for use in infnats under age 1. Discontinue use when diarrhea ceases. Not for parenteral use.	**Not WIC Approved.**	**32 fl oz bottle**	**Protein** (0% kcals) **Fat** (0% kcals) **CHO** (100% kcals) - Organic dextrose, Organic white grape juice concentrate

Product	WIC Issuance	Size	Nutrient Source
PEPDITE JUNIOR (Nutricia North America) **USE:** A nutritionally complete medical food (semi-elemental pediatric tube feed/oral supplement) for children ages 1-10 with gastrointestinal tract impairment, malabsorption, short bowel syndrome, whole protein intolerance and other medical conditions that require a partially amino-acid based diet. Contains extra vitamins and minerals for malabsorptive conditions. Non-dairy hydrolysates. Can be used as a follow-up for Neocate Infant Formula. Milk-free, lactose-free, galactose-free, fructose-free, sucrose-free. SHS flavor packets available. Per 100 kcals: 3.1 g pro, 5 g fat, 10.6 g CHO, 1.4 mg iron Osmolality: 430-440 mOsm/kg Flavors: unflavored, banana **CAUTION**: For use only under medical supervision.	**Approved with Medical Documentation form.**	1.8 oz (51 g) packet powder 15 packets/case Standard dilution = 30 kcals/oz: 1 packet powder to 7 fl oz water yields 8 fl oz Reconstituted (1 packet) = 8 fl oz	**Protein** (12% kcals) - Hydrolyzed protein (pork, soy) **Fat** (46% kcals) -Fractionated coconut oil, canola oil, high oleic safflower oil **CHO** (42% kcals) - Corn syrup solids *(banana flavor also contains sucrose)*
PEPTAMEN **PEPTAMEN with PREBIO (Nestle Healthcare Nutrition)** **USE:** A nutritionally complete medical food (elemental tube feed/oral supplement) for older children and adults with impaired GI function (malabsorption, pancreatitis, short-bowel syndrome, inflammatory bowel disease, chronic diarrhea, radiation enteritits, cystic fibrosis, delayed gastric emptying, cerebral palsy, crohn's disease) or if transitioning from TPN. Lactose-free, gluten-free, low-residue. Nestle Flavor Packets available. Per 250 ml: 250 kcals (1 kcal/ml), 10 g pro, 9.8 g fat, 32g CHO, 4.5 mg iron Osmolality: 270-380 mOsm/kg Flavors: unflavored, vanilla *(only flavor available in Peptamen with Prebio)* **CAUTION**: For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use. May not be appropriate for individuals with food allergies.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: *(Peptamen with Prebio only)* 1000 ml bag RTF 6 bags/case 1500 ml bag RTF 4 bags/case	**Protein** (16% kcals) (100% whey protein) - Hydrolyzed whey protein **Fat** (33% kcals) (MCT 70%, LCT 30%) -MCT (fractionated coconut and palm kernel oil), soybean oil **CHO** (51% kcals) - Maltodextrin, cornstarch, *inulin, oligofructose (with prebio)*

Product	WIC Issuance	Size	Nutrient Source
PEPTAMEN 1.5 **PEPTAMEN 1.5 with PREBIO (Nestle Healthcare Nutrition)** **USE:** A nutritionally complete, very high-calorie and protein medical food (elemental tube feed/oral supplement) for older children and adults with impaired GI function (malabsorption, pancreatitis, short-bowel syndrome, inflammatory bowel disease, chronic diarrhea, radiation enteritits, cystic fibrosis, delayed gastric emptying, cerebral palsy, crohn's disease) and with shortened feeding schedules and fluid restrictions or if transitioning from TPN. Lactose-free, gluten-free, low-residue. Nestle Flavor Packets available. Per 250 ml: 375 kcals (1.5 kcals/ml), 16.9 g pro, 14 g fat, 47 g CHO, 6.75 mg iron Osmalility: 550 mOsm/kg Flavors: unflavored, vanilla **CAUTION**: For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use. May not be appropriate for individuals with food allergies.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: 1000 ml bag RTF 6 bags/case	**Protein** (18% kcals) (100% whey protein) - Hydrolyzed whey protein **Fat** (33% kcals) (MCT 70%, LCT 30%) -MCT (fractionated coconut and palm kernel oil), soybean oil **CHO** (49% kcals) - Maltodextrin, cornstarch
PEPTAMEN AF (Nestle Healthcare Nutrition) **USE:** A nutritionally complete, high-calorie and very high protein medical food (elemental tube feed) for older children and adults with ARDS, IBD, organ transplant, short bowel syndrome, inflammatory bowel disease, acute protein malnutrition, cancer, sepsis or if transitioning from TPN. Advanced formulation is designed to meet the needs of highly stressed individuals who may experience inflammation and/or feeding intolerance. Contains prebio (may help support healthy gut flora), EPA and DHA. Lactose-free, gluten-free, low-residue. Per 250 ml: 300 kcals (1.2 kcal/ml), 19 g pro, 13.7 g fat, 26.7 g CHO, 3.6 mg iron Osmolality: 390 mOsm/kg **CAUTION**: For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use. May not be appropriate for individuals with food allergies.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: 1000 ml bag RTF 6 bags/case	**Protein** (25% kcals) (100% whey proteins) - Hydrolyzed whey protein **Fat** (39% kcals) (MCT 50%, LCT 50%) - MCT (fractionated coconut and palm kernel oil), soybean oil, fish oil, soy lecithin **CHO** (36% kcals) - Maltodextrin, cornstarch, oligofructose, inulin

Product	WIC Issuance	Size	Nutrient Source
PEPTAMEN BARIATRIC (Nestle Healthcare Nutrition) **USE:** A nutritionally complete, unique protein to calorie ratio medical food for adults with sepsis, acutely ill with obesity, inflalmmatory conditions, pancreatitis, malnutrition, malabsorption. Lactose-free, gluten-free, low-residue. Per 250 ml: 250 kcals (1 kcal/ml), 23.3 g pro, 9.5 g fat, 19.5 g CHO, 3 mg Iron Osmolality: 345 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for individuals with glactosemia. May not be appropriate for individuals with food allergies.	**Not WIC Approved.**	8.45 fl oz (250 ml) can	**Protein** (37% kcals) - enzymatically hydrolyzed whey protein **Fat** (32% kcals) - coconut oil, palm Oil, refined fish oil **CHO** (31% kcals) - maltodextrin, cornstarch
PEPTAMEN JUNIOR **PEPTAMEN JUNIOR FIBER** **PEPTAMEN JUNIOR with PREBIO (Nestle Healthcare Nutrition)** **USE:** A nutritionally complete medical food (elemental pediatric tube feed/oral supplement) for children ages 1-13 with impaired GI function (short-bowel syndrome, cerebral palsy, cystic fibrosis, crohn's disease, HIV/AIDS, pancreatitis, malabsorption, chronic diarrhea, delayed gastric emptying, growth failure), developmental delay or if transitioning from TPN. Appropriate for short or long-term use. Lactose-free, gluten-free, low-residue (Peptamen Junior), low-cholesterol. Nestle flavor packets available. Per 250 ml: 250 kcals (1 kcal/ml), 7.5 g pro, 9.6 g fat, 34 g CHO, 3.5 mg iron Osmolality: 260-400 mOsm/kg Flavors: unflavored, vanilla *(only flavor available for Peptamen Junior with Prebio, Peptamen Junior Fiber*), chocolate, strawberry **CAUTION**: For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use. May not be appropriate for children with food allergies.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: *(Peptamen Junior only)* 1000 ml bag RTF 6 bags/case	**Protein** (12% kcals) (100% whey proteins) **-** Hydrolyzed whey protein **Fat** (33% kcals) (MCT 60%, LCT 40%) - MCT (fractionated coconut and palm kernel oil), soybean oil, canola oil **CHO** (55% kcals) - Maltodextrin, cornstarch, *sucrose (with prebio), pea fiber, oligofructose, inulin (with fiber)*

Product	WIC Issuance	Size	Nutrient Source
PEPTAMEN JUNIOR 1.5 (Nestle Healthcare Nutrition) **USE:** Nutritionally complete, high calorie and protein medical food (elemental pediatric tube feed/oral supplement) for children ages 1-13 with impaired GI function, volume restriction, malabsorption, pancreatitis, cystic fibrosis, Crohn's disease, short bowel syndrome, chronic diarrhea, growth failure, early enteral feeding or transition from TPN. Appropriate for long-term use. Lactose-free, gluten-free. Per 250 mL: 375 kcals (1.5 kcals/ml), 11.3 g pro, 17 g fat, 45 g CHO, 5.2 mg iron Osmolality: 450 mOsm/kg Flavors: unflavored **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use. May not be appropriate for children with food allergies.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: 1000 ml bag RTF 6 bags/case	**Protein** (12% kcals) (100% whey protein) – Enzymatically hydrolyzed whey protein **Fat** (40% kcals) (MCT 60%, LCT 40%) - MCT (fractionated coconut and palm kernel oil), soybean oil, canola oil **CHO** (48% kcals) - Maltodextrin, oligofructose, inulin (fiber)
PEPTAMEN OS (Nestle Healthcare Nutrition) **USE:** A nutritionally complete medical food (peptide-based elemental tube feed/oral supplement) for older children and adults with malabsorption, short bowel syndrome, chronic or acute IBD flare-ups, pancreatitis, HIV/AIDS, cystic fibrosis, cerebral palsy, or transitioning from TPN . Low fat content helps speed gastric emptying and absorption. Kosher, lactose-free, low-residue, gluten-free. Per 8 fl oz: 237 kcals (1 kcal/ml), 11.9 g pro, 4 g fat, 38.6 g CHO, 2.8 mg iron Osmolality: 600 mOsm/kg Flavors: creamy vanilla, rich chocolate **CAUTION**: For use only under strict medical supervision.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) tetra brik pak 27 brik paks/case	**Protein** (20% kcals) - Whey protein hydrolysate **Fat** (15% kcals) - MCT oil, soybean oil **CHO** (65% kcals) - Maltodextrin, sugar

Product	WIC Issuance	Size	Nutrient Source
PEPTAMEN OS 1.5 (Nestle Healthcare Nutrition) **USE:** A nutritionally complete, high-calorie and protein medical food (peptide-based elemental tube feed/oral supplement) for older children and adults with fluid or volume restrictions, increased caloric needs, shortened feeding schedules, malabsorption, GI surgery, pancreatic insufficiency, cystic fibrosis, IBD, and transitioning from TPN. Low fat content helps speed gastric emptying and absorption. Kosher, lactose-free, low-residue, gluten-free diet. Per 8 fl oz: 360 kcals (1.5 kcals/ml), 18 g pro, 10 g fat, 49 g CHO, 4 mg iron Osmolality: 550 mOsm/kg Flavors: vanilla **CAUTION**: For use only under strict medical supervision.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) tetra brik pak 27 brik paks/case	**Protein** (20% kcals) - Whey protein hydrolysate **Fat** (25% kcals) - MCT oil, soybean oil **CHO** (55% kcals) - Maltodextrin
PERATIVE (Abbott Nutrition) **USE:** A high calorie and protein, nutritionally complete medical food (partially hydrolyzed tube feed) for older children and adults with pressure ulcers, multiple fractures, wounds, burns, metabolic stress or surgery. Contains FOS (prebiotics that may help promote gut health) and added arginine (for wound healing and immune support). Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 308 kcals (1.3 kcal/ml), 15.8 g pro, 8.8 g fat, 42.8 g CHO, 3.7 mg iron Osmolality: 460 mOsm/kg **CAUTION:** For use only under medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case 1500 ml container Ready-To-Hang 6 containers/case	**Protein** (20.5% kcals) - Partially hydrolyzed sodium caseinate, whey protein hydrolysate, L-arginine, L-carnitine **Fat** (25% kcals) - Canola oil, MCT, corn oil **CHO** (54.5% kcals) - Corn maltodextrin, fructooligosaccharides

Product	WIC Issuance	Size	Nutrient Source
PERIFLEX ADVANCE (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for older children and adults (including pregnant women) with phenylketonuria (PKU). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, fat, vitamins, minerals and trace elements. Per 100 g: 369-385 kcals, 35 g pro, 12.6 g fat, 29-33 g CHO, 12.9 mg iron Osmolality: Dilution 1 to 4 – 1060-1100 mOsm/kg Dilution 1 to 5 – 830-890 mOsm/kg Flavors: unflavored, orange, chocolate **CAUTION:** For use only under strict medical supervision. Not intended as the sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Standard dilution: Follow Rx as directed by physician. 1 oz water to every 5-6 g powder. 1 Tbsp pwd = 8 g Product, 2.8 g Pro Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (25% kcals) - Amino acids (without phenylalanine) **Fat** (32% kcals) - High oleic safflower oil, canola oil, fractionated coconut oil **CHO** (40-43% kcals) - Corn syrup solids, sucrose
PERIFLEX INFANT (Nutricia North America) **USE:** A phenylalanine-free infant formula (metabolic) for infants with phenylketonuria (PKU). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, fat, vitamins, minerals and trace elements. The diet prescription should include an additional prescribed amount of breast milk or standard infant formula to meet the complete protein requirements of the infant. For oral use or tube feeding. DHA, ARA. Per 100 g: 421 kcals, 13 g pro, 19.1 g fat, 49.3 g CHO, 7.8 mg iron Osmolality: 375 mOsm/kg **CAUTION:** Must only be given to infants with proven phenylketonuria under strict medical supervision. Not intended as the sole source of nutrition.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 6 cans/case Standard dilution = 20 kcals/oz: 1 scoop (4.75 g) powder to every 1 f1 oz water. Approximately: 1 Tbsp powder = 7 g ¼ cup powder = 30 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (12% kcals) - Amino acids (without phenylalanine) **Fat** (41% kcals) - High oleic safflower oil, refined vegetable oil (coconut, soy) **CHO** (47% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
PERIFLEX JUNIOR (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for toddlers and young children with phenylketonuria (PKU). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, fat, vitamins, minerals and trace elements. Per 100 g: 374-394 kcals, 25 g pro, 14 g fat, 37-42 g CHO, 14 mg iron Osmolality: Dilution (1 to 4) – 910–950 mOsm/kg Dilution (1 to 5) – 720-750 mOsm/kg Flavors: unflavored, orange, chocolate **CAUTION:** For use only under strict medical supervision. Not intended as the sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Standard dilution: Recommended dilution (1 to 5) is 30 g powder to 5 oz water. 1 Tbsp powder = 8 g Product, 2 g Pro Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician.	**Protein** (19-20% kcals) - Amino acids (without phenylalanine) **Fat** (37-39% kcals) - Canola oil, high oleic safflower oil, fractionated coconut oil **CHO** (41-43% kcals) - Corn syrup solids, sucrose
PFD TODDLER (Mead Johnson) **USE:** A protein- and amino acid-free infant formula and medical food (metabolic) for infants and toddlers with various amino acid metabolism disorders. Contains increased levels of B vitamins for cofactor production. Provides essential fatty acids. Vanilla scent. Gluten-free, lactose-free, galactose-free. DHA & ARA. Per 100 g: 530 kcals, 0 g pro, 32 g fat, 60 g CHO, 10.5 mg iron Osmolality: 171 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 4.5 g	**Protein** (0% kcals) - None **Fat** (54% kcals) - Vegetable oil (palm olein, soy, coconut, and high oleic sunflower oils) **CHO** (46% kcals) - Corn syrup solids, modified corn starch, sugar

Product	WIC Issuance	Size	Nutrient Source
PFD 2 (Mead Johnson) **USE:** A protein- and amino acid-free medical food (metabolic) for children and adults with various amino acid metabolism disorders. Can be mixed with condition-specific amino acids or protein to make a nutritionally complete beverage or used as a calorie, vitamin and mineral supplement in cases where amino acid and protein needs are met but needs for calories, vitamins and minerals is not. Provides essential fatty acids. Vanilla scent. Gluten-free, lactose-free, galactose-free. Per 100 g: 400 kcals, 0 g pro, 4.8 g fat, 88 g CHO, 6.3 mg iron **CAUTION:** For use only under strict medical supervision. Not for parenteral use. Not intended as the sole source of nutrition.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 14.9 g	**Protein** (0% kcals) - None **Fat** (11% kcals) - Soy oil **CHO** (89% kcals) - Corn syrup solids, sugar, modified corn starch
PHENEX-1 (Abbott Nutrition) **USE:** A phenylalnine-free infant formula and medical food (metabolic) for infants and toddlers with phenylketonuria (PKU) or hyperphenylalaninemia. Supplemented with L-carnitine, L-glutamine and taurine. Fortified with L-tyrosine. Iron-fortified. Lactose- free, gluten-free. Per 100 g: 480 kcals, 15 g pro, 21.7 g fat, 53 g CHO, 9 mg iron Osmolality: 370 mOsm/kg at 20 kcal/oz **CAUTION:** For use only under strict medical supervision for infants and toddlers with proven PKU or hyperphenylalaninemia. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 20 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (13% kcals) - Amino acids (without phenylalanine) **Fat** (41% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (44% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
PHENEX-2 (Abbott Nutrition) **USE:** A phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU) or hyperphenylalaninemia. Supplemented with L-carnitine, L-glutamine and taurine. Fortified with L-tyrosine. Per 100 g: 410 kcals, 30 g pro, 14 g fat, 35 g CHO, 13 mg iron Flavors: unflavored, vanilla Osmolality: 1215-1290 mOsm/kg at 30 kcal/oz **CAUTION:** For use only under strict medical supervision for children and adults with proven PKU or hyperphenylalaninemia. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) powder 6 cans/case Standard dilution = 30 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (13% kcals) - Amino acids (without phenylalanine) **Fat** (31% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (44% kcals) - Corn syrup solids
PHENYLADE 40 DRINK MIX (Applied Nutrition Corp) **USE:** A high-protein, phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Fortified with vitamins and minerals. Intended as the primary source of protein nutrition and a significant source of calories in the management of PKU. Per 25 g: 83 kcals, 10 g pro, 0.5 g fat, 9.5 g CHO Flavors: unflavored, citrus **CAUTION:** Must only be given to individuals with phenylketonuria under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	0.88 oz (25 g) pouch powder 20 pouches/case Standard dilution: 1 pouch powder to 4-6 fl oz water.	**Protein** (48% kcals) - L-amino acids (without phenylalanine) **Fat** (5% kcals) - Partially hydrogenated coconut oil **CHO** (48% kcals) - Sucrose, corn syrup solids, modified food starch

Product	WIC Issuance	Size	Nutrient Source
PHENYLADE 60 DRINK MIX (Applied Nutrition Corp) **USE:** A high-protein, phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Fortified with vitamins and minerals. Intended as the primary source of protein nutrition and a significant source of calories in the management of PKU. Is fat free, allows fewer calories and more protein. Per 16.7 g: 49 kcals, 10 g pro, 0.17 g fat, 2 g CHO Flavors: vanilla, unflavored **CAUTION:** Must only be given to individuals with phenylketonuria under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	16 oz (454g) can powder 4 cans/case 16.7 g pouches 30 puches/case Standard dilution: 1 scoop or pouch (16.7 g) to approx. 3 fl oz water.	**Protein** (73% kcals) **-** L-amino acids (without phenylalanine) **Fat** (0% kcals) **CHO** (25% kcals) **-** Sucrose, corn syrup solids, modified food starch
PHENYLADE AMINO ACID BARS (Applied Nutrition Corp) **USE:** A phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Provides an alternative source of protein, fat, and CHO. Can supplement all or part of the protein prescription when traditional liquid formula is insufficient or not tolerated. A vitamin/mineral supplement may be necessary. Per 47-50 g bar: 270 kcals, 10 g pro, 17-18 g fat, 17-19 g CHO, 0 mg iron Flavors: chocolate, white chocolate, chocolate crispy **CAUTION:** Must only be given to individuals with phenylketonuria under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	47 g bar (chocolate/white chocolate) 12 bars/case 50 g bar (chocolate crispy) 12 bars/case	**Protein** (15% kcals) **-** Amino acids (without phenylalanine) **Fat** (57-60% kcals) - Cocoa butter **CHO** (25-28% kcals) - Sucrose, crisp rice *(chocolate crispy)*

Product	WIC Issuance	Size	Nutrient Source
PHENYLADE AMINO ACID BLEND (Applied Nutrition Corp) **USE:** A phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Can be added to foods and drinks normally consumed or to traditional PKU formula to increase protein content. A vitamin/mineral supplement may be necessary. Per 13 g: 42 kcals, 10 g pro, 0 g fat, 0 g carbohydrate, 0 mg iron **CAUTION:** Must only be given to individuals with PKU under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 4 cans/case 12.4 g pouch powder 10 pouches/case	**Protein** (100% kcals) - Amino acids (without phenylalanine) **Fat** (0% kcals) **CHO** (0% kcals)
PHENYLADE ESSENTIALS DRINK MIX (Applied Nutrition Corp) **USE:** A phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Intended as the primary source of protein nutrition and a significant source of calories in the management of PKU. Fortified with vitamins and minerals, omega-3 and omega-6 fatty acids, and soluble fiber. Per 40 g: 157 kcals, 10 g pro, 5 g fat, 18 g CHO Flavors: vanilla, orange creme, strawberry, chocolate **CAUTION:** Must only be given to individuals with phenylketonuria under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 4 cans/case Standard dilution: 1 scoop powder to 6-8 fl oz water. 1 scoop powder = 40 g One can yields approximately 11 servings. 40 g pouch powder 16 pouches/case	**Protein** (26% kcals) - L-amino acids (without phenylalanine) **Fat** (30% kcals) -Safflower oil, canola oil, soybean oil, coconut oil, flaxseed oil **CHO** (46% kcals) - Sucrose, modified food starch
PHENYLADE MTE AMINO ACID BLEND (Applied Nutrition Corp) **USE:** A phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Can be added to foods and drinks normally consumed or to traditional PKU formula to increase protein content. Fortified with minerals and trace elements. Per 13 g: 42 kcals, 10 g pro, 0 g fat, 0 g carbohydrate, 0 mg iron **CAUTION:** Must only be given to individuals with PKU under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 4 cans/case 12.8 g pouch powder 10 pouches/case	**Protein** (100% kcals) - Amino acids (without phenylalanine) **Fat** (0% kcals) - None **CHO** (0% kcals) - None

Product	WIC Issuance	Size	Nutrient Source
PHENYLADE PHEBLOC LNAA (Applied Nutrition Corp) **USE:** A phenylalanine-free medical food (metabolic) for children and adults over 12 years of age with phenylketonuria (PKU). Available in powder and tablets. Allows for a more relaxed PKU diet. **CAUTION:** Must only be given to individuals with PKU under strict medical supervision. Not intended as a sole source of nutrition.	**Not WIC Approved.**		
PHENYLADE RTF (Applied Nutrition Corp) **USE:** A phenylalanine-free medical food (metabolic) for children and adults over 4 years of age with phenylketonuria (PKU). Intended as the primary source of protein nutrition and a significant source of calories in the management of PKU. Fortified with vitamins and minerals. Per 2.5 fl oz: 60 kcals, 10 g pro, <1 g fat, 5 g CHO Flavors: Orignal flavor blast **CAUTION:** Must only be given to individuals with phenylketonuria under strict medical supervision. Not intended as a sole source of nutrition.	**Not WIC Approved.**	2.5 fl oz bottles RTF 12 bottles/case	**Protein** (67% kcals) - L-amino acids (without phenylalanine) **Fat** (0% kcals) **CHO** (33% kcals) - Sucrose
PHENYL-FREE 1 (Mead Johnson) **USE:** A phenylalanine-free infant formula (metabolic) for infants with phenylketonuria (PKU). Contains higher levels of vitamins and minerals than standard infant formulas. Increased levels of B vitamins for cofactor production. Iron-fortified. Vanilla scent. Gluten-free, lactose-free, galactose-free. DHA & ARA. Per 100 g: 500 kcals, 16.2 g pro, 26 g fat, 51 g CHO, 9.6 mg iron Osmolality: 350 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 4.5 g	**Protein** (13% kcals) - Amino acids (without phenylalanine) **Fat** (47% kcals) - Vegetable oil (palm olein, soy, coconut, and high oleic sunflower oils) **CHO** (40% kcals) - Corn syrup solids, modified corn starch, sucrose

Product	WIC Issuance	Size	Nutrient Source
PHENYL-FREE 2 (Mead Johnson) **USE:** A phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Contains lower levels of fat and fewer total calories than Phenyl-free 1. Provides essential and non-essential amino acids, CHO, fat, essential fatty acids, vitamins and minerals. Iron-fortified. Vanilla scent. Gluten-free, lactose-free, galactose-free. Per 100 g: 410 kcals, 22 g pro, 8.6 g fat, 60 g CHO, 12.2 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 14.4 g	**Protein** (22% kcals) - Amino acids (without phenylalanine) **Fat** (19% kcals) - Soy oil **CHO** (59% kcals) - Sucrose, corn syrup solids, modified corn starch
PHENYL-FREE 2 HP (Mead Johnson) **USE:** A high protein, phenylalanine-free medical food (metabolic) for children, adults and pregnant women with phenylketonuria (PKU) that require fewer calories than provided by Phenyl-free 2. Contains higher levels of protein, vitamins and minerals than Phenyl-free 2. Provides essential and non-essential amino acids, CHO, fat, essential fatty acids, vitamins and minerals. Iron-fortified. Vanilla scent. Gluten-free, lactose-free, galactose-free. Per 100 g: 390 kcals, 40 g pro, 6.3 g fat, 44 g CHO, 15.7 mg iron. **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Due to higher levels of amino acids, the taste of amino acids is more prevalent in Phenyl-free 2 HP. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician 1 scoop powder = 15.1 g	**Protein** (41% kcals) - Amino acids (without phenylalanine) **Fat** (14% kcals) - Soy oil **CHO** (44% kcals) - Sucrose, corn syrup solids, modified corn starch

Product	WIC Issuance	Size	Nutrient Source
PHLEXY - 10 BAR (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Contains a balanced mixture of all other essential and non-essential amino acids. Does not contain vitamins, minerals or trace elements. Per 42 g bar: 149 kcals, 8.3 g pro, 3.7 g fat, 20.5 g CHO **Note:** The Phlexy - 10 system includes bars, capsules, drink mix and tablets. These products can be used independently or in combination with other phenylalanine-free products or protein sources. Phlexy-Vits (not WIC approved) are available to be used as a vitamin/mineral supplement with the Phlexy-10 system. **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Aprroved with Medical Documentation form.**	42 g bar 20 bars/case	**Protein** (22% kcals) - Amino acids (without phenylalanine) **Fat** (22% kcals) - Soy & palm oil **CHO** (55% kcals) - Sucrose, glucose
PHLEXY - 10 CAPSULES (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Contains a balanced mixture of all other essential and non-essential amino acids. Does not contain vitamins, minerals or trace elements. Per capsule: 33 kcals, 8.3 g pro, 0 g fat, 0 g CHO **Note:** The Phlexy - 10 system includes bars, capsules, drink mix and tablets. These products can be used independently or in combination with other phenylalanine-free products or protein sources. Phlexy-Vits (not WIC approved) are available to be used as a vitamin/mineral supplement with the Phlexy-10 system. **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	200 capsules/bottle	**Protein** (100% kcals) - Amino acids (without phenylalanine) **Fat** (0 % kcals) - None **CHO** (0% kcals) - None

Product	WIC Issuance	Size	Nutrient Source
PHLEXY - 10 DRINK MIX (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Contains a balanced mixture of all other essential and non-essential amino acids and CHO. Does not contain vitamins, minerals or trace elements. Per 20 g: 69 kcals, 8.3 g pro, 0 g fat, 8.8 g CHO Osmalility (Dilution 1 to 5): 1140-1172 mOsm/kg Flavors: blackcurrant-apple, tropical sunrise **Note:** The Phlexy - 10 system includes bars, capsules, drink mix and tablets. These products can be used independently or in combination with other phenylalanine-free products or protein sources. Phlexy-Vits (not WIC approved) are available to be used as a vitamin/mineral supplement with the Phlexy-10 system. **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use. Not intended for infnats under 1 year of age.	**Approved with Medical Documentation form.**	20 g sachet powder 30 sachets/box Standard dilution = 1 sachet powder to water to yield 3.5 oz drink mix.	**Protein** (48% kcals) - Amino acids (without phenylalanine) **Fat** (0% kcals) - None **CHO** (51% kcals) - Sucrose, corn syrup solids
PHLEXY - 10 TABLETS (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for children and adults with phenylketonuria (PKU). Contains a balanced mixture of all other essential and non-essential amino acids. Does not contain vitamins, minerals or trace elements. Per tablet: 38 kcals, 8.3 g pro, .2 g fat, .65 g CHO. **Note:** The Phlexy - 10 system includes bars, capsules, drink mix and tablets. These products can be used independently or in combination with other phenylalanine-free products or protein sources. Phlexy-Vits (not WIC approved) are available to be used as a vitamin/mineral supplement with the Phlexy-10 system. **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	75 tablets/bottle	**Protein** (87% kcals) - Amino acids (without phenylalanine) **Fat** (5% kcals) - Negligible **CHO** (7 % kcals) - Microcrystalline cellulose

Product	WIC Issuance	Size	Nutrient Source
PHLEXY – VITS (Nutricia North America) **USE:** A vitamin, mineral and trace element preparation for older children and adults with restrictive therapeutic diets. One 7 g packet supplies the majority of vitamins and minerals needed to meet the DRI of individuals 11 years and older. Per 7 g: .2 kcals, 0.02 g pro, 0 g fat, 0 g CHO **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition.	**Not WIC approved.**	7 g packet powder 30 packets/case 1 sachet phlexy-vits to 1 sachet Phlexy drink mix Or 1 sachet phlexy-vits to small amount of lemonade or juice (1.5 fl oz), dilute to 5 fl oz	**Protein** (0% kcals) - None **Fat** (0% kcals) - None **CHO** (0% kcals) - None
PIVOT 1.5 CAL (Abbott Nutrition) **USE:** A very-high calorie and protein medical food (tube feed) for older children and adults who are immunosuppressed, metabolically stressed or have fluid restrictions. Contains FOS (prebiotic that may help maintain gut health) and arginine. Gluten-free, lactose-free, low-residue. Per 8 fl oz: 355 kcals (1.5 kcals/oz), 22.2 g pro, 12 g fat, 40.9 g CHO, 4.3 mg iron, 1.8 g fiber Osmolality: 595 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Not WIC approved.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case	**Protein** (25% kcals) - Partially hydrolyzed sodium caseinate, whey protein hydrolysate, L-arginine, L-carnitine **Fat** (30% kcals) - Structured lipid (interesterified sardine oil and MCT), soy oil, canola oil **CHO** (45% kcals) - Corn syrup solids, fructooligosaccharides

Product	WIC Issuance	Size	Nutrient Source
PKU Lophlex LQ (Nutricia North America) **USE:** A phyenylalanine-free medical food for children 4 years and older including pregnant women with phenylketonuria. Contains a balanced mixture of all other essential and non-essential amino acids, carbohydrate, vitamins, minterals and trace elements. Per 125 mL: 115-116 kcals, 20 g pro, <1 g fat, 8.8 g CHO Osmolality: 2460 mOsm/kg Flavors: Tropical, Berry **CAUTION:** For use only under strict medical supervision for individuals with proven phenylketonuria. Not intended as a sole source of nutrition. Not for parenteral use. Not intended for infants.	**Approved with Medical Documentation form.**	4.2 fl oz (125ml) pouches 30 pouches/case	**Protein** (70% kcals) - Amino Acids (without phenylalanie) **Fat** (0% kcals) - Negible **CHO** (30% kcals) - Corn syrup solids
POLYCOSE (Abbott Nutrition) **USE:** A medical food (glucose polymer) for infants, children and adults in need of additional calories. Useful in supplying carbohydrate calories for protein-, electrolyte-, and fat-restricted diets. For oral use or tube feeding. Kosher, lactose-free, gluten-free, low-residue. Per 100 g: 380 kcals, 0 g pro, 0 g fat, 94 g CHO, 0 mg iron Osmolality: 900 mOsm/kg **CAUTION:** For use only under strict medical supervision. Polycose should be fed to infants only as directed by a physician. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	12.3 oz (350 g) can powder 6 cans/case 1 Tbsp powder = 6 g	**Protein** (0% kcals) - None **Fat** (0% kcals) - None **CHO** (100% kcals) - Glucose polymers from hydrolysis of corn starch

Product	WIC Issuance	Size	Nutrient Source
PORTAGEN (Mead Johnson) **USE:** A milk-based medical food for children and adults with defects in the intraluminal hydrolysis of fat (decreased pancreatic lipase, decreased bile salts), defective mucosal fat absorption (decreased mucosal permeability, decreased absorptive surface), and/or defective lymphatic transport of fat (intestinal lymphatic obstruction). Gluten-free, lactose-free, low-residue. Per 100 g: 470 kcals, 16.5 g pro, 22 g fat, 54 g CHO, 8.8 mg iron Osmolality: 350 mOsm/kg **CAUTION**: For use only under strict medical supervision. Not intended as a sole source of nutrition. If used long-term, supplementation of essential fatty acids and ultra- trace minerals should be considered. Persons should start Portagen beverage slowly and start with one or two small servings per day until they become accustomed to the product, since abdominal discomfort and/or diarrhea may occur. Not for parenteral use. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted: 70 fl oz Standard dilution = 30 kcals/oz: Add 3 scoops powder (28.2 g) to 4 fl oz water to yield 4.5 fl oz formula	**Protein** (14% kcals) - Sodium caseinate **Fat** (40% kcals) - MCT oil, corn oil **CHO** (46% kcals) - Corn syrup solids, sucrose
PREGESTIMIL (Mead Johnson) **PREGESTIMIL 20/24** **USE**: An infant formula (hypoallergenic) for infants with gastrointestinal problems (fat malabsorption and sensitivity to intact proteins). Docosahexaenoic acid (DHA) and Arachidonic acid (ARA) have been added. Iron-fortified. Gluten-free, lactose-free, galactose-free, sucrose-free. Available in 24 cals in 2 fl oz bottles only. Per 100 kcals: 2.8 g pro, 5.6 g fat, 10.2 g CHO, 1.8 mg iron Osmolality: 290-340 mOsm/kg **CAUTION**: For use only under medical supervision. Not recommended for routine use in VLBW infants who may be at increased risk of developing gastrointestinal complications.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted: 112 fl oz Standard dilution = 20 kcals/oz: 1 scoop (8.9 g) powder to 2 fl oz water 2 fl oz bottle RTF 48 bottles/case **(available in 20 and 24 kcal)**	**Protein** (11% kcals) - Casein hydrolysate, amino acids **Fat** (48% kcals) - MCT oil, soy oil, corn oil, high oleic oil (safflower or sunflower), DHA, ARA **CHO** (41% kcals) - Corn syrup solids, dextrose, modified corn starch

Product	WIC Issuance	Size	Nutrient Source
PRODUCT 3232A (Mead Johnson) **USE:** A protein hydrolysate infant formula and medical food (hypoallergenic) for infants and children with disaccharidase deficiencies or other disorders of carbohydrate metabolism. To be used with added carbohydrate. Contains tapioca starch. Gluten-free, lactose-free, galactose-free. Per 100 g: 22 g pro, 33 g fat, 33 g CHO, 14.8 mg iron Osmolality: 360-640 mOsm/kg (prepared with 59 g added carbohydrate; varies by source) **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. For long-term use, additional fatty acids should be considered. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Standard dilution = 20 kcals/oz 1/2 cup powder = 81 g	**Protein** (11% kcals) - Casein hydrolysate, amino acids **Fat** (35% kcals) - MCT, corn oil **CHO** (54% kcals) - Modified tapioca starch
PROMOD LIQUID PROTEIN (Abbott Nutrition) **USE:** A medical food for children and adults with increased protein needs including wounds, protein-energy malnutrition, involuntary weight loss, pre/post surgery, anorexia, stress, trauma, cancer, and burns. Gluten-free, lactose-free. Per 1 fl oz: 100 kcals (3.3 kcals/ml), 10 g pro, 0 g fat, 14 g CHO, Flavors: Fruit punch **CAUTION:** Use under medical supervision. Not intended as sole source of nutrition.	**Approved with Medical Documentation form.**	32 fl oz bottle 6 bottles/case	**Protein** (40% kcals) - Hydrolyzed beef collagen **Fat** (0% kcals) **CHO** (60% kcals) - Glycerin

Product	WIC Issuance	Size	Nutrient Source
PROMOTE **PROMOTE with FIBER (Abbott Nutrition)** **USE:** A nutritionally complete, very-high protein medical food (tube feed/oral supplement) for older children and adults with low caloric needs or at risk for protein-energy malnutrition or pressure ulcers. Kosher, gluten-free, lactose-free, low-residue (without fiber). Per 8 fl oz: 237 kcals (1 kcal/ml), 14.8 g pro, 6.2-6.7 g fat, 30.8-32.8 g CHO, 4.3 mg iron Osmolality: 340-380 mOsm/kg Flavors: vanilla **CAUTION:** For use only under medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml Ready-To-Hang 8 containers/case 1500 ml Ready-To-Hang 6 containers/case	**Protein** (25% kcals) - Sodium and calcium caseinates, soy protein isolate **Fat** (23-25% kcals) - High oleic safflower oil, canola oil, MCT **CHO** (50-52% kcals) - Corn maltodextrin, sucrose, *oat fiber, soy fiber(with fiber)*
PRO-PHREE (Abbott Nutrition) **USE:** A protein-free infant formula and medical food for infants and toddlers in need of extra calories, minerals and vitamins or on a protein restriction. Supplemented with L-carnitine and taurine. Iron-fortified. Lactose free, Gluten-free. Per 100 g: 520 kcals, 0 g pro, 28 g fat, 65 g CHO, 11.9 mg iron Osmolality: 205 mOsm/kg at 20 kcal/oz **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 20 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (0% kcals) - None **Fat** (48% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (50% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
PROPIMEX - 1 (Abbott Nutrition) **USE:** A methionine- and valine-free infant formula and medical food (metabolic) for infants and toddlers with propionic or methylmalonic acidemia. Low in isoleucine, threonine and tryptophan. Supplemented with taurine. Fortified with L-carnitine and iron. Per 100 g: 480 kcals, 15 g pro, 21.7 g fat, 53 g CHO, 9 mg iron Osmolality: 370 mOsm/kg at 20 kcal/oz **CAUTION:** Must only be given to infants and toddlers with proven propionic or methylmalonic acidemia, under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 20 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (13% kcals) - Amino acids (without methionine, valine) **Fat** (41% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (44% kcals) - Corn syrup solids
PROPIMEX - 2 (Abbott Nutrition) **USE:** A methionine- and valine-free medical food (metabolic) for children and adults with propionic or methylmalonic acidemia. Low in isoleucine, threonine and tryptophan. Supplemented with taurine. Fortified with L-carnitine. Per 100 g: 410 kcals, 30 g pro, 13 g fat, 35 g CHO, 13 mg iron Osmolality: 1350 mOsm/kg at 30 kcal/oz **CAUTION:** Must only be given to children and adults with proven propionic or methylmalonic acidemia, under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 30 kcals/oz Follow Rx as directed by physician. 1 Tbsp powder = 8 g	**Protein** (29% kcals) - Amino acids (without methionine, valine) **Fat** (29% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (34% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
PROVIMIN (Abbott Nutrition) **USE:** A protein-vitamin-mineral infant formula and medical food (metabolic) for infants, children and adults with abetalipoproteinemia, hypobetalipoproteinemia, cholestasis, chylothorax, chylous ascites, fatty acid oxidation defects, glutaric aciduria type II, glycogen storage disease types II, III, and IV, hyperlipoproteinemia type I (fasting chylomicronemia), lymphangiectasis, intestinal malabsorption of carbohydrate and/or fat, malonyl coenzyme A decarboxylase deficiency, neurologically handicapped patients with low energy needs, X-linked adrenoleukodystrophy or in need of increased protein, minerals and vitamins. Virtually carbohydrate- and fat-free. Supplemented with L-carnitine and taurine. Iron-fortified.Gluten-free, lactose-free. Per 100 g: 313 kcals, 73 g pro, 1.4 g fat, 2.0 g CHO, 40 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	5.3 oz (150 g) can powder 6 cans/case Standard dilution = 20 kcals/oz To prepare 1000 ml formula, add 30 g ProViMin, 34 g fat and 69 g CHO to 900 ml water. 1 Tbsp powder = 2.9 g	**Protein** (93% kcals) - Sodium caseinate, amino acids **Fat** (4% kcals) - Coconut oil **CHO** (3% kcals) - Negligible
PULMOCARE (Abbott Nutrition) **USE:** A nutritionally complete, low-carbohydrate, high-calorie medical food (pulmonary tube feed/oral supplement) for older children and adults with chronic obstructive pulmonary disease, cystic fibrosis or respiratory failure. Designed to help reduce carbon dioxide production. Fortified with antioxidants. Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 355 kcals (1.5 kcals/oz), 14.8 g pro, 25 g CHO, 22.1 g fat, 4.5 mg iron Osmolality: 475 mOsm/kg Flavor: vanilla **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case	**Protein** (16.7% kcals) - Sodium and calcium caseinates **Fat** (55.1% kcals) - Canola oil, MCT, corn oil, high oleic safflower oil **CHO** (28.2% kcals) - Sucrose, corn maltodextrin

Product	WIC Issuance	Size	Nutrient Source
RCF Ross Carbohydrate Free Formula Base (Abbott Nutrition) **USE**: A soy-based, carbohydrate-free infant formula (metabolic) for infants with seizure disorders requiring a ketogenic diet or unable to tolerate the type or amount of carbohydrate in milk or conventional infant formulas. Supplemented with L-carnitine and taurine. Iron-fortified. Per 100 kcals (with 52 g CHO and 12 oz H_2o mixed with 13 oz RCF): 3 g pro, 5.3 g fat, 10.1 g CHO, 1.8 mg iron Osmolality: 168 mOsm/kg **CAUTION**: For use only under strict medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	13 fl oz can concentrate 12 cans/case Standard dilution = 20 kcals/oz Follow Rx as directed by physician	**Protein** (20% kcals) - Soy protein isolate **Fat** (80% kcals) - High oleic safflower oil, soy oil, coconut oil **CHO** (0% kcals) - None
RE/GEN HP/HC **RE/GEN HP/HC SF (Nutra/Balance)** **USE:** A high-calorie and protein medical food (renal oral supplement) for older children and adults with phosphorous, potassium or fluid -restricted diets or on dialysis. Kosher, low-lactose. Per 6 oz: 345-375 kcals, 12-14 g pro, 16-17 g fat, 35-47 g CHO, 0 mg iron Flavors: regular – vanilla, strawberry; sf - vanilla	**Not WIC Approved.**	6 oz carton RTF 27 cartons/case	**Protein** (14-15% kcals) **Fat** (41-42% kcals) **CHO** (41-50% kcals)

Product	WIC Issuance	Size	Nutrient Source
RENALCAL (Nestle Healthcare Nutrition) **USE:** A very high-calorie, low-protein, low-electrolyte medical food (renal tube feed/oral supplement) for older children and adults with acute renal failure. Supports positive nitrogen balance, helps minimize uremic symptoms. Contains arginine (to reduce potential for hyperammonemia). Kosher, lactose-free, gluten-free, low residue. Nestle flavor packets available. Per 8.5 oz: 500 kcals (2 kcals/ml), 8.6 g pro, 20.6 g fat, 72.6 g CHO, 0 mg iron Osmolality: 600 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case	**Protein** (7% kcals) - Whey protein concentrate, amino acid blend **Fat** (35% kcals) (MCT 70%, LCT 30%) - MCT (fractionated coconut and palm kernel oil), canola oil, corn oil **CHO** (58% kcals) - Maltodextrin, cornstarch
RESOURCE 2.0 (Nestle Healthcare Nutrition) **USE:** A nutritionally complete, high-calorie and protein medical food (oral supplement/tube feed) for older children and adults with anorexia, burn injury, COPD, congestive heart failure, developmental disabilities, malnutrition, pressure ulcers, respiratory disease, shortened feeding schedule or fluid restrictions. Kosher, lactose-free, low-residue, may be suitable for a gluten-free diet. Per 8 oz: 480 kcals (2 kcals/ml), 20 g pro, 21 g fat, 52 g CHO, 4.5 mg iron Osmolality: 790 mOsm/kg Flavors: vanilla crème **CAUTION:** For use only under medical supervision. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) carton 27 cartons/case 32 fl oz carton 12 cartons/case	**Protein** (17% kcals) - Calcium and sodium caseinate (milk) **Fat** (40% kcals) - Canola oil **CHO** (43% kcals) - Corn syrup solids, sugar, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
RESOURCE THICKENUP THICKENED DAIRY DRINK (Nestle Healthcare Nutrition) **(Previously RESOURCE DAIRY THICK)** **USE:** A medical food (oral supplement) for older children and adults with dysphagia, gluten intolerance, or cerebrovascular accident/stroke. Thickened 2% milk. Low-residue, gluten-free. Per 8 fl oz: 170-180 kcals, 8 g pro, 5 g fat, 24-26 g CHO *(Caloric and carbohydrate content varies with flavor and consistency)* Osmolality: 330-400 Flavors: Original, vanilla. Available in honey-like and nectar-like consistencies. **CAUTION:** For use under medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) carton 27 cartons/case	**Protein** (14% kcals) - milk protein concentrate **Fat** (0% kcals) - 2% milk fat **CHO** (86% kcals) - Sugar, cornstarch
RESOURCE THICKENUP THICKENED JUICE DRINK (Nestle Healthcare Nutrition) **(Previously RESOURCE THICKENED JUICE)** **USE:** A medical food (oral supplement for older children and adults with gluten intolerance, dysphagia, or cerebrovasclar accident/stroke. Lactose-free, gluten-free, Kosher. Per 8 fl oz: 160-200 kcals (0.7-0.8 kcals/ml), 0-1 g pro, 0 g fat, 39-50 g CHO *(Nutritional contents vary with flavor and consistency)* Flavors: 100% orange juice, 100% apple juice, and 27% cranberry juice cocktail. Available in honey-like and nectar-like consistencies. **CAUTION:** For use under medical supervision. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	8 fl oz (240 ml) carton 27 cartons/case 64 fl oz (1920 ml) bottle 8 bottles/case	**Protein** (0%) **Fat** (0%) **CHO** (100%) Natural sugars, food starch modified (corn)

Product	WIC Issuance	Size	Nutrient Source
RESOURCE THICKENUP THICKENED WATER (Nestle Healthcare Nutrition) **(Previously RESOURCE THICKENED WATER)** **USE:** A medical food (oral supplement for older children and adults with dysphagia to manage hydration. Lactose-free, gluten-free, Kosher. Per 8 fl oz: 70-80 kcals, 0 g pro, 0 g fat, 17-19 g CHO *(Nutritional contents vary with consistency: nectar or honey consistency)* Flavors: Lemon twist **CAUTION:** For use under medical supervision.	**Not WIC approved.**	8 fl oz (240 ml) carton 27 cartons/case	**Protein** -None **Fat** -None **CHO** -Modified corn starch, sucrose
RESOURCE THICKENUP THICKENED SHAKE (Nestle Healthcare Nutrition) **(Previously RESOURCE SHAKE THICKENED)** **USE:** A medical food (oral supplement for older children and adults with dysphagia and increased calorie protein needs. Lactose-free, gluten-free, Kosher. Per 6 fl oz: 270 kcals (1.5 kcal/ml), 9 g pro, 0 g fat, 45 g CHO Flavors: Vanilla **CAUTION:** For use under medical supervision. Not for individuals with galactosemia.	**Not WIC approved.**	6 fl oz carton 25 cartons/case	**Protein** - Milk protein concentrate **Fat** -Corn oil **CHO** -Modified corn starch, sucrose, maltodextrin
RESOURCE THICKEN-UP (Nestle Healthcare Nutrition) **USE**: A low caloriemedical food for children over age 3 and adults with dysphagia, Per 6.4 g packet: 25 kcals, 0 g pro, 0 g fat, 6 g CHO **CAUTION**: For use under medical supervision. Not for individuals with galactosemia. Kosher, lactose-free, gluten-free, low-residue.	**Not WIC approved.**	6.4 g packets 75 packets/case 8 oz cans 12 cans/case 25 lb (11.34 kg) box	**CHO** -Modified cornstarch

Product	WIC Issuance	Size	Nutrient Source
RESOURCE NUTRITIOUS JUICE DRINK (Nestle Healthcare Nutrition) **USE:** A medical food (clear liquid oral supplement) for older children and adults with gluten intolerance, inadequate oral intake, nausea/vomiting, dehydration, failure to thrive, oncology, malnutrition. Kosher, lactose-free, gluten-free, low-residue. Per 6 fl oz: 210 kcals (1.18 kcals/ml), 6 g pro, 0 g fat, 46 g CHO, 3.6 mg iron Osmolality: 700 mOsm/kg Flavors: orange, apple cranberry **CAUTION**: For use under medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Not WIC approved.**	6 fl oz (177 ml) cartons 50 cartons/case	**Protein** (12% kcals) - Whey protein concentrate (milk) **Fat** (0% kcals) - None **CHO** (88% kcals) - Corn syrup, sugar, maltodextrin, corn syrup solids
RESOURCE NUTRITIOUS PUDDING (Nestle Healthcare Nutrition) **USE:** A high-calorie medical food (oral supplement) for older children and adults with volume intolerance, failure to thrive, dysphagia, gluten intolerance, inadequate oral intake, cerebrovascular accident/stroke, oral surgery, cancer, anorexia, weight loss. Kosher, low-residue. Per 4 fl oz: 250 kcals (2 kcals/ml), 9 g pro, 8 g fat, 35 g CHO, 1.8 mg iron Osmolality: 1820 mOsm/kg Flavors: Vanilla, chocolate **CAUTION:** For use under medical supervision. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	4 fl oz (120 ml) cup 48 cups/case	**Protein** (15% kcals) - sodium caseinate (milk), skim milk, nonfat dry milk **Fat** (29% kcals) - high oleic canola oil **CHO** (56% kcals) -corn syrup, sugar, food starch modified (corn), maltodextrin

Product	WIC Issuance	Size	Nutrient Source
RESOURCE CUSTARD (Nestle Healthcare Nutrition) **RESOURCE EGG CUSTARD MIX** **(Previously NUTRISOURCE CUSTARD and NUTRISOURCE QUICK EGG CUSTARD MIX)** **USE:** A medical food (oral supplement) for older children and adults with increased energy needs, protein-calorie malnutrition, or diet limited to full liquid, soft, or pureed foods. Gluten-free. Per 4 fl oz: 140 kcals, 7 g pro, 4 g fat, 18 g CHO 17 g dry mix (1 ½ Tbsp) : 70 kcal, 1 g pro, 0 g fat, 15 g CHO Flavors: Vanilla **CAUTION:** For use under medical supervision Not for individuals with galactosemia.	**Not WIC Approved**	4 fl oz (120 ml) cup 48 cups/case 6- 1 lb 2 oz bags/case (mix only)	**Protein** - Milk, nonfat dry milk, eggs -Mix: sodium caseinate **CHO** -sucrose -Mix: corn syrup solids, sucrose, dextrose
RESOURCE FRUIT SORBET (Nestle Healthcare Nutrition) **(Previously DIETSOURCE FRUIT SORBET)** **USE:** A medical food (oral supplement) for older children and adults with diet restrictions such as low sodium, low fat, or calorie controlled. Gluten-free, lactose-free. Per 3 fl oz: 20 kcals, 0 g pro, 4 g fat, 5 g CHO Flavors: lemon, orange, strawberry **CAUTION:** For use under medical supervision. Not for individuals with galactosemia or PKU.	**Not WIC Approved**	3 fl oz (120 ml) cup 48 cups/case	**Protein** - None **FAT** -None **CHO** -Maltodexrtin, polydextrose, glycerin, aspartame

Product	WIC Issuance	Size	Nutrient Source
RESOURCE HEALTH SHAKE (Nestle Healthcare Nutrition) **USE:** A medical food (oral supplement for older children and adults with increased energy requirments and fluid restrictions. Gluten-free, Kosher. Per 4 fl oz: 200 kcals (1.7 kcals/ml), 6 g pro, 4 g fat, 35 g CHO, 2.7 mg iron Flavors: Vanilla, chocolate, strawberry **CAUTION:** For use under medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Not WIC approved.**	4-6 fl oz cartons (118-177 ml) 50-75 cartons/case	**Protein** (12%) -Milk (Skim), whey protein concentrate, soy protein isolate **Fat** (18%) -Corn oil **CHO** (70%) -Corn syrup, high fructose corn syrup, maltodextrin
RESOURCE HEALTH SHAKE NO SUGAR ADDED (Nestle Healthcare Nutrition) **USE:** A medical food (oral supplement for older children and adults with a CHO controlled diet. Gluten-free, Kosher. Per 4 fl oz: 200 kcals (1.7 kcals/ml), 8 g pro, 9 g fat, 22 g CHO, 2.7 mg iron Flavors: Vanilla, chocolate, strawberry **CAUTION:** For use under medical supervision. Not for individuals with galactosemia or PKU. Not for parenteral use.	**Not WIC approved.**	4 fl oz cartons (118 ml) 50 cartons/case	**Protein** (16%) -Milk (Skim), whey protein concentrate **Fat** (40%) -Corn oil **CHO** (44%) - Maltodextrin, aspartame
RESOURCE SHAKE PLUS (Nestle Healthcare Nutrition) **USE:** A medical food (oral supplement for older children and adults with increased calorie and protein needs. Gluten-free, lactose- free, low-residue, Kosher. Per 8 fl oz: 480 kcals (2 kcals/ml), 8 g pro, 15 g fat, 69 g CHO, 6.3 mg iron Flavors: Vanilla, chocolate, strawberry **CAUTION:** For use under medical supervision. Not for individuals with galactosemia or PKU. Not for parenteral use.	**Not WIC approved.**	8 fl oz cartons 50 cartons/case	**Protein** (13%) -Milk (Skim), milk protein concentrate, calcium caseinate **Fat** (30%) -Corn oil **CHO** (57%) - Corn Syrup, high fructose corn syrup, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
REPLETE **REPLETE FIBER (Nestle Healthcare Nutrition)** **(Previously NUTREN REPLETE)** **USE:** A nutritionally complete, high-protein medical food (oral supplement/tube feed) for older children and adults with congestive heart failure, stage 2-3 pressure sores, burns or minor surgical wounds. Formulated to support healing and protein repletion. Kosher, lactose-free, gluten-free, low-residue (without fiber). Per 250 ml: 250 kcals, 15.6 g pro, 8.5 g fat, 28 g CHO, 4.5 mg iron (w/ fiber 3.5 g) Osmolality: 300-390 mOsm/kg Flavors: Vanilla, unflavored **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Approved with Medical Documentation form.**	8.45 fl oz (250 ml) can RTF 24 cans/case UltraPak enteral closed system: 1000 ml bag RTF 6 bags/case 1500 liter bag RTF 4 bags/case *(Nutren Replete Fiber only)*	**Protein** (25% kcals) - Calcium-potassium caseinate **Fat** (30% kcals) (MCT 25%, LCT 75%) - Canola oil, MCT (fractionated coconut and palm kernel oil) **CHO** (45% kcals) - Maltodextrin, corn syrup solids, soy polysaccharides (with fiber)
SCANDICAL CALORIE BOOSTER (Aptalis) **USE:** A high-calorie medical food (oral supplement) for children and adults with malabsorption, cystic fibrosis, cancer or who need to gain or maintain weight. Allows calories to be added to individual servings of food or beverages. Comes in a shaker-top dispenser can. Kosher, gluten-free. Per 6.5 g: 35 kcals, 0 g pro, 2.5 g fat, 4 g CHO, 0 mg iron **CAUTION:** Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	8 oz (227 g) can powder 6 cans/case	**Protein** (0% kcals) - None **Fat** (64% kcals) - Partially hydrogenated vegetable oil (coconut or soybean oils), MCT **CHO** (46% kcals) - Maltodextrin, corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
SCANDISHAKE **SCANDISHAKE SWEETENED with ASPARTAME (Aptalis)** **USE:** A high-calorie medical food (oral supplement) for children and adults with malabsorption, cystic fibrosis, cancer or who need to gain or maintain weight. Can be mixed with a variety of foods and beverages. Kosher, gluten-free. Per 3 oz: 440 kcals, 6-8 g pro, 21 g fat, 53-54 g CHO, 0 mg iron Flavors: vanilla, chocolate, strawberry (without aspartame) **CAUTION:** Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	3 oz (85 g) envelope powder 4 envelopes/box Recommendations to mix 1 envelope powder with 8 fl oz milk.	**Protein** (5-7% kcals) - Nonfat milk **Fat** (43% kcals) - Partially hydrogenated vegetable oil (coconut or soybean oils), MCT **CHO** (49-53% kcals) - Maltodextrin, sugar, nonfat milk, corn syrup solids
SCANDISHAKE LACTOSE FREE (Aptalis) **USE:** A high-calorie medical food for children and adults with malabsorption, cystic fibrosis, cancer or who need to gain or maintain weight. Can be mixed with a variety of foods and beverages. Kosher, lactose-free, gluten-free,. Per 3 oz: 430 kcals, 8 g pro, 20 g fat, 53-54 g CHO, 0 mg iron Flavors: vanilla, chocolate **CAUTION:** Not intended as a sole source of nutrition.	**Not WIC Approved.**	3 oz (85 g) envelope powder 4 envelopes/box Recommendations to mix 1 envelope powder with 8 fl oz soy, lactose free, or rice milk.	**Protein** (7% kcals) - Calcium sodium caseinate, whey protein isolate **Fat** (42% kcals) - Partially hydrogenated vegetable oil (coconut or soybean oils), MCT **CHO** (50% kcals) - Sugar, corn syrup solids, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
SIMILAC ADVANCE (Abbott Nutrition) **USE:** A milk-based infant formula for infants with no special nutritional requirements. Contains blend of prebiotics, nucleotides, and antioxidants. DHA, ARA. Iron-fortified. Per 100 kcals: 2.07 g pro, 5.6 g fat, 10.71 g CHO, 1.8 mg iron Osmolality: 310 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Standard WIC Contract Formula** (No Rx needed for infants)	12.4 oz (365 g) can powder 6 cans/case Reconstituted: 90 fl oz 23.2 oz (658 g) can powder 6 cans/case Reconstituted: 168 fl oz 2.13 lb (964 g) can powder 6 cans/case Standard dilution = 20 kcals/oz: 1 scoop (8.7 g) powder to every 2 fl oz water. 13 fl oz can concentrate 12 cans/case Reconstituted: 26 fl oz 32 fl oz bottle RTF 6 bottles/case	**Protein** (8% kcals) - Nonfat milk, whey protein concentrate **Fat** (49% kcals) - High oleic safflower, soy, and coconut oil, DHA, ARA **CHO** (43% kcals) - Lactose, Galacto-Oligosaccharides (GOS)

Product	WIC Issuance	Size	Nutrient Source
SIMILAC EXPERT CARE 24 with IRON (Abbott Nutrition) (Formerly Similac Special Care Advance with Iron 24) **USE**: A high-calorie infant formula (premature) for premature infants with high calorie needs. DHA, ARA. Iron-fortified. Per 100 kcals (24 kcal/oz): 2.71 g pro, 5.27 g fat, 10.5 g CHO, 1.8 mg iron Osmolality: 280 mOsm/kg **CAUTION**: For use only under strict medical supervision. VLBW infants are particularly susceptible to gastrointestinal complications; therefore, feeding should be initiated cautiously. Tolerance to enteral feedings should be confirmed by initially offerings small volumes. Spitting up, excessive gastric residuals, abdominal distention, abnormal stools or stool patterns, or other signs of intestinal dysfunction have been associated with enteral feeding before the intestinal tract is ready to accommodate the regimen. At the first sign of these problems, enteral feeding should be slowed or discontinued.	**Approved with Medical Documentation form.**	2 fl oz plastic bottle RTF 48 bottles/case Standard dilution = 24 kcals/oz	**Protein** (12% kcals) - Nonfat milk, whey protein concentrate **Fat** (47% kcals) - soy oil, coconut oil, DHA, ARA **CHO** (41% kcals) - Corn syrup solids, lactose
SIMILAC EXPERT CARE ALIMENTUM (Abbott Nutrition) **USE**: An infant formula (hypoallergenic) for infants with severe food allergies, sensitivity to intact protein, protein maldigestion or fat malabsorption. DHA, ARA. Iron-fortified. Lactose-free, corn-free (RTF only). Per 100 kcals: 2.75 g pro, 5.54 g fat, 10.2 g CHO, 1.8 mg iron Osmolality: 370 mOsm/kg **CAUTION:** For use only under medical supervision.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted: 115 fl oz Standard dilution = 20 kcals/oz: 1 scoop (8.7 g) powder to every 2 fl oz water. 8 fl oz can RTF 6 cans/case 32 fl oz bottle RTF 6 bottles/case	**Protein** (11% kcals) - Casein hydrolysate, amino acids **Fat** (48% kcals) - Safflower oil, MCT, soy oil, DHA, ARA **CHO** (41% kcals) - Sucrose, corn maltodextrin, modified tapioca starch

Product	WIC Issuance	Size	Nutrient Source
SIMILAC EXPERT CARE FOR DIARRHEA (Abbott Nutrition) **USE**: A soy-based infant formula (lactose-free) for infants older than 6 months and toddlers with diarrhea. Iron-fortified. Gluten-free. Per 100 kcals: 2.66 g pro, 5.46 g fat, 10.1 g CHO, 1.8 mg iron, 0.9 g fiber Osmolality: 240 mOsm/kg **CAUTION:** Must only be used under medical supervision. Should not be fed to infants or toddlers with constipation. May not be appropriate for long-term use.	**Approved with Medical Documentation form.**	8 fl oz can RTF 24 cans/case 32 fl oz can RTF 6 cans/case Standard dilution = 20 kcals/oz	**Protein** (11% kcals) - Soy protein isolate, amino acids **Fat** (49% kcals) - Soy oil, coconut oil **CHO** (40% kcals) - Corn syrup, sucrose, soy fiber
SIMILAC EXPERT CARE NEOSURE (Abbott Nutrition) **USE:** A high-calorie infant formula (premature) for infants in need of extra calories and nutrients. For use as a preterm, post discharge formula. Contains higher levels of protein, vitamins, and minerals than standard term formulas to promote greater weight gain and growth. DHA, ARA. Iron-fortified. Per 100 kcals: 2.8 g pro, 5.5 g fat, 10.1 g CHO, 1.8 mg iron Osmolality: 250 mOsm/kg **CAUTION:** For use only under strict medical supervision. The AAP supports the use of preterm discharge formulas to a postnatal age of 9 months.	**Approved with Medical Documentation form.**	13.1 oz (371 g) can powder 6 cans/case Reconstituted: 87 fl oz Standard dilution = 22 kcals/oz: 1 scoop (9.6 g) powder to every 2 fl oz water. 2 fl oz plastic bottle RTF 48 bottles/case 32 fl oz bottle RTF 6 bottles/case	**Protein** (11% kcals) - Nonfat milk, whey protein concentrate **Fat** (50% kcals) - Soy oil, coconut oil, MCT, DHA, ARA **CHO** (40% kcals) - Corn syrup solids, lactose

Product	WIC Issuance	Size	Nutrient Source
SIMILAC GO & GROW – MILK BASED FORMULA (Abbott Nutrition) **USE**: A milk-based infant formula and medical food for older infants and toddlers (9-24 months) with no special nutritional requirements. DHA, ARA, Prebiotics, Lutein, Carotenoids. Iron-fortified. Gluten- Free. Per 100 kcals: 3 g pro, 5.40 g fat, 10.2 g CHO,2 mg iron Osmolality: 300 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Standard WIC Contract Formula** (No Rx needed for infants 9-12 months) **Approved with Medical Documentation form.** (for children)	22 oz (624g) can powder 6 cans/case Reconstituted: 162 fl oz Standard dilution = 20 kcals/oz: 1 scoop (8.6 g) powder to every 2 fl oz water.	**Protein** (8% kcals) - Nonfat milk, whey protein concentrate **Fat** (49% kcals) - High oleic safflower oil, soy oil, coconut oil, DHA, ARA **CHO** (43% kcals) - Lactose
SIMILAC GO & GROW - SOY BASED FORMULA (Abbott Nutrition) **USE**: A soy-based infant formula and medical food (lactose-free) for older infants and toddlers (9-24 months) with feeding problems such as fussiness, gas, spit-up or with IgE-mediated allergy or sensitivity to cow's-milk protein. Lutein, DHA, ARA. Iron-fortified. Per 100 kcals: 2.8 g pro, 5.4 g fat, 10.3 g CHO, 2 mg iron Osmolality: 200 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Approved with Medical Documentation form.** (for children)	22 oz (624g) can powder 6 cans/case Reconstituted: 160 fl oz Standard dilution = 20 kcals/oz: 1 scoop (8.7 g) powder to every 2 fl oz water.	**Protein** (10% kcals) - Soy protein isolate, amino acids **Fat** (49% kcals) - High oleic safflower oil, soy oil, coconut oil, DHA, ARA **CHO** (41% kcals) - Corn syrup solids, sucrose

Product	WIC Issuance	Size	Nutrient Source
SIMILAC ADVANCE ORGANIC (Abbott Nutrition) **USE:** A milk-based infant formula (organic) for infants with no special nutritional requirements. DHA, ARA. Iron-fortified. Per 100 kcals: 2.07 g pro, 5.63 g fat, 10.4 g CHO, 1.8 mg iron Osmolality: 225 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not WIC Approved.**	1.45 lb (657 g) can powder 6 cans/case 2.12 lb (936 g) can powder 6 cans/case Standard dilution = 20 kcals/oz: 1 scoop (8.6 g) powder to every 2 fl oz water. 2 fl oz plastic bottle RTF 48 bottles/case 32 fl oz bottle RTF 6 bottles/case	**Protein** (8% kcals) - Organic nonfat milk **Fat** (49% kcals) - Organic high oleic safflower oil, organic soy oil, organic coconut oil, DHA, ARA **CHO** (42% kcals) - Organic maltodextrin, organic sugar from evaporated cane juice
SIMILAC PM 60/40 (Abbott Nutrition) **USE**: An infant formula (low iron) for infants with impaired renal function or who would benefit from lower mineral intake. Calcium-to-phosphorus ratio and content designed to treat serum calcium disorders (hypercalcemia and hypocalcemia due to hyperphosphatemia). Gluten-free. Per 100 kcals: 2.2 g pro, 5.6 g fat, 10.2 g CHO, .7 mg iron Osmolality: 280 mOsm/kg **CAUTION:** For use only under strict medical supervision. In conditions where infant is losing abnormal quantities of one or more electrolytes, it may be necessary to supply electrolytes from sources other than the formula. It may be necessary to supply LBW infants weighing less than 1500 g at birth additional calcium, phosphorus, and sodium during periods of rapid growth.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Reconstituted: 102 fl oz Standard dilution = 20 kcals/oz: 1 scoop (8.7 g) powder to every 2 fl oz water.	**Protein** (9% kcals) (60% whey, 40% casein) - Whey protein concentrate, sodium caseinate **Fat** (50% kcals) - High oleic safflower oil, soy oil, coconut oil **CHO** (41% kcals) - Lactose

Product	WIC Issuance	Size	Nutrient Source
SIMILAC SOY ISOMIL (Abbott Nutrition) **USE**: A soy-based infant formula (lactose-free) for infants with feeding problems such as fussiness, gas, spit-up or with IgE-mediated allergy or sensitivity to cow's-milk protein. DHA, ARA. Iron-fortified. Per 100 kcals: 2.45 g pro, 5.46 g fat, 10.4 g CHO, 1.8 mg iron Osmolality: 200 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC Approved.**	12.4 oz (352 g) can powder 6 cans/case Reconstituted: 90 fl oz 23.2 oz (658 gm) can powder 6 cans/case Reconstituted: 169 fl oz 2.13 lb (964 g) can powder 6 cans/case Standard dilution = 20 kcals/oz: 1 scoop (8.7 g) powder to every 2 fl oz water. 13 fl oz can concentrate 24 cans/case 2 fl oz bottle RTF 48 bottles/case 32 fl oz bottle RTF 6 bottles/case	**Protein** (10% kcals) - Soy protein isolate, L-methionine **Fat** (49% kcals) - High oleic safflower oil, soy oil, coconut oil, DHA, ARA **CHO** (41% kcals) - Corn syrup, sucrose, fructooligosaccharide (FOS)

Product	WIC Issuance	Size	Nutrient Source
SIMILAC SENSITIVE FOR FUSSINESS & GAS (Abbott Nutrition) **USE**: A milk-based infant formula (lactose-free) for infants with mild tolerance symptoms such as fussiness and gas due to lactose sensitivity. DHA, ARA. Iron-fortified. Per 100 kcals: 2.14 g pro, 5.4 g fat, 10.7 g CHO, 1.8 mg iron Osmolality: 200 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly. Not for individuals with galactosemia.	**Standard WIC Contract Formula** (No Rx needed for infants)	12.6 oz (357 g) can powder 6 cans/case Reconstituted: 90 fl oz 1.41 lb (638 gm) can powder 6 cans/case 2.06 lb (936 g) can powder 6 cans/case Standard dilution = 20 kcals/oz: 1 scoop (8.8 g) powder to every 2 fl oz water. 13 fl oz can concentrate 12 cans/case Reconstituted: 26 fl oz 32 fl oz bottle RTF 6 bottles/case	**Protein** (9% kcals) - Milk protein isolate **Fat** (49% kcals) - High oleic safflower oil, soy oil, coconut oil, DHA, ARA **CHO** (43% kcals) - Corn maltodextrin, sucrose, Galacto-Oligosaccharides (GOS)
SIMILAC FOR SPIT UP (Abbott Nutrition) **USE**: A milk-based infant formula (lactose-free) for infants to reduce spit-up. Contains rice starch. DHA, ARA. Iron-fortified. Per 100 kcals: 2.14 g pro, 5.64 g fat, 10.4 g CHO, 1.8 mg iron Osmolality: 180 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly. Not for individuals with galactosemia.	**Standard WIC Contract Formula** (No Rx needed for infants)	12.3 oz (349 g) can powder 6 cans/case Reconsitituted: 90 fl oz 1.41 lb (638 g) can powder 6 cans/case Reconsituted: 168 fl oz Standard dilution = 20 kcals/oz: 1 scoop (8.7 g) powder to every 2 fl oz water. 32 fl oz bottle RTF 6 bottles/case	**Protein** (9% kcals) - Milk protein isolate **Fat** (49% kcals) - High oleic safflower oil, soy oil, coconut oil, DHA, ARA **CHO** (43% kcals) - Corn syrup, rice starch, sucrose

Product	WIC Issuance	Size	Nutrient Source
SIMILAC SPECIAL CARE 20 with IRON (Abbott Nutrition) **USE**: An infant formula (premature) for premature infants with normal calorie needs. Lutein, DHA, ARA. Iron-fortified. Per 100 kcals (20 kcals/oz): 3 g pro, 5.43 g fat, 10.3 g CHO, 1.8 mg iron Osmolality: 235 mOsm/kg **CAUTION**: For use only under strict medical supervision. VLBW infants are particularly susceptible to gastrointestinal complications; therefore, feeding should be initiated cautiously. Tolerance to enteral feedings should be confirmed by initially offerings small volumes. Spitting up, excessive gastric residuals, abdominal distention, abnormal stools or stool patterns, or other signs of intestinal dysfunction have been associated with enteral feeding before the intestinal tract is ready to accommodate the regimen. At the first sign of these problems, enteral feeding should be slowed or discontinued.	**Approved with Medical Documentation form..**	2 fl oz plastic bottle RTF 48 bottles/case Standard dilution = 20 kcals/oz	**Protein** (12% kcals) - Nonfat milk, whey protein concentrate **Fat** (47% kcals) - MCT, soy oil, coconut oil, DHA, ARA **CHO** (41% kcals) - Corn syrup solids, lactose
SIMILAC SPECIAL CARE 24 WITH IRON (Abbott Nutrition) **USE**: A high-calorie infant formula (low iron, premature) for premature infants with high calorie needs. DHA, ARA. Per 100 kcals (24 kcal/oz): 3 g pro, 5.43 g fat, 10.3 g CHO, 1.8 mg iron Osmolality: 280 mOsm/kg **CAUTION**: For use only under strict medical supervision. Not intended for feeding low-birth-weight infants after they reach a weight of 3600 g or as directed by a doctor. If signs if intolerance develop, slow feeding or discontinue.	**Approved with Medical Documentation form.**	2 fl oz plastic bottle RTF 48 bottles/case Standard dilution = 24 kcals/oz	**Protein** (12% kcals) - Nonfat milk, whey protein concentrate **Fat** (47% kcals) - MCT, soy oil, coconut oil, DHA, ARA **CHO** (41% kcals) - Corn syrup solids, lactose

Product	WIC Issuance	Size	Nutrient Source
SIMILAC SPECIAL CARE 24 HIGH PROTEIN (Abbott Nutrition) **USE**: A high-calorie infant formula (low iron, premature) for premature infants with high calorie needs. DHA, ARA. Per 100 kcals (24 kcal/oz): 3.3 g pro, 5.43 g fat, 10 g CHO, 1.8 mg iron Osmolality: 280 mOsm/kg **CAUTION**: For use only under strict medical supervision. Not intended for feeding low-birth-weight infants after they reach a weight of 3600 g or as directed by a doctor. If signs if intolerance develop, slow feeding or discontinue.	**Not WIC Approved.**	2 fl oz plastic bottle RTF 48 bottles/case Standard dilution = 24 kcals/oz	**Protein** (12% kcals) - Nonfat milk, whey protein concentrate **Fat** (47% kcals) - MCT, soy oil, coconut oil, DHA, ARA **CHO** (41% kcals) - Corn syrup solids, lactose
SIMILAC SPECIAL CARE 30 with IRON (Abbott Nutrition) **USE**: A very high-calorie infant formula (premature) for premature infants with very high calorie needs or fluid restrictions. Can be mixed to a variety of caloric densities (26, 27, 28 calories). Can also be used as a sole-source feeding or a human milk fortifier. DHA, ARA. Iron-fortified. Per 100 kcals (30 kcal/oz): 3 g pro, 6.61 g fat, 7.73 g CHO, 1.8 mg iron Osmolality: 325 mOsm/kg **CAUTION**: For use only under strict medical supervision. Not intended for feeding low-birth-weight infants after they reach a weight of 3600 g or as directed by a doctor. If signs if intolerance develop, slow feeding or discontinue.	**Not WIC Approved.**	2 fl oz plastic bottle RTF 48 bottles/case Standard dilution = 30 kcals/oz	**Protein** (12% kcals) - Nonfat milk, whey protein concentrate **Fat** (57% kcals) - MCT, soy oil, coconut oil, DHA, ARA **CHO** (31% kcals) - Corn syrup solids, lactose

Product	WIC Issuance	Size	Nutrient Source
SIMILAC TOTAL COMFORT (Abbott Nutrition) **USE:** Milk-based Infant formula with partially hydrolyzed protein for easy digestion. Suitable for infants with lactose sensitivity. Lutein, DHA, and Prebiotics. Low lactose. Iron-fortified. Per 100 kcals: 2.3 g pro, 5.4 g fat, 11 g CHO, 1.8 mg iron Osmolality: 242 mOsm/kg **CAUTION**: Evaluate if formula is mixed, used, and stored properly. Not for individuals with galactosemia. Consult with health care provide when switching formulas.	**Not Idaho WIC Approved.** (Non-contract infant formula).	2 fl oz plastic bottle RTF 48 bottles/case 12.6 oz (357 g) can powder 6 cans/case Reconsitituted: 90 fl oz Standard dilution = 20 kcals/oz: 1 scoop (8.9 g) powder to every 2 fl oz water.	**Protein** (9% kcals) - Whey Protein Hydrolysate **Fat** (49% kcals) - High oleic safflower oil, soy oil, coconut oil, DHA, ARA **CHO** (42% kcals) - Corn Maltodextrin, galactooligosaccarides, sucrose, Corn syrup solids (RTF)
SOLCARB (Solace Nutrition, LLC) **Use:** Provides a soluble form of powdered carbohydrate for additional calories when added to tube feedings, liquids, or moist foods. Indicated for inborn errors of metabolism, gastrointestinal volume restriction, and limited renal solute load in individuals from one year of age. Per 100 g: 375 kcals, 94.5 g CHO **CAUTION**: Consult with healthcare provider to determine caloric needs. Scale is recommended for measurement. When using with TF, ensure powder has dissolved to avoid tube blockage.	**WIC eligible Medical Food.**	Powder: 4 x 8 ounce cans 1 can = 227 g (8 ounce).	**CHO** - Maltodextrin

Product	WIC Issuance	Size	Nutrient Source
STORE BRAND FORMULAS Milk-Based (PBM Products) **Store Brand formulas** are manufactured by PBM Products, in Vermont, and sold under private brand labels. All PBM manufactured infant formulas are federally WIC eligible. **With Iron and Lipids** **USE**: A milk-based infant formula for infants with no special nutritional requirements. Iron-fortified. DHA, ARA. **Gentle** **USE**: A milk-based infant formula (partially hydrolyzed) for infants with fussiness or gas. Iron-fortified. DHA, ARA. **Lactose Free** **USE**: A milk-based infant formula (lactose-free) for infants with mild tolerance symptoms such as fussiness and gas due to lactose sensitivity. Iron-fortified. DHA, ARA. **Lactose Sensitive** **USE:** A milk-based infant formula (lactose-free) for infants with lactose sensitivity or are avoiding lactose in the diet. Iron fortified. DHA, ARA **Follow Up** **USE**: A milk-based infant formula for infants age 4 months and older with no special nutritional requirements. Iron-fortified. DHA, ARA. Per 100 kcals: 2.1-2.6 g protein, 5.3 g fat, 10.8-10.9 g CHO, 1.8 mg iron Osmolality: 290 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	14.1 oz (400 g) can powder Reconstituted: ~ 105 fl oz 24 oz (681 g) can powder Reconstituted: - Gentle: ~ 174 fl oz - Probiotic: ~ 179 fl oz -Added Rice: ~ 172 fl oz 23.2 oz (658 g) can powder Reconstituted: ~172 fl oz 25.75 oz (730 g) can powder Reconstituted: - With iron and lipids: ~ 190 fl oz - Infant formula 2/Next Step: ~179 fl oz - Lactose Free: ~ 187 fl oz - Lactose-Sensititive/Sensitivity: ~ 186 fl oz 13 oz can concentrate Reconstituted: 26 fl oz 32 oz bottle RTF Standard dilution = 20 kcals/oz	**Protein** (8-10% kcals) - Nonfat milk, whey protein concentrate, whey **Fat** (48% kcals) - Palm oil or palm olein, high oleic (safflower or sunflower) oil, coconut oil, soybean oil **CHO** (43-44% kcals) - Lactose

Product	WIC Issuance	Size	Nutrient Source
STORE BRAND FORMULAS Pediatric Drinks (PBM Products) **Store Brand formulas** are manufactured by PBM Products, in Vermont, and sold under private brand labels. All PBM manufactured infant formulas are federally WIC eligible. **EXAMPLE PRODUCTS**: Kroger: Kroger Comforts Pediatric Drink Kroger Comforts Pediatric Drink with Fiber Target: Target Pediatric Drink Walmart: Parent's Choice Pediatric Drink Parent's Choice Pediatric Drink with Fiber **USE:** A nutritionally complete, milk-based medical food (pediatric oral supplement/tube feed) for children ages 1-10 with malnutrition, severe or chronic illness or recovering from trauma. May also be used as a nutritional supplement with or between meals. Kosher, lactose-free, gluten-free. Per 8 fl oz: 237 kcals (1 kcal/oz), 7.1-7.4 g pro, 11.8 g fat, 25.7-26.9 g CHO, 3.3 mg iron *Nutritional content varies with flavor and fiber forms.* Flavors: Chocolate, vanilla, strawberry. *Fiber form only available in vanilla*.	**Not Idaho WIC approved.**	8 fl oz (237 ml) can 6 cans/case *May also come in bottles*	**Protein** (12% kcals) - Sodium caseinate, calcium caseinate **Fat** (45% kcals) - High-oleic safflower oil, soy oil, fractionated coconut oil **CHO** (42-45% kcals) - Sucrose, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
STORE BRAND FORMULAS Soy-Based (PBM Products) **Store Brand formulas** are manufactured by PBM Products, in Vermont, and sold under private brand labels. All PBM manufactured infant formulas are federally WIC eligible. **With Iron and Lipids** **USE**: A soy-based infant formula (lactose-free) for infants with lactose intolerance, allergy to cow's milk protein or recovering from diarrhea. Iron-fortified. DHA, ARA Per 100 kcals: 2.5 g pro, 5.3 g fat, 10.6 g CHO, 1.8 mg iron Osmolality: 290 mOsm/kg **CAUTION:** Evaluate if formula is mixed, used, and stored properly.	**Not Idaho WIC approved.**	14.1 oz (400 g) can powder Reconstituted: ~ 104 fl oz 25.75 fl oz can powder Reconstituted: ~ 190 fl oz 32 fl oz bottle RTF Standard dilution = 20 kcals/oz	**Protein** (10% kcals) - Soy protein isolate **Fat** (48% kcals) - Palm oil, coconut oil, soy oil, high oleic (safflower or sunflower) oil **CHO** (42% kcals) - Corn syrup solids, sucrose
SUPER SOLUBLE DUOCAL (Nutricia North America) **USE:** A high-calorie, protein-free medical food (metabolic) for children with disorders of protein and amino acid metabolism, protein restricted diets, electrolyte restricted diets or high energy diets. Completely soluble in water, liquids and moist foods. Protein-, lactose- and gluten-free. For oral use or tube feeding. Per 100 g: 492 kcals, 0 g pro, 22.3 g fat, 72.7 g CHO Osmolality: 310 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as the sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 6 cans/case 1 Tbsp powder = 8.5 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (0% kcals) - None **Fat** (41% kcals) (MCT 35%, LCT 65%) - Blend of refined vegetable oils (corn, coconut,) MCT (fractionated coconut oil, palm kernel oil) **CHO** (59% kcals) -Hydrolyzed corn starch

Product	WIC Issuance	Size	Nutrient Source
SUPLENA with CARB STEADY (Abbott Nutrition) **USE:** A nutritionally complete, low-protein, high-calorie medical food (renal oral supplement/tube feed) for older children and adults with chronic or acute kidney failure. Carb steady may help manage glucose response. Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 475 kcals (1.8 kcals/ml), 10.6 g pro, 22.7 g fat, 47.8 g CHO, 4.5 mg iron Osmolality: 600 mOsm/kg Flavors: homemade vanilla **CAUTION:** For use only under strict medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case	**Protein** (10% kcals) - Sodium caseinate, calcium caseinate, amino acids **Fat** (48% kcals) - High oleic safflower oil, soy oil **CHO** (42% kcals) - Corn maltodextrin, sucrose
TOLEREX (Nestle Healthcare Nutrition) **USE:** A nutritionally complete medical food (elemental tube feed/oral supplement) for older children and adults with abnormal bowel function, fat malabsorption, food allergies, GI impairment, HIV/AIDS, impaired digestion and absorption, limited gut function, malnutrition, pancreatic disorders, radiation therapy or short bowel syndrome. 100% free amino acids. Kosher, lactose-free, low-residue, may be suitable for a gluten-free diet. Per 300 ml formula: 300 kcal (1 kcal/ml), 6.2 g pro, 0.6 g fat, 68 g CHO, 3 mg iron Osmolality: 550 mOsm/kg **CAUTION:** For use only under medical supervision.	**Approved with Medical Documentation form.**	2.82 oz packet 60 packets/case Standard Dilution: Mix 1 packet powder with 255 ml water to make 300 ml formula.	**Protein** (8.2% kcals) - Free amino acids **Fat** (1.3% kcals) - Safflower oil **CHO** (90.5% kcals) - Maltodextrin, modified cornstarch

Product	WIC Issuance	Size	Nutrient Source
TWOCAL HN (Abbott Nutrition) **USE:** A nutritionally complete, high-calorie medical food (oral supplement/tube feed) for older children and adults with elevated energy and protein requirements or on fluid restrictions. Contains FOS (a prebiotic that may help promote gut health). Kosher, gluten-free, lactose-free, low-residue. Per 8 fl oz: 475 kcals (2 kcals/oz), 19.9 g pro, 21.5 g fat, 51.8 g CHO, 4.5 mg iron, 1.2 g fiber Osmolality: 725 mOsm/kg Flavors: unflavored *(Ready-To-Hang)*, vanilla, butter pecan **CAUTION:** For use only under medical supervision. Not for parenteral use.	**Approved with Medical Documentation form.**	8 fl oz (237 ml) can RTF 24 cans/case 1000 ml container Ready-To-Hang 8 containers/case	**Protein** (16.7% kcals) - Sodium and calcium caseinates **Fat** (40.1% kcals) - High oleic safflower oil, MCT, canola oil **CHO** (43.2% kcals) - Corn syrup solids, corn maltodextrin, sucrose, FOS
TYR 1-MIX (Milupa North America) **USE:** A phenylalanine- and tyrosine-free infant formula (metabolic) for infants with tyrosinemia type I or II. Enriched with vitamins, minerals and trace elements. Per 100 ml: 66 kcals, 1.3 g pro, 3.6 g fat, 7 g CHO, 0.8 mg iron Osmolality: 380-390 mOsm/kg **CAUTION:** For use only under strict medical supervision for individuals with tyrosinemia type I or II. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	470 g can powder 6 cans/case 1 scoop powder = 4.6 g Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (8% kcals) - Amino acids (without phenylalanine, tyrosine) **Fat** (49% kcals) - vegetable fats & oils (egg lipid, fish) **CHO** (42% kcals) - lactose, dietary fiber

Product	WIC Issuance	Size	Nutrient Source
TYR 1 (Milupa North America) **USE:** A phenylalanine- and tyrosine-free medical food (metabolic) for infants with tyrosinemia type I or II. Enriched with vitamins, minerals and trace elements. Per 100 g: 290 kcals, 50 g pro, 0 g fat, 22.4 g CHO, 29 mg iron **CAUTION:** For use only under strict medical supervision for individuals with tyrosinemia type I or II. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 1 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (69% kcals) - Amino acids (without phenylalanine, tyrosine) **Fat** (0% kcals) **CHO** (31% kcals) - Sugar
TYR 2-PRIMA (Milupa North America) **USE:** A phenylalanine- and tyrosine-free medical food (metabolic) for toddlers and children over 1 year with tyrosinemia type I or II. Enriched with vitamins, minerals and trace elements. Per 100 g: 289 kcals, 60 g pro, 0 g fat, 12.2 g CHO, 26.4 mg iron **CAUTION:** For use only under strict medical supervision for individuals with tyrosinemia type I or II. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 can/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (83% kcals) - Amino acids (without phenylalanine, tyrosine) **Fat** (0% kcals) **CHO** (17% kcals) - Sugar
TYR 2-SECUNDA (Milupa North America) **USE:** A phenylalanine- and tyrosine-free medical food (metabolic) for children and adolescents over 9 years with tyrosinemia type I or II. Enriched with vitamins, minerals and trace elements. Per 100 g: 291 kcals, 70 g pro, 0 g fat, 2.8 g CHO, 20 mg iron **CAUTION:** For use only under strict medical supervision for individuals with tyrosinemia type I or II. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (97% kcals) - Amino acids (without phenylalanine, tyrosine) **Fat** (0% kcals) **CHO** (3% kcals) - Sugar

Product	WIC Issuance	Size	Nutrient Source
TYR 2 (Milupa North America) **USE:** A phenylalanine- and tyrosine-free medical food (metabolic) for children, adolescents and adults over 1 year with tyrosinemia type I or II. Enriched with vitamins, minerals and trace elements. Per 100 g: 303 kcals, 63 g pro, 0 g fat, 12.7 g CHO, 15 mg iron **CAUTION:** For use only under strict medical supervision for individuals with tyrosinemia type I or II. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (83% kcals) - Amino acids (without phenylalanine, tyrosine) **Fat** (0% kcals) **CHO** (17% kcals) - Sugar
TYR 3 - ADVANTA (Milupa North America) **USE:** A phenylalanine- and tyrosine-free medical food (metabolic) for adolescents and adults over 15 years with tyrosinemia type I or II. Enriched with vitamins, minerals and trace elements. Per 100 g: 297 kcals, 70 g pro, 0 g fat, 4.2 g CHO, 13.4 mg iron **CAUTION:** For use only under strict medical supervision for individuals with tyrosinemia type I or II. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (94% kcals) - Amino acids (without phenylalanine, tyrosine) **Fat** (0% kcals) **CHO** (6% kcals) - Sugar
TYREX-1 (Abbott Nutrition) **USE:** A phenylaline- and tyrosine-free infant formula and medical food (metabolic) for infants and toddlers with tyrosinemia type I, II or III. Supplemented with L-carnitine and taurine. Iron-fortified. Per 100 g: 480 kcals, 15 g pro, 21.7 g fat, 53 g CHO, 9 mg iron Osmolality: 380 mOsm/kg at 20 kcals/oz **CAUTION**: Must only be given only to infants and toddlers with proven tyrosinemia type I, II, or III, under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 20 kcals/oz Follow Rx as directed by physician 1 Tbsp powder = 8 g	**Protein** (13% kcals) - Amino acids (without phenylalanine, tyrosine) **Fat** (41% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (44% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
TYREX - 2 (Abbott Nutrition) **USE:** A phenylaline- and tyrosine-free medical food (metabolic) for children and adults (metabolic) with tyrosinemia type I, II or III. Supplemented with L-carnitine and taurine. Per 100 g: 410 kcals, 30 g pro, 14 g fat, 35 g CHO, 9 mg iron Osmolality: 1330 mOsm/kg at 30 kcals/oz **CAUTION**: Must only be given only to children and adults with proven tyrosinemia type I, II, or III, under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14.1 oz (400 g) can powder 6 cans/case Standard dilution = 30 kcals/oz 1 Tbsp powder = 8 g	**Protein** (13% kcals) - Amino acids (without phenylalanine, tyrosine) **Fat** (31% kcals) - High oleic safflower oil, coconut oil, soy oil **CHO** (44% kcals) - Corn syrup solids
TYROS 1 (Mead Johnson) **USE:** A phenylalanine- and tyrosine-free infant formula and medical food (metabolic) for infants and toddlers with tyrosinemia. Contains increased levels of B vitamins for cofactor production. Gluten-free, lactose-free, galactose-free. Vanilla scent. Per 100 g: 500 kcals, 16.7 pro, 26 g fat, 51 g CHO, 9.6 mg iron Osmolaltiy: 360 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician. 1 scoop powder = 4.5 g	**Protein** (13% kcals) - Amino acids (without tyrosine, phenylalanine) **Fat** (47% kcals) - Vegetable oil (palm olein, soy, coconut, and high oleic sunflower oils) **CHO** (40% kcals) - Corn syrup solids, modified corn starch, sucrose, maltodextrin

Product	WIC Issuance	Size	Nutrient Source
TYROS 2 (Mead Johnson) **USE:** A phenylalanine- and tyrosine-free medical food (metabolic) for children and adults with inborn errors of tyrosine metabolism. Provides essential and non-essential amino acids, CHO, fat, vitamins and minerals. Contains higher levels of protein than found in Tyros 1. Gluten-free, lactose-free, galactose-free. Vanilla scent. Per 100 g: 410 kcals, 22 g pro, 8.5 g fat, 60 g CHO, 12.2 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician. 1 scoop powder = 14.5 g	**Protein** (22% kcals) - Amino acids (without tyrosine, phenylalanine) **Fat** (19% kcals) - Soy oil **CHO** (59% kcals) - Corn syrup solids, sucrose, modified corn starch
UCD 1 (Milupa North America) **USE:** An essential L-amino acid medical food (metabolic) for infants with Urea Cycle disorders. Enriched with vitamins, minerals and trace elements. Per 100 g: 252 kcals, 56.4 g pro, 0 g fat, 6.5 g CHO, 51 mg iron **CAUTION:** For use only under strict medical supervision for individuals with tyrosinemia type I or II. Not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC Approved.**	17.5 oz (500 g) can powder 1 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (90% kcals) - mixture essential L-amino acids **Fat** (0% kcals) **CHO** (10% kcals) - maltodextrin
UCD 2 (Milupa North America) **USE:** An essential L-amino acid medical food (metabolic) for children, adolescents and adults over 1 year with Urea Cycle disorders. Enriched with vitamins, minerals and trace elements. Per 100 g: 271 kcals, 66.7 g pro, 0 g fat, 1.1 g CHO, 35 mg iron **CAUTION:** For use only under strict medical supervision for individuals with tyrosinemia type I or II. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	17.5 oz (500 g) can powder 2 cans/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (98% kcals) - essential L-amino acids **Fat** (0% kcals) **CHO** (2% kcals) -maltodextrin

Product	WIC Issuance	Size	Nutrient Source
VITAFLO USA LLC – Vitaflo has 30+ products that are WIC eligible. Please call the State Office for clarification if a prescription is received for any of these products. Citrulline 1000 Amino Acid Supplement, EAA Supplement, HCU Cooler, HCU Epxress Powder, HCU Gel, Isoleucine 1000 Amino Acid Supplement, Isoleucine Amino Acid Supplement, Lipistart, MCT Pro-Cal, MMA/PA Express Powder, MMA/PA Gel, MSUD Cooler, MSUD Express Powder, MSUD Gel, Phenylalanine Amino Acid Supplement, PKU Cooler 10, PKU Cooler 15, PKU Cooler 20, PKU Gel, PKU Express, TYR Cooler, TYR Epress Powder, TYR Gel, Valine 1000 Amino Acid Supplement, Valine Amino Acid Supplement, DOC Omega, Key Omega, Methionine Amino Acid Supplement, Pro-Cal, Renastart, Solvel, S.O.S			
VITAL 1.0 CAL (Abbott Nutrition) **USE:** A medical food (peptide-based elemental oral supplement/tube feed) for older children and adults with malabsorption, maldigestion and other GI conditions when hydrolyzed protein is indicated. Contains FOS (a prebiotic that may help promote gut health). Kosher, gluten-free, lactose-free. Per 8 fl oz: 237 kcals (1 kcal/ml), 9.5 g pro, 9 g fat, 30.7 g CHO, 3 mg iron Osmolality: 390 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Not WIC Approved**	8 fl oz (237 ml) can RTF 24 cans/case	**Protein** (16% kcals) - Whey protein hydrolysate, sodium caseinate **Fat** (33% kcals) - Structured lipid (interesterified canola and MCT), MCT, canola oil, FOS **CHO** (51% kcals) - Corn maltodextrin, sucrose

Product	WIC Issuance	Size	Nutrient Source
VITAL 1.5 CAL (Abbott Nutrition) **USE:** A medical food (peptide-based elemental oral supplement/tube feed) for older children and adults with malabsorption, maldigestion and other GI conditions when hydrolyzed protein is indicated. Contains FOS (a prebiotic that may help promote gut health). Kosher, gluten-free, lactose-free. Per 8 fl oz: 237 kcals (1 kcal/ml), 16 g pro, 13.5 g fat, 44.2 g CHO, 4.3 mg iron Osmolality: 610 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not for individuals with galactosemia. Not for parenteral use.	**Not WIC Approved**	8 fl oz (237 ml) can RTF 24 cans/case	**Protein** (18% kcals) - Whey protein hydrolysate, sodium caseinate **Fat** (33% kcals) - Structured lipid (interesterified canola and MCT), MCT, canola oil, FOS **CHO** (49% kcals) **-** Corn maltodextrin, sucrose
VITAL AF 1.2 CAL (Abbott Nutrition) **USE:** A medical food (partially hydrolyzed oral supplement/tube feed) for older children and adults with chronically impaired gastrointestinal function (maldigestion, malabsorption). Contains peptides and free amino acids to use the dual protein absorption system of the gut. Gluten-free, low-lactose, low-residue, low fat. Per 8fl oz: 284 kcals (1.2 kcal/ml), 17.8 g pro, 12.8 g fat, 26.2 g CHO, 3.6 mg iron Osmolality: 424 mOsm/kg Flavors: vanilla **CAUTION:** For use only under strict medical supervision. Not for parenteral use. Not for individuals with galactosemia.	**Not WIC approved.**	8 fl oz can RTF 24 cans/case	**Protein** (16.7% kcals) - Partially hydrolyzed soy/collagen, whey protein concentrate, whey protein hydrolysate, amino acids **Fat** (9.5% kcals) - Safflower oil, MCT **CHO** (73.8% kcals) **-** Corn maltodextrin, sucrose

Product	WIC Issuance	Size	Nutrient Source
VITAL HN (Abbott Nutrition) **USE:** A medical food (partially hydrolyzed oral supplement/tube feed) for older children and adults with chronically impaired gastrointestinal function (maldigestion, malabsorption). Contains peptides and free amino acids to use the dual protein absorption system of the gut. Gluten-free, low-lactose, low-residue, low fat. Per 1 packet: 300 kcals (1 kcal/ml), 12.5 g pro, 3.3 g fat, 55.4 g CHO, 3.6 mg iron Osmolality: 500 mOsm/kg Flavors: vanilla **CAUTION:** For use only under strict medical supervision. Not for parenteral use. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	2.79 oz (79 g) packet powder 24 packets/case Standard dilution: 1 packet powder to 255 ml (8.6 fl oz) water yields 300 ml formula.	**Protein** (16.7% kcals) - Partially hydrolyzed soy/collagen, whey protein concentrate, whey protein hydrolysate, amino acids **Fat** (9.5% kcals) - Safflower oil, MCT **CHO** (73.8% kcals) - Corn maltodextrin, sucrose
VIVONEX PEDIATRIC (Nestle Healthcare Nutrition) **USE:** A nutritionally complete medical food (pediatric elemental tube feed/oral supplement) for children ages 1-13 with abnormal bowel function, bowel resection, Crohn's disease, fat malabsorption, GI impairment, GI fistula, HIV/AIDS, impaired digestion and absorption, limited gut function, malabsorption syndrome, malnutrition, pancreatic disorders, radiation therapy or short bowel syndrome. Kosher, lactose-free, low-residue, gluten-free. Per 250 ml formula (1 pkt): 200 kcals (0.8 kcal/ml), 6 g pro, 5.8 g fat, 31.5 g CHO, 2.5 mg iron Osmolality: 360 mOsm/kg **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	1.7 oz (48.5 g) packet powder 36 packets/case Standard dilution: Mix 1 packet powder with 220 ml water to yield 250 ml formula.	**Protein** (12% kcals) - Free amino acids **Fat** (25% kcals) - MCT oil, soybean oil **CHO** (63% kcals) - Maltodextrin, modified cornstarch

Product	WIC Issuance	Size	Nutrient Source
VIVONEX PLUS (Nestle Healthcare Nutrition) **USE:** A nutritionally complete, high-protein, low-fat medical food (elemental tube feed) for older children and adults with abnormal bowel function, bowel resection, Crohn's disease, fat malabsorption, GI impairment, GI fistula, HIV/AIDS, impaired digestion and absorption, limited gut function, malabsorption syndrome, malnutrition, pancreatic disorders, radiation therapy or short bowel syndrome. Kosher, lactose-free, low-residue, gluten-free. Per 300 ml formula (1 pkt): 300 kcals (1 kcal/ml), 13.5 g pro, 2 g fat, 57 g CHO, 3 mg iron Osmolality: 650 mOsm/kg **CAUTION:** For use only under medical supervision. Not for parenteral use. Not appropriate for use in individuals 0-3 years old.	**Approved with Medical Documentation form.**	2.8 oz (79.5 g) packet powder 36 packets/case Standard dilution: Mix 1 packet powder with 250 ml water to yield 300 ml formula.	**Protein** (18% kcals) (30% from BCAA) - Free amino acids **Fat** (6% kcals) - Soybean oil **CHO** (76% kcals) - Maltodextrin, modified cornstarch
VIVONEX RTF (Nestle Healthcare Nutrition) **USE:** A nutritionally complete, high-protein, low-fat medical food (elemental tube feed) for older children and adults with abnormal bowel function, bowel resection, Crohn's disease, fat malabsorption, GI fistula, HIV/AIDS, impaired digestion and absorption, malabsorption syndrome, malnutrition, pancreatic disorders, radiation therapy or trauma. Kosher, lactose-free, low-residue, gluten-free. Per 250 ml: 250 kcals (1 kcal/ml), 12.5 g pro, 2.9 g fat, 43.8 g CHO, 3 mg iron Osmolality: 630 mOsm/kg **CAUTION:** For use only under medical supervision. Not for parenteral use. Not for individuals with galactosemia.	**Approved with Medical Documentation form.**	8.45 oz (250 ml) can RTF 24 cans/case 1000 ml closed system container 6 containers/case 1500 ml closed system container 4 containers/case	**Protein** (20% kcals) (28% from BCAA) - Free amino acids **Fat** (10% kcals) - Soybean oil, MCT oil **CHO** (70% kcals) - Maltodextrin, modified cornstarch

Product	WIC Issuance	Size	Nutrient Source
VIVONEX T.E.N. (Nestle Clinical Nutrition) **USE:** A nutritionally complete, high-nitrogen, low-fat medical food (elemental tube feed or oral) for older children and adults with abnormal bowel function, bowel resection, Crohn's disease, fat malabsorption, GI impairment, GI fistula, HIV/AIDS, impaired digestion and absorption, limited gut function, malabsorption syndrome, malnutrition, pancreatic disorders, radiation therapy or short bowel syndrome. Enriched with glutamine. Kosher, lactose-free, low-residue, gluten-free. Per 300 ml (1 pkt): 300 kcals (1 kcal/ml), 11.5 g pro, 0.8 g fat, 61.7 g CHO, 2.7 mg iron Osmolality: 630 mOsm/kg **CAUTION:** For use only under medical supervision. Not appropriate for use in individuals 0-3 years old. Not for parenteral use.	**Approved with Medical Documentation form.**	2.84 oz packet powder 10 packets/ box 6 boxes/case Standard dilution: Mix 1 packet powder with 250 ml water to yield 300 ml formula.	**Protein** (15% kcals) - Free amino acids **Fat** (3% kcals) - Safflower oil **CHO** (82% kcals) - Maltodextrin, modified cornstarch
WND 1 (Mead Johnson) **USE:** A non-essential amino-acid free infant formula (metabolic) for infants and toddlers with urea cycle disorders. Contains increased levels of B vitamins for cofactor production. Gluten-free, lactose-free, galactose-free. Vanilla scent. Per 100 g: 500 kcals, 6.5 g pro, 26 g fat, 60 g CHO, 9.6 mg iron Osmolality: 280 mOsm/kg **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician. 1 scoop powder = 4.5 g	**Protein** (5% kcals) - Essential amino acids **Fat** (47% kcals) - Vegetable oil (palm olein, soy, coconut, and high oleic sunflower oils) **CHO** (48% kcals) - Corn syrup solids, sucrose, modified corn starch

Product	WIC Issuance	Size	Nutrient Source
WND 2 (Mead Johnson) **USE:** A non-essential amino-acid free medical food (metabolic) for children and adults with urea cycle disorders. Provides essential amino acids, CHO, fats, essential fatty acids, vitamins and minerals. Gluten-free, lactose-free, galactose-free. Vanilla scent. Per 100 g: 410 kcals, 8.2 g pro, 10.2 g fat, 71 g CHO, 14.3 mg iron **CAUTION:** For use only under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Reconstituted amount unavailable. Follow Rx as directed by physician. 1 scoop powder = 14.5 g	**Protein** (8% kcals) - Essential amino acids **Fat** (23% kcals) - Soy oil **CHO** (69% kcals) - Corn syrup solids, sugar, modified corn starch
XLEU ANALOG (Nutricia North America) **USE:** A leucine-free infant formula (metabolic) for infants with isovaleric acidemia and other proven disorders of leucine metabolism. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, fat vitamins, minerals and trace elements. The diet should include an additional prescribed amount of breastmilk or standard infant formula to meet the complete protein requirements of the infant. For oral use or tube feeding. Per 100 g: 475 kcals, 13 g pro, 20.9 g fat, 59 g CHO, 10 mg iron Osmolality: 377 mOsm/kg **CAUTION:** Must only be given to infants with proven isovaleric acidemia and other disorders of leucine metabolism under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 6 cans/case Recommened dilution = 21kcals/oz: 1 scoop (5 g) powder to every 1 fl oz water 1 Tbsp powder = 8 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition.	**Protein** (11% kcals) - Amino acids (without leucine) **Fat** (40% kcals) - High oleic safflower oil, refined vegetable oil (coconut, soy) **CHO** (50% kcals) - Corn syrup solids, galactose

Product	WIC Issuance	Size	Nutrient Source
XLEU MAXAMAID (Nutricia North America) **USE:** A leucine-free medical food (metabolic) for toddlers and young children ages 1-8 with isovaleric acidemia and other proven disorders of leucine metabolism. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 324 kcals, 25 g pro, <0.1 g fat, 56 g CHO, 14 mg iron Osmolality: 1 to 7 dilution - 680 mOsm/kg 1 to 5 dilution - 940 mOsm/kg Flavors: orange **CAUTION:** Must only be given to children with proven isovaleric acidemia and other disorders of leucine metabolism under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is 100 g powder 100 ml fluid. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (31% kcals) - Amino acids (without leucine) **Fat** (<1% kcals) **-** Negligible **CHO** (69% kcals) - Sugar, corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
XLEU MAXAMUM (Nutricia North America) **USE:** A leucine-free medical food (metabolic) for older children and adults (including pregnant women) with isovaleric acidemia and other proven disorders of leucine metabolism. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 305 kcals, 40 g pro, <1 g fat, 34 g CHO, 14.7 mg iron. Osmolality: 1 to 7 dilution - 800 mOsm/kg 1 to 5 dilution - 1130 mOsm/kg Flavors: orange **CAUTION:** Must only be given to individuals with proven isovaleric acidemia and other disorders of leucine metabolism under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is ¼ cup (35 g) powder to 8 fl oz water. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (52% kcals) - Amino acids (without leucine) **Fat** (<3% kcals) **-** Negligible **CHO** (45% kcals) - Sugar, corn syrup solids
XLYS, XTRP ANALOG (Nutricia North America) **USE:** A lysine- and tryptophan-free infant formula (metabolic) for infants with glutaric acidemia type I. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, fat, vitamins, minerals and trace elements. The diet should include an additional prescribed amount of breastmilk or standard infant formula to meet the complete protein requirements of the infant. For oral use or tube feeding. Per 100 g: 475 kcals, 13 g pro, 20.9 g fat, 59 g CHO, 10 mg iron Osmolality: 377 mOsm/kg **CAUTION:** Must only be given to infants with proven glutaric academia type I under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 6 cans / case Recommened dilution = 21kcals/oz: 1 scoop (5 g) powder to every 1 fl oz water 1 Tbsp powder = 8 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (11% kcals) - Amino acids (without lysine and tryptophan) **Fat** (40% kcals) - High oleic safflower oil, refined vegetable oil (coconut, soy) **CHO** (50% kcals) - Corn syrup solids, galactose

Product	WIC Issuance	Size	Nutrient Source
XLYS, XTRP MAXAMAID (Nutricia North America) **USE:** A lysine- and tryptophan-free medical food (metabolic) for toddlers and young children ages 1-8 with glutaric acidemia type I. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 324 kcals, 25 g pro, <.1 g fat, 56 g CHO, 14 mg iron Osmolality: 1 to 7 dilution - 680 mOsm/kg 1 to 5 dilution - 940 mOsm/kg Flavors: orange **CAUTION:** Must only be given to infants with proven glutaric acidemia type I under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is 100 g powder 100 ml fluid. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (31% kcals) -Amino acids (without lysine and tryptophan) **Fat** (<1% kcals) **-** Negligible **CHO** (69% kcals) - Sugar, corn syrup solids
XLYS, XTRP MAXAMUM (Nutricia North America) **USE:** A lysine- and tryptophan-free medical food (metabolic) for children over age 8 and adults (including pregnant women) with glutaric acidemia type I. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 305 kcals, 40 g pro, <1 g fat, 34 g CHO, 14.7 mg iron Osmolality: 1 to 7 dilution - 800 mOsm/kg 1 to 5 dilution - 1130 mOsm/kg Flavors: orange **CAUTION:** Must only be given to individuals with proven glutaric academia type I under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is ¼ cup (35 g) powder to 8 fl oz water. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (52% kcals) -Amino acids (without lysine and tryptophan) **Fat** (<3% kcals) **-** Negligible **CHO** (45% kcals) - Sugar, corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
XMET ANALOG (Nutricia North America) **USE:** A methionine-free infant formula (metabolic) for infants with vitamin B_6 non-responsive homocystinuria or hypermethioninemia. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, fat, vitamins, minerals and trace elements. The diet should include an additional prescribed amount of breastmilk or standard infant formula to meet the complete protein requirements of the infant. For oral use or tube feeding. Per 100 g: 475 kcals, 13 g pro, 20.9 g fat, 59 g CHO, 10 mg iron Osmolality: 377 mOsm/kg **CAUTION:** Must only be given to infants with proven vitamin B_6 non-responsive homocystinuria or hypermethioninemia under strict medical supervision. This product is not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 6 cans/case Recommened dilution = 21kcals/oz: 1 scoop (5 g) powder to every 1 fl oz water 1 Tbsp powder = 8 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (11% kcals) - Amino acids (without methionine) **Fat** (40% kcals) - High oleic safflower oil, refined vegetable oil (coconut, soy) **CHO** (50% kcals) - Corn syrup solids, galactose
XMET MAXAMAID (Nutricia North America) **USE:** A methionine-free medical food (metabolic) for toddlers and young children ages 1-8 with vitamin B_6 non-responsive homocystinuria or hypermethioninemia. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 324 kcals, 25 g pro, <0.1g fat, 56 g CHO, 14 mg iron Osmolality: 1 to 7 dilution - 680 mOsm/kg 1 to 5 dilution - 940 mOsm/kg Flavors: orange **CAUTION:** Must only be given to children with proven vitamin B_6 non-responsive homocystinuria or hypermethioninemia under strict medical supervision. This product is not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is 100 g powder 100 ml fluid. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (31% kcals) - Amino acids (without methionine) **Fat** (<1% kcals) **-** Negligible **CHO** (69% kcals) - Sugar, corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
XMET MAXAMUM (Nutricia North America) **USE:** A methionine-free medical food (metabolic) for children over 8 and adults (including pregnant women) with vitamin B_6 non-responsive homocystinuria or hypermethioninemia. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 305 kcals, 40 g pro, <1 g fat, 34 g CHO, 14.7 mg iron Osmolality: 1 to 7 dilution - 800 mOsm/kg 1 to 5 dilution - 1130 mOsm/kg Flavors: orange **CAUTION:** Must only be given to individuals with proven vitamin B_6 non-responsive homocystinuria or hypermethioninemia under strict medical supervision. This product is not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is ¼ cup (35 g) powder to 8 fl oz water. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (52% kcals) - Amino acids (without methionine) **Fat** (<3% kcals) **-** Negligible **CHO** (45% kcals) - Sugar, corn syrup solids
XMET, XCYS ANALOG (Nutricia North America) **USE:** A methionine- and cysteine free medical food (metabolic) for infants with sulphite oxidase deficiency or other conditions requiring restriction of methionine and cystine. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Flavorless Per 100 g: 475 kcals, 13 g pro, 23 g fat, 54 g CHO, 7 mg iron Osmolality: 353 mOsm/kg **CAUTION:** Must only be given under strict medical supervision. This product is not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC approved.**	14 oz (400 g) can powder 2 cans/case Recommended dilution: 1 scoop (5 g) powder to 1 fl oz water. 1 Tbsp powder = 8 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (11% kcals) - Amino acids (without methionine or cysteine) **Fat** (44% kcals) **-** Coconut, soy oil, high oleic safflower oil **CHO** (45% kcals) - Ccorn syrup solids

Product	WIC Issuance	Size	Nutrient Source
XMET, XCYS MAXAMAID (Nutricia North America) **USE:** A methionine- and cysteine free medical food (metabolic) for individuals over age one with sulphite oxidase deficiency or other conditions requiring restriction of methionine and cystine. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Flavorless. Does not contain fat therby allowing greater flexibility in modifying energy intake. Per 100 g: 309 kcals, 25 g pro, <0.5 g fat, 51 g CHO, 12 mg iron Osmolality: 1 to 7 dilution - 490 mOsm/kg 1 to 5 dilution - 690 mOsm/kg **CAUTION:** Must only be given under strict medical supervision. This product is not intended as a sole source of nutrition. Not for parenteral use.	**Not WIC approved.**	17.6 oz (500 g) can powder 2 cans/case Recommended dilution (1 to 7) is ¼ cup (35 g) powder to 8 fl oz water. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (32% kcals) - Amino acids (without methionine or cysteine) **Fat** (0% kcals) - negligible **CHO** (66% kcals) - Ccorn syrup solids
XMTVI ANALOG (Nutricia North America) **USE:** A methionine-, threonine-, valine-free and low-isoleucine infant formula (metabolic) for infants with vitamin B_{12} non-responsive methylmalonic acidemia or propionic acidemia. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, fat, vitamins, minerals and trace elements. The diet should include an additional prescribed amount of breastmilk or standard infant formula to meet the complete protein requirements of the infant. For oral use or tube feeding. Per 100 g: 475 kcals, 13 g pro, 20.9 g fat, 59 g CHO, 10 mg iron Osmolality: 377 mOsm/kg **CAUTION:** Must only be given to infants with proven vitamin B_{12} non-responsive methylmalonic acidemia or propionic acidemia under strict medical supervision. This product is not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 6 cans/case Recommened dilution = 21kcals/oz: 1 scoop (5 g) powder to every 1 fl oz water 1 Tbsp powder = 8 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (11% kcals) - Amino acids (without methionine, threonine or valine; low-isoleucine) **Fat** (40% kcals) - High oleic safflower oil, refined vegetable oil (coconut, soy) **CHO** (50% kcals) - Corn syrup solids, galactose

Product	WIC Issuance	Size	Nutrient Source
XMTVI MAXAMAID (Nutricia North America) **USE:** A methionine-, threonine-, valine-free and low-isoleucine medical food (metabolic) for toddlers and young children ages 1-8 with vitamin B_{12} non-responsive methylmalonic acidemia or propionic acidemia. Contains a balanced mixture of other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 324 kcals, 25 g pro, <0.1 g fat, 56 g CHO, 14 mg iron Osmolality: 1 to 7 dilution - 680 mOsm/kg 1 to 5 dilution - 940 mOsm/kg Flavors: orange **CAUTION:** Must only be given to children with proven vitamin B_{12} non-responsive methylmalonic acidemia or propionic acidemia under strict medical supervision. This product is not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is 100 g powder to 700 ml fluid. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (31% kcals) - Amino acids (without methionine, threonine, valine; low-isoleucine) **Fat** (<1% kcals) **-** Negligible **CHO** (69% kcals) - Sugar, corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
XMTVI MAXAMUM (Nutricia North America) **USE:** A methionine-, threonine-, valine-free and low-isoleucine medical food (metabolic) for children over 8 and adults (including pregnant women) with vitamin B_{12} non-responsive methylmalonic acidemia or propionic acidemia. Contains a balanced mixture of other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 305 kcals, 40 g pro, <1 g fat, 34 g CHO, 14.7 mg iron Osmolality: 1 to 7 dilution - 800 mOsm/kg 1 to 5 dilution - 1130 mOsm/kg Flavors: orange **CAUTION:** Must only be given to individuals with proven vitamin B_{12} non-responsive methylmalonic acidemia or propionic acidemia under strict medical supervision. This product is not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is ¼ cup (35 g) powder to 8 fl oz water. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (52% kcals) - Amino acids (without methionine, threonine, valine; low-isoleucine) **Fat** (<3% kcals) - Negligible **CHO** (45% kcals) - Sugar, corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
XPHE MAXAMAID (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for toddlers and young children with phenylketonuria (PKU). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 324 kcals, 25 g pro, <0.1 g fat, 56 g CHO, 14 mg iron Osmalility: Dilution (1 to 7) - unflavored: 510 mOsm/kg, strawberry/orange: 680 mOsm/kg Dilution (1 to 5) - unflavored: 730 mOsm/kg, strawberry/orange: 940 mOsm/kg Flavors: unflavored, strawberry, orange **CAUTION:** Must only be given to children with proven phenylketonuria under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is 100 g powder 700 ml fluid. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (31% kcals) - Amino acids (without phenylalanine) **Fat** (<1% kcals) - Negligible **CHO** (69% kcals) - Corn syrup solids
XPHE MAXAMUM (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for older children and adults (including pregnant women) with phenylketonuria (PKU.) Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 305 kcals, 40 g pro, <1 g fat, 34 g CHO, 14.7 mg iron Osmalility: 1 to 7 dilution – unflavored: 700 mOsm/kg, orange: 800 mOsm/kg 1 to 5 dilution – unflavored: 990 mOsm/kg, orange: 1130 mOsm/kg Flavors: unflavored, orange **CAUTION:** Must only be given to individuals with proven phenylketonuria under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is ¼ cup (35 g) powder to 8 fl oz water. 1.8 oz (50 g) sachet 30 sachets/case 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (52% kcals) - Amino acids (without phenylalanine) **Fat** (<3% kcals) - Negligible **CHO** (45% kcals) - Corn syrup solids

Product	WIC Issuance	Size	Nutrient Source
XPHE MAXAMUM DRINK (Nutricia North America) **USE:** A phenylalanine-free medical food (metabolic) for children and adults (including pregnant women) with phenylketonuria (PKU). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Per 250 ml: 160 kcals, 15 g pro, 5 g fat, 13.8 g CHO, 5.5 mg iron Osmalility: Orange – 1080 mOsm/kg Forest berries – 1030 mOsm/kg Flavors: orange, forest berries **CAUTION:** Must only be given to individuals with proven phenylketonuria under strict medical supervision. Not intended as a sole source of nutrition.	**Approved with Medical Documentation form.**	8.5 fl oz (250 ml) tetra pak RTF 18 paks/case Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (38% kcals) - Amino acids (without phenylalanine) **Fat** (28% kcals) - High oleic sunflower oil, canola oil, soybean oil **CHO** (35% kcals) - Sugar
XPHE, XTYR ANALOG (Nutricia North America) **USE:** A phenylalanine- and tyrosine-free infant formula (metabolic) for infants with tyrosinemia (when plasma methionine levels are normal). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, fat, vitamins, minerals and trace elements. The diet should include an additional prescribed amount of breastmilk or standard infant formula to meet the complete protein requirements of the infant. Can be used for oral or tube feeding. Per 100 g: 475 kcals, 13 g pro, 20.9 g fat, 59 g CHO, 10 mg iron Osmolality: 377 mOsm/kg **CAUTION:** Must only be given to infants with proven tyrosinemia, when plasma methionine levels are normal, under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 6 cans/case Recommened dilution = 21kcals/oz: 1 scoop (5 g) powder to every 1 fl oz water 1 Tbsp powder = 8 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (11% kcals) - Amino acids (without phenylalanine, tyrosine) **Fat** (40% kcals) - High oleic safflower oil, refined vegetable oil (coconut, soy) **CHO** (50% kcals) - Corn syrup solids, galactose

Product	WIC Issuance	Size	Nutrient Source
XPHE, XTYR MAXAMAID (Nutricia North America) **USE:** A phenylalanine- and tyrosine-free medical food (metabolic) for toddlers and young children ages 1-8 with tyrosinemia. Contains a balanced mixture of all other essential and non-essential amino acids, CHO, vitamins, minerals and trace elements. Does not contain fat, allowing for flexibility in modifying energy intake. Per 100 g: 324 kcals, 25 g pro, <0.1 g fat, 56 g CHO, 14 mg iron Osmolality: 1 to 7 dilution - 680 mOsm/kg 1 to 5 dilution - 940 mOsm/kg Flavor: orange **CAUTION:** Must only be given to children with proven tyrosinemia under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	16 oz (454 g) can powder 6 cans/case Recommended dilution (1 to 7) is 100 g powder 100 ml fluid. 1 Tbsp powder = 9 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (31% kcals) - Amino acids (without phenylalanine, tyrosine) **Fat** (<1% kcals) - Negligible **CHO** (69% kcals) - Sugar, corn syrup solids
XPTM ANALOG (Nutricia North America) **USE:** A phenylalanine-, tyrosine- and methionine-free infant formula (metabolic) for infants with tyrosinemia type I (when plasma methionine levels are above normal). Contains a balanced mixture of all other essential and non-essential amino acids, CHO, fat, vitamins, minerals and trace elements. The diet should include an additional prescribed amount of breastmilk or standard infant formula to meet the complete protein requirements of the infant. For oral use or tube feeding. Per 100 g: 475 kcals, 13 g pro, 20.9 g fat, 59 g CHO, 10 mg iron Osmolality: 377 mOsm/kg **CAUTION:** Must only be given to children with proven tyrosinemia type I, when plasma methionine levels are above normal, under strict medical supervision. Not intended as a sole source of nutrition. Not for parenteral use.	**Approved with Medical Documentation form.**	14 oz (400 g) can powder 6 cans/case Recommened dilution = 21kcals/oz: 1 scoop (5 g) powder to every 1 fl oz water 1 Tbsp powder = 8 g Reconstituted amount unavailable. Intake dependent on age, body weight and medical condition. Follow Rx as directed by physician	**Protein** (11% kcals) - Amino acids (without phenylalanine, tyrosine, methionine) **Fat** (40% kcals) - High oleic safflower oil, refined vegetable oil (coconut, soy) **CHO** (50% kcals) - Corn syrup solids, galactose

Product	WIC Issuance	Size	Nutrient Source
ZONEPERFECT Products (Abbott Nutrition) **Fruitified ZonePerfect Nutrition Bars** **Perfectly Simple by ZonePerfect** **ZonePerfect Classic Nutrition Bars** **ZonePerfect Cookie Dough Bars** **ZonePerfect Dark Chocolate Nutrition Bars** **ZonePErfect Sweet and Salty**	**Not WIC approved.**	**Variable**	**N/A**

Highlights: Formula Handbook Updates

July 2013

- **Name/Label change:**
  - Nutramigen AA is now PurAmino
  - Nutramigen LIPIL is Nutramigen
  - Similac care advance 20/24 w/ iron is now Similac special care 20/24 w/ iron
  - Neocate is now only Neocate infant w/ DHA and ARA
  - KetoCal 4:1 LQ has an unflavored option.
  - Neocate Junior and Neocate Nutra can labels will reflect the minor change of 14 oz can to 14.1 oz can.
- **Added Exempt formulas:**
  - Enfamil Premature 20 and Nutramigen Toddler w/ Enflora LGG have been added to the exempt list.
- **Discontinued products:**
  - No longer optimental, now only Vital products.
  - CIB juice drink is unavailable.
- **Other:**
  - The Enfamil and Similac HMF have been removed from the Exempt list, these are not Idaho WIC approved, but are WIC approved. May be considered on a case by case basis.
  - Similac Total Comfort has been added to the product guide, but continues to be a non-contract formula not Idaho WIC Approved.
  - Beginning in June Elecare will be available on the self at select Wal-Mart stores; the following website allows you to search your local vendor http://elecare.com/how-to-buy-elecare.
- **The Handbook**
  - Now includes the federal regulations table, you can find the product and calculate the monthly allowance all in one place.
  - Information to help w/ how to calculate maximum monthly allowance.
  - There is a search function "how to" for ease of use through the product guide
  - Clarification that CHIP provides the same coverage for exempt and medical foods as Medicaid